

WELCOMING THE CEO



Welcoming the CEO

¹ *You might have been wondering who our new CEO really is. Others call her, "Va", "LV", "Ms Khumalo and so on, I*

Welcoming the CEO Part 11

² *have discovered that she is more than just a name. I had an exclusive interview with her and this is what she had to say:*

MMC CAMPAIGN

³ *had to say:*

Phila Ma awareness campaign

⁴ **MY CHILDHOOD, FAMILY AND EARLY SCHOOLDAYS**

HIV/TB WARIOUS

⁵ I grew up at Hluhluwe in a rural area called kwa Mduku. I have a Christianity background.

Health Promotion

⁶ When I was a child I felt compelled to go to church but now I realized that was or is a solid

Indima yenu Niyifezile

⁷ background which made me what I am today. My parents are still alive though they are aging (have grown old in their seventies). I am from a very big family of 23 siblings. We are six in

Siyanemukela

⁸ my mother (three brothers but the other is late and two sisters) I am the last born at home. My primary days were at home at Hluhluwe and secondary school I went to Mahlabathini then my tertiary in Durban and East London.

Spiritual

⁹

Editorial Page

Ms LV Khumalo CEO

EMPLOYMENT HISTORY

Mrs. G.Bhengu

Acting- PRO

Mr. Mlungisi

Dlamini PRO

I started working at Bethesda Hospital as an Administration Clerk in 1988, then went to Ngwelezane Hospital as Senior Admin. Clerk in 2001 I was later appointed at Umzimkulu Psych. Hospital as Administrator in 2004, I was
⁴ appointed at the district office as Corporate
⁵ Service Manager in 2007 before I came to St. Apollinaris Hospital as Acting CEO in 2009
⁶
⁷

and later confirmed in 2010.

WHY CHOOSE ST. APOLLINARIS HOSPITAL

To be honest, I did not choose St. Apollinaris. I never even thought I will come and work here some day but God Almighty choose St. Apollinaris for me. I have found home away from home. I enjoy working in St. Apollinaris with its challenges. In IsiZulu we say *'awukho umuzi ongashunqi'*

ABOUT HOSPITAL

When I arrived here I found good people that are working here under so much challenges to mention but the few, staff shortage (clinical) and retention. But I am proud to say when the time for replacement came, as the hospital we have taken an advantage of that. There are still challenges in recruiting doctors but with God's help we will get some. I want to appreciate the support we as (Executive Management) we receive from the staff that we work with. There are difficult times where someone would feel like leaving but we are still here and we will continue being here until we as one achieve the goal of this institution and the community we serve.

I want to say to my colleagues, none of us is less important at the hospital. It is also very important that each person plays his/ her role. I would like to appreciate the staff who ensure the success of the recent programs i.e. HCT and MMC incorporation of Phila Ma, the strategy that is used to make these programmes known to the community.

MY MOTTO IS:

"FORGET ABOUT THINGS THAT I DID NOT DO RIGHT YESTERDAY AND FORECAST TO DO BETTER TODAY AND TOMMORROW"

I would like to take this opportunity to thank each and every one of us for work well done up to this far starting from the gate to the last person in the hospital. May God give all of us a Devine wisdom and strength to run like eagles and don't get weary during these trying times in our institution I urge each and everyone of us to P U S H meaning Pray Until Something Happen. I would also love to encourage those people who has locked their potentials to unlock them so that the institution can provide quality service to our "TOGETHER WE CAN DO MORE".

Welcoming the CEO

Part II

On a Lighter Note

“All work and no play makes Jack a dull boy”

Who on earth said that to be a CEO deprives you of your social life? Well, Va is a CEO and has a social life !!!!!



CEO in her relaxed gear!

By the way she forgot to mention that she is photogenic, and laughs a lot!!!!



HOBBIES

I like traveling a lot in particular wild life and visiting outside countries. It refreshes me.

FAVOURITE DISH

Ujeqe and beans.

FAVOURITE TV SHOWS

Wrestling, news, Africa magic and gospel channels

FAVOURITE MUSIC

Gospel music in particular African one and a bit of R&B

SPARE TIME

I am not sure whether I have spare time because if I am not at work, I am at home doing domestic work and reading my bible and/ books, watching TV. On Sundays I go to church.

ANYTHING ELSE

I am naturally a shy person, most people don't believe that anyway. I love peace wherever I am and I love my job. I like to surround myself with people who are committed to what they are doing and people who add value in my life. Above everything I love my God. He always gives me strength where no one can, He is my hiding place.

MMC CAMPAIGN A HUGE SUCCESS

Boys and young men of Sisonke District turned up in their numbers for medical circumcision responding to the call by King Zwelithini Zulu of reinstating the custom of circumcision that was stopped 2 centuries ago.. Sisonke Health District took part in this initiative and opened MMC camps at Mzimkhulu Vulekani Special school and at Buhlebezwe Municipality in Ixopo Primary school. St Apollinaris was part of this campaign.

Health care workers worked tirelessly for two days ensuring that all client that turned up were given quality service. At these MMC camps there were 195 males that were enrolled and circumcised successfully with no complications reported. The traditional leaders supported this campaign with their presence.

The MMC coordinators are planning another campaign for Ingwe sub district end of September 2010. So we urge all males who wish to be circumcised to grab this opportunity.

If you have missed the camps, you can also do the bookings with your nearest clinic or the hospital, you will get all the details there!!!



RECOVERY ROOM



PROCEDURE ROOM



PHILA MA AWARENESS CAMPAIGN

Community members of Sonyongwane were lucky to have the health services at their door step. The health care workers were there with different health care services which accompanied the Phila ma campaign.

Phila ma is the campaign aimed at improving the lives of women and babies under the age of 5. this campaign started in October 2009 and its ongoing. its main focus is cervical screening for women ages 30-59 and integrated management of childhood illnesses in children ages 0-5 years. We have had campaigns at Delanzi, Mwaneni, Mabelana, Weatherboard ,galla and Sonyongwana. In Sonyongwana alone 192 women were screened for cervical cancer and total number of 272 clients were seen with different ailments. The campaign began with health education and thereafter proceeded to one on one consultations.

It was very impressive to see that not only women attended this campaign even male clients were there.

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Mrs. PP Gasa, PHC Co-ordinator, giving health education to clients



Sir. NW Mncwabe with a client



Ms. NR Njobe, Assistant Nursing Manager offering services to clients

HIV/TB WARRIORS

Research has shown that the number one causes of death in this country is HIV/AIDS and TB. St. Apollinaris Hospital decided that they were not going to sit back and watch these diseases kill people, instead they were going to fight with all they have to conquer them.

To do this they are working with various NGOs one of them being Centocow Development Programme which is helping the institution with equipment and human resources. CDP have recently introduced HIV/TB warriors to help in this struggle.

HIV/TB warriors started working here in June 2010 after a three weeks training which was offered by I-Teach. They spent their two weeks of training at Edendale hospital and the third week here at St. Apollinaris Hospital. Their main focus is to identify in-patient TB suspects that were missed at OPD and patients that have not yet tested for HIV.



HIV/TB Warriors with management. From left: Mr. M. Malinga, Ms. B. Nkala, Ms P. Mlitwa, Ms LV Khumalo, Ms. N. Noguda, Mrs. T. Shezi and Mr. S. Thusi

Health Promoting Hospital Project

The HPH project seeks to incorporate the concepts, values and standards of health promotion into the organizational structure and culture of the hospital. It is aimed at improving the health of patients and staff by supporting healthy environments and actively cooperating with the community.

Since it core quality issue in hospital it should therefore incorporated into the daily work.

Five standards were developed addressing the following issues:

Standard 1: Management policy

Standard 2 : Patient assessment

Standard 3 : Patient Information and intervention

Standard 4 : Promoting Healthy Workplace

Standard 5 : Continuity and cooperation

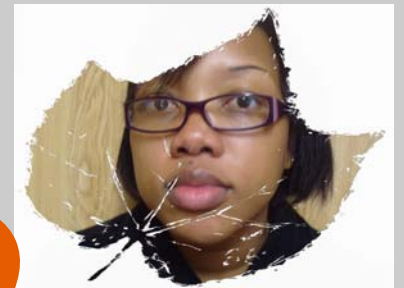
The staff is encouraged to embrace all initiatives promoting Health in the hospital.

SAH STAFF EXERCISE PROGRAMME

Do you want to shed those extra kilos or you want to keep in shape and get ready for summer or maybe you are just health conscious. whatever your reasons join us now.

Do you want to shed those extra kilos or you want to keep in shape and get ready for summer or maybe you are just health conscious. whatever your reasons join us now. All ages are welcome

If you are interested, submit your name to Samke Mkhize@ Wellness ext 8100



Programme includes

- Aerobics
- Fun Walks
- Diet plan
- Weight monitoring
- Circuit training
- And more!!!!

Indima yenu niyifezile



Mnz. A Didi (Senior handy man) ubesesebenze iminyaka engama 20



Nksz. LV Khumalo (Senior Enrolled Nursing Assistant) ubesesebenze iminyaka engama 37



Nksz. Mmqundaniso (Senior Enrolled Nursing Assistant) ubesesebenze iminyaka engama 32



Dkt. Dube - ecula ngesiginci



Abasebenzi babephume ngobuningi ukuzothamela lomcimbi

Bavaleliswe ngegiya eliphezulu labo abasebenzele umyango wezempilo ngokuzikhandla iminyaka eminingi kwaze kwafika ekuthatheni umhlalaphansi.

UMnz. A Didi (Senior handy man), uNksz. LV Khumalo (Senior Enrolled Nursing Assistant) kanye noNkk. Mmqundaniso (Senior Enrolled Nursing Assistant) benzelwe umcimbi wokuvalelisa isibhedlela ngenhloso yokubonga iqhaza abalibambile ekufezeni imigomo yesibhedlela.



Ezikacothozza—'step bafana'



Indlamu—kugug'othandayo



Old timers -isikeshi



UMnz. P. Bhengu umphathi wohlelo.

Siyanemukela



Thusi SR
HIV/TB Warrior



Mlitwa PP
HIV/TB Warrior



Noguda N
HIV/TB Warrior



Luthuli S
Professional Nurse



Malinga MC
HIV/TB Warrior



Jili BE
ENA



Bhengu ZZ- ENA



Jona ET- ENA



Ngcobo SE- ENA



Dlamini BNN-
ENA



Didi VN- ENA



Shezi RZ- ENA



Dlamini FK- ENA



Mncwabe NY
ENA



Basi TH
Data Capturer



Miya ZE
Data Capturer



Mncwabe NY
ENA



Mkhize NP
Professional Nurse



Ntobela N.
Professional nurse



Khumalo TA
Professional



Mr. Matibela
AMN-M&E



Mtshali S.M.
Professional Nurse

Spiritual Healing



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Mrs. N.G. Bhengu (Acting PRO)

UP COMING EVENTS

HCT Campaign Launch
Venue: Tarsvalley
Date: 6 October 2010

Spiritual Healing

On the 9th of August 2010 St. Apollinaris Hospital patients were blessed with the word of God which was given by the Methodist Church of Southern Africa Ixopo Circuit..

Women's day was celebrated in style in St. Apollinaris where the members of Young Mens Guild, Womens Manyano, Young Womens Manyano and Wesley Guild surprised patients and Staff members with the visit which aimed at healing patients spiritually. Mr. Ngubane (Ixopo circuit steward) Apologised for the inconvenience caused by their showing up, however Sr. Mjoli, (Operational Manager Female ward) said , instead they had convenience the hospital since it is said that the patient must be given emotional, physical, social, mental and spiritual support, thus that is exactly what they did. The word of God was taken from Psalms



**Psalms
124vs 8**

“our help is
in the name
of the Lord,
who made
heaven and
earth.”



*Left: bakkie full of
fruits for patients*

*Top right: this is
the word of the
Lord.*

Right : all the wards

