



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Sundumbili Community Health Centre

SUNDUMBILI NEWS

January–June 2019

SHE CONQUERS—ISITHEBE



Learners from Isithebe local schools attending the “she conquers” event that was meant to inspire and educate the youth on all issues affecting them.

The interaction was amazing, presentations from the group discussions were very educational and informative.

More on page 2

INDEX

PAGE

- | | |
|--------------------------------|------------------|
| • She Conquers | 2 & 3 |
| • TB Awareness | 4 |
| • MEC visit | 4 |
| • Handwash campaign | 5 |
| • Child protection week | 5 |
| • Isibaya Samadoda | 6 |
| • Sports | 7 |

SHE CONQUERS



On the 22 January 2019 Sundumbili CHC with Ilembe District officials started the year with the youth dialogue at Isithebe area in Mandeni Sub-District. The target audience was the youth from Lindayiphi primary and kwaVusumusi High school. There were officials from the head office as well who came for support.

The purpose of the day was to engage with the youth in trying to find possible solutions to the issues affecting the youth. The purpose of the day was illustrated by Mrs EN Biyela from Ilembe District office, she encouraged participation from the learners and also urged them to pay attention and learn from everything that's going to be discussed and preach the gospel to other learners that were present.

Group leaders were selected by Kashnie and were the Professional nurses. The learners were then divided into four (4) large groups. The groups consisted of the learners, Community Health worker, HIV & Aids counsellor, Love Life Ground Breakers and Professional Nurse (group leader).

The following are the topics provided to the groups:

- Teenage Pregnancy = Group 1
- Contraceptive Methods = Groups2
- Drug & Substance abuse = Group 3
- Contributions to life improvement = Group4



During questions and answer session

Continues.....

Participation was outstanding, the discussions and presentations were very informative and students were active during the questions and answers session.

A group would present and after presentation questions will be posed to them and the way they work together in responding to those questions showed great team work.

Way forward from all discussions are as follows:

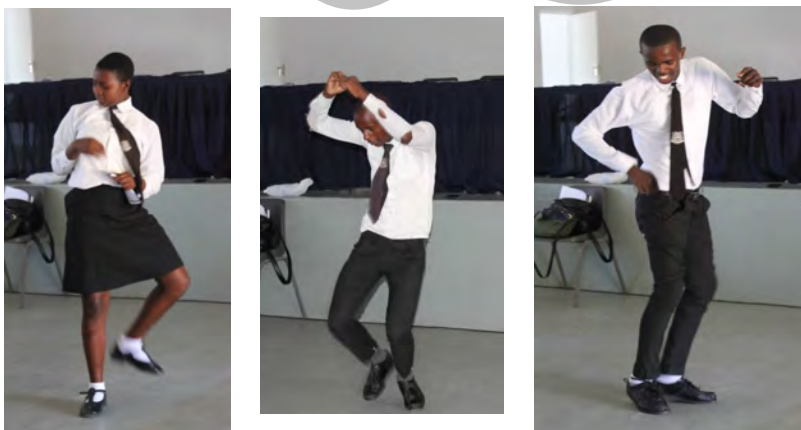
- Youth should equip themselves with various skills that'll help them sustain life.
- To stay away from illegal drugs to avoid mental illness.
- Encouraged each other to accept the way they are or the way their families are and stay away from "amaBlesser".
- They all opted for either abstinence or dual protection



Groups during discussions



Nurses who provided services on site



Entertainment on the left by the DOH representatives and learners

TB AWARENESS FOR EMPLOYEES



On the 12th April 2019 Mrs BR Msomi (AMN-HAST) hosted employees in the boardroom to create awareness on Tuberculosis. The emphasis were on the protective clothing to be used by employees who are in contact with the patients and the importance of having breakfast before coming to work. She also touched on TB-MDR & XDR on how it is transmitted and treated.

Demonstrations were done on how to correctly use the N95 mask and how to cough safely.

The audience interacted very well with Mrs Msomi questions were asked and comments outlined. It was an eye opening awareness and very informative and helped in wiping the notion that masks are to be used by clinicians only.

MEC'S VISIT

MEC for KZN Health Nomagugu Simelane-Zulu visited Isithebe Clinic unannounced in Mandeni Sub-district on the 06th June 2019. She was accompanied by the Acting Head of Department Dr Gumede as well as acting Mandeni Municipality Mayor Ms Sishi and Sundumbili CHC senior management was also present.

The MEC's un-expected visit was due to the maternal death that occurred 01 June 2019 to the patient who was transferred from Isithebe clinic to General Justice Gizenga Memorial Hospital.

The community was angry about the incident and the MEC assured them to give a report on the incident after receiving a report from the investigators in approximately a month's time.

The MEC toured around the clinic accompanied by Sundumbili CHC senior management, Ilembe District representatives and Mandeni Municipality acting mayor



CHILD PROTECTION WEEK

National Child Protection Week is observed in South Africa annually to raise awareness of the rights of children as articulated in the Children's Act of 2005.

Sundumbili CHC Social Work department embarked on the child protection week campaign from 27 May until 03 June 2019.

The programme for the 27—30 May 2019 was to have educational talks in the waiting areas of the 7satellite clinics and the CHC.

On the 31 May 2019 there was the main campaign at Kwa-Sola primary school. The primary school is situated at the rural area called Nembe and the main aim was to create awareness straight to the children, equip them with relevant knowledge for them to know what to do in case of abuse.

The awareness that was created during this weeks was about informing the community and children on what exactly is abuse, the types of abuse and what to do, where to go for help, how you report such things and about the child-line.

The campaign was a huge success the interaction and participation received from the children at schools.

GLOBAL HAND HYGIENE DAY

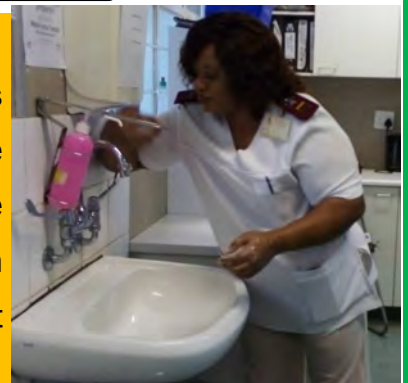


Nozipho Ntuli—IPC

Global hand hygiene day was held on the 8 May 2019. The day was kicked off by having a chocolate hunt all around the clinic. Sweets had been placed earlier in the day in areas that needed more attention in cleaning. Staff members would hunt for sweets and jot down the areas where the

sweets were found and these were handed over to the cleaners for their attention.

A Health talk was done at maternity department about hand hygiene and hand washing demonstrated.



Top: D.E Ntuli form MCWH

Bottom: PT Mkhize OM –A T



ISIBAYA SAMADODA



Umnumzane Hooch (kwesokudla) emukelela umntwana Izinyane lesilo umhlabiso ovela kwiNkosi uMhlongo iziklabhu ezimbili.

Umphakathi waseNdulinde wawuphume ngobuningi bawo uzothamela izinkulumo ezakhayo nezifundisayo kwisibaya samadoda esasingomhla ziwu 22 ku Nhlanguvana 2019 enkantolo yeNkosi uMhlongo.

Noma kwaba nokudangala okuncane emphakathini uma kufika umyalezo wokuthi umntwana Izinyane leSilo aliphumeleli kodwa usuku lwaqhubeka ngenkulu intokozo nemphumelelo. Nabezenkolo babekhona Bishop Mhlongo Kanye nomfundisi uMpungose ukusivulela nokusivalela ngomkhuleko. Nekhansela lendawo nalo lalikhona umnu. Andlile Gwala. Umnumzane uHlela osebenza njengo Quality Assurance wethula inkulumo enohlonze mayelana nezempilo eziqondene nabantu besilisa.

Umnumzane uHooch owayemele umntwana Izinyane leSilo naye wethula inkulumo eyakhayo nenohlonze kakhulu ebhekene namadoda, wagxila kakhulukazi esifweni sofuba, igciwane lengulazi nokubaluleka kokusoka.

Amaqoqo engoma, umaskandi nendlamu nawo ayekhona ukunandisa. Inkosi uMhlongo waluthokozela kakhulu usuku Kanye nomphakathi. Inkosi uMhlongo wakhipha iziklabhu ezimbili ehlabisa uMntwana Izinyane leSilo edlulisa nje ukubonga ngomcimbi onesasasa kangaka. Lowomhlabiso weZinyane leSilo amukelwa umnumzane uHooch emukelela isilo njengoba sasingaphumelelanga. Umqombathi wawukhona ukucima ukoma Kanye nezidlo zesintu ezizoyizayo.

SPORTS TOURNAMENTS



Sundumbili CHC participated in two soccer & netball tournaments that were held in Mandeni this past quarters. The other one was in March 2019 (both codes) and the recent one was in May 2019 (soccer only).

The main aim for the tournaments is about mingling and leading a healthy lifestyle.

Both the tournaments went very well, Sundumbili CHC participated well showed great talent and determination. It was so unfortunate that the CHC soccer team did not win even in May 2019, but the netball team made us proud by being the winners for the day.



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