

St. Apollinaris Hospital – Singabenu-For The People  
P / Bag x 206, Creighton, 3263,



Tel. 039-8331045/55, Fax: 039-8331062

E-Mail: [h993822@dohho.kzntl.gov.za](mailto:h993822@dohho.kzntl.gov.za)

[www.kznhealth.gov.za/stapollinarishospital.htm](http://www.kznhealth.gov.za/stapollinarishospital.htm)



Issue No. : 02  
January / February 2003  
Date of Issue : 18- March 2003



**ON PAGE 2 – READ ABOUT  
PREGNANCY AWARENESS  
HOUR HELD AT THE  
HOSPITAL**



**ON PAGE 3 READ ABOUT  
THE EVENT OF  
AWARDING ABET LEVEL  
1 CERTIFICATES**



## CONTENTS

**Editorial -  
Hospital  
Management  
LayOut &  
Design**  
*B.B. Dlamini*

<b>Welcome</b>	Page 2
<b>From The Manager's Desk</b>	Page 2
<b>Pregnancy Awareness Hour at The Hospital</b>	Pg 2-3
<b>ABET Level 1 Certificates Awards</b>	Page 3
<b>Let's Struggle for Literacy at St. Apollinaris</b>	Pg 3-4
<b>Human Resources Management Activities</b>	Page 4
<b>Siza Ekulweni nesifo Sofuba ( TB )</b>	Page 5
<b>Sidinga uVo Lwakho Suggestions are invited</b>	Page 5
<b>Prayer Thought of the Month / Isifundo seBhayibheli</b>	Pa 5-6
<b>Formation of Funeral Club for Staff Members</b>	Page 6
<b>Amazwi wokududuza</b>	Page 6
<b>Quiz No.1</b>	Page 6

**Welcome**

All newly appointed staff members are warmly welcomed . Thank you very much for joining us, and for taking the decision of serving the

rural people that really need you.

### FROM MANAGER'S DESK

*My Sincere Thank You  
to all staff members of St.  
Apollinaris for their  
dedication and commitment  
to caring for the sick people.*

Inspite of the problems which face us day in and day out but the element of compassion is still noticed as reflected by many compliments from the satisfied communities. Keep it up! There is someone who appreciates the work you do. Let us even strive more to achieve the highest point possible and make a new history for this institution. Remember Management can never achieve anything without your support.

Remember that one of the challenges facing us as employees of St. Apollinaris is seeing to it that this institution gets accredited in 2004, which is in line with our Vision i.e. " Unanimously striving for excellency in the provision of health care"

*"Together We Can*

### *Make It"*

#### **PREGNANCY AWARENESS HOUR AT ST. APOLLINARIS HOSPITAL**

Pregnancy Awareness Hour was held at St. Apollinaris Hospital's Ante-Natal Care (ANC), Immunisation and Family Planning Clinic on 27<sup>th</sup> February 2003 ( on Thursday ) from 11:00 to 12:00. It was organized by PHC staff.

This was an hour of success because everything went well. Lot of pregnant women, Mothers with babies to be immunized,

Family Planning Clients attended that event and benefited a lot from speeches delivered, drama played and songs sang, all of these were educative. Among people that attended the event were Sr. Z. Dlamini ( the Communicable Diseases Co-ordinator (CDC) ) members of the Hospital's Executive Management Team i.e. Mrs. N.C. Thekiso (The Hospital Manager ) and Ms. T. Kumalo (The Nursing Manager) and this was very much appreciated by Sr. Sabisa the PHC/OPD Sr. In-Charge as we all know that Management members are always busy, so availing themselves for that event was a very good thing to do.

Sr. Sabisa mentioned on interview that this was done in order to achieve one of PHC's strategic goals, which is to improve the health status of mother and child.

( Below pictures are for Pregnancy Awareness Hour Held )



**The Attendance was good**



**OPD / PHC Staff doing Drama Presentation**

### AWARDING OF ABET LEVEL 1 CERTIFICATES AT THE HOSPITAL

The Institution came up with a very good idea of issuing certificates to ABET Learners. The ceremony was held on 28<sup>th</sup> February 2003.

Certificates were designed internally.

Mr. Sosibo the ABET Tutor & his colleagues organized the event.

Every thing went very well and the awarding ceremony was done in a professional manner.

Learners were motivated and encouraged by speeches delivered.

The class of ABET had nine learners who managed to write their Level 1 examination and they all passed. This shows that there is a good working relationship between all employees at this institution. All people concerned contributed towards making this day a success **e.g. colleagues of Learners are working very hard during ABET lessons' hours ( e.g. cleaning areas of ABET Learners) etc.**

But if it was not for these nine Learners' courage to strive for what is best in their lives, the ceremony of issuing **ABET LEVEL 1 Certificates** would not have been held. So that is why all the speakers did not forget to always mention the word congratulations.



**People Attended the Ceremony**



**Mr. Dlamini M.B. Presented Certificates to ABET Learners**

## LET US STRUGGLE FOR LITERACY AT ST. APOLLINARIS HOSPITAL

In Centocow area like other areas in South Africa there are many people who cannot read and write.

It is not because these unfortunate people were lazy or stupid, but they are victims of apartheid system of government.

During apartheid there were not schools in some areas and in others schools were very far and children had to walk many miles to school. Some children had to leave school early to work in order to help their parents make a living, others had to look after their fathers' cattle or their mothers' little children.

Illiterate people experience many problems in their lives, for example in filling bank forms and in using ATM machines. They are scared to stand up for their rights and express their views confidently in community meetings. They feel shy and stupid just because they cannot read and write. They cannot participate fully in their community development projects. Thus South Africans must struggle for literacy as they struggled for their freedom. We, at St. Apollinaris hospital should not be left behind in this struggle. As it was promised in the January / February issue of Singabenu-For The People Newsletter we shall read what St. Apollinaris Hospital has done to help its staff in teaching them how to read and write.

## LET US STRUGGLE FOR LITERACY AT ST. APOLLINARIS HOSPITAL Cont.....

ABET was introduced at St. Apollinaris Hospital in August 2000. Among staff members who were assessed, fifteen were selected to do Level 1. The Tutors then were Mr. Thulani Dlamini, the Human Resource Officer & Ms. Nomboniso Nofukula who was then a Laundry Service Principal and The ABET Co-ordinator is still Ms. Mbambo Zilungile, the Human Resource Supervisor. Those who were selected to do level 1 were :

1. Mrs. Dlamini P.T.
2. Mrs. Sokhela T.P.
3. Ms. Bekwa C.P.
4. Mrs. Dlungwane T.M.
5. Mrs. Mkhwanazi T.
6. Mrs. Mbanjwa C.A.
7. Mr. Makhanya S.S.
8. Mrs. Zulu M.T.
9. Ms. Kheswa N.P.
10. Mrs. Luthuli N.P.
11. Mrs. Mseleku D.E.
12. Mrs. Sosibo E.N.
13. Mrs. Ngubo . B.B.
14. Mrs. Xaba M.J. and
15. Mrs. Gwala N.R.

The lessons are conducted at King George Hall on Tuesdays and Thursdays from 10:30 a.m. to 12:30p.m.

During 2001 six learners dropped off. Dropping off of some learners was due to retirement and to others was due to lack of understanding of ABET programme by their Supervisors. During 2002 January examination there were only nine learners left.

And all of them successfully passed Level 1.

By the end of 2001 Ms. Nofukula was transferred to R.K. Khan Hospital on promotion basis and Mr. Dlamini could not continue with teaching due to Human Resources office work-load.

After Mr. Dlamini had left teaching ABET Mr. Sosibo, the Transport Clerk was approached to assist and he was later joined by Ms. Nosiphiwe Dlamini, the OPD Porter and Mr. Ayanda Ndzimbovu, the OPD Admin. Clerk.

I would like to take this opportunity, on behalf of the Hospital Management, to thank Ms. Nofukula for her bravery and courage in being so helpful in the introduction of ABET class in this institution. Some members of our staff are under the impression that ABET is administration staff thing, they do not realize that ABET is for all of us. It is the duty of all of us to assist our unfortunate brothers and sisters who did not get that opportunity to go to school. Development of our country will only be successful if the citizens are schooled enough to develop themselves.

In February 2003 ABET learners sat for level 2 examination of which we are hoping that they will pass successfully. On 28<sup>th</sup> February 2003 ABET learners were awarded with Level 1 Certificates at Lecturehall. We are looking forward to register more learners in 2003 for Level 3.

*Story by M.C. Sosibo*

## HUMAN RESOURCE OFFICE

Two officers working as Human Resource Officers Seniors. Miss. Z.R. Mbambo working with files from Alphabet A-Mhl., Mr. M.T. Dlamini working with files from alphabet MI-ZU

## REPORT ON ACTIVITIES TAKEN PLACE DURING JANUARY / FEBRUARY 2002 AT HUMAN RESOURCE OFFICE.

### APPOINTMENTS

Month	No. of Appointments	Category
February	8 2 3	Prof. Nurses E/N/As E/Ns

### EXITS

No. + Category	Reason
1 SENA	Resignation
1 CPN	Transferred
1 PN	Transferred
1 M.O.	Transferred
1 E/N/A	Transferred
1 CPN	Deputy Matron Retired
1 EN	Transferred
1 SPN	Transferred
1 AO	Promotion / Transfer
8	Resignations
1	Resignation
1	Death
2 CSMO	Finished their Community Service
1 Cleaner	Retired at 60
2	Transfers
2	Resignations

*Reported by Ms. Z.R. Mbambo – Human Resource Officer*

## **SIZA EKULWENI NESIFO SOFUBA**

### **UKUSEBENZISA UHLELO LOKUGADWA UMA UPHUZA AMAPHILSI WESIFO SOFUBA I(DOTS) KWANGELAPHA – NAWA KUZOKWELAPHA!!!!**

Lesi yisiqubulo sosuku olwaqokwa emnyangweni weZempilo lwaba ngolwesifo sofuba ( TB ) emhlabeni wonke umhlaka 24 Mashi 2003.

Isifo sofuba siyingozi kakhulu, singakubula umdala nma umncane. Ngakho-ke bonke abantu abanalesisifo, uma bengelashwa kodwa babe bekhwehlela bayalandisa leligciwane.

Amaphilisi esifo sofuba ayalibulala leligciwane umuntu alapeke inqobo nje uma umuntu ezowadla ngendlela efanele amaphilisi kuze kuphele isikhathi esinqunyiwe sokuwadla.

*Umphakathi ungasiza ekunqandeni ukwanda kwalesisifo ngokuzinikela ekubeni ngama ( DOTS ) supporters ) okusho ukuthi ube khona njalo uma umuntu ephuza lamaphilisi ukuze kube nesiqiniseko sokuthi uwaphuza ngendlela eyiyona kuze kuphele isikhathi esinqunyiwe*

Kumele siqikelele ukuthi zonke izingane ezibelethiwe zithola umgomo wokuzivikela kulesisifo obizwa ngokuthi yi ( BCG )

Uma uthatha isinqumo sokuzinikela kuloluhlelo Lokugada abantu noma umuntu othize lapho ephuza amaphilisi e TB ( DOTS ) ungaxoxisana nabasebenza ePhilani Centre khona lapha esibhedlela ngaphakathi. Uyobe wenze isinqumo esihle kakhulu sokuba wusizo emphakathini.

### **“UVO LWAKHO SIYALUDINGA”**

Uyilungu lomphakathi noma ungumsebenzi walapha esibhedlela, sicela uvo lwakho.

Yisho ukuthi uthanda leliphaphabuku libukeke kanjani.

- **Yiziphi izihloko othanda kuxoxwe ngazo**
- **Yiziphi izithombe othanda ukuthi zivezwe**
- **Yiluphi uhlobo lwezindaba othanda ukuthi zivezwe**
- **Isakhiwo (physical layout) sephephabuku sona uthanda sibukeke kanjani**

Faka umbono wakho ebhokisini lemibono, nezikhalo kanye nezincomongalingasemnyango wokungena ngaphakathi esibhedlela.

Imibono yenu iyosetshenziswa ephephabukwini elilandelayo

## **SUGGESTIONS ARE INVITED**

**Community's & Staff Members' suggestions on how should our newsletter look like are invited.**

**Please put your suggestions in the suggestion box for an input to the next newsletter e.g.:**

- **What topics need to be discussed?**
- **What Pictures need to be published?**
- **What News Would You Like to Hear?**
- **How should be the physical layout of our newsletter**



## **KULENYANGA AKE SIZINDLE NGALAMAZWI EBHAYIBHELI**

1 KWABASETHESALONIKA  
4:16-17

Ngokuba inkosi uqobo iyakwehla ezulwini ngezwi lenhlokomo, ngephimbo lengelosi enkulu nangecilongo likaNkulunkulu, nabafuleyo kuKristu bayakuvuka kuqala, khona thina, esisekhona sisasele siyakuhlwithwa kanye nabo emafwini, sihlangebeze iNkosi emoyeni; kanjalo – ke siyakubanayo iNkosi njalo.

## PRAYER THOUGHT OF THE MONTH

1 THESSALONIANS 4:16-17

For the Lord himself shall descend from heaven with a shout, with the voice of the arch Angel and with the trump of God: and the dead in Christ shall rise first: then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in air: And so shall we ever be with the Lord.

## STAFF MEMBERS' FUNERAL CLUB'S FORMATION

*How Do We Care For Each Other*

*Suggestions on the Formation of Funeral*

*Club for Staff Members are invited, they must be put in the suggestions' box near Switchboard.*

## ODLULILE EMHLABENI

Abaphathi besibhedlela kanye nabasebenzi bathanda ukududuza abomndeni nezihlobo zika Mfowethu

**uMnu. Gcinizikhalo Muziwoxolo Bhengu**

osishiye ngomhlaka 27 January 2003 obeyiSecurity. Sengathi inkosi inganisiza nithole amazwi azoniduduza ezwini layo ngalesisikhathi sobuhlungu bokwehlukaniswa.

**Makalale ngoxolo Aphumule umphumulela wafuthi**



**Clue : The Children Were Too \_\_\_\_\_ For Him**

4. *Which Day Comes Before The Day Followed By Monday?*

**ENJOY READING FEBRUARY MARCH SINGABENU NEWSLETTER TILL NEXT ISSUE : WHICH WILL BE ISSUED ON MAY**

## QUIZ FROM MS. MBAMBO

1. *What Makes Ice to be Nice?*

**Clue: Letter \_\_\_\_\_**

2. *What Happens Immediately After Falling Into Water?*

**Clue: You Get \_\_\_\_\_**

3. *Why Does The Teacher Wore Sunglasses In The Classroom?*