



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

RIETVLEI DISTRICT HOSPITAL

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# RIETVLEI HOSPITAL NEWS *JUL-SEPT 2016*



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# Mvubukazi and Gugwini Ideal Clinic



As part of the Operation Phakisa, uMzimkhulu Sub-district was assessed to determine its Ideal Clinic status. Out of 13 Clinics in uMzimkhulu sub-district, two Clinics were selected i.e. Gegwini and Mvubukazi. We are very proud of their achievement. Gugwini achieved Gold status whilst Mvubukazi Clinic excelled with platinum status. We hope this will be maintained.



We also thank all the brains behind this uMzimkhulu Sub-district team. Both selected clinics and their achievements really showed how important it is to work as a team to move forward.

Top left: Mvubukazi Clinic, Top right Management team and PHC from Rietvlei Hospital including the assessors. Bottom Rietvlei Hospital CEO with Mvubukazi staff



# MORE PICTURES OF IDEAL CLINIC AT GUGWINI

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**Batho Pele**  
Let's build a better South Africa  
Together leading the dream for Service Delivery

**WELCOME TO GUGWINI CLINIC**  
Siyanamukela eMtholampilo wase Gugwini

SERVICES OFFERED	IZINSIZAKALO EZITHOLAKALAYO
Well baby Clinic	Ukukalwa kwabantwana
Immunization	Ukugonywa kwabantwana
Integrated Management of childhood Illness.	Ukunakelwa abantwana abangaphansi kweminyaka emihlanu.
Antenatal Clinic	Ukuxukuzwa komama abakhulelwe
Post Natal Clinic	Ukuhlolwa komama ababelethile
Sexually and Reproductive Health	Ukuhlolwa Komndeni
Youth friendly Services	Ukunakelwa kwabasha
Chronic diseases	Izifo eziyimbelekesele/Amahlalakhona
HIV Counselling and Testing	Ukwelulekwa nokunakelwa mayelana nesifo segculazi
Anti-Retroviral Treatment	Ukunikezelwa Kwemishanguzo yengculazi negciwane layo
Tuberculosis	Ukwelashwa kwesifo sofuba
Sexually Transmitted Infections	Ukwelashwa kwezifo zocansi
Health Promotions	Ukugququzelwa kwezempilo
Physiotherapy	Kwelulwa Imisipha
Dental Care	Ukunakelwa kwamazinyo
Occupational Therapy	Ukufundisa ngokusebenzisa izingxenye zomzimba
School Health	Ukunakelwa kwabaNtwana besikole
Dietetics	Ukunakelwa ngendlela okufanele sidle ngayo
Referral for Termination of Pregnancy	Siyathumela ukukhishwa kwezisu

**WORKING HOURS**  
MONDAY-FRIDAY 07:30-16:00

**CONTACT NUMBER**  
039 259 7063

**IZIKHATHI ZOKUSEBENZA**  
UMSOMBULUKO KUYA KULWESHLANU, KUSUKA LIGAMENKE  
IHORA LESI-7:30 KUYA KWELE 4

Together we  
can move our  
facilities  
forward



## PREGNANCY WEEK AT UMZIMKHULU



Pregnancy week was conducted at uMzimkhulu Clinic with the aim to educate future mothers about the importance of attending Anti-Natal Clinic and also informed about when to start Clinic, how to keep your body healthy and active during pregnancy. They were also informed about what they should use to avoid stretch marks on their bodies.

Pregnant women were given samples and small booklets that educates them about pregnancy to the birth of the child. Questions were asked and there were prizes or gifts that were given to those who answered the questions correctly.

Ms. N. Xhelithole EAP at Rietvlei Hospital took an opportunity to thank all the mothers who were there along with the Nurses that were there during the event.

Top left: Professional Nurse from Rietvlei Hospital

Top right: Ms. Xhelithole with future mothers during the event

# TB DAY AND DISTRIBUTING OF CONDOMS

Lourdes clinic hosted a TB Awareness on the 9th of March 2016. The aim of this awareness was to educate the people of the community about the importance of preventing .

Staff members arrived at Lalei Primary School at 09h30, community members arrived 30 minutes after arrival of staff as it was raining. Sister C.F.N. Nomvalo (Operational Manager) introduced staff members to the community and the purpose of the day, signs and symptoms of TB, Primary Prevention of TB and also encouraged clients to do Pap smear. Again Sister V.C. Zulu highlighted these things that are very important, the Secondary Prevention of TB, the importance of taking TB RX regularly, correlation of TB with other diseases and also the Importance of hand-washing.

Lastly J. Mpabanga (Lay Counselor) also highlighted some elements as well, importance of Testing for HIV, Encourage clients for HIV

Testing, Disclosure on HIV status and how to use condoms. Clients were also given the opportunity to ask questions, their questions were answered and were satisfied. CCG'S distributed condoms.

During this awareness :

Clients tested for HIV = 29

Female tested positive = 01

Male condoms distributed = 600

Clients taken sputum = 14

Clients done Cervical screening = 12

Clients done family planning = 3

Children given vitamin A = 12

Children given Worm stop =12

Female condoms distributed = 90

Total no of Children = 14

Total no of Adults = 51

Sister Nomvalo (Operational Manager) thanked the community for availing themselves and listening to the talks.



# TOP AT UMZIMKHULU



Mapping for the March was as follows: Starting point was at Gugwini area covering Mahobe, Kiliva and Loli at Deepdale sport ground then proceeding to White City and surroundings lastly Umzimkhulu Town ( Park near the Mall ) whereby we were marching around in town removing all illegal posters marketing back street abortion.

On the 30th of March 2016, uMzimkhulu , hosted the awareness on illegal abortion assisted by CEO of the Hospital Mrs. Keswa along with Management team and also with Student Nurses from our institution.

As part of the MEC's Campaign on illegal abortion, the DoH had given us an opportunity to go around the communities with the billboard trailer and a loudhailer. The aim of the trailer was to go into selected communities, creating community awareness regarding illegal abortion and dual protection.

The trailer had a CD of the message, and someone from the institution was doing the loud hailing encouraging those women that are still using illegal backstreet abortion to come forward to speak with the professionals because we are facing with a lot of deaths of young girls.



# MORE PICTURES ON TOP AT UMZIMKHULU

DO NOT PUT YOUR LIFE AT RISK, GO FOR  
LEGAL TERMINATION OF PREGNANCY AND  
SAVE YOUR LIFE.



# BON VOYAG.....LINGES



On 30th March 2016 Rietvlei Hospital bid farewell to Mr. M. Mbende. He worked for Rietvlei for more than 3 years. Among the speakers for the day, there were Sr. Magaqa as a colleague, Matron Mpongoma as a supervisor when He was a Quality Manager, Ms. Mpongoma mentioned different qualities that he had at that time but as time goes by, He went to patient care in Casualty where he continued with excelling with his work. Ms. Mpongoma also described him as a sociable man, Who has a leadership skills and on behalf of the Management, they are hoping that He will go there and manage everything to present the Rietvlei Hospital .

Secondly Sr. Magaqa and Dr. David they describe him as a hard worker who knows what He wants because he made some changes in Casualty, when He was there on behalf of the Department, We really appreciate each and every service that you delivered at Rietvlei Hospital hoping that you will go there and manage everything as usual.

Feedback from Mr. Mbende took the opportunity to thank all staff that was with him all the way since he arrived at Rietvlei Hospital, and he was very happy that he implemented some changes and introducing some duties as well . Early in October Mr. Mbende did introduce rotation to staff and they did very well. Lastly Mr. Mbende took the opportunity to thank each and every staff member of the facility for doing great on moving this facility forward.

All of the above Mr. Siyabonga Sibiya one of the staff members where Mr. Mbende was working thanked everyone who participated on this event hoping that their colleague will go there and do very well





## MORE PICTURES ON FAREWELL



In the same quarter Mrs. Maqubela professional nurse at Female Surgical also left Rietvlei Hospital on the 31 January 2016. She was described as a hard worker who knows what she wants in life. As Rietvlei Hospital, we would like to thank her for the time she spent here with us and the service delivery that she offered hoping for the best for her.

# ACKNOWLEDGEMENTS

**N. CEKWANA (QA MANAGER): WRITER AND  
SUB EDITOR**

**MRS N.A. KESWA (CEO): NEWSLETTER  
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"Miracles are of all sizes, if you start believing in little miracles, you can work up to the bigger ones"-Norman Vincent Peale.

