



WAYS TO REDUCE BEING EXPOSED TO MPOX IF YOU'RE SEXUALLY ACTIVE:

- Spaces like back rooms, saunas, sex clubs, or private and public sex parties where intimate, often anonymous sexual contact with multiple partners occurs are most likely to spread Mpox.
- Condoms (latex or polyurethane) may protect your anus, mouth, penis or vagina from exposure to Mpox. However, condoms alone may not prevent all exposure since the rash can occur on other parts of the body.
- Gloves (latex, polyurethane or nitrile) might also reduce the possibility of exposure if inserting fingers or hands into the vagina or anus. The gloves must cover all exposed skin and be removed carefully to avoid touching the outer surface.

MPOX CAN SPREAD IN DIFFERENT WAYS INCLUDING INTIMATE OR SEXUAL CONTACT



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WAYS TO REDUCE BEING EXPOSED TO MPOX IF YOU'RE SEXUALLY ACTIVE (*CONTINUED*):

- Avoid kissing or exchanging spit since Mpox can spread that way.
- Have virtual sex with no in-person contact.
- Consider having sex with your clothes on or covering the areas where rash is present, thus reducing much skin to skin contact as possible.
- Remember to wash your hands, fetish gear, sex toys and any fabrics (bedding, towels, clothes) after having sex.

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