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Anto Natal Labour
Balindsie Wusbeleka Gumbi Lokubelekina

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# KWENGEZWE ISIBALO SEZISEBENZI

Uma lesisibhedlela besizongena KwaZulu Natal iDistrict vethu isiSonke ikwaze ukusiqashela laba baphathi abalandelayo: u Medical Manager, Nursing Service Manager, no Human Resource Manager ngenjongo yokuba isibhedlela silawuleke ngendlela efana nesifundazwe esizongena kusona. Umphathi wesibhedlela uMrs Keswa bone kunesidingo sokuqasha izisebenzi ukuze isibhedlela simelane nokusiza umphakathi waseMzimkhulu ngokusezingeni eliphezulu. Inani eliqashiwe lingu-120. Kungezwe cishe kuwo wonke amagumbi akhona ngaphakathi esibhedlela. Phakathi kwabantu abagashiwe oomabhalane baseOPD, kuma Stores, kwaFinance nase Mortuary. Kugashwe nabasizi base Khemesi, kwiPhysiotherapy Department, e X-ray, elondolo, oocleaner, nabasebenza ngaphandle, intlobo-ntlobo zamanesi nomsizi woMphathi wesibhedlela (Secretary) owayengekho ngaphambilini.

Kube khona nalezimenenjala ezilandelayo : Pharmacist, Occupational Therapist, Physiotherapist (ukwelulwa kwamalunga omzimba), iDeputy ka Human Resource Manager, iLaundry Manager, House Keeper kanye nabo Supervisor beKhishi no Artisan forman. Luningi ushintsho oselugalise ukubonakala ngenxa yokuba khona kwabo bonke labantu aba qashiwe ekwenyuseni izinga lonakekelo oluya kumphakathi.



Acting Hospital

Manager Mrs. Keswa

### What about Communication?

Rietvlei has developed in certain aspects, especially in communication channels. Did you know that Rietvlei Hospital is now available on the KZN Department of Health intranet? Visit the website and see us there!

You will be able to see our Hospital background, vision, mission and a summary of all what we have in terms of our Management as well as accommodation.

We bind ourselves to update our website whenever there are changes within the Hospital and keeping you updated through the monthly issues of the news letter. We salute our Board members for dedicating themselves to be a link between the hospital and our community.

### WHAT IS OCCUPATIONAL THERAPY?

I am Sbusisiwe Mathenjwa currently managing Occupational Therapy Services.

The simplest way to explain Occupational Therapy is that occupational therapy enables individuals of all age groups to cope with their daily roles and task at home, at work and at play. Occupational Therapy helps people to lead more enjoyable and productive lives.

It is a practical, client orientated profession dealing with mentally and physically ill clients and children with developmental problems. The occupational therapist is able to assist individuals to become independent in activities of daily living, where possible, find and maintain productive employment

### Services offered in Occupational Therapy

- Vocational rehabilitation (job/work and re-training)
- Perceptual training programme
- Cognitive training programme
- Group therapy
- Splinting
- Scar management ( pressure garments)
- Wheelchair training
- Pressure care
- Social skills Training



The new Occupational Therapist

### UKWAKHIWA KWAMAGUMBI ESIBHEDLELA

Njengoba iRietvlei beyingenawo amagumbi eziguli zaseMedical asezingeni elincomekayo, sekusemaphethelweni okwakhiwa kwayo. I Medical ward eyabesilisa nabesifazane, iMotuary (indawo yezidumbu) kanye ne Rehabilitation Department. Ubuso besibhedlela sishintshe kakhulu njengoba kusanduku pendwa kabusha sonke isibhedlela.

The New Medical Ward



**New Mortuary** 



Rehabilitation Department



### **ARV CLINIC**

The ARV Clinic enroll client from VCT and those who are already infected. We also have six feeder clinics within Umzimkulu that can be used: Umvoti, Mvubukazi, Gowanlea, Riverside, St Margarets and Sihleza. We are pleading our brothers and sisters to come forward for testing. Let us know our status in order to get the care and support we need. ARV Team with Student Doctors from Cuba.



### PHARMACY DEPARTMENT



Pharmacy department is presently run by Babalwa Tshiki with the assistance of 10 Pharmacy Assistants. The Department is dedicated in providing an efficient "customer—friendly" support service to the public.

Yiyo lento usokhemisi ekufundisa konke okufanele ukwazi ngokunxulumene namayeza akho njengalokhu okulandelayo:

- Yazi amayeza owathathayo kanye nesizathu sokuba uwa thathe
- The New Pharmacist •
- Ukuthi agcinwa njani amayeza
- Sazi isigulo sakho esikuphatha rhoqo
- Amayeza akho e-TB kufuneka uwazile
- Amayeza wakho esandulela sikagawulayo kufanele uwazile



**Pharmacy Assistants** 

### TRANSPORT SECTION

Sesize sazibuyisela izimoto ebesizisebenzisa zase Eastern Cape. Kumanje nje isebe lezempilo lakwa ZuluNatal selisinike izimoto ezi ngu 7 ukuze sikwazi ukuphelelisa usizo esilunika ebantwini. Siyo cela ukuthi umphakathi usizane nathi ekuqinisekiseni ukuthi izimoto esizinikiwe ziphephile futhi zisetshenziswa ngendlela efanele.



Izimoto ezintsha



**Transport Officers** 

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# WHAT IS PHYSIOTHERAPY?

I am Ronell . L. C Witbooi currently managing the Physiotherapy Department at Rietvlei District Hospital.

Physiotherapy has been around for centuries and utilizes some of the oldest rehabilitation techniques known to man for healing. Here at Rietvlei hospital that is our passion." Healing through Hands". Physiotherapy is a profession that provides rehabilitation to a variety of medical conditions.

Most of our intervention is corrective but a lot is also preventative. We see clients who have respiratory problems up to children with serve disabilities. We specialize in sports injuries and rehabilitation after a client has suffered a stroke/head injuries, spinal injury etc. We also form an important part in helping people who suffered burns to use their limbs again and prevent it from going permanently stiff.

We teach people how to walk again or gain re-use of their limbs after injury or disease. We treat a spectrum of neurological conditions including peripheral neuropathies, Bell' palsy and a whole lot more.



The New Physiotherapy Manager.

Treatment also includes assistance with the use and fitment of orthopedic devices e. g. walking sticks, wheelchairs, corsets. We train care givers of bedridden family/friends how to take care of them. We have also found an important slot in stress management and we are known for giving some of the best MASSAGES!!

We offer assistance in occupational health by educating clients on back care and ergonomics in the office or home settings. To sum it up, there isn't any sphere of health that physiotherapy cannot meaningfully contribute. In the past recent years there are some physiotherapy practitioners who even specialize in giving physiotherapy to animals.



The newly appointed Physiotherapy Assistants.

### **NEW COMPUTERS**

It has taken decades for the hospital to finally have a total of 48 new computers with printers that have recently been delivered by KZN Department of Health. We are still expecting many more to come. It is with excitement to a number of staff members and wards that at last officers can now be able to write and print in their offices. On behalf of management, staff and the board we applaud our KZN Department of Health for this achievement.



Nomandla at the HR Office

### E---ZEMIDLALO!

Isibhedlela sethu sizobe sidlala ibhola le soccer ne netball ngomhlaka 14 July 2007. Kuzobe kusezingeni le Subdistrict level lapho sizokhuphisana nezibhedlela zeDistrict. Sinethemba lokuba ngenxa yentsha eningi esandukuqashwa ngaphakathi kwesibhedlela, siyozishiyela kwezinye izibhedlela. Imiphumela uyoyizwa kwi issue elandelayo. Kanti nawo umculo uzobe uqhudelana namanye amaDistrict, lapho kuyophuma inqgunqgulu okuyothi ngo August kuyoqhudelwana eNew Castle

### SAFE SEX

The use of condoms is important for Rietvlei HIV and AIDS prevention plan, that was discovered on the research recently. It reflect that the number of condoms for men distributed by government each month will be increased from 32 million to 40 million.

# IMPROVING COMMUNICATION TO THE PUBLIC

The manner in which Rietvlei has been communicating with its Public in the past will be changing.

It is our intention to update you on a monthly basis on developments/changes at Rietvlei and we will be using different channels of communications in order to reach a maximum Website, newsletter and brochure are some of the communications channels that will be used.

We also want to hear your voice to ensure that we are delivering the best service that you require the most. For any complaints or compliments please contact our PRO Mr. Mlungisi Dube @ 039 2600000 or

0721745110.

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## **Meet our New Hospital Management Team**

Mrs. Keswa Acting Hospital Manager





Mrs. Nqophiso

Quality Assurance Manager



Mr. Mbatha Nursing Manager



Mr. Makhonza Human Resource Manager



Mrs. Zuma
Finance and Systems
Manager



Dr. Garcia Medical Manager

### UMLAYEZO OPHUMA KUMX-HUMANISI WOMPHAKATHI NESIBHEDLELA (PRO)

Ngithanda ukudlulisa amazwi okubonga kumphathi wesibhedlela ngendlela enze ushintsho ngayo lapha esibhedlela ngiphinde ngibonge kubaphathi bamagumbi (departments) ahlukene ngokusebenzisana kahle. Ngingazikhohlwa izisebenzi ezintsha kanjalo nezindala ngokwamukela ushintsho esibhedlela sethu, kanye nokusebenzisana.

Ngiphinde ngikhuthaze ukuxhumana okuhle ngaphakathi nangaphandle nomphakathi esiwusebenzelayo. Ngingakhohlwa ikomidi engisebenza nalo (Quality Team) eliholwa ngu Matron Nqopiso. Ngiphinde ngikhuthaze inqubekela phambili ekomidini lezemidlalo (Sport Committee) eliholwa Mr S Ndlumbini. Ngiphinde ngidlulise kumphakathi wakithi ukuzwana lapho ufaka khona izikhalazo nezincomo nokubekezelelana uma kukhona lapho omnye ngaboni kahle khona, ngoba

sizokwakha ubudlelwane. Ngicela ukuthi uma kukhona ongaphathekile kahle lapha esibhedlela unelungelo lokukhalaza futhi isikhalazo sakhe siyobhekwa sixazululwe ngokungachemi. Ngiphinde ngikwazise mphakathi ukuthi lapha esibhedlela sinamabhokisi lapho ufaka khona izikhalazo zakho khona.



Umxhumanisi wesibhedlela Mlungisi Dube

Ngiphinde ngixwayise umphakathi nentsha ekuzithibeni ocansini olungaphephile nasekusebensiseni izidakamizwa. Ngithi ke kuwe osusulekile ngaleligciwane ziphathe kahle futhi udle izinto ezinomsoco lokho kuyosisiza ekwakheni isizwe esiqinile futhi esinempumelelo.

Ngineqiniso lokuthi sisazobambisana ukugqugquzela iBatho Pele kanjalo nokubhekelelwa kwamalungelo eziguli kwizikhungo esizisebenzayo.

Compiled by

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