



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

ST AIDAN'S HOSPITAL NURSES DAY



Flour-
ence
Nightingale's life
and prac-
tice is re-
ferred to

throughout the world as the pioneer of modern nursing. Annually the hard work and dedication of nurses worldwide is being honored on 12th of May.

St Aidan's Mission Regional Hospital commemorated International Nurses day on the 17th May 2013.



The programme opened with a song and prayer

led by Rev Beryl Arrikum.

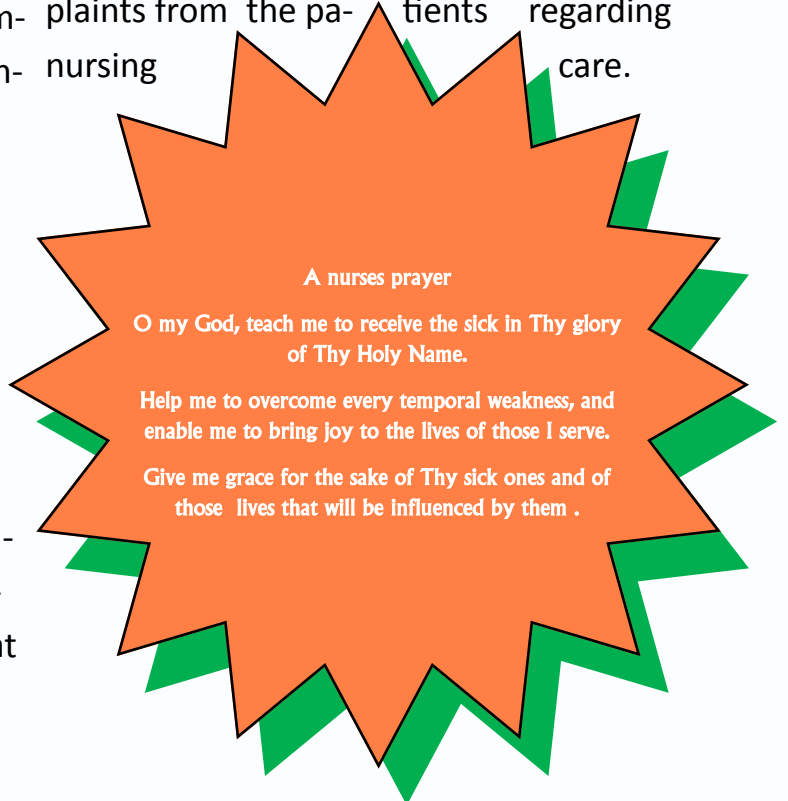
She then thanked all the nurses for their dedication and commitment to the health profession and blessed them for the sterling job that they are doing.

The guests were welcomed by Mrs. C Moodley

Mrs. C Moodley-
Welcoming guests.



The acting CEO Mrs. SD Pillay expressed managements appreciation for the exceptional job that the nurse are performing under trying circumstances. This is indicative of the few complaints from the patients regarding nursing care.



A nurses prayer

O my God, teach me to receive the sick in Thy glory of Thy Holy Name.

Help me to overcome every temporal weakness, and enable me to bring joy to the lives of those I serve.

Give me grace for the sake of Thy sick ones and of those lives that will be influenced by them .



Guest speaker: Ms. Iris Pillay-Nursing College Lecturer.

The guest speaker *facing our profession.*

for the day was Ms I Pillay (educator at the Nursing Sub Campus). Her inspiring speech goes as follows

To be successful nurses we need to : Love our work, Believe in ourselves. Take time to relax, enjoy, laugh a lot and reflect on our lives.

To keep going and to face life challenges we need to remember: The more you give, The more you get to give. All in the word 'LOVE'

A bad attitude is like a flat tyre, you cant go anywhere until you change it.

Let us become movers and shakers, not moaners and groaners. We need to convert our lemons into lemonade. We need to run faraway from negaholics, but sometimes we cant so we need to convert and support them to be positive.

*I thank you for the word **NURSE** (5 students swayed down the aisle with the alphabets **NURSE**, while the song 'I want to be there' was sang in all its glory)*



Nursing students with the NURSE alphabets

“Today we thank all nurses for caring for others, Today we celebrate and honor Florence Nightingale on her birthday the 12th of May. We also appreciate the role the international counsel for nursing plays in this regard , not only commemorating Florence Nightingale but also the work of all nurses. I t is a day dedicated for all nurses –past, present and future. Let us remember our retired nurses, now let us observe a moment of silence respecting the diseased nurses who were our pioneers and our mentors. Well done good and faithful nurses may your souls rest in peace.

We are encouraged to be like salt and to bring godly flavor into whatever we do for the sick. We have choice sin life and we chose to be nurses with accountability and responsibility. Being a nurse is the most noble, humble, unique and caring profession. We are truly blessed.

The patient is the reason for us being in the job and we should know that we are not doing the patient a favor. Nursing should not only be a job to us, but a purpose in life to make a difference. We need to instill positive values and principles, be innovative, assertive nurses who can think and manage the continuous changes

N- Be **N**ice at all times

U- **U**nderstand at all tomes

R- **R**espect at all times

S- **S**mile caringly

E- **E**mpathize, Become an **E**xpert

Take a moment and look at your hands. We are so blessed to have our hands, a wonderful creation, our hands touch so many lives in different ways.



The **Thumb** represents **Grace** because like a ride given to a hitchhiker, eternal life is a free gift of God's grace (Acceptance and Understanding)



The **Index Finger** reminds us of **Man**. We may point out the sins in others, but there are always three fingers pointing back at ourselves. (Be humble and have non judgmental attitude)



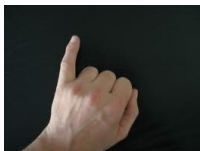
all)

The middle or **Great Finger**, represents **God**. He is the greatest being in the universe. (Respect all, Love



unity, Team spirit)

The **Ring Finger**, represents **Christ**. The bridegroom and believers the bride. (Bringing us in



and believe you can be a successful **NURSE**.

The **Little Finger**, represents **Faith**. The smallest of all seeds (mustard seed). Believe in God, have faith



Now put your hands together , own it. These are your hands, our hands. Use them for the glory of Gods people.

As we appreciate our nurses past, present and future. Our retired nurses, our mentors and role

models. Our deceased nurses. May they be our guardian angels for us to adopt a positive attitude amidst negativity.

We remember mother Teresa's caring role. 'Some people come in your life as blessings, Some come in your life as lessons'

Enjoy every moment, good or bad because the gift of life is life itself.

Everyone was moved and revived by Ms Pillay's speech. Then a song TAKE MY LIFE was sang after the guest speakers speech.

All the nurses reaffirmed the nurses pledge with a lit lamp.

This was led by Mrs. F Hlongwa.



From Left: Mrs. Malama, Mrs. F Hlongwa and Mrs P Bhengu

Refreshments

were prepared and served by Sr. Jivan for all the nurses to enjoy.



Sr. Jivan serving refreshments

Nurses dispense comfort, compassion, and caring without even a prescription