



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

St. Apollinaris Hospital

# SINGABENU

St. Apollinaris Newsletter

Aug. to Dec. 2016

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Front view of St. Apollinaris Hospital



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# Hopewell Mobile Vehicle Handover



**Cutting of the ribbon by the Health MEC, Dr. S.M Dhlomo**

Department of Health and Mondi Clinic handed a new mobile clinic vehicle to the community of Hopewell under Harry Gwala District. The event was at Hopewell Community Hall on the 25th of October 2016. KwaZulu-Natal Health MEC, Dr. S.M Dhlomo and Mr. M. Makhathini, Mondi Group Head of Land started the proceedings by cutting the ribbon and viewing of the mobile. The delegation then proceeded to the hall to address the community. The programme was opened by pastor XB Shelembe with Inkosi Dlamini, in his welcoming remarks thanked the health department and Mondi Group for helping Hopewell community in assessing health services by providing mobile clinic vehicle.

The guests who were present to witness the event included Harry Gwala District Deputy Mayor, Mrs Duma, Ubuhlebezwe Local Municipality mayor, Mr. Nxumalo and Health District Director, Mrs. G.L.L Zuma. In his keynote address MEC Dr. S. Dhlomo explained the importance of mobile clinics to those areas with no clinics. He encouraged women to visit clinics and mobile points to check breast cancer status. Words of appreciation were done by Ubuhlebezwe Local Municipality mayor, Mr. Nxumalo.

# Hast Clinic christmas party for kids



## Hast Clinic staff distributing goodies to the kids

On the 31st November 2016 Hast Clinic (Ethembeni) at St. Apollinaris Hospital had a Christmas party for all the children collecting medication in the institution. More than 70 kids from the age of eight years to 12 years with their parents/ guardians spent the day listening to motivational speakers, enjoying lunch and receiving gifts provided by the Hast clinic staff. The purpose of the event was to celebrate achievements made in improving lives of children collecting medication.

This is an annual event organized by the Hast clinic team to continue giving hope to parents and children. The different speakers included social worker, Ms. Thandeka Dlamini and guest speaker, Mr. Thembinkosi Khumalo.

Hospital would like to thank everyone who participated to make the event a success, thank all the sponsors who donated to provide lunch and gifts to the kids.



# National nutrition week



Dietician Ashton Botes with Malenge Clinic OM and Nutritional Advisor assessing food

## National Nutrition Week

This year St Apollinaris Hospital joined with Malenge Clinic to participate in National Nutrition Week. The week was scheduled for 9-15 October 2016. Together with Malenge Clinic Staff and St Apollinaris' Dietician we held a fun event for the Malenge Community. As the theme for Nutrition Week was "Love your beans, eat beans, peas and lentils!" we decided to hold a cooking competition. Three ladies from the community were picked by Mr. Siyabonga Shude, the Nutrition Advisor, to cook. A voucher from province to buy supplies at Game was kindly donated to buy the ingredients. To help contribute to other costs the Dietician also held a cake sale at Malenge and at the Hospital. This was very prosperous. Our aim was to promote the healthy attributes beans have. We addressed the rising incidences of overweight and obesity as well as the increase of Non-Communicable Diseases amongst our communities. Overall the day was a success and we all learnt a great amount as well as had lots of fun!

By Ashton Botes - Dietician

# TREE NGO Fatal Alcohol Syndrome Awareness



**Pregnant women with pamphlets on Alcohol Syndrome Awareness**

PHC management in partnership with TREE organisation, a non profit organisation had an Alcohol Fatal Syndrome Awareness on the 25th of October 2016 at Gateway Clinic.

The awareness included talks by speakers from TREE organisation, discussion and questions. The purpose of the awareness was to educate pregnant women on effects of alcohol to the unborn child and ways to prevent Foetal Alcohol Syndrome. Sinqobile Khuboni, Thembelihle Mbhele & Thulisile Zondi from TREE organisation encouraged future mothers to be ambassadors in their community against alcohol abuse, discussed with future mothers on the ways to protect their unborn kids. There were also demonstrations on how toys can help Childs improves their movements.

Pregnant women were provided with gifts for their future babies.



# Dietician Prize Giving day



**Dietician Ashton Botes with the Nutrition Advisors from the clinics.**

This year Dietetic Services have been extended to the Clinics. It has proved to be very successful as SAM and MAM rates have decreased. Relationships with the Nutrition Advisors have been strengthened and more community involvement has been encouraged. It was decided to initiate a competition amongst the nutrition advisors to help encourage and promote the work that the Nutrition Advisors do in the community. There were sections to the competition such as clinical knowledge, good vegetable gardens, and regular contact with the Dietician. Finally a prize giving was held on 21st of November 2016 to congratulate all the hard work that has been done as well as to have an end of year party. A slide show was done, as well as games and an awards ceremony was held. The morning was lots of fun and a good end to the year.

**By Ashton Botes**

**Dietician**

# Cerebral palsy children christmas party



## Rehab team with kids and parents after the event

The St. Apollinaris Hospital's Rehab team had their annual Christmas party on 2nd of December 2016 at lecture hall. The purpose of the event was to celebrate achievements made in rehabilitating disabled children. It was also a good platform to encourage parents and guardians to continue bringing their children for classes .

Chief Executive Officer, Mrs. L.V Sakyiamah started a day by welcoming all present and expressed the words of appreciation to the parents/ guardians of their dedication. The day was full of activities which included games. Handing of certificates, singing, feeding assessment and refreshments.

The day was full of informative knowledge sharing from all rehab staff to the guardians/ parents. Some of the parents with their children were awarded with a certificate for attending most number of physical sessions and others for going an extra mile by covering costs for further assessments in other institutions.





**Captions (Anti-clockwise):**

1. Tea, yogurt and bananas provided to guardians/kids
2. C.E.O Mrs. L.V Sakyiamah opening and welcoming everyone
3. Feeding assessment by Laura
4. Singing and handing out of prizes and certificates
5. St. Apollinaris Hospital Rehab team for the year 2016

# AIDS Day Commemoration Photos



**Captions (Clockwise):** St. Apollinaris Hospital staff providing services, Delegation from Harry Gwala District with MEC, community came in numbers, MEC Ravi Pillay interacting with service providers before entering the tent. Lighting of the candle by MEC.

Harry Gwala District commemorated AIDS day on the 01st of December 2016 at Centocow Sportsfields, with the district champion, MEC Ravi Pillay gracing the event.

## St. Apollinaris Hospital welcomes these new members

NAME	RANK	DATE APPOINTED
M.O. Zondi	Public Relations Officer	2016/09/01
A.C Vries	Medical Officer	2016/09/01
L.M Magubane	Medical Officer	2016/11/01
T.O Jaca	Staff Nurse	2016/12/01

## St. Apollinaris Hospital wish this retiree well

NAME AND SURNAME	RANK	LAST DATE
B.P Mjoli	OMN	2016/12/31



B.P Mjoli receiving her gifts from Matron N.P.P Hadebe and Matron V. Mpantsha

## Heartfelt condolences to colleagues, friends and relatives

NAME AND SURNAME	RANK	LAST WORKING DAY
T. Dondashe	F.I.O	2016/11/04

## Words from the editor

Would like to take this opportunity to introduce myself as a Public Relations Officer of the institution, started working at St. Apollinaris Hospital in September 2016 from Mosvold Hospital, Ingwavuma under UMkhanyakude Health District. I would like to thank everyone in the hospital and Harry Gwala Health institutions for their warm welcome. It is my privilege to present this St. Apollinaris Hospital newsletter for the 2016/17 quarter three.

I am happy that I found Public Relations office with all the structures in place, I would like to report that we have updated relevant communication policies, complaints policies and reviving committees like Complaints Handling and Events committee. In the past quarter we have met with all the five clinics committee representatives and communicated about the national complaints policy and the importance of Patients Satisfaction Surveys in the institutions.

By Mthandeni Zondi (PRO)

## Sports Corner



St. Apollinaris Hospital conquering soccer team

St. Apollinaris Hospital soccer team which participate in the Centocow Football league ended a year by winning Top 8 Cup after finishing as the runners up in a league. They received a new soccer kit and soccer ball for their achievements.

# ACKNOWLEDGEMENTS



**Mr. M.O. Zondi**  
**Public Relations Officer**  
Writer / Photos



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**Quality Manager**  
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**Mrs. L.V Sakyiamah**  
**Chief Executive Officer**  
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