



PRINCE MSHIYENI MEMORIAL HOSPITAL

NEWSLETTER

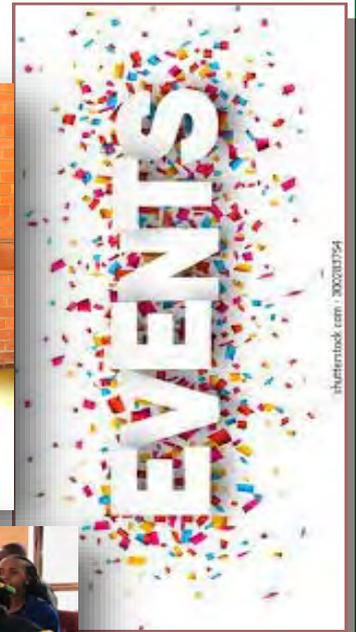
Patient lives and health, with respect and dignity before anything

January to Date 2023

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Pregnancy awareness week celebration



Health Talks in ANC on Pregnancy Awareness

In a community setting sometimes people stay with less knowledge. On the 9th of February 2023 Prince Mshiyeni Memorial Hospital Antenatal department held/ celebrated pregnancy awareness with expecting mothers. On this day speakers from different department advised and shared talks on the importance of attending antenatal clinic, identifying risks factors in early pregnancy, teenage pregnancy, drug abuse and family planning methods. The program was a week long, inclusive of health education in the Ante Natal Clinic, Labor Ward and outpatients areas for all mothers to learn. The awareness is an annual occasion whereby pregnant mothers are reminded on the importance of looking after themselves in their time of pregnancy, signs and conditions to look out for and report should they have any challenges.



Health Talks in ANC on Pregnancy Awareness continued



Pharmacy team building



Sporting activities on Team Building Day for Pharmacy

Pharmacy as a profession can be very demanding both emotionally and physically. This puts a reasonable amount of pressure on the staff members that serve tirelessly day-in and day-out. As part of team building exercise pharmacy department then collectively made an effort to engage on extra mural activities. On the 10th of February pharmacy department hosted a Sports Day event held at the hospital parking area. The whole Pharmacy team participated in activities such as egg-and-spoon race, power-walking and soccer to name a few. The event was planned and executed by the interns and by Pharmacy Management.



Pharmacy teams on the day of Team Building Getting Ready



CBSR Launch at Umlazi L Clinic



Ms B Msomi Giving a talk to the community and CHW's

On the 30th of March 2023 Ethekwini South Sub-District launched a CBSR Pilot program aimed at identifying community members who have defaulted or have not attended to their disease. It is also there to analyse trends of disease severity in the community and introduce means and strategies to tackle potential threats or pandemics. Umlazi L Clinic launched the project called CBSR (Community Based Surveillance and Response) at Umlazi M Section, with the support of District CDC ,Provincial CDC and WHO. The project started in January 2023.

Umlazi L Clinic Outreach team is doing this pilot study in ward 78 & 83 with the support of both ward Councilors. Umlazi L Outreach team has 1 OTL and 30 CHWs who attends to communities and provide support.

World Health Organization supported the team with 10 Gadgets for Data capturing and IPC material to distribute in Households. The CHW's and the the community of Umlazi L were happy to have this official launch and support of this program by CDC and WHO



CBSR Launch Proceedings



Umbumbulu Measles Vaccination Campaign



Immunizations underway with PHC Team

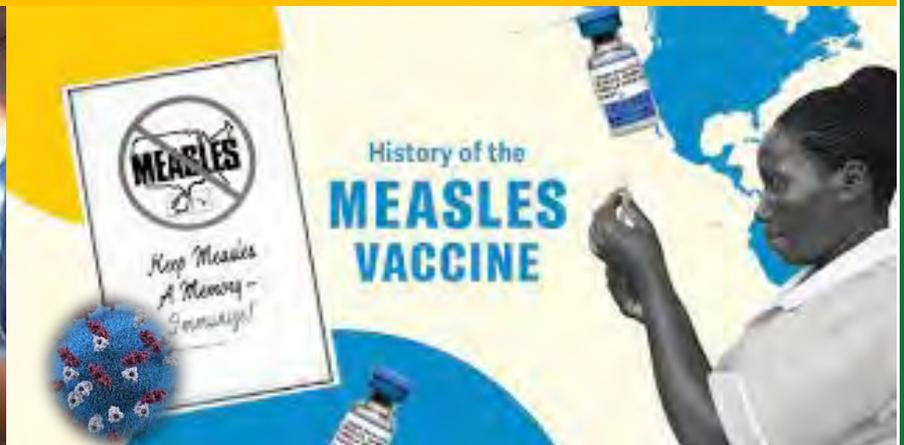


The Department of Health carries out immunization rounds every year. This round covers polio and measles and takes place between 29 April and 17 May. Ethekewini South Health Sub District under PMMH also followed suit and conducted the vaccinations at Umbumbulu South of Durban on the said days.

To reach expected coverage, among others, the campaign embarked on the following activities:

- Inform and educate the public about the Measles elimination campaign
- Communicate the benefits of elimination so as to ensure uptake of the vaccine by targeted groups
- Develop capacities of vaccinators, supervisors and other health workers involved in the campaign: to plan, implement, supervise, monitor and evaluate activities of the campaign.

The department recommended that children under the age of five be immunized against the most common childhood diseases. Dangerous childhood diseases such as measles with potential fatal complications especially in small children can be prevented most effectively. Immunizations for childhood vaccine preventable diseases are available free of charge at public health clinics.



World Hand Wash Drive



SHEQ Team for the Hand Wash Drive

WHO World hand hygiene day campaign invited all health care facilities globally to commemorate Hand hygiene day on 05/05/2023. Prince Mshiyeni Memorial Hospital commemorated World hand hygiene day on 05/05/2023, This year's theme is "Accelerate action together: Clean your hands". The Purpose was to raise awareness of the importance of hand hygiene in order to prevent the spread of infections, To prevent Health care associated infections and to promote health for all. On the 5th of May 2023 on Friday at

The Sherq team together with the IPC champions and Assistant Managers Nursing (AMN) met at MOPD to raise awareness of the importance of hand hygiene to the patients, this included reasons why clean hands prevent infections and sickness, it also included demonstration of hand hygiene. Hand hygiene posters were posted in MOPD with educational information, hand hygiene pamphlets which were written in English and Zulu were also available for staff and patients.

Patients were given an opportunity to ask questions and also to demonstrate hand hygiene and small tokens were given to those who demonstrated x 3 patients demonstrated.

The team moved via the D6 passage with IPC hand hygiene songs to the ambulance bay and EMRS staff joined in song and hand hygiene relay commenced by means of a circle done by all staff involved.



Hand Hygiene Drive at MOPD

U6



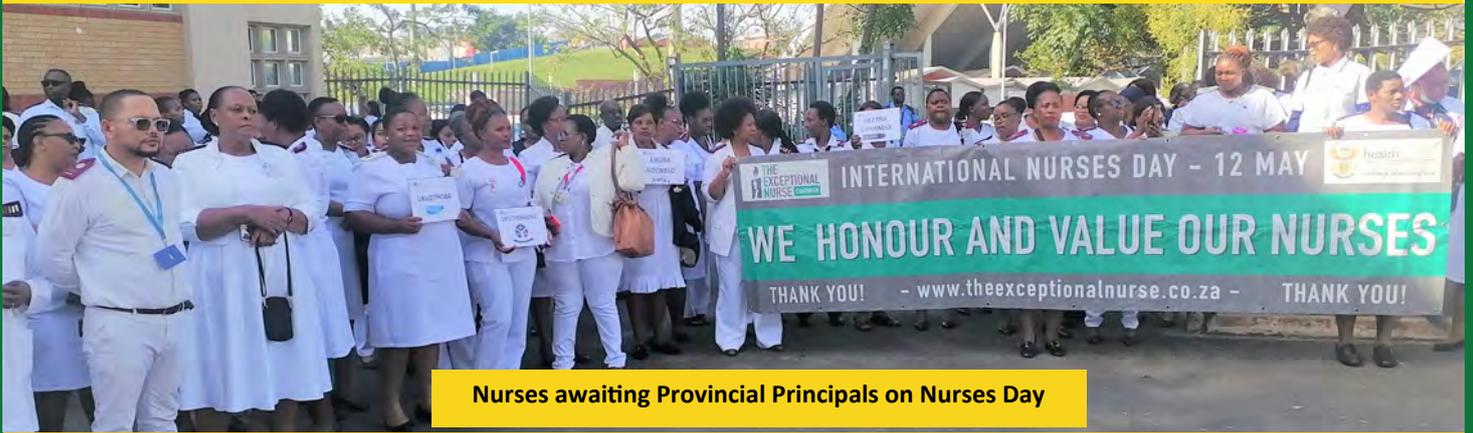
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International Nurses Day of Prayer



Nurses awaiting Provincial Principals on Nurses Day

On the 12th of May 2023, the Kwa-Zulu Natal Department of Health celebrated Nurses day that took place at King Zwelithini Stadium (Umlazi). Nurses were reminded of the pledge they made before they embarked on their journey of being a healthcare worker. Words of encouragement were given to nurses not only the nurses who were encouraged but also community members that the nurses serve, they were encouraged to work hand in hand with health care workers to achieve client satisfactory. They were also reminded to report healthcare workers who are non-compliant in terms of service delivery. This event was organized by the department of health honoring the nurses for an exceptional work that that are doing in the community they serve. Minister of health Nomagugu Simelane was also a part of this event, she encouraged the nurses and stated "We must not allow predicaments to control the way we are supposed to be working , when we're at our working spaces/ institution we are supposed to be serve not to judge". Head of Department of KZN health Dr Sandile Shabalala delivered his speech emphasized to the nurses that they must continue doing well even if no one is watching because should they fail to comply with departments of health law, principles and procedures steps will be taken against. Whilst the speeches were taking place on the other hand, services were being rendered to community members in the form of Isibhedlela Kubantu program spearheaded by the MEC for Health.



Proceedings of the Nurses Day of Prayer



Hypertension/Pulmonary Clinic Launch



Screening Services for Hypertension and Pulmonary at D3 Passage

On the 17th of May 2023 the Internal Medicine team led by Dr Pather and Dr Mitha launched a Hypertension / Pulmonary Clinic for the patients of Prince Mshiyeni Memorial Hospital.

Patients who have asthma, COPD(Emphysema Disease) and complex patients who have lung respiratory conditions, seen by specialist pulmonologist. The clinic helps to improve and enhance the treatment which patients are currently on in order to improve their quality of life.

The clinic also assists in getting lung function tests at IALCH.

A lot of patients weren't treated optimally in terms of the resources in the facility. When the specialist discovered that there are resources, he wanted to give the patients of Umlazi the best that they could. For anything that can't be handled locally they are transferred to IALCH.

This service was provided previously but not in the best way possible in terms of the services available.

Opening of this clinic has helped in ensuring that patients are put on treatment earlier, sooner and faster and assists in improving more lives as there are now less cases for transfer to Inkosi Albert Luthuli Hospital, but done locally unless it's a lung function test.

Hypertension is now managed better in the facility as it has acquired who now has assisted patients according to the newer guidelines.

There is also a bronchoscopy clinic that had been closed down due to Covid'19 but now will be resumed to provide respiratory services.



Screening Services for Hypertension and Pulmonary at D3 Passage



PMMH Staff at the Comrades Marathon



Mr Thubelihle Makhanya and Dr Sizwe Zungu at the Comrades Marathon 2023

Comrades Marathon is an ultramarathon of approximately 88 kilometres (55 mi) which is run annually in the KwaZulu-Natal province of South Africa between the cities of Durban and Pietermaritzburg. It is the world's largest and oldest ultramarathon race. The direction of the race alternates each year between the "up" run (87.6km) starting from Durban (elevation: 101 metres (331 ft)) and the "down" run (87.7km) starting from Pietermaritzburg.

On the 11th of June 2023 In celebration of youth excellence Prince Mshiyeni Memorial hospital was proud to have Mr. Thubelihle Makhanya Pharmacist and Dr Sizwe Zungu from Department of Anesthesia participating in the 2023 Comrades Marathon from Durban to PMB and finished the race. PMMH came together to congratulate its staff for this honorable participation in this internationally acclaimed human race.



Comrades runners 2023

96th Comrades Marathon

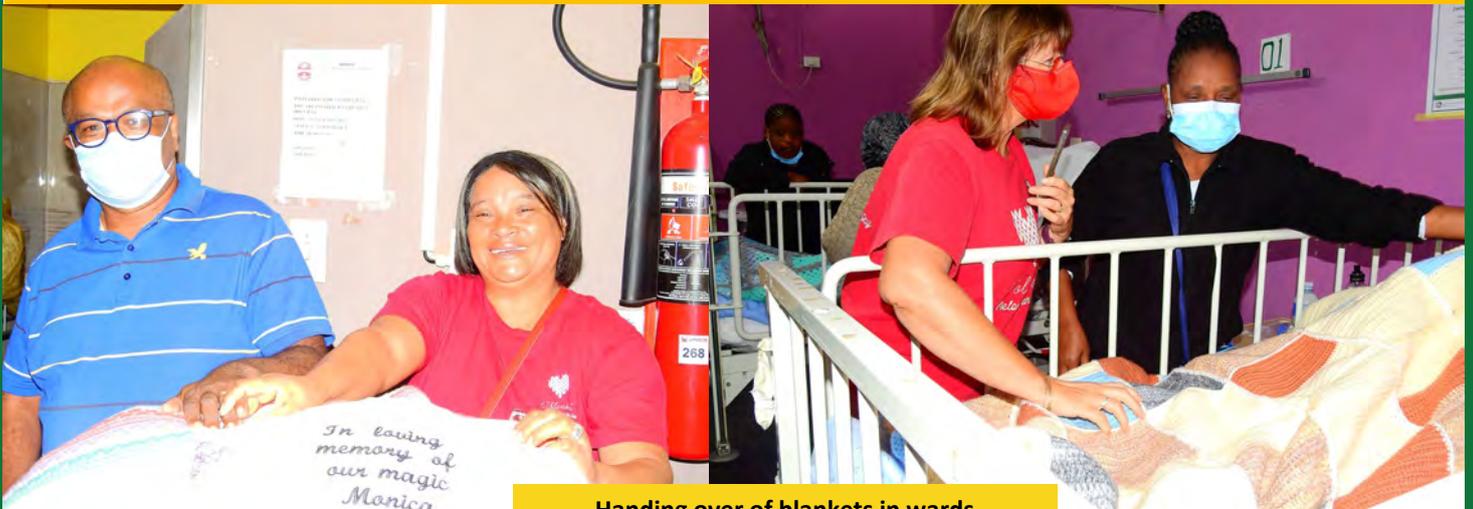


67 Blankets for Mandela Day



67 Blankets for Mandela Day Charity at PMMH with Hospital Management

On the 12th of June 2023 Ms Lind Zama Advisor to the Premier and Ambassador of 67 Blankets for Nelson Mandela Day charity organization with Ruth Ely, the daughter of Monica, who passed away at the Prince Mshiyeni Memorial Hospital came to donate 100 blankets in Memory of her late mother. Ruth lives in Cape Town and had come to Durban for the blankets distribution event and selected PMMH as she remembered the good treatment her mother had received on her final days by showing love and kindness to patients in wards and outpatient areas by handing over 100 blankets. Mrs Abboo, DNM appreciated the kind gesture by Ruth and Ms. Zama as the patients were very happy to receive blankets on the day that was also cold anyway.



Handing over of blankets in wards



Youth Day—June 16 Commemoration



Staff dressed up in their academic uniforms for youth day



June 16th marks a significant day in the history of South Africa as the nation comes together to commemorate Youth Day. This day serves as a powerful reminder of the bravery and resilience of the country's youth in the face of adversity. It is a day that not only honors the past but also ignites hope for a brighter future. To embrace this day, on the 15th of June 2023 PMMH staff from clinical and non clinical head the call to put on their academic regalia and come to reflect on the significance of Youth Day in South Africa and the enduring impact it has on the nation. As PMMH commemorated Youth Day, we remembered the sacrifices of those who came before us and honor their legacy by actively contributing to the betterment of our society and the health of our communities. It was a day to recognize the potential within each staff member and provide them with motivational support and reminder of opportunities they need to thrive towards.



Staff dressed up in their academic uniforms for youth day



PMMH Operating Theatre Mock drill



Mock Drill in session with Theatre and CSSD Departments



On the 20th of June 2023, an annual fire mock drill was conducted at Prince Mshiyeni Memorial Hospital- Main Theatre. The purpose of the simulation was to evaluate emergency response in case of fire. Different stakeholders were invited to assess the simulation such as Hospital Management, Security Manager, PRO and Safety Officer. All staff, visitors and patients were safely evacuated to the nearest assembly area whereby roll call was conducted. There was a briefing session after the drill whereby all stakeholders. The drill was conducted early morning initiated by an alarm set off and staff members followed protocols for evacuation to the nearest assembly area simulating an evacuation in an event of a crisis, with stretchers, wheelchairs with members posing as patients. The drill was appreciated by all staff and accepted as education on how to respond in a critical situation.



ANM for Theatre Department giving a talk



Child protection week



MDT Walk for Child Protection Awareness at Gateway Clinic

On the 26th to the 2nd of June 2023 Prince Mshiyeni Memorial Hospital joined thousands of institutions and individuals in South Africa to commemorate its annual Child Protection Awareness Campaign. The campaign is held to raise awareness on children safety and vulnerability and to enforce children's rights in our country. The launch of this campaign as PMMH took place on the 26th of June 2023 at PMMH Main Gate with the Multi-Disciplinary Teams singing and shouting slogans for child protection, followed by a walk about into the institution and health talks and demonstrations at Gateway Clinic and MOPD. On the 27th of June 2023 the MDT visited wards to continue with health talks and provide gifts for admitted children. On closure of Child Protection Week the campaign was honored by Mrs CC. Gumede Paeds District Specialist at EThekweni Health District. Mrs Gumede gave a talk at length to the mothers of children admitted at PMMH and new mothers who recently delivered. She encouraged the mothers to prioritise the safety of their children. She gave emphasis to the 1st 1000 days of life after birth, talked about burns, HIV, disability, malnutrition and disability. She closed by saying mothers are to take care of their kids, know their rights and protect them at all times.



MDT Shouting clogans and carrying placards in awareness of Child Protection Week



Visit by Ethekewini Mayor to PMMH



Ethekewini Mayor Mr Mxolisi Kaunda with Aids Council Members, CEO and Hospital PRO

On the 14th of July 2023 Ethekewini District Aids Council was held at Prince Mshiyeni Memorial Hospital led by its champion His Worship the Mayor of Ethekewini Metro Hon Mxolisi Kaunda. The council had come to deliberate on social ills affecting the communities of Umlazi and areas of the South of Durban. The matters of concern which were deliberated upon were disease, crime, domestic violence and substance abuse. Strong contributions came from members in attendance in aid of possible solutions. The Mayor then visited the PMMH Thuthuzela Care Center, where he was given a walk about in the department and met with staff; he appreciated the work done by staff of Thuthuzela Care center and asked them to keep up the good work. A walk about was also done to the Outpatients Area where the Mayor gave a talk to the community and informing them of their visit to PMMH and Umlazi. The council then went out to the Taxi Rank outside of PMMH where the Mayor was to provide a brief presentation on the deliberations of the District Aids Council.



Visit by Ethekewini Mayor to PMMH Thuthuzela Care Center



Nursing College Mandela Day Activity



Preparation of tea and sandwiches by College Staff for Mandela Day

Nelson Mandela International Day is observed every year on July 18 to commemorate the birth anniversary of the great South African leader and Nobel Peace Prize winner Nelson Madela. This year's Nelson Mandela International Day on 18 July will be celebrated under the theme: "It is in Your Hands."

Nelson Mandela, in addressing the scourge of poverty, suffering and deprivation, said: "It is in your hands to make our world a better one for all, especially the poor, vulnerable and marginalised." The day was an opportunity for citizens to recognize their individual power to change the world for the better. PMMH nursing college in response to this message came out in numbers led by their Principal Mrs Bridgemohan, having made contributions from students and staff from campus in monetary and goods to prepare tea, sandwiches and fruits for all patients in MOPD as part of their support to the Mandela Day activities around the world. This done in belief that one can also play a part by raising awareness and expanding the reach of Mandela's values including the fight against injustice, helping people in need. PMMH patients were very excited of this act of kindness and appreciated by singing along with the Nursing students and staff.



Handing out of sandwiches, tea and fruits by Nursing College staff and students at MOPD



Sasol Visit to PMMH for Mandela Activities



Sasol Team briefing with Hospital Management at PMMH for the Mandela Day Donations

On the 31st of July In response to the Mandela Day Initiative and support vulnerable women and children SASOL for Good Organization visited Prince Mshiyeni Memorial Hospital to close off the Mandela Activities for the month of July. The team was welcomed by PMMH CEO and EXCO, welcoming SASOL CEO said PMMH is one of the biggest hospitals in KZN with 1075 beds and catering for the entire Ethekewini South Community, with daily patients of 1600 and a high number of deliveries. As a caring and responsible citizen, sounding the alarm to the scourge of poverty, SASOL employees packed 600 comfort and dignity packs as part of their 67 minutes to give back to the community. Volunteers had the opportunity to assemble packs filled with clothes, toiletries, and everyday necessities for vulnerable women, as well as care packs filled with essentials for babies in need. The packs were then brought to PMMH hospital and distributed to patients admitted on the day and remaining packs to be managed by Maternity to issue to those new mothers in need. CEO appreciated this good initiative by SASOL and acknowledged that PMMH is mostly the only peoples choice for health care and is to ensure good service delivery and these gifts comes as additional aid to bring a smile to our patient's faces.



Distribution of Sasol care packs to new mothers



Breastfeeding Awareness Week



Breastfeeding Awareness Team set up at Mega City

On the 1st to the 7th of August 2023 PMMH Maternity - Ante Natal Department conducted breastfeeding awareness for the patients of Prince Mshiyeni Memorial Hospital. The awareness was inclusive of various activities conducted by the Maternity ANC team. Activities started from health talks in all outpatients areas followed by a visit to Umlazi Mega City Shopping Center and communities were excited to come forward and receive vital information on breastfeeding.

According to the World Alliance for Breastfeeding Action (WABA) - Breastfeeding without other foods or fluids for the first 4 to 6 months of life is the best start for all babies. Breastfeeding reduces the risk of ovarian and breast cancer, type 2 diabetes, rheumatoid arthritis, and cardiovascular disease.

Breastfeeding significantly improves the health, development and survival of infants and children. It also contributes to improved health and wellbeing of mothers, both short and long term. This was the information given to all mothers.



Breastfeeding health talks and demonstrations for the community



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Women's Day Celebration and Casual Day at PMMH



PMMH Staff dressed up for Womens Day Celebration

On the 11th of August 2023 PMMH Staff in support of Women's Day Celebration participated in a casual day, putting on their pinafore and doek. The day was to celebrate women at the workplace and the impact they have in the working environment. Departments were excited to participate and dress up for women's day. Staff had fun when seeing each other and taking pictures to keep this memory of appreciation to be a woman in the workplace.



PMMH Staff dressed up in their pinafores for Women's Day Celebration



PMMH WELLNESS DAY



Wellness Activities underway with the PMMH Netball Team

On the 23rd of August 2023 PMMH Staff came in their numbers to attend and participate in wellness day PMMH Wellness Committee led by EAP Mr. Mhlongo at PMMH Nurses Home Hall. All the departments within the facility and external stakeholders were invited to participate. The main objective of the event was to empower employees to work in a conducive safe environment to be relieved from stress, financial stress, acknowledge the importance of physical fitness and mental health. The staff indulged in different activities of the day starting by aerobics, which were the main activity for the day, followed by Netball comprising of teams and players from various departments.

This event was also sponsored PMMH external stakeholders being Sanlam, Absa, Inkunzi Welath Management, Pioneer Debt Solutions, Avbob, Legal Wise and VW. They were all presented with an opportunity to provide financial education as per their company operations and services



Talks by FSP Stakeholders and handing over of sporting kits for PMMH



Pharmacy Month



Pharmacy Department Commencing Pharmacy Month activities

Pharmacy Awareness Month is meant to put in an extra effort by pharmacy in being visible within the hospital and to provide health talks on pharmaceutical information. Pharmacy department held public health talks in MOPD and Ante Natal Wards to give pharmaceutical knowledge which people of the community would find useful. At the Ante-Natal Ward, the focus was alcoholic fetal syndrome. These talks were planned by and executed by the pharmacist interns of 2023. Pharmacy month this year was a month to remember truly not just for the staff but also for the general community as Pharmacy paid a visit to the occupants of Ekhanana Old Age Home. This visit was also one of the most memorable outreach programs during the Pharmacy Month. At this home, PMMH Pharmacy department made a very significant donation that brought pride to the department and joy to the elderly people of Ekhana. Pharmacy Department contributed to purchasing a brand new refrigerator for the home. They got together again when it was being delivered and gave talks on different diseases and conditions that affect the senior members of our community.



Staff and patients posing in Pharmacy Month Photo Booth



Pharmacy management and staff visiting and handing over New Fridge for Ekhana Old Age Home



PMMH Nursing College RPL Students Farewell Party



RPL Students Performance

The 20th of September 2023 was the Proud moment for KZN College of Nursing and Prince Mshiyeni Memorial Hospital 2023 Recognition of Prior Learning STUDENTS.

PMMH Nursing College was one of eight (8) KZN Nursing campuses that commenced the RPL programme on 5/07/2023 to 20/09/2023. A total of 19 students consisting of 9 enrolled nurses and 10 enrolled nursing assistants from various eThekweni clinical facilities made up the 2023 cohort at PMMH Nursing College of RPL for access to the Diploma in Nursing training programme. One lecturer from King Edward viii Campus and Addington campus joined the PMMH Nursing College academic team for the duration of the programme. Learning and teaching including competency assessments were conducted during the weekly contact sessions at the campus. PMMH Nursing College thanked the students for their commitment to the programme and DMN's for releasing students to other clinical facilities so as to fulfil the clinical learning outcomes of the programme .



RPL Students with College Management



PSI Awareness Day at PMMH



PSI Awareness Team in MOPD

On the 20th of September 2023 PMMH SHERQ team with PMMH Management, staff and patients celebrated the International Patient Safety Day at PMMH Outpatients Area. The day comprised of songs and slogans for patient safety. World Patient Safety Day, observed annually in September with the aim to raise global awareness about patient safety and call for solidarity and united action by all countries and international partners to reduce patient harm. Health talks on patient safety were given at Patient Admin by multiple staff members including the Deputy Nursing Manager at PMMH. Patients appreciated the talks and snacks handed out to them as means to appreciate their patience and to receive the vital information on patient safety.



PSI Health Awareness talks in MOPD



PMMH Pharmacy Sports Day Event



Pharmacy Department at Montclair Sports-Field for Sporting activities

On Saturday the 23rd of September 2023 PMMH Pharmacy Department hosted an inter-disciplinary sports day. This was a joyous occasion held at Montclair Sports field. The objective for the Sports Days was to build Teamwork and support amongst healthcare professionals. The day started with soccer, followed by long distance race and volley ball to name a few of the games played. These activities ensured that the participants are relaxed and interacted in a safe and fun space, which in turn made a statement that the working environment is conducive for all staff serving the community, and thereby provide quality service to all our patients. The pharmacy team recognizes that health is holistic and when the staff is happier, they serve with full hearts. It was very crucial that team made an effort to connect with other professionals as well so we develop relationships that



Soccer Games Underway



Pharmacy Team Enjoying Games at Montclair Sports-Field



PMMH Heritage Day



PMMH Staff Showcasing Themselves for Heritage Day

On Wednesday the 27th of September 2023 Prince Mshiyeni Memorial Hospital held a Heritage Day Celebration for the with staff members dressed in traditional wear. CEO Mr GBCTE Khawula was thankful to all staff for coming in numbers to enjoy this day as PMMH family and in a way distress and reflect on the work and efforts that we put as an institution to the big community that we serve. He thanked all staff for their resilience through any hardships and responding to the call for a calm and fun day together. All staff had been encouraged to dress up in their traditional regalia, prepare departmental meals and organize departmental performances. All this was showcased on the day of the event and best activity received an award per category which department did their well and put their best foot forward.

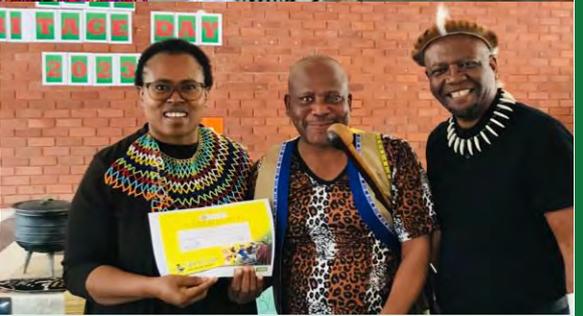
This was the day to have fun and embrace our cultures and diversity. The staff came out in numbers to celebrate this day the best way they know how. The day was an opportunity for all facility staff to honor and celebrate the diverse heritage that make our country a rainbow nation. Best highlights of the day was the departmental performances, sing-alongs and a special performance by PMMH Nursing College Students Choir conducted by Mrs Thathakahle Gumede who gave us two outstanding performances. Dr Mathabela thanked all staff for attending, prepping for activities and the PR Department as event organizers for the day and directing the program.



PMMH Staff in attendance on Heritage Day



PMMH Heritage Day Gallery



Reach for the Dream Play Area Donation to PMMH



On the 06th of October 2023 reach for dream foundation visited Prince Mshiyeni Memorial Hospital Ward P2 to launch a Pediatric Department state of the art play area. Kerry who is the manager at reach for dream stated "they chose Prince Mshiyeni Memorial Hospital because their main concept behind the dream is create a safe space for children to play, learn and be educated. She also highlighted that they know that hospitals are not fun even if you are an adult, so they wanted to create a space that feels like home. In closing she appreciated ToysRus for working with them in achieving a dream and thanked the Management of the hospital for allowing them to create a good space for admitted children. Prince Mshiyeni Memorial Hospital CEO Mr Khawula expressed his gratitude to because they fulfilled one of his dream, he further stated that being admitted and have a play area to distress is indeed a huge mind shift in terms of medication and the environment.



Play Area Opening Photo Gallery



ACKNOWLEDGEMENTS

This newsletter was developed by the Public Relations department telling a number of stories on activities undertaken by the institution. We thank you for taking your time to read through our facility newsletter. Should you have any interesting health stories, please share them on mawell.mbanjwa@kznhealth.gov.za. Your inputs will be much appreciated.

Should you have any complaints or compliments regarding the work and manner of approach by our staff members you can also send in writing to maxwell.mbanjwa@kznhealth.gov.za or call 031 907 8165

Please remember to stay safe from Covid-19 by keeping your hands clean, wash with soap and water, sanitize regularly, wear your mask indoors and avoid crowded areas. Prince Mshiyeni Memorial Hospital is here to support you and assist in any way we can.

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