

Breastfeeding Campaign held at Sokhela Clinic

St. Apollinaris Hospital hosted the breastfeeding campaign at Sokhela Clinic, Donnybrook location on Friday, 07 August 2015.

KwaZulu-Natal Department of health declared 1-7 of August as Breastfeeding week on the health calendar, therefore all provincial health Institutions are expected to mark or promote this campaign. Staff members educated the public about the significance of breastfeeding and re-emphasize the exclusive breastfeeding.

Most of community members found it very interesting to take part in the campaign. It emerged that our community members were educated about breastfeeding, nevertheless some are reluctant to breastfeed their babies due to some misconceptions.

Health education was given by various speakers from the Department of health and questions were asked to assess the level of understanding. Most of them understood the importance of breastfeeding, seemingly they practiced it.

Mrs. P.P. Gasa -Primary Health care Manager gave the key note address about the purpose of the day and interacted with the Community Members about Exclusive Breastfeeding. She was very impressed to observe that most of them do attend to Phila Mntwana Centres.

St. Apollinaris Hospital : Maternity Staff members also offered educational talk on Breastfeeding at OPD department. They communicated the message in the form of drama. The out-patients were very keen to take part on the educational talk.

Staff members from the Department of health collected road to health cards from mothers of the Children. This was done to verify those attending clinics well. Some Mothers were given the token of appreciation to encourage them to continue with good work.

Mrs. LV Sakyamah Hospital Manager offered the vote of thanks to all Mothers and Community at large. She encouraged them to visit the clinic regularly to ensure a better healthy life style for their babies.

She advised them to attend Phila Mntwana Centers so that their children will not be exposed to Malnutrition for no good reason.

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Community members at Sokhela Clinic during the event



Maternity staff members educating the Clients about Breastfeeding .



Community members were listening to the speakers.



Mothers of Children were listening attentively



Standing from left: Sr N Chiya-PhC Supervisor, Mrs. L.V Sakyamah CEO, Mr. L.Z Mhlamvu-QAM, Sr Buthelezi- OM, Ms Khuleka-Dietitics, Mrs PP Gasa PHC Manager and Ms. T.E Kumalo-Deputy Manager Nursing . Front raw, Mothers of Children.



Staff members giving health education.



Staff members displaying proper breastfeeding