



PRINCE MSHIYENI MEMORIAL HOSPITAL

NEWSLETTER

Patient lives and health, with respect and dignity before anything

August to December 2025

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ANTENATAL CLINIC WORLD BREASTFEEDING WEEK

The PMMH Antenatal Clinic from the 1st to the 7th of August 2025 hosted a World Breastfeeding week awareness session to educate and support . Pregnant women and new mothers. Healthcare professionals shared Information on the benefits of exclusive breastfeeding and proper feeding techniques, while addressing common challenges. The session reinforced the clinic's commitment to promoting maternal and child health within the community.



ANC MANAGEMENT ADDRESSING MOTHERS



WOMENS FORUM LAUNCH



PMMH WOMEN AT THE LAUNCH

On the 27th of August 2025 PMMH Womens Forum successfully launched the Women's Forum to create a safe and inclusive platform for women. The forum aims to promote empowerment, leadership and mutual support among women. Key focus areas include personal development, workplace wellness, gender equality and open dialogue. The launch encouraged collaboration, unity and active participation to strengthen women's voices within the institution. The women's forum will serve as a space for collaboration, mentorship and advocacy, enabling women to share ideas and address challenges collectively. It also encourages active participation and aims to strengthen women's voices in decision-making processes across the institution.



WOMENS FORUM PHOTO GALLERY



MOPD MOCKDRILL



MANAGEMENT & STAFF DURING THE MOCKDRILL

MOPD conducted a mock drill to assess preparedness and improve response to emergencies. The exercise tested teamwork, communication, and adherence to clinical protocols among multidisciplinary staff.

The drill highlighted strengths and identified areas for improvement, reinforcing the importance of regular simulations in ensuring patient safety. Following the exercise, a debriefing session was held to review performance, discuss challenges encountered, and recommend areas for improvement.



MANAGEMENT & STAFF DURING THE MOCKDRILL



INDUCTION OF MEDICAL INTERNS

On the 29th of December 2025, PMMH hosted the induction program for new interns, welcoming them into the hospital community and preparing them for their upcoming roles. The program provided an overview of hospital policies, clinical protocols, patient care standards and professional expectations.

The induction was attended by the CEO MR Khawula, who addressed the interns, emphasizing the importance of professionalism, teamwork and commitment of patient safety. The CEO encouraged the interns to actively engage in learning opportunities and contribute positively to the hospital's mission.



PMMH MEDICAL INTERNS ORIENTATION



HERITAGE DAY HOSTED BY NURSING COLLEGE



The nursing college hosted a vibrant Heritage Day celebration to honour South Africa's diverse cultures and traditions. The event brought together students, lecturers, and staff in a spirit of unity and cultural pride.

Traditional attire, music, and dance added colour and excitement to the celebration. A highlight of the event was an enjoyable play performed by the students, which entertained the audience while showcasing cultural values, history and shared identity. The celebration provided an opportunity for cultural expression, learning and appreciation of diversity. The nursing college continues to promote inclusivity and cultural awareness through such meaningful events.

MANAGEMENT AND STAFF AT THE HERITAGE DAY EVENT



Photo Gallery



BABYLINE DONATION TO BABIES



BABYLINE MEMBERS WITH PMMH STAFF AND MOTHERS

PMMH recently received a generous donation from Babyline, aimed at supporting mothers and babies within the hospital. The donation included essential items to assist with maternal and baby care, providing comfort and relief to families during a critical time.

The contribution was warmly received by hospital management and healthcare workers, who expressed appreciation for BabyLine's support and commitment to maternal and child wellbeing. Such donations play a vital role in enhancing patient care and supporting vulnerable mothers and babies.

PMMH acknowledges BabyLine for their kindness and partnership, which continues to make a positive impact on the lives of mothers and babies in the community.

BABYLINE MEMBERS WITH PMMH STAFF AND MOTHERS



16 DAYS OF ACTIVISM AGAINST GBV

The 16 days of activism against GBV campaign was held at the Umlazi M Section Hall on 21 November 2025, the event aimed to raise awareness about gender-based violence and promote collective action to protect women and children.

Community members, stakeholders, and service providers gathered to engage in discussion on prevention, support services, and the importance of reporting abuse. Educational talks highlighted the impact of GBV and encouraged unity in creating safer communities.

The event reinforced the message that ending GBV requires commitment, collaboration and continued advocacy from all sectors of society.



COMMUNITY GATHERED TOGETHER AT THE CAMPAIGN



PMMH HUMAN MILK BANK



STAFF EDUCATING MOTHERS ON HUMAN MILK BANK



On 26 November 2025, PMMH hosted a Human Milk Bank event aimed at raising awareness about the importance of donor breast milk in supporting vulnerable and premature infants. The event educated mothers, healthcare workers, and the community on the benefits of human milk donations and safe milk-handling practices.

Healthcare professionals highlighted how the Human Milk bank plays a critical role in improving neonatal health outcomes. The event also encouraged eligible mothers to consider becoming donors, reinforcing PMMH's commitment to promoting optimal infant nutrition and saving lives through compassionate care



WORLD AIDS DAY

On the 2nd of December 2025, the MOPD hosted a World Aids Day awareness to educate patients and staff about HIV prevention, treatment and stigma reduction. The event focused on promoting HIV testing, adherence to treatment, and the importance of maternal HIV care. The event reinforced PMMH's commitment to strengthening HIV awareness and improving maternal and child health outcomes. Through this initiative, PMMH reaffirmed its commitment to combating HIV/AIDS and supporting national efforts toward achieving an HIV free generation.



MOPD MANGEMENT AND STAFF AT THE EVENT



NURSING COLLEGE AWARDS



NURSING COLLEGE STUDENTS WITH MANAGEMENT



The nursing college hosted an awards ceremony on 3 December 2025 to recognise and celebrate academic excellence, dedication and outstanding performance among students. The event brought together students, lecturers, and management in spirit of achievement and appreciation

Awards were presented to students who demonstrated excellence in academics, clinical practice, leadership and commitment to the nursing profession. The ceremony highlighted the hard work and resilience of nursing students throughout their training.

The event served as a motivation for students to continue striving for excellence and reinforced the Nursing College's commitment to developing skilled,

PMMH AWARDS CEREMONY

PMMH hosted its Excellence awards ceremony on the 4th of December to recognise and celebrate outstanding performance, dedication, and commitment among staff members. The event honoured individuals and teams who consistently demonstrated excellence in patient, professionalism, and service delivery.

The ceremony highlighted the importance of teamwork, innovation, and accountability in achieving high standards of healthcare. Award recipients were commended for their hard work and positive contribution to the hospital's mission and values.

The PMMH excellence awards served as a motivation to all staff to continue striving for quality, compassion, and excellence in service delivery. The CEO Mr Khawula was excited to honor the staff for their outstanding performance and results for OHSC Assessments, hence he opted for an early Christmas celebration with the staff



PMMH STAFF AND MANGEMENT RECEIVING AWARDS



CHRISTMAS BABIES



Prince Mshiyeni Memorial Hospital celebrated babies born on Christmas and New Years Day during a special event held in the maternity wards. The occasion brought joy and festive cheer to mothers and their newborns, turning Christmas Day and New Years Day into a memorable celebration of new life.

The event was proudly sponsored by Phumelele Msomi from Metropolitan, who donated baby gifts to support and uplift the new mothers. PMMH expressed heartfelt appreciation for the generosity and partnership shown, which brought comfort and smiles to families during the festive season and a New Year.



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PMMH EXCELLENCE AWARDS PHOTO GALLERY



World Diabetes Awareness Day



D3 STAFF FOR WORLD DIABETES AWARENESS DAY

On the 14th of November 2025 Chronic Clinic / D3 came together to recognize World Diabetes Day, a global initiative to raise awareness about diabetes, its impact, and the importance of prevention and management.

The diabetic burden in Umlazi is a pressing concern. The disease imposes significant economic burdens, with direct and indirect costs straining the healthcare system.

In South Africa, approximately 4.6 million adults live with diabetes. Early detection and proper management can prevent complications and improve quality of life.

Disadvantaged populations, including those in Umlazi, face greater challenges in managing diabetes due to limited access to healthcare, nutritious food, and stable housing.

Raising awareness about diabetes its causes, symptoms, and complications were showcased at the chronic clinic on this day.

Get screened for diabetes if you're at risk. Adopt a healthy lifestyle: eat well, exercise regularly, and maintain a healthy weight. Supporting those affected by diabetes, including individuals, families, and communities

#WorldDiabetesDay #DiabetesAwareness #HealthyLiving

MUNICIPAL, DISTRICT AND LOCAL STAKEHOLDER ENGAGEMENT AND VISIT TO PMMH THUTHUZELA CARE CENTER

On the 25th of November 2025 Ethekewini Municipality Deputy Mayor visited Prince Mshiyeni Memorial Hospital's Umlazi Thuthuzela Care Centre (TCC) for the launch of the 16 Days of Activism on non violence against women and children. The Deputy Mayor was welcomed by Chairperson of the Hospital Board Mr Khuzwayo along with District Management Mrs Gumede, NPA Management, Local SAPS and Hospital CEO Mr Khawula. It was mentioned that the TCC has been in existence since 1997 as Crisis Centre then TCC in 2006 when NPA upgraded the centre. The TCCs are in 3 folds one being it is victim centred, court directed, and victim orientated.

The community benefit on the professional service that is rendered from the TCC. The TCC deals with high levels of Gender Based Violence (GBV) specifically rape, domestic violence. As the survivor walks through the door, the Site Coordinator welcomes them and orientate them on our services. The TCC consists of Doctors and nurses who will do forensic medical examination, medical assessments so that the survivor can be able to get medical treatment like Post Exposure Prophylaxis (PEP) where necessary. The TCC has sensitized and trained Police Officers who will take their statements and ensure proper chain of evidence is maintained from doctors to the detectives who work with sexual offences matters.



PMMH MANAGEMENT WITH STAKEHOLDERS FOR THE LUNCH OF 16 DAYS OF ACTIVISM



ACKNOWLEDGEMENTS

This newsletter was developed by the Public Relations department telling a number of stories on activities undertaken by the institution. We thank you for taking your time to read through our facility newsletter. Should you have any interesting health stories, please share them on mawell.mbanjwa@kznhealth.gov.za. Your inputs will be much appreciated.

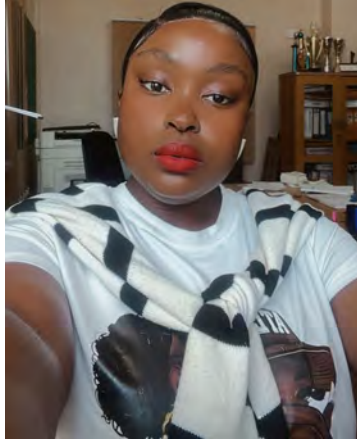
Should you have any complaints or compliments regarding the work and manner of approach by our staff members you can also send in writing to maxwell.mbanjwa@kznhealth.gov.za or call 031 907 8165

Please remember to stay safe from transmissible diseases by keeping your hands clean, wash with soap and water, sanitize regularly, wear your mask indoors and avoid crowded areas. Prince Mshiyeni Memorial Hospital is here to support you and assist in any way we can.

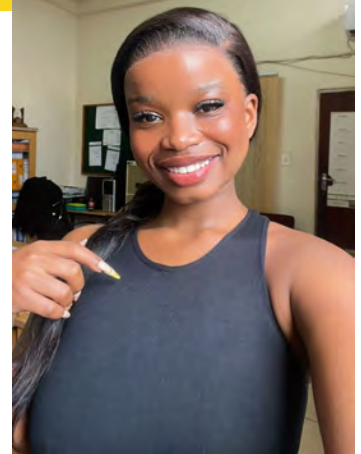
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