



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# PRINCE MSHIYENI MEMORIAL HOSPITAL

# PMMH

# NEWS

STAY INFORMED

Sept - Dec 2019

## SAY NO TO GENDER BASED VIOLENCE



*Prince Mshiyeni Nursing College students during a speech and drama demonstrating types of gender based violence taking place in our society.*

# 16 DAYS OF ACTIVISM AGAINST WOMEN & CHILDREN ABUSE PRAYER



The nursing student from the PMMH Nursing Campus during the speech and gender based violence. drama about

different  
comm-

community based  
and non-profit organisations and other government departments

The 25th of November 2019 marked the commemoration of the 16 Days of Activism against Women and Children Abuse. PMMH in partnership with Thuthuzela held a prayer where different religions came to together to pray for this crisis the country is facing of gender based violence where we see more and more women and children being abused worse being killed. The event was led by Bishop Mkhize, Chaplain for PMMH and attended by PMMH staff and

**“ENOUGH IS ENOUGH:  
TOGETHER FAST TRACKING  
IMPLEMENTATION TO END  
GENDER BASED VIOLENCE”**

The day was focused on the types of abuse faced by community members on a daily basis and what the victims should do, what services are readily available to them in order to survive this ordeal. Advocate Mafuna from NPA urged victims to utilise Thuthuzela when they're faced with abuse as Thuthuzela is a one stop shop from clinical assessments to law enforcement as there's a SAPS office stationed to assist victims in opening cases. Mrs Madlala, Social Worker from Department of Social Development working at Thuthuzela reminded those that render services to gender based violence victims to be understanding, caring and treat

them as humans rather than victims, as they're humans who happened to be victims of a cruel incidences.

Sergeant Shezi, Umlazi SAPS Social Crime Prevention Unit stressed the importance of reporting. The event was closed in prayer by members of different denominations asking for change and a better tomorrow from the current situation affecting our women and children in the country.

## **BREAK THE SILENCE AND REPORT**

### **USEFUL CONTACT NUMBERS**

- ⇒ People Opposing Women Abuse (POWA) 011 642 4345
- ⇒ LIFELINE 011 728 1347/0861 322 322
- ⇒ Commission for Gender Equality (CGE) 011 403 7182
- ⇒ South African Police Service (SAPS) 10111
- ⇒ Stop Women Abuse 0800 150 150
- ⇒ Childline 08000 55 555
- ⇒ FAMSA National 011 975 7106/7
- ⇒ PMMH Thuthuzela 031 907 8061



# WORLD AIDS DAY



pre-

sumptive, 80 BP, 32 M and 6 MMC done on site.

PMMH in partnership with ITEACH hosted a World Aids Day at Mega City Shopping Centred at Umlazi on the 29th of November 2019. The event focused more on the youth as there's a high number of teenage pregnancy which is an indication that protection is not being used. This saw a number of organisations forming part of the education and health screening and testing on the day.

A total of 202 health screening and testing for HIV and TB done with, 18 prep initiation, 17 TB

*Be wise... Use protection*  
*Unprotected sex has consequences*  
*Iskuni siyabulala*

# PEACE MARCH AGAINST GENDER BASED VIOLENCE



Marchers at one of their stops at Umlazi Magistrate Court led by Bishop Mkhize, PMMH Chaplain

The 16 Days of Activism against Women and Children Abuse campaign was closed in high note where PMMH multi-disciplinary team organised a “Peace March” on the 10<sup>th</sup> of December 2019 led by males from the organised labour and different denominations, to encourage the community to break the silence and report gender based violence incidences. The peace march followed the number activities that focused on educating staff and the community on the issues around gender based violence.

The route used saw a number of community members joining in on this call for “no violence against women and children” . “We call upon men to bring back peace and calm to our society that is now constantly living in fear not knowing if their children will be next, will they come back from school. It’s hard to send them to shops because you don’t know who to trust anymore. This need to stop and it’s us men who can make a change by standing up against gender based violence” said Mr Ngobese, Chairperson for Nehawu at PMMH.

# LEARN ABOUT YOUR MEDICINES



Pharmacists Interns during one of the educational activities

September being the Pharmacy Month, the multi-disciplinary team consisting of Pharmacists, Pharmacist Interns, Psychiatry and Social Work embarked on an outreach programme where they targeted schools and ranks in and around the catchment area to educate and promote the correct use of medicines especially those linked to depression, stress, anxiety and self harm to scholars and the community members given the number of cases being attended too by the Psychiatry and Social Work teams.

Education was on caused of such conditions, symptoms, available medication in assisting these conditions, importance of adherence to prescribed medication by the professional health worker and the type of help that is

available should one be faced with such.

What are some of the psychological and emotional signs that you're stressed out:

- ◇ Depression and anxiety.
- ◇ Anger, irritability or restlessness.
- ◇ Feeling overwhelmed, unmotivated or unfocused.
- ◇ Trouble sleeping or sleeping too much.
- ◇ Racing thoughts or constant worry.
- ◇ Problems with your memory or concentration.

***Don't be a statistic of suicide!!!***

*When experiencing any of these symptoms...*

*Remember you're not alone...*

*Don't waste time take action...*

*Talk to the professional...*



# PMMH HOSPITAL BOARD



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074 733 1493



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# INVESTING IN IMPROVING SERVICE DELIVERY

DELIVERED			AWAITING DELIVERY		
	EQUIPMENT TYPE	QUANTITY		EQUIPMENT TYPE	QUANTITY
1.	O&G delivery beds	17	1.	Cardiac output monitor (E92)	11
2.	Defibrillator	04	2.	Colonoscope (5110)	01
3.	Emergency trolleys	04	3.	Sevoflourane vaporisor vapour 2000	03
4.	NIBP monitor—wall mounted	06	4.	Slit lamp	01
5.	Ophthalmoscope	10	5.	Anaesthetic machine	02
6.	Otoscope	03	6.	Anaesthetic machine—dragger primus classic + infinity delta	03
7.	ECG machine	05	7.	Camera, Endoscopic (flexible video adult/paeds scopes) (E98)	02
8.	Emergency & resuscitation trolley paediatric (M39A)	08	8.	Drill machine orthopaedic maxi drive	02
9.	Infusion pumps	20	9.	Drill machine orthopaedic mini drive (S105A)	02
10.	Examination lamp—wall mounted	19	10.	X-ray bucky unit digital	02
11.	Ripple mattresses	21	11.	Beds hi-low with mattresses	02
12.	Suction machine	02	12.	Cot beds adults	90
13.	Universal hydraulically operated theatre table (M14)	02	13.	Cot beds paed	30
14.	Ventilator	12			
15.	ICU beds	?			



# GENDER BASED VIOLENCE PEACE MARCH



## 16 DAYS OF ACTIVISM AGAINST WOMEN & CHILDREN ABUSE PRAYER



**From:** Jan Goosen  
[mailto:goosen\_jan@hotmail.com]

**Sent:** 20 December 2019 10:43

**To:** Ngcobo Nonkululeko

**Subject:** Please contacting a doctor about a hospital patient

Dear Madam

I am the son of a patient who is under the care of your hospital. Her name is Jannie Barrett and I live in Australia.

Firstly, I would like to express my appreciation for the kind assistance I have received from all parts of the hospital in my recent dealings. In particular, the lady at the switchboard on Wednesday 18th December, and the nursing staff in the Medical Outpatients Department and Ward C1.

I received their kind assistance because I was told my mother had been taken by ambulance to the Prince Mshiyeni Memorial Hospital. But this was the only information I was given. I had no idea what was wrong and which part of the hospital she had been taken. But with kind assistance, I am aware she has been admitted in Ward C1.

Please pass my thanks to the staff in these areas.

I have a request if you can kindly assist. I would like to speak to my mother's doctor about my mother's condition and the prognosis. I am unable to speak to my mother directly and I understand she is confused.

Can you please provide a name or number I can call to obtain some information about my mother's condition.

Thank you for your kind assistance.

Yours sincerely

Jan Goosen

Canberra, Australia

**From:** Asanda Ndelu [mailto:a.t.ndelu@gmail.com]

**Sent:** 29 April 2019 01:32

**To:** Ngcobo Nonkululeko

**Subject:** Thank you letter

Ngithanda ukubonga umsebenzi wama nesi no dokotela base A4 indlela abamnakekele ngayo ugogo wethu u Ndelu Ntombizanele on gene mhlaka 25 April 2019,ungene I blood pressure yakhe iphezulu elahlekelwe nawumgqondo,kodwa indlela abamsize ngayo sifike isimo sisihle kakhulu e clean ngaso sonke iskhathi futhi edlile.ngakho siwumndeni wakaNdelu sithanda ukubonga ngomsebenzi wenu omuhle kangaka uNkulunkulu anikhanyisele kukho konke.syabonga

Umzukulu(Asanda ndelu)

**Blood Drive Organiser:**

Ms. N NGCOBO  
PRINCE MSHIYENI MEMORIAL HOSPITAL  
PVT BAG X07  
MOBENI  
4060

21.11.2019 K-KZN-KS-E-BUS-000772

Thank you to : PRINCE MSHIYENI MEMORIAL HOSPITAL

Dear Ms. N NGCOBO

We would like to take this opportunity to thank the donors for attending our blood drive at PRINCE MSHIYENI MEMORIAL HOSPITAL on 12.11.2019. The number of donors who donated were 20. This excludes donors who were unable to donate.

Your continued support and willingness to host blood drives is highly appreciated.  
Please communicate our thanks to all involved.

Yours sincerely,

Mohamed Goolam  
Public Relations Practitioner  
Tel : 031 459 0981  
Cell: 082 655 8743

# VISITING HOURS / IZIKHATHI ZOKUVAKASHA

Monday - Friday	Weekends and Public Holidays
13H00 - 14H00	13H00 - 15H00
18H00 - 19H00	18H00 - 19H00

**NOTE:** Visiting hours for ICU are the same as the normal visiting hours but exceptions are made on request by family members.

## REFERRAL TO THE HOSPITAL :

- ◇ Referral letter from the clinic or private doctor,
- ◇ Proof of residential address
- ◇ Identity document

## THINGS NOT ALLOWED IN THE HOSPITAL / IZINTO EZINGAGUNYAZIWE EMAGCEKENI ESIBHEDLELA

- Alcohol and Drugs / Utshwala nezidakamizwa
- Firearms / Izibhamu
- Weapons / Izikhali
- Smoking / Ukubhema
- Roller blades / Izicathulo ezinamasondo
- Taking of pictures / Abathwebuli zithombe
- Animals (except for guide dogs) / Izilwane (ngaphandle kwezinja ezisiza abangakwazi uku-bona)
- Hawkers / Abadayisi

***We urge our community to work with us by complying with the above so as to ensure a smooth process at all times.***

***NB: Posts at PMMH are not for sale / Izikhala zomsebenzi ePMMH azidayisi***



# ACKNOWLEDGEMENTS



**NONKULULEKO NGCOBO**  
WRITER/EDITOR



**MR GB KHAWULA**  
CHIEF EDITOR



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PROVINCE OF KWAZULU-NATAL

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031 – 907 8111

**REGISTRY FAX NUMBER:**

031 – 907 8333

*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*