



UKWESEKWA KWABANTU ABANGENWE YI-MPOX:

- Uma une-MPOX siza ngokuthi uhlale ngawedwana egumbini elahlukile; uma ungakhoni gcina ukuqubuka kwemboziwe Futhi kuhlanzekile.
- Kubalulekile ukuthi ukuwashwa kwezingubo kwenziwe ngokuphepha futhi ngokwahlukana ukugwema ukusabalalisa i-MPOX.
- Gcina igumbi lokuzihlukanisa lingenwa umoya.
- Akukhuthazwa ukunwaya ukuqubuka ngoba kungaholela ekusabalaliseni amgciwane e-MPOX ngeminwe.
- Kuyakhuthazwa ukugeza njalo izandla ngamanzi nensipho.
- Kuyelulekwa ukuthi uhlanze izindawo njalo lapho umuntu one-MPOX ehlezi khona ngayendwana.

**UMA USOLA IZIMPAWU ZE-MPOX
KUWE NOMA KUMLINGANI WAKHO
VAKASHELA ISIKHUNGO SEZEMPILO
ESISEDUZE NAWU.**

**UKUQUBUKA
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