



WHAT TO DO IF YOU SUSPECT THAT YOU HAVE CONTRACTED MPOX

SUPPORT FOR PERSONS INFECTED WITH MPOX:

- Where possible, it is recommended that persons with an active rash isolate in their own room. Where not possible, it is important to make sure that the rash is kept clean but covered to ensure that bacterial infection and that lesions can breathe.
- It is important that washing of laundry is done safely and separately to avoid exposure to other linen by the contaminated one.
- Keep the isolation room ventilated.
- Scratching of the rash is discouraged as this will lead to contaminated fingers with rash sections and facilitate transmission.



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