



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

St. Apollinaris Hospital

# SINGABENU

St. Apollinaris Hospital Newsletter

December to June 2019



Harry Gwala Health District launched Isibaya Samadoda under Dr. Nkosazane Dlamini-Zuma Local Municipality on the 06th of March 2019. Main speaker was Prince Nhlnganiso Zulu

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Malenge Clinic End of the year closing ceremony.



Farewell to general orderlies.....



# Isibaya SamaDoda Launch under Dr. NDZ Local Municipality



**Dr. Gumede, Pholela Community Health Centre CEO who was a programme director giving a direction before the start of the event.**

Stable families are the foundation of a productive community. Responsibility of heading many families usually lies with men. In order to empower men to guide and nurture individuals in the family, Isibaya SamaDoda is one of the initiative by the Department of Health to improve positive health lifestyles in communities.

On the 6th of March 2019 The Harry Gwala Health District launched Isibaya Samadoda under Dr. Nkosazane Dlamini Zuma Local Municipality at Bulwer Hall. The speakers included representatives from Premier's Office, Mr. Biyela; representatives from supporting organisations. The main speaker of the day was Prince Nhlanganiso Zulu who is also a KZN Health TB Ambassador.

The event was opened at 11h00 by Rev. J. Caluza. Mr. S. Dlamini – NDZ Local Municipality MMC Coordinator welcome and introduced traditional representatives who graced the event. Mrs. Khwela from the Harry Gwala Health District explained the purpose of the day and role of Isibaya SamaDoda in our community. Mr. Biyela a representative from Premier's office likened Isibaya SamaDoda as a shield to community, like a kraal that manages an aggressive bull.

Mr. H.S Makhaye from Harry Gwala Health District gave an overview on the current health state in the Dr. Nkosazana Dlamini-Zuma local municipality. Many positives were mentioned and issues affecting district also highlighted: With the local municipality having 11 clinics, one community health facility and high transition areas it was mentioned that statistics shows that there is high teenage pregnancy, communicable diseases affecting the community.

Mr. S Ngcobo PHC Manager Pholela Community Health Centre educated audience about communicable diseases affecting community. Mr. N. Ntuli PHC Manager from St. Apollinaris Hospital educated men about different types of substance abuse, informing the audience about the dangers of substance abuse. Mr. S. Ndlovu from Social Development Department talked about domestic abuse and its impact to the society, Mr. S Ndlovu from Bulwer South African Police Services tackled the issue of stock theft and how community can play a role in changing the negative statistics with regard to stock theft.

Entertainment was provided by the local Maskandi group, Isigqi Sase-Africa before Mr. Samkelo Dlamini introduced the main speaker Prince Nhlanganiso Zulu.

Prince Nhlanganiso Zulu reminded men that a woman is valued in our culture. History shows that women played a big part to build Zulu kingdom. He encouraged men to play their roles in community, respect their assets and be responsible in their families. Men were encouraged to live a healthy lifestyle: train, not drink alcohol and be faithful. Emphasis was put on men to guard against Tuberculosis by stopping smoking, regular check-ups in clinics.



Left: Programme director Dr. N. Gumede Pholela CHC leading the process  
Right: Prince Nhlanganiso Zulu encouraging men to safeguard their healthy.

# Malenge Clinic End of the year function



## Malenge Clinic 2018 End of the year function was a success

Malenge Clinic under St. Apollinaris Hospital within UMzimkhulu Local Municipality had a Year End Function on the 06th of December 2018. The purpose of the event was to celebrate the working relationship between Malenge Clinic staff, clinic committee and the community. Malenge Clinic staff and clinic committee celebrated this day by inviting the community: Representatives from Malenge traditional council, local leadership, Community Care Givers, spiritual leaders and other stakeholders.

The event started at 12h30 after the opening prayer by brother Sabelo, after the welcoming and introduction of the guests: Mr. S.P Mabuntane who is a chairperson of the clinic committee explained the purpose of the day. Operational Manager, Sister Mahonga emphasized on the importance of good working relationship in the workplace, encourage staff and community care givers to understand that as managers they must advocate on maintaining vision and mission of health department. Ward Councilor, Miss D. Mzizi, encouraged all the stakeholders to always engage constructively to improve the wellbeing of people's lives in the Ward.

Inkosi B.W Ntlabathi from Malenge Traditional Council thanked Malenge Clinic staff for their dedication, encouraged people to visit health institution to check their health status.

The organizing team lead by Malenge Clinic committee worked hard to make this day a success. They would like to thank the clinic staff and Malenge Traditional Council who donated a cow to make this day a success.

# Malenge Clinic Photo Gallery



**All the stakeholders: Leadership, youth organisations, traditional council representatives, St. Apollinaris Hospital PRO, Community Care Givers, local councillor and Clinic staff were present.**

# Kuvaleliswa abasebenzi bakwa- Systems



**Abasebenzi besibhedlela St. Apollinaris bavalelise kubasebenzi abane ebebesebenza emnyangweni obhekele ukuchlanzeka kwesibhedlela.**

Umnyango obhekelele izingqalasizinda zesibhedlela (Systems) uvalelise abasebenzi abane asebesebenze iminyaka eminingi esibhedlela abathathe umhlalaphansi ngo December 2018 kanye nomsebenzi obefundela umsebenzi kwa-Systems, unksz. N. Dlamini. Abasebenzi abane abekade besebenza emnyangweni obhekelele inhlanzeko, u mama Kheswa, mama B.P Phoswa, mama P.T Sokhela, mama N.C Mthembu kanye no mama N.E Sosibo benzelwe umcimbi wokuvalelisa emva kweminyaka engaphezulu kwamashumi amabili besebenza esibhedlela — St. Apollinaris. Ngaphambi kokuba kubuswe ngezibiliboco ebezenziwe kuqalwe kwanezinkulumo ezikhuthazayo kwabayophumula emakhaya.

U-Mr. N Ndzaleta ovela kumnyango wezingqalasizinda esibhedlela ubonge kakhulu ukuzinikela kwabasebenzi kuyo yonke leminyaka besebenza, nakuba bezoshiya esikhulu isikhala emnyangweni nokho ubafisele impilo enhle sebeyophumula nemindeneni yabo.

Abasebenzi bezikhulumela babonge kakhulu uthando abalutholile besebenza esibhedlela, baveza umlando bezoqala ukusebenza esibhedlela kuze kube bayagana baba nezingane. Bakhuthaze abasebenzi abasele ukuba baqhubeke bazinikele emisebenzini abayenzayo.

Umcimbi uphethe ngokuba kudluliselwe izipho ezinhlobonhlobo ezivela kwabanye abasebenzi, kulabo asebethathe umhlalaphansi. Kuphethwe ngokudla okunhlobonhlobo okwehliswe ngeziphuzo ezimnandi.

# Annual Cerebral Palsy Christmas Party 2018



**St. Apollinaris Hospital Rehabilitation team with guardians enjoying the day.**

The St. Apollinaris Hospital's Rehabilitation team had their annual Christmas party on the 3rd of December 2018 at the hospital's lecture hall. The purpose of the event was to celebrate achievements made in rehabilitating children with challenges. It was also good platform to encourage parents and guardians to continue bringing their children to classes in the following year.

Dr. Mathobane started a day by welcoming all present and expressed the words of appreciation to the parents/guardians for their dedication. The day was full of activities which included games, handing of certificates, singing, feeding assessment and refreshments.

According to Miss Londiwe Nonkonyana who is a Physiotherapist at St. Apollinaris Hospital "Christmas is a great time to give and to show love to those less fortunate than us, without expecting anything in return. In Deuteronomy 15:10 God instructs us to, "Give generously to them and do so without a grudging heart; then because of this the Lord our God will bless us in all our work and in everything we put our hand to". We have been so blessed to be working with these special human beings. Their caregivers teach us every day how to love unconditionally through their demonstration as they love their children despite their disability. For the party they came out in numbers and it was a joyous day for everyone there, seeing smiles on those little ones and their parents is what we strive for (happiness all around)."

The Rehab team would like to thank everyone who has supported this initiated and participated in any way/form. May the good Lord bless you all.

# Cerebral Palsy Christmas Party



Cerebral Palsy Christmas Party on the 3rd of December 2019 was full of activities enjoyed by kids and guardians. Rehab department prepared foodpacks, gifts, and plays to make this day exciting.



## Appointment and exit list December 2018 to June 2019

Appointments			Appointments		
Name	Post	Date appointed	Name	Post	Date appointed
N.P Maphumulo	Prof. nurse (Comm.Serve)	2019/01/01	E.D Tharmahom	Medical Officer (Comm.Serve)	2019/01/01
N. Zulu	Prof. nurse (Comm.Serve)	2019/01/01	N.N Mathebula	Diagn. Radiog- rapher (Comm. Serve)	2019/01/01
M.L Hlongwane	Occup. Therapist (Comm. Serve)	2019/01/01	M.H.L McMiles	Speech Therapy	2019/01/01
B.A Jili	Physiotherapist (Comm.Serve)	2019/01/01	S.K Madela	Prof. nurse (Comm.Serve)	2019/02/01
N.S.A Xaba	Prof. nurse (Comm.Serve)	2019/01/01	H. Sibiya	Prof. nurse (Comm.Serve)	2019/02/01
C.P Heathcote	Dietician (Comm. Serve)	2019/01/01	S.P Zulu	Prof. nurse (Comm.Serve)	2019/02/14
S.N Zondi	Nursing Assistant	2019/01/07	G.N Radebe	Pharmacist (Assist. Basic)	2019/02/01
B. Dengeleni	Nursing Assistant	2019/01/07	O. Moodley	Pharmacist (Comm. Serv.)	2019/03/01
Z.C Wosiyana	Staff nurse	2019/01/07	F. Ntuli	AMN: PHC	2019/02/01
S. Khuboni	Occup. Therapist	2019/01/10	S.F Sokhela	OMN: OPD	2019/02/01
H.N Ngqulunga	Prof. nurse (Comm.Serve)	2019/01/01	N. Ndawonde	Porter	2019/03/11
Z.L Mtshali	Pharmacist (OMM)	2019/01/01	P.P.R Mtolo	Porter	2019/03/11
Y.N Ndimande	Pharmacist (OMM)	2019/01/28	H.L Zondi	General Orderly	2019/03/11
S.P Nxumalo	Pharmacist (OMM)	2019/01/28	S.P Jili	Clinical Associates	2019/04/01
N.A Sokela	Staff nurse	2019/01/07	Mngadi H.S	MO (Sessional)	2019/04/01
Z.L Zuma	Prof. nurse (Spec.) Medical Officer (Comm.Serve)	2019/02/01	W.A Khumalo	Pharmacist	2019/05/01
J.R Parrish	Medical Officer (Comm.Serve)	2019/01/01	G.S Kleinbooi	MO (Sessional)	2019/05/03
L. Magaqa	Medical Officer	2019/01/01	N.B Buthelezi	MO (Sessional)	2019/06/01
N. Cebekhulu	Prof. nurse (Comm.Serve)	2019/01/01			
S.A Kati	Prof. nurse (Comm.Serve)	2019/01/01			

## Appointment and exit list December 2018 to June 2019

<b>Exits</b>		
<b>Name</b>	<b>Post</b>	<b>Last working day</b>
B.P Phoswa	General Orderly	2018/11/30
P.T Sokhela	General Orderly	2018/12/31
N.C Mthembu	General Orderly	2018/12/31
N.E Sosibo	Linen Orderly	2018/12/31
T. Pillay	Clinical Ass.	2018/11/30
L.E.M Barras	Medical Officer	2018/12/31
Tt. Pillay	Clinical Ass.	2018/12/31
M.V Sosibo	Admin. Clerk	2019/01/31
N.P Sibisi	Medical Officer	2019/02/28
B. Ngcobo	ENP	2028/02/28
N.N Shabalala	Professional Nurse	2019/03/31
T.A Ngubane	NA	2019/04/30
C.M Gqabiya	HRO	2019/04/30
T.E Mncwabe	General Orderly	2019/05/31
A.N Mseleku	Professional Nurse	2019/05/31
E.N Shabalala	Hospital Orderly	2019/06/30
B.A Mdunge	Staff Nurse	2019/06/30
O.N Dlamini	OM	2019/06/30
R.N Mpanza	Professional Nurse	2019/04/30
P.F Mtolo	Staff Nurse	2019/05/31
A.C Thethi	Professional Nurse	2019/06/30
T.R Nene	NA	2019/06/30
B.N Mncwabe	Professional Nurse	2019/06/30

# Pregnancy Awareness Week



## **PREGNANCY AWARENESS WEEK 2019 AT ST APOLLINARIS HOSPITAL**

The month of February is commemorated as the Reproductive Month in the Health Awareness days as mandated by the National Department of Health.

St Apollinaris Hospital, Maternity Ward celebrated the Pregnancy Awareness week on the 11<sup>th</sup> – 15<sup>th</sup> of February 2019.

Pregnancy awareness week Activity plan was developed in consultation with the multi-disciplinary team members in the hospital that deal with pregnant women in their daily duties. The activity plan was forwarded to the DCST- ADM, Ms N. Mzolo and the MNCWH Coordinator, Ms Anita Shange in Harry Gwala Health District Office.

Various educational activities in the form of health talks, demonstration, role play, aerobics/ antenatal exercises and testimony of successful birth were included in activity plan for each day of the Pregnancy Awareness Week. The target audiences of the educational activities were mainly the pregnant women that are admitted in Maternity Ward, the pregnant women than stay in the Mothers' Waiting Area. The pregnant women that attend the High Risk Clinic in Maternity Ward and lastly the pregnant women that attend the first and subsequent antenatal care in the Gateway Clinic. The highlights of the Pregnancy Awareness Week Activity Plan were on:

- The importance of clinic visits in early antenatal care before 20 weeks of pregnancy and to keep to subsequent scheduled follow-up antenatal visits. TB screening in all antenatal visits The importance of supplementation during pregnancy and breastfeeding period. The psychological and socio-economic effects of Teenage Pregnancy. Long-term Reversible Contraceptives.

As Maternity Ward, our humble gratitude is extended to Harry Gwala Health District -MNCWH team, our Hospital Management team and the following sections in the hospital; Social Worker, Dietetics, Public Relations Office and the Rehab/Physiotherapy for their valuable support and the successful implementation of the Pregnancy Awareness activity plan.

Compiled by:

Mrs Nelisiwe Ngubo

AMN- Maternity & Paediatric Wards.

# St. Apollinaris Hospital Executive Management



**Ms. N.P.P Hadebe**  
**Chief Executive Officer**



**Mr. T.S Zuma**  
**Assistant Manager Nursing: (M&E)**



**Mrs. M.B Kheswa**  
**Assistant Director: (Finance)**



**Mr. M.T Dlamini**  
**Assistant Director: (HRM)**



**Ms. T.E Kumalo**  
**Deputy Manager Nursing**



**Dr. N.E Mancini**  
**Clinical Manager**



**Mr. M.R Nyide**  
**Assistant Director: (Systems)**



**Assistant Manager Nursing: (Primary Health Care)**  
**Mr. F. Ntuli**

# ACKNOWLEDGEMENTS



**M.O Zondi  
PRO**



**N.P.P Hadebe  
Chief Executive Officer  
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**health**

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