



Phoenix CHC

NEWS

SEPTEMBER TO DECEMBER 2022



WORLD AIDS DAY COMMEMORATION IN THE PATIENT REGISTRATION WAITING AREA

On the 1st of December 2022, Phoenix Community Health Centre celebrated World Aids Day. The theme of the day was “**Rock the Ribbon**”. The purpose of the event was to remind the public that HIV has not ceased to exist, there is still a vital need to increase awareness, to fight prejudice and improve education in the fight against the virus and show support to the people living with HIV, We need to commemorate those who have died from HIV related illness. One of patients graced us with an opening prayer. Matron B.G Msomi responsible for ICDM department welcomed everyone and shared the purpose of the day. In her speech she further encouraged patients to come to the clinic for HIV testing and for them to know their status. Candle lighting was done by OM. N.C Nkosi. A testimony was done by a patient addressing other patients about her journey from when she started accepting her status. In closure ICDM department thanked all patients for participating during the programme and for listening to different speakers attentively.

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Photo Gallery—World AIDS day



Candle lighting done by staff during the event.



Sr. Nkosi and Matron Msomi doing the purpose of the day.



Sr. Nkosi handed over the gift to the patient who was the testimony.



Message from the Deputy Manager Nursing (DMN)



Mrs. B.P Khanyile
Deputy Manager Nursing (DMN)

Cordial greetings, my name is Mrs. B.P. Khanyile (Deputy Manager Nursing). **On** behalf of the Nursing Management I would like to express our sincere admiration for all nursing staff for their outstanding performance. The institution would also like to acknowledge and commend the good work done during the peak of the COVID19 outbreak and disaster caused by floods. I'm very proud of you and confident to call you , South African health hero's. Let continue to strive for good health. I honor you for the effort you have contributed, dedication and for the commitment in making Phoenix CHC an effective and respected institution.

We wish you ,your families and your loved ones a prosperous New Year.

Best wishes

Mrs. B.P Khanyile

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Retirement workshop for staff



Staff seen during the Retirement Workshop session

On the 10th of November 2022, EAP department hosted the retirement workshop for staff. The purpose of the workshop was to educate and create awareness to staff, by participating, identifying problems, making decisions and developing solutions.

We were joined by the following speakers : GEMS, SARS, GEPF, SANLAM AND METROPLITAN.

During the workshop there was a session for questions and answers. The presenters were given the opportunity to clarify issues of concern. After the training staff were given an opportunity to check their status on their documents and to ensure that everything is in order. The workshop was very informative and staff thanked the presenters for assisting them and then lunch was served.

The EAP department would also like to thank the staff for availing themselves for this workshop and also extend appreciation and gratitude to the presenters.

16 DAYS OF ACTIVISM COMMEMORATION OF GENDER BASED VIOLENCE (GBV)

On the 7th of December 2022, the Department of Social Development in partnership with Phoenix Social Welfare Department, hosted 16 Days of activism, to educate our fellow clients to be activists against GBV in their communities. They were also encouraged to challenge any cultural practices that perpetuate gender based violence against women and children. To educate patients about their rights as it is stipulated on South African constitution, that every citizen in SA has got the right to health and to a safe environment that will ensure their physical and mental well being.



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PHARMACY WEEK : Patient Safety

Pharmacy week is a yearly campaign that is usually conducted during the month of September. The theme was “patient safety”. The aim was to promote global awareness with regards to the safe use of medication. It empowers patients to be more informed about the safe use of medication. Pharmacy and ICDM staff hosted an educational talk on Medication safety to the patient in the patients waiting area. Mr. S. Naicker (Pharmacist assistant) welcomed everyone and stated the purpose of the programme and how the patients will benefit from it.

Various information from pharmacy and ICDM department was shared and demonstrated on how to administer one’s medication. The patients were advised on the importance of knowing your medication and taking them as prescribed.

Questions and answer session was also conducted where patient had to answer question to show that they understood what was presented to them. In closure patients were awarded with gifts and applauded for their participation and for listening attentively.



Staff from Pharmacy department , Quality Assurance Coordinator, Infection Prevention & Control Representative.



Staff from ICDM in action

‘Medication Safety:
Medication Without
Harm’

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OPEN DAY EVENT

On the 21st October 2022, Phoenix Community Health Centre hosted an Open day event. The aim of the event was to market services that are offered in the institution for the community, for both internal and external stakeholders.

Departments participating were as follows :

- Patient registration
- Pharmacy
- ICDM
- Acute &Emergency
- POPD
- Dental
- Maternity and Antenatal

All departments that participated were awarded with Certificate of Appreciation with an aim of boosting staff moral.



Open day in Progress...

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PHOTO GALLERY FOR OPEN DAY EVENT



Pharmacy Manager (Mr. M. Nkukhu) and Pharmacy Staff



Card office Staff



MCWH staff



Dental staff



POPD staff



ICDM staff



PHOTO GALLERY



BREAST CANCER AWARENESS

Breast cancer awareness month is an annual campaign held in the month of October to raise awareness about breast cancer .

On the 2nd of November 2022, Pink Drive (NGO) visited Phoenix Community Health Centre to host a Breast Cancer Awareness for both staff and patients. The aim of this initiative was to empower women. To empower them to be more informed about cancer and to be responsible of their health. Breast checking was offered by Pink Drive to female staff members and community members as well. Posters and pamphlets were also handed out.



Ms. L. Mbango (middle) and staff from Pink

- ◆ Lump in the breast and/or underarm (armpit).

WARNING SIGNS OF BREAST CANCER

- ◆ Thickening or swelling of a part on the breast.
- ◆ Irritation or dimpling of breast skin.
- ◆ Redness or flaky skin in the nipple area or the breast.
- ◆ Pulling in of the nipple or pain in the nipple area.
- ◆ Nipple discharge other than breast milk, including blood.
- ◆ Any change in the size or the shape of the breast.



EARLY DETECTION WILL HELP PROLONG A LIFE

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EARLY CHRISTMAS PARTY AT POPD DEPARTMENT

On the 09th of December 2022 the Management and staff from baby clinic celebrated an amazing early Christmas party for all children in the community. The programme was driven by Baby Clinic staff, with an aim of showing appreciation, love and care to the mothers and children.

Mrs. B. P. Khanyile (DMN) made a speech, in her speech she emphasized the importance of breast feeding and informed pregnant mothers that when they visit the facility they must follow a fast queue allocated for them. She also encouraged mothers to bring their children for immunization. Lastly she thanked staff and everyone for attending the function.

Entertainment, face painting and other activities were done and refreshments were also served.



ACKNOWLEDGEMENTS

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