



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# PHOENIX CHC

## PHOENIX CHC

## NEWS

MAY–SEPTEMBER 2024

The month of September as a norm in the Pharmacy profession has been designated as a “Pharmacy Month”. It is a month where all pharmacy professionals are expected to promote awareness of rational medicine use. Pharmacy month campaign aims to promote awareness to patients and other health professionals yearly.

Phoenix CHC Pharmacy had the pleasure of embarking on a campaign this year 2024, under the theme “Let’s talk about Vaccines”.

The campaign leading to a pharmacy day which was held on the 13<sup>th</sup> of September 2024 was preceded by school visits where teachers and learners were educated about vaccines. They were taught about the importance of being vaccinated, which vaccines were available in the department of health and on why is there a need for vaccination. The Information was shared through presentations, posters, pamphlets to patients and learners.

I would like to thank everyone in Phoenix CHC and external stakeholder that actively participated and came on board to assist with gifts for the learners and meals to our patients during the course of the campaign and on Pharmacy day.

Phoenix CHC Pharmacist interns of 2024 are a special breed and the campaign would have not been a success if it was not for them.

A special thanks goes to Sbonga Muthwa, Celiwe Zwane, Adam Ismail, Lethokuhle Ndaba and Sbahle Zungu, I wish you all the best in your carriers as pharmacist you have done us proud. You are a bunch of winners! To all pharmacy staff continue to uphold the profession to the level of excellence. Your contribution to the campaign was highly appreciated and recommended.



Mr. M.S Nkukhu  
Pharmacy Manager

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# Pharmacy Day Events

On the 06-10/09/2024 pharmacy team hosted series of successful Pharmacy month campaigns as part of the national Pharmacy Month celebrations. The focus was on raising awareness about vaccines and new medical advancements, engaging students, patients, and staff across different locations.

The celebrations began with a visit to High Stone School on September 6th and Phoenix Secondary School on the 10th of September. The pharmacy team, led by the hardworking pharmacist interns, presented educational sessions to Grade 6 and Grade 10 pupil. These sessions focused on vaccines, their critical role in disease prevention, and the science behind immunization. Through multimedia presentations, quizzes, and interactive discussions, students gained a deeper understanding of public health and the importance of vaccines. During the school visits, they engaged with the students on health-related topics, encouraging participation by offering promotional items to those who answered questions correctly. The schools expressed their gratitude through a vote of thanks, acknowledging the pharmacy team's efforts to promote health literacy.

The main Pharmacy day event was held on 13 September 2024, at Phoenix Community Health Centre, where the focus shifted to the center's patients and staff. The day began with an insightful presentation by Mr. Badeo to the pharmacy staff, who discussed the new non-small cell lung cancer vaccine, highlighting its potential to revolutionize cancer treatment. Following this, the pharmacy staff gathered for a group photo to commemorate the day.

Pharmacist interns played an integral role in the success of the entire event. The interns proposed, initiated, and executed the idea for these events. They were involved in every aspect of the planning and implementation, ensuring that the day ran smoothly and effectively.

The interns then took the lead in educating patients in the Card Office waiting room, where they shared important information about vaccines and their role in protecting public health. They also informed patients about the food that was being provided.

The success of the Pharmacy campaign across High stone School, Phoenix Secondary School, and Phoenix CHC is a testament to the dedication of the pharmacy department. The proactive approach and hard work ensured that these events not only raised awareness about critical health issues but also fostered a sense of community and support among patients, students, and staff. The events were a resounding success, contributing to the shared mission of enhancing health awareness and well-being within the community.



Pharmacy Manager ( Mr. Nkukhu ), Pharmacist interns and students.

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# Pharmacy Day Event (Photo Gallery)



Pharmacy Manager (Mr. Nkukhu), Interns & Students



Pharmacy Staff



Phoenix Secondary School & Highstone Primary School



Pharmacy Management handing certificates of appreciation

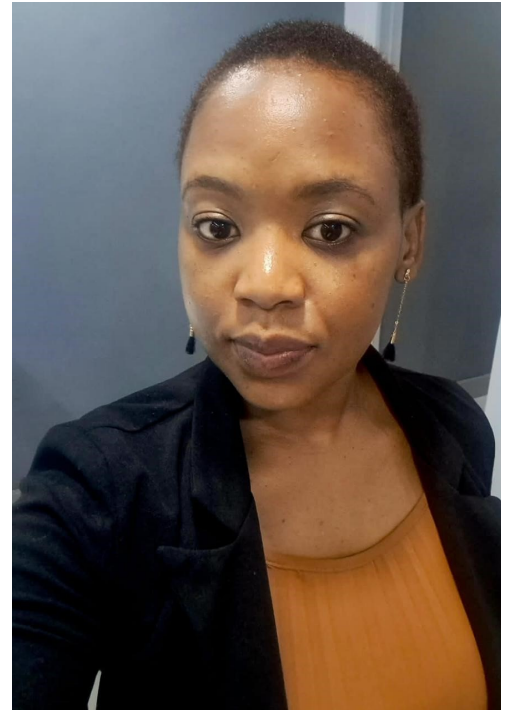


# Message from the Registered Counsellor

Greetings colleagues I am Mrs. N. Fuzile a registered counselor at Phoenix CHC. I started working at Phoenix CHC from 03/07/2023 to date.

Services offered to Phoenix Community and neighboring catchment areas are as follows :

- When a patient experiences trauma or severe life stressors, it is not uncommon for their lives to unravel. My greatest passion is bringing healing to people who have been through a traumatic/ stressful experiences.
- The clients I help include children, adults and families find healthy perceptions of themselves and strengthen their relationships so they can know themselves as peaceful, complete, whole and safe.
- It also includes raising awareness on mental health related topics, psycho-educate and advocate for mental wellness in schools, community and in our CHC.
- Topics mostly addressed and type of patients who receive service offered in my office include those diagnosed and undiagnosed with symptoms of depression anxiety, adjustment issues, grief, alcohol and substance abuse, screening for learning disabilities and many more other issues that might require emotional support.



My  
to

Ms. N. Fuzile  
Registered Counsellor

No single approach is the right one for every individual and so I have been trained in a range of modalities my educational background include understanding human behavior normal and abnormal psychology.

## **EMRGENCY CONTACT NUMBER**

Suicide crisis helpline 0800 567 567

Lifeline : 0861 322 322

Mental Health helpline 0800 450 789

Stop GBV helpline

0800 150 150

GBV Command Centre : 0800 428 428

*Take the first step for help you can call any of these emergency crisis or email : [nokubonga-fuzile@gmail.com](mailto:nokubonga-fuzile@gmail.com).*

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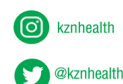


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# NURSES DAY EVENT



SENIOR MANAGEMENT TEAM AND PHOENIX CHCH NURSES

On the 24 May 2024, our nurses celebrated Nurses day event. The theme of the day was “**. Our Nurses Our Future, The Economic Power of Care**”. The programme of the day was led by Dudu Sibiyi and PN Subramanian.

The opening prayer was done by CNP N. Radebe. Welcoming and the purpose of the day was done by Dr. Badripersad (CEO) who in her speech thanked and honoured nurses for their dedication, commitment and hard work displayed towards service delivery even during difficult times. Reciting of the nurses pledge and a short prayer was done by Mrs. B.P Khanyile (DMN). Dr B. N Seme emphasized on the history of nurses and showed appreciation of the professionalism.

The guest speaker for the day was Mrs. L. Mkhize whom in her speech deliberated on professionalism in a workplace. She further encouraged nurses

- To know their supervisors.
- To keep a good working relations.
- To do their work diligently and adhere to the values such as kindness, caring, patience and listening.

We had a dance item as entertainment ,this was demonstrated by the nurses.

Refreshments were also served on the day. Special appreciation goes to the committee members and staff who attended the function.

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# AWARDING OF APPRECIATION CERTIFICATE TO STAFF AT ACUTE AND DEPARTMENT



DMN Khanyile was handing over a certificate of appreciation to Professional nurse O.S. Mthembu for his outstanding dedication and compassion as a nurse.

*Well done!*



OMN MNGADI (ACUTE AND EMERGENCY) ALSO HANDED OVER TOKEN OF APPRECIATION TO STAFF.



# PHOTO GALLERY (NUSRES DAY EVENT)





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# HAND HYGIENE DAY (EVENT)

Phoenix CHC celebrated **Hand Hygiene day event** on 22/05/2024. The aim of this event was to educate health care workers on Hand Hygiene. We were joined by Mrs. C. Gumede (District Pediatrics specialist) and Mr. B. Mbhele (IPCC from Cato manor CHC) to judge the stalls. There was a criteria to be followed by various department so as to meet the requirements.

Departments that participated were as follows including their activities.

- Maternal (ANC and Labour Ward )
- ICDM
- Acute and Emergency
- POPD
- Pharmacy
- HR
- Security
- Cleaning department
- Right to care (VMMC)



**Judges were using the following criteria :**

- Checking the poster and slogan.
- Poster must be clearly written my five moments.
- Creativity and the size of the poster.
- Objectives of the poster and lesson learnt.
- Best practices of hand hygiene.
- Relationship between healthcare associated infection and hand hygiene.

**The best 3 displays who met the criteria were as follows :**

## Clinical

- 1st prize - POPD
- 2nd prize— Acute and Emergency
- 2nd prize—Pharmacy
- 3rd prize— Maternity

## Non clinical

- 1st prize - Security
- 3rd prize—Human Resource department

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# HAND HYGIENE DAY (PHOTO GALLERY)



HR department



POPD department



Maternity department



ICDM department



Security department



Pharmacy department showcasing hand wash



Cleaning department



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