



**I-MPOX
NOCANSI
OLUPHEPHILE**

UMUNTU ANGEHLISA KANJANI AMATHUBA OKUTHOLA IMPOX NGESIKHATHI SOCANSI?

- Khuluma nophathina wakho nganoma yikuphi ukuqubuka noma izilonda ezingachazeki kunoma yiziphi izindawo emzimbeni okubalwa umlomo nezitho zangasese ezangaphambili nezangemumva.
- Ungazibandakanyi ocansini uma ubona noma yikuphi ukuqubuka okungachazeki. Vakashela isikhungo sakho sezempilo esiseduze ngokushesha.
- Uma umlingani wakho ene-Mpox noma ucabanga ukuthi ningaba nayo, vikelanani ngokugwema ucansi lwanoma yiluphi uhlobo futhi ningaqabulani noma nithinte umzimba womunye nomunye ngesikhathi nigula.
- Ungabelani ngezinto ezifana namathawula, izingubo, amathoyizi ocansi nezixubho.



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