



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Richmond Hospital

R.H INDABA

NEWS

STAY INFORMED

APRIL 2018



SR Mphikwa at Mkhuzane School during TB month



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CEO's ADDRESS



Greeting everyone

It is that time of the new financial year, I would like to thank all employees for working hard in the past financial year in serving our clients with good attitude. We encourage staff to continue doing well throughout the coming year. As much as we know that we have critical posts not filled like Finance manager ,Medical Officer and CEO, it is with great pleasure to know that we have managed to fill the posts of Quality manager and Occupational Health Nurse. Despite all the challenges, Richmond hospital has managed to open a new OPD clinic which is now fully operational and we say thanks to Sr Lindeka Mpikwa for driving this initiative. In closing lets continue with the spirit of unity and Ubuntu

Dr. Mir Anwar

Acting CEO.

2018 TB MONTH



CLIENTS AND NURSES DURING TB MONTH AWARENESS AT BLACKWOOD FARM

March is national TB month where all health facilities are encouraged to do TB awareness. Richmond TB hospital has done a tremendous job in fighting TB and is still shocked to hear that the stats shows TB as the number one killer disease in SA. Therefore, we felt it is important to continuously do awareness campaigns about this disease.

During the TB month the Richmond hospital employees embarked on visiting the surrounding schools, taxi ranks and farms. The aim was to educate learners and the community about TB. Education on TB will help in detecting TB earlier therefore making it possible for this disease to be cured. Condoms were also distributed at the relevant places that were visited.

The activities of the month included TB screening ,TB talks ,BP tests ,HIV testing ,sugar testing and distribution of TB pamphlets.

We also had a chance to educate the public about the dangers of defaulting treatment and reassured them that TB can be cured. After all these activities its been so touching to see community members give similar services at their own places of work and home. The outreach team has been approached by the community to continue doing these campaigns. Above 100 primary scholars were exposed to this information (TB education) ,172 adults did TB screening, 72 hypertension+diabetes and 35 HCT through-out TB month.

Listeriosis outbreak



Mrs. Van der Byl during listeriosis outbreak workshop at Richmond combined school

South Africa is currently experiencing the largest Listeriosis outbreak in the world with over 900 confirmed cases and over 180 deaths as a result.

Because of facility and community interest, concerns, misconceptions and misunderstanding of the condition it was imperative that an **In- Service training internally** and **Education externally** be carried out in order to keep everyone abreast of this condition. These workshops took place from the 5th -16th of March 2018.

The following are the institutions that benefited from this workshop:

- ⇒ RICHMOND HOSPITAL : (137 STAFF)
- ⇒ RICHMOND PRIMARY SCHOOL : (14 STAFF)
- ⇒ BERNARD MIZEKI : (12 STAFF)
- ⇒ RICHMOND PRIMARY HOSTEL: (16 STAFF)
- ⇒ RICHMOND COMBINED SCHOOL: (24 STAFF)

The content of these workshops included: Definition and history, risk group, sign and symptoms, prevention and precautions. A huge thank you to Mrs. Van der Byl (IPC manager) for educating us on this topic..

HEALTH AND WELLNESS DAY



Richmond hospital's health and wellness committee organised a wellness day on the 28 February 2018. The day was filled with joy and happiness as almost 80% of employees participated in different activities, namely: Fun walk 6.2 km, tug of war, sack race, netball, potato & spoon race and mixed gender soccer games. This event was planned to encourage employees to live a healthy life and reiterate the importance of physical exercise. The results are as follows:

ACTIVITY	POSITION	INITIAL AND SURNAME
FUN WALK	1 (MALE)	Mr. Ndleleni
FUN WALK	1 (FEMALE)	Ms. N Tshoba
POTATO RACE	1 MALE	Mr. B Ngcobo
POTATO & SPOON RACE	1 (FEMALE)	Mrs T Mkhize
SACK RACE	1 MALE	Mr. S Shezi
SACK RACE	1 (FEMALE)	Sr. A Ntshangase

We would like to thank the Richmond municipality traffic department for controlling the traffic on the day of the event and all RCH employees for participating.

HEALTH AND WELLNESS DAY PICTURES



THE ABOVE PICTURES ARE OF THE STAFF AT RICHMOND HOSPITAL DURING THE HEALTH AND WELLNESS DAY PARTICIPATING IN THE VARIOUS EVENTS.



National Condom Week is one of the leading sexual health campaigns organized with the aim of educating young adults about safe sex, including the risks involved with having unprotected sex, and most of all to reinforce the fact that using a condom is one of the ways to protect against both unwanted pregnancies and sexually transmitted diseases.

According to the World Health Organisation (WHO) more than 1 million sexually transmitted infections are acquired every day worldwide. Each year there are an estimated 357 million new infections with 1 of 4 STIs: chlamydia, gonorrhoea, syphilis and trichomonas's. More than 500 million people are estimated to have genital infection with herpes simplex virus (HSV).

On the 12th –16th of February the Richmond hospital's outreach team organized a condom week campaign at the Anderson's garage in Richmond. The purpose of this day was to educate the community on correct condom use - focusing in particular with the youth. The outreach team demonstrated on how to use a male condom and emphasized the importance of using it during sexual intercourse to avoid diseases such as Sexual Transmitted Infections and HIV/Aids.

STIs are preventable and many are treatable. Early access to care helps prevent further transmission to partners and from mother-to-child. Mother to child transmission of STIs can result in neonatal death, low-birth weight and prematurity.

The event was a success as people were also given the chance to do HIV testing and counselling as well as the distribution of condoms.

CONDOM WEEK PICTURES



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



Greetings to all

My name is Nombali Nyawo I want to express my deepest gratitude for considering me as an intern at Richmond Hospital. It is an exciting opportunity for me to nature my professional growth at this organisation .I want to ensure you that my coursework has prepared me to take the responsibilities

of this internship seriously. Thanks again to the Richmond Hospital staff for the warm welcome, I am really glad to be part of this family and looking forward to learning a lot.

Thank you



Hi everyone

My name is Thabile Phiri I have been recently hired as an Occupational Health Nurse Practitioner. I am pleased to join Richmond team . I would like to thank the staff for the warm welcome that I have receive. If I can be of any service please feel free to contact me

Thank you

ACKNOWLEDGEMENTS



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WRITER/ DESIGNER



Nombali Nyawo



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