



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

St. Apollinaris Hospital

SINGABENU

St. Apollinaris Hospital Newsletter

April to June 2017



Dr. N.E Manci posing with his MASEA achievements

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TB Awareness in Ward 8



Local traditional dance group, Inhlokohelela, entertaining more than 300 people from Ward 8

Together with Nkosazana Dlamini-Zuma local municipality and supporting partners, St. Apollinaris hospital held a World TB Awareness Day on the 11th of April 2017 in Madzikane area, Ngwagwane under ward 8.

This day aims to raise public awareness of TB and the efforts made to prevent and treat this disease with a 2017 theme saying "United to end TB". On this day of the awareness event, the testimonial was done by Mrs. B. Khubone who was sick and discovered very late that she has TB, she mentioned that she thought it was just a passing flu, until it went on for weeks coughing and sweating. She was powerless and could not even make herself food. She was assisted by her neighbours in washing clothes and other house chores. Her neighbour then took her to a nearby clinic where she did a test and discovered that she has TB, after that she started her treatment which took about six months until she got better.

The local municipality ward Counsellor Mr. W.N Kheswa also motivated the community to visit clinics more often to check more especially on TB.

The words of the guest speaker of the day were wise and informative. Mr P. Bhengu was the guest speaker of the day, he has worked with the St. Apollinaris hospital for years under the HAST department. He mostly encouraged the community at large to always visit clinics for regular check-ups, and advised people to use the knowledge they have to fight with TB in societies. "The early you get to know about your TB status is the more you get to be treated before the virus becomes dominant in your body" he said. He mentioned that the community must speak about TB in church gatherings, stokvels and support groups so that everybody will be educated about diseases such as HIV/AIDS and TB as well. He concluded that the government and Non-Governmental Organizations have played their part in making people alert about TB, so it's now in the hands of the community to play their role.

The supporting partners which were The Turn Table Trust, Beyond zero, TB/HIV Care and Humana People to People were also part of this awareness day, providing services such as TB screening, and HIV Counselling and Testing to the community who was present.

Awareness days like this one encourage our communities about their health maintenance. The fact of life is that TB is curable if you are responsible as a victim at a very low cost through the treatment administered by government. The most important thing is to take every medication dose properly. This gives the virus a chance to mutate and become resistant to the effects of the drug. It is advisable by the World Health Organization to keep a medicine calendar with your pill bottles and note each time you take a dose. Singayinqoba iTB sihlangene!.

By Philile Dlamini In-serve



The TB awareness event was successful judging by the community's attendance and participation throughout the day.



Community came in numbers to listen to the different speakers, also getting an opportunity to check their health status, entertainment was provided by local groups, St. Apollinaris Hospital staff and supporting partners provided services during the event.

St. Apollinaris Hospital & PHC Wellness day



The St. Apollinaris Hospital team together with clinics/ Mobiles squad before the match.

On the 3rd of May 2017 Wellness department in conjunction with Primary Health Care management organized a wellness day involving all Primary Health Care departments under St. Apollinaris Hospital, the activities included soccer, netball and athletics. Games were played at Centocow sports fields, with supporting partners like GEMS providing screening to the people.

The event was successful, the day started with a 5km fun/walk with the total of 91 people signing on the attendance register, four teams participated (including hospital team) in the netball games, with St. Apollinaris Hospital netball team winning the final. In soccer, Primary Health Care squad played against St. Apollinaris Hospital soccer team, losing by 6-0 goal margin. In athletics: there was 100m for men and woman, 400 m relay for men and women.

Wellness department would like to thank hospital management, Primary Health Care managers, clinic operational managers and staff for making this day a success.

Wellness day photo gallery



With many activities for the day: everyone had fun and made a day a worth fully exercise.

Riverside Clinic Open Day



Community were able to get informative regarding services provided.

Riverside Clinic under St. Apollinaris Hospital, had an open day on 20 of April 2017. The main objective of the event was to educate and create an awareness on how the public can better utilize all services rendered by the clinic.



The day was full of activities which included speakers sharing their information, feedback from the community, music, competition and refreshments.



Mr. P Msingaphansi, clinic committee chairperson, welcomed the guests and Sr. T.N Ntuli, Clinic Operational Manager, explained the purpose of the day. Sr. N Madula gave an overview of the services rendered in the clinic with Mrs. P.P Gasa providing words of support to the clinic. Vote of thanks was done by Mrs. N. Dlamini, clinic committee secretary. The community enjoyed the informative event and were provided with refreshments.



Staff sensitize on the importance of Hand Washing



The St. Apollinaris Hospital staff marches to the local taxi rank to educate community people about the importance of handwashing.

The St. Apollinaris Hospital took part in the World Hand Hygiene Day on the 5th of May 2017. This day was crucial as hand hygiene and is one of the fundamental principles of infection prevention when correctly practiced.

The day is aimed to raise awareness about the benefits of handwashing. Marking this important day also serves as a call for everybody in the world to wash hands regularly especially after using the toilet, changing baby nappies, handling waste and before preparing food. Although, people around our societies clean their hands with only water to remove visible dirt, washing hands with soap removes germs much more effectively than with water alone. It is important to turn hand-washing into a habit.

After the staff and all the departments were educated in the Hospital's Lecture Hall, there was a march heading to the nearby taxi rank to educate the society including taxi drivers, commuters and business people about the process of washing hands in a correct way.

Staff sensitize on the importance of Hand Washing



Importance of handwashing emphasized from the clinics, hospital staff and to the community.

Dr. N.E Mancini Wins Masea Award



Dr. N. Mancini celebrating with the St. Apollinaris Hospital management

Dr. N. Mancini, Clinical Manager at St Apollinaris Hospital scooped 1st position for the best Senior Manager in the KwaZulu-Natal Health Department in the 2017 MASEA awards. The event was held in Durban at the Inkosi Albert Luthuli Conventional Centre on 2nd of June 2017.

Dr. N.E Mancini being born and bred in the rural area of Mahehle location in Ixopo has shown passion for rural medicine and communities. Despite many responsibilities including overall management and supervision of medical component, Dr. N.E Mancini was able to allocate time for community engagement: attending war-rooms, engaging traditional healers on the use of “isihlambezo” and being involved in health promotion outside health facility. Dr. N.E. Mancini was also involved in health promotion for the whole country—special focus to mother and child care. He participated in the regular slot in Ukhozi FM about kangaroo mother care and breastfeeding.

Achievements in the hospital includes recruiting community service medical officers, new medical officers and transferring skills on safe caesarean section to all community service doctors.

MASEA Photo gallery



The Hospital staff and Mr. M.O Zondi, PRO congratulating Dr. N.E Mancini with his 2017 MASEA achievements. From archives: St. Apollinaris Hospital 2015 MASEA Achievements: HAST Clinic, Mr. Zuma; Nursing, Ms. N.P.P Hadebe and Harry Gwala Health District choir, Ms. N. Cwecwe.

Kilmun Clinic commemorates June 16

Kilmun clinic under St. Apollinaris Hospital commemorated June 16 day together with community, local schools and supporting partners on the 14th June 2017 in Mashayilanga area. The aim of the event was to celebrate this significant milestone with a theme “maximising youth potential– creating future leadership.” Local schools namely Ralph Hadingham and Skofill High school attended the event in numbers, together with their teachers wearing a school uniform as part of supporting and emphasizing this day.

The entire month of June is celebrated as Youth month, paying tribute to the school pupils and ordinary citizens who lost their lives during 16 June 1976 uprising, in Soweto. The day is celebrated in order to recognize the role of youth in the liberation of South Africa from the apartheid regime.

The Nkosazana Dlamini- Zuma local municipality, South African Police Services, TB/AIDS Foundation, Independent Electoral Commission, Department of Social Development and The Turn Table Trust were also part of the event, delivering speeches and motivating the youth at large and the community on drug and alcohol abuse and HIV prevalence. The entertainment of the day as well was based on the June 16 theme, there were songs and plays reflecting to the youth of 1976. The Kilmun Clinic staff had an outstanding Kwela-Kwela dance enjoyed by the audience.

The Guest speaker of the day was Mrs. Ntombifuthi Mthethwa, St. Apollinaris’s Pharmacy Manager. She delivered an informative talk about life in general, and the challenges that the youth of today faces daily. She emphasized the importance of education and that youth must choose right friends to associate themselves with in order to be successful. She also advised parents on supporting their children on careers they choose for themselves and not influence young children on arranged marriages. “The culture of blessers and sugar-daddies is very popular in the tertiary institutions, as a person you must know your background and never lose focus, your current situation should motivate you to reach your future destination.” she said. Mr. Maphumulo (Monitoring & Evaluation Manager) then gave a voice of thanks by emphasizing on delivering teachings that the youth must focus on watching educational television programmes to uplift our economy and become future business owners.

By Philile Dlamini In-serve



Kilmon Clinic Youth Day Gallery



Informative speeches and entertainment included poetry, singing and dancing

Students came in numbers to listen to the speeches from speakers from Nkosazana Dlamini-Zuma local municipality, South African Police Services, TB/Aids Foundation, Independent Electoral Commission, Department of Social Development and The Turn Table Trust.

New staff and Exits April to June 2017

New staff

Initials/ Surname	Designation	Date
N.P Sibisi	Medical Officer	01/05/2017

Exits

Initials / Surname	Designation	Last working day
T.T Sosibo	General Ordellies	30/04/2017
D.A Mfamathi	Food Services Aid	31/05/2017

Mobile teams get a new vehicle



St. Apollinaris Hospital Transport officers and Mobile staff inspecting new vehicle

Photo gallery - events



Clockwise: St. Apollinaris Hospital commemorated June 16, Quality team busy conducting Batho Pele principles Training and Harry Gwala Health District team led by Mrs. G.L.L Zuma, District Manager attended Information meeting to support institution.

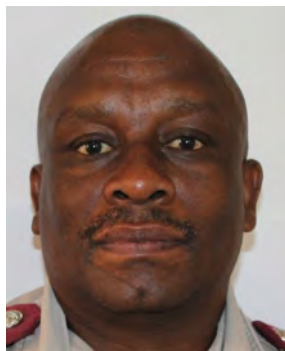
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