



# SUNDUMBILI

# NEWS

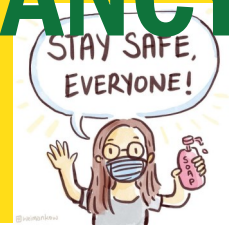
DECEMBER 2022

## “Invest in Nursing, and respect rights to secure global health” NURSES DAY 2022



**W**hat a joyous day for all the nurses who were invited on this event. The above cakes were true reflection of appreciation for the services provided by the nurses in their respective spheres. Full story on page05.

# TB AND TEENAGE PREGNANCY AWARENESS



Youth of Macambini area from different local schools

advice as he is always very fond of the youth of Macambini area. He also encouraged the youth to walk in groups for safety purposes. He also educated parents who were present to refrain from drinking in front of their children, hence that will make children think it's a good thing to do for fun.

He appreciated the fact that this type of event was done for the youth and encouraged the departments present to continue doing this for other parts of Macambini area and the sub-district as a whole.

The youth was motivated to dream, to accept who they are and to love themselves. Miss Sesule Mthethwa who's from ward 2 which is also in Macambini who won Miss Municipalities also graced us with her presence.

**O**n the 24<sup>th</sup> March 2022 Macambini clinic hosted the above mentioned awareness. This day's target audience was the youth, both males and females. The main aim was to curb the spread of teenage pregnancies and also remind the community that TB still exists even during the Covid-19 pandemic.

All stakeholders that were present had very informative messages to the youth. Mrs Mungwe from Ilembe Health District read out the statistics of teenagers who delivered in quarter 2 (July—September 2021) together with the disadvantages of falling pregnant at a tender age.

Chief Mathaba Graced us with his presence and also poured out his love and very sound

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# TB AND TEENAGE PREGNANCY AWARENESS



Services were provided to the community and attendees



Cllr. Mthembu from ward 2 as M C.



Chief Mathonsi in the middle receiving the token of appreciation from Macambini clinic's OM Sir Khoza



Entertainment from izimbali zezizwe samaCambi group



Mrs Mungwe from Ilembe Health District giving out statistics on teenage pregnancy for the whole district

She motivated the youth to have beneficial hobbies and to dream rather than to focus on having boyfriends and girlfriends.

Sir Busani Khoza who's the Operational manager for Macambini Clinic emphasized abstinence to the youth but also motivated those who are already sexually active to visit the clinic for reproductive health services. He continued to say that those who are pregnant should also visit the clinic for ante-natal services and also use counselling services provided and to never lose focus, to continue pursuing their dreams.

Audience was also reminded about TB and safety precautions to follow whenever one has or family member has Tuberculosis. They were also encouraged not to refuse to test for covid-19 and TB whenever they are requested to. Great entertainment from "izimbali zezizwe samacambi". The awareness was a huge success and all thanks to stakeholders who participated.



# OPEN DAY



**Pst. MV Sangweni, Sr Ngubane, Sr Mhlongo and Miss Manzi during the awareness presentations.**

On the 10<sup>th</sup> February 2022 Sundumbili CHC had an open day to create awareness and also to remind the clients what is expected from them from when they enter the gate until they leave the facility.

Awareness was created on breaking the silence and reporting Gender Based Violence, the importance of taking the medication as prescribed, HIV awareness, the importance of correctly filling the complaints, compliments and suggestion form and procedure in resolving a complaint.

Awareness about the covid19 pandemic was also created. The Clerks supervisor also spoke about the documents they require at the reception.

The chairperson of the clinic committee Paster. Sangweni MV was also present educating the audience about following the correct procedures in lodging complaints than using social media as a platform.

The day was a huge success and healthy lifestyle was also emphasized during the handing out of fruits and water as refreshments for the day.

All representatives from different departments came to inform the clients on how they work and what they expect from their clients.

The interaction was great especially the questions and answers session. They interacted very well with all staff members that were present. It was a very educational and informative day for the patients and hopefully have learnt a lot.



**Mr C. Gumbi, Health and safety Officer handing out refreshments**



# NURSES DAY



Nurses during the revival of the nurses pledge

**NURSES**  
A VOICE TO LEAD  
INVEST IN NURSING AND  
RESPECT RIGHTS TO  
SECURE GLOBAL HEALTH



Mrs Ayanda Ngema during her melodic solo

On the 26<sup>th</sup> May 2022 Sundumbili CHC hosted all the Mandeni Sub-district nurses to celebrate nurses day. Representatives from Ilembe Health district were also present in support of this event.

Mrs A. Ngema outlined the purpose of the day as the day whereby nurses are reminded that they are appreciated, have warm hearts, compassionate and should be happy and continue serving the community whole-heartedly. She also continued to say that they should take all complaints as feedback, forgive themselves and serve with a smile. She said all that after a nice solo that she performed and surprised everyone with her beautiful melodic voice.

The nurses were also reminded by Ms DE Ntuli-ANM at Sundumbili CHC that they are very important in the department of Health, that they

are the backbone of the department.

They had to re-do the nurses pledge that was led by Mrs Bhaqwa. Ms EPCN Mtshali also graced us with her presence, she has also retired, she once worked at Sundumbili CHC as PHC manager before moving to Queen Nandi hospital. As the guest speaker for the day she shared the beautiful history behind the nurses day celebration and also motivated the nurses to love what they do and appreciate what they have in life.

This event wouldn't have been a great success if it wasn't for the support of Mandeni local municipality and the presence of their management and councillors. Hon. Mayor—Cllr T Mdlalose on his keynote address emphasized on the "thank you" part, the importance of saying thank you to the nurses.

Continues...



Left: Mrs Gwala during her melodic solo

Right: Ms DE Ntuli during her speech



A beautiful and joyous moment

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# Nurses day continues



MRS H.Q MABASO receiving gifts from the Hon. Mayor : Cllr. T Mdlalose



Ms. DE Ntuli presenting gifts to Mrs mabaso

There wasn't another day to be chosen better than this day to say good bye to this wonderful icon. During the same prestigious event there was a surprise farewell to our beloved Nursing Manager Mrs HQ Mabaso.

There were wonderful and heart-warming speeches shared by colleagues.

EPCN Mtshali gave Mrs Mabaso advice since she was retiring that she must always have plans for the day, she must wake up and take a drive to Ballito just for coffee, and be careful not to become a nanny to the grand children.

It was a fun session full of laughter from good memories shared over the years. We all wish her well and grateful to the Lord for a healthy life , and May the good Lord protect her as she shines her love to her grand children and continue being a FINE gogo that she is.

**END.**



Mr M. Mjadu and Ms EPCN Mtshali during their comical speeches, memories and advices to Mrs Mabaso



THANKS YOU TO THE USHERS FOR THE DAY. YOUR EFFORT AND DEDICATION DID NOT GO UNNOTICED



# PHARMACY WEEK



Ikhwezi Cripple Care Centre was also visited by the pharmacy team and had a great afternoon with the children there, they had lots of fun and enjoyed different games and singing together.

The pharmacy team contributed money to make this month of September memorable and benefiting for their clients.

They hired a jumping castle for the children, stationary packs, party packs and cake added to the fun for the children while the team educated the care-givers on healthy lifestyle.

**A**t Sundumbili CHC, September is a month earmarked where the pharmacy team gives back to the community not only with very informative talks but with everything they have plus lots of happiness and laughter.

The role of the pharmacist was highlighted as an integral part of the health care team and often the first point of contact in community pharmacies.

“Women and Youth Health” was the this year's theme. Sundumbili CHC pharmacy team rallied around the facility educating clients in the waiting areas.

Their educational talks were based on health issues affecting women and youth health including common chronic conditions affecting the entire population.

Grocery hampers were put together and distributed to clients and elderly. Fresh fruits were also given to all patients in the different waiting areas. Sanitary pads and hygiene packs were also distributed to school going girls.



Fun in the castle



# PHARMACY WEEK GALLERY





# WORLD AIDS DAY

On the 2<sup>nd</sup> December 2022 World Aids Day was commemorated at Macambini area where the community especially the youth gathered. As we were still within the 16 days of activism, creating awareness on Gender Based Violence against women and children was also a priority.

DSD social workers, child welfare, PSI – NPO, Civil Society youth club and Mrs Mungwe—ISHP from Ilembe Health District were also part of this initiative.

Sr Mphili—Hast Manager from Sundumbili CHC started with a moment of silent to remember and to mourn for those who passed away due to HIV and those infected and affected. She continued to encourage people to know their status, and also gave a small health education on adherence to treatment and the benefits there of. She put emphasis on “knowing your status” to help reduce infection as she mentioned that once a person is initiated on medication the virus is suppressed within two weeks. She also shared the good news on the yet to come HIV treatment in an injection format. Prep was also marketed and HIV negative people encouraged to embark on a Prep journey which also proves that knowing your status helps in many ways than one.

Sir Khoza OM for Macambini Clinic encouraged people to use Pick Up Points and addressed all the myths associated with collecting chronic medication at the allocated PUP's.

Social workers from DOH—Mandeni, DSD and child welfare all created awareness on Gender Based Violence against women and children and how they assist the community. They also encouraged the community to look and about the importance of knowing



their children and paying attention to them so that they will notice when and if there is something wrong with them.

NPO's that work with the youth who are either affected or infected with HIV were also present and shared some wonderful insights and wonderful testimonies as proof that you can live a normal life even if you're infected with HIV.



Macambini Clinic staff during their educational musical item

Mrs Mungwe—ISHP from Ilembe Health District put emphasis on the youth to stay away from the sugar daddies. She told the youth to accept their home situations and to enjoy their youth while they still can and to better abstain that using their bodies to get monetary assistance from sugar daddies. She also gave them statistics on teenage pregnancies on the District.



The event was a success, the community benefited a lot, there were also services provided on site for the day.



Children received gifts from Department of Social Development



# PHOTO GALLERY



Department of Health in Mandeni Sub-district handing out gifts courtesy of Freedom stationery during the World Aids day in Isithebe Area on the 13 December 2022



Attendance during the WAD in Isithebe area.



Department of Health and Home Affairs were offering services on site during the WAD in Isithebe area.



Peggy Nkonyeni (MEC for COGTA) and Ilembe District Hnr. Mayor Cllr. T Mdletshe were also part of the WAD in ISithebe informal settlement.



Outreach teams doing child immunization recovery and Covid19 vaccine



Outreach teams covering the hard-to-reach areas



Covid-19 vaccination points



Covid-19 vaccination points



# ACKNOWLEDGEMENTS

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