



# SUPPORT **BREASTFEEDING** FOR A HEALTHIER SOUTH AFRICA

**WOMEN WITH COVID-19  
CAN BREASTFEED IF THEY  
WISH TO DO SO.**



## **THEY SHOULD:**

Practice respiratory hygiene and wear a mask



Wash hands before and after touching the baby



Routinely clean and disinfect surfaces

**#WorldBreastFeedingWeek**



Credit: WHO/PAHO



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



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**GROWING  
KWAZULU-NATAL  
TOGETHER**