



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

SUNDUMBILI COMMUNITY HEALTH CENTRE

MANDENI HEALTH

NEWS

JAN - MAR - 2026

CHW ORIENTATION



A very informative day for the Ilembe District's Community Health Workers during their Orientation and induction day at Amatikulu Training Centre. *More on page 2*

IN THIS ISSUE

- CHW's Orientation : Pg. 2
- Quality day event: Pg. 3
- Isibaya samadoda: Pg. 4 - 5
- Death Notice: Pg. 5

- TB awareness event: Pg. 6
- HPV campaign: Pg. 7
- Condom distribution: Pg. 7
- Awareness pictures: Pg. 8

01



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

CHW's ORIENTATION

For years CHW's have been renewing employment contracts year in—year out, being KZN Health's heart beat in ensuring disease prevention through health education and proper immunization in the communities. They are now permanent employees and enjoying the fruits of determination and perseverance.

On the 18th February 2026 Ilembe Health district hosted the Orientation and induction training of the all the permanent Community Health Workers (CHW) in Ilembe district at Amatikulu Training Centre in Mandeni Sub-district.

The main aim of the orientation was to equip them with relevant information that will help them know how to carry themselves in the work area. The proper channels of communication were also illustrated to them, emphasis were put on the work ethics.

It was an honor to have the Chief Director : DHS Mr Mndebele Jabulani from KZN Health's Head Office with his Human Resources team. Ilembe district team led by Ms Maphalala Thembelihle was also present together with the Mandeni Sub-district management team.

They were informed about all Human Resources information including Salaries, different types of leave days, sick leave cycle, tax, housing allowance etc.etc. With emphasis on the importance of personal savings.



Ilembe district CHW's, Ilembe district management , Mandeni management and Health Office team.

Mr Langa entailed everything that has to do with work ethics, putting emphasis on the fact that they should make sure that they refrain from taking part in any political activities. He further spoke about the importance of being presentable and wear their uniform neatly and proud.



Head Office HR Team

Mrs Gumede from Labor Relations also conveyed things they need to know about labor relations and grievances.

The importance of correct data collection was entailed by Mr Daren Kuppusamy the District Information Officer.

The Community Health Workers interacted very well with all the presenters, asking questions and also having their own opinions heard, it was a very informative day for them and Mr Mndebele conducted the program well with lots of jokes in between.



Mr. Jabulani Mndebele
Chief Director : DHS (Head Office)

02



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health

KZN Department of Health



kznhealth

@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

MANDENI SUB-DISTRICT QUALITY DAY

Stay positive,
work hard, and
make it happen.

‘Encouraging Innovation and Rewarding Excellence - Departments should recognize and reward staff and teams who deliver outstanding service’.

Quality day reinforces positive behavior, boosts morale and shows staff that quality service is valued as much as it is expected.

The 27th February 2026, was the joyous day for the employees in the sub-district. The day where employees were rewarded and appreciated for their excellent services provided during the year 2025.

During Mr Mabika’s key note address, he thanked the employees for their dedication and for striving to provide the best service to the citizens of Mandeni. He also acknowledged the staff shortage challenges and praised the staff for sticking it out through those challenges.

Certificates of appreciation were given to all the department to show appreciation to all employees and trophies were issued for excellent performances to the individuals and outstanding departments.



03



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health

KZN Department of Health



kznhealth

@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

ISIBAYA SAMADODA: SIQONDISWE KUBELAPHI BENDABUKO



Umcimbi obuhlose ukuguqula impilo yabesilisa, ukuqwashisa mayelana nokusokwa kwabesilisa ngokokwelashwa, nokudlulisa ulwazi ngokusebenzisana ube yisinyathelo esinesibindi somnyango wezempilo esifundeni llembe emandeni.

Mhla zingu 13 kuNdasa 2026 umnyango wezempilo eMandeni ngokusebenzisana noMaspala wendawo, baqoqa abelaphi bendabuko abakhona kwisifunda saseMandeni ukuba bezothamela lomcimbi.

Kulomcimbi bekukhona iMeya kamasipala waseMandeni, usihlalo wekomidi labelaphi bendabuko eMandeni nabezolimo nokuvikelwa kwendalo. UMntwana uNhlanganiso Zulu ube yingxenywe yalomcimbi okube yintokozo enkulu kubobonke abebekhona.

Ongusekela-sihlalo wabelaphi bendabuko kwisifundazwe iLembe wanxenxa bonke abesilisa ababekhona ukuthi bakhulise kahle abantwana babo futhi babe yingxenywe yezimpilo zabantwana babo ngoba lokho kwenza umntwana akhule kahle. Waphinde wabazisa ukuthi babhalise babe kwi data base ukuze babe yingxenywe yemihlangano ebanjwayo yabelaphi bendabuko. Wase exwayisa abelaphi abasebenzisa izikhundla zabo ekunukubezeni abesifazane ngokocansi ukuthi bazoboshwa.

UDkt. Mthunzi unxenxe abelaphi ukuthi bangabayekisi abantu imishanguzo abayithole emtholampilo, wacela ukuthi akube nokusebenzisana nokuhloniphana.

uNkszn. Vuyi ophuma kwabezemvelo kwisifundazwe iLembe, ugqogquzele abelaphi ukuthi bafake izicelo zokuthola imvume yokugqobha imithi yokwelapha emahlathini abiyelwe, nokuhlanzeka kakhulukazi uma bekade beqeda ukusebenzisa izimpophoma nolwandle ukuze umphakathi uzofika kusesimweni sokuthi bakusebenzise. Ufundise nangemvume yokuhambisa imithi noma inyoka ngesithuthi ukuthi nalokho kudinga imvume futhi ungaboshwa nokuboshwa. Kuningi afundise ngakho nokubavule amehlo abelaphi, waphinde wagcizelela nokuhloniphana ngoba nabo abezile ukulwa nabelaphi bendabuko kepha bazosebenzisana nabo ngokuthula nokuthi ke izihlahla ezibalulekile nezelaphayo zingafi futhi zingapheli.

Iyaqhubeka....



Abelaphi abebethamele

IMeya uKhansela uMdlalose ugqugquzele ukusebenzisa okuhle phakathi komnyango weZempilo nabelaphi, wasecela ukuthi umnyango weZempilo uke ufundise abelaphi inhlanzeko ukuze kuvikeleke iziguli kwizifo ezithathelanayo.



Imeya uKhansela Mdlalose womaspala wase Mandeni noMntwana uNhlanganiso Zulu

Izinyane leSilo uMntwana uNhlanganiso Zulu ugqugquzele abesilisa ukuthi basebenzise umtholampilo, wabalula nokuthi sekunoMtholampilo wabesilisa ononesi wesilisa ukuze abesilisa bakhululeke. Ube esecela ukuthi abelaphi bazihloniphe, bavikele isithunzi sabo, bengahambi bephuza nomikuphi. Wabe esegcizelela ukuthi ukubambisana kwabelaphi kuyasiza ukuthi kusheshe kutholakale abangenzi kahle, ube eseqwashisa ngokuhlonipha abebala elimhlophe wathi bayefana nabobonke abantu akukho abakwelaphayo futhi akufanele bebulawe, wacela nokuthi abelaphi basebenzisane namaphoyisa ekuqedeni abelaphi abangayo.

Ube esegququzela ukuthi abesilisa abazijwayeze ukuhlolola igciwane lesandulela ngculazi,

futhi badle imishanguso abazoyithola emtholampilo. Ube esegququzela waphinde wafundisa ngokusokwa kwabesilisa ngokokwelasha (MMC), njengento eyayenziwa mandulo kodwa manje seyenziwa kancono futhi iyavikela ezifweni nokwehlisa izinga lokuthathelana ngezifo zocansi.

Abezokuvikelwa kweMvelo babesebefundisa ngesihlahla ibhakla, nokuthi sisetshenziswa kanjan ukwelapha, babe sebe-mukelisa abelaphi izithombo zalesosihlahla baphinde babafundisa ukuthi sitshalwa kanjan.

Abelaphi balijabulele lolusuku bakhombisa nokuthakasela konke abakufunde ngalolusuku.

NOTICE



Year 2026 began with a tragic shock to all employees in Mandeni Sub-District when they lost Mrs Maria Zimbili Mbonambi on 29 January 2026.

She worked as an Enrolled nurse at Sundumbili CHC from 2011 July.

During her memorial service, her colleagues described her as a nurse who was very intelligent, quick on her feet and loved her job. Mr Mbatha from outreach services said he learnt a lot from her on his times at the emergency room.

The CEO Dr. R Vishnupersadh conveyed his condolences to the family and colleagues, he also emphasized to the

colleagues that they must use the EAP services as he understands the impact this might have.

All employees especially the Acute & Trauma unit were saddened by her passing.

They gave her a beautiful and dignified send off on the 7th February 2026, where all the nurses were in their all white uniforms.

May her soul rest in eternal peace.

SHINING A SPOTLIGHT ON TB FIGHT

A fight against Tuberculosis (TB) took a significant step forward with a recent event that brought together the Department of Health in Mandeni sub district, Ilembe District municipality, Civil Society, Mandeni Local Municipality and the residents to shine a light on this pressing issue.

As we end the month regarded as the TB, on the 31 March 2026, Mandeni Sub district's ward 13 & 14 and other nearby wards were not forgotten when it comes to creating awareness about this disease.

The main aim for the day was to show unity against the fight of Tb in the sub district while creating awareness and equipping the community with information.

TB is a bacterial infection that primarily affects the lungs and is a major concern especially with the HIV co-infection. The symptoms and prevention methods were shared with the community.

Healthy lifestyle was also emphasized on the day as Ms Zethu Dlamini one of the local Community Health Workers conducted and instructed easy movements the community can do in the comfort of their homes.

There were also two TB survivors who were present also emphasizing on the importance of quickly going to the clinic for a check up before one gets too ill. They also shared how they

adhered to their medication and clinic visits through out as much as it was not easy.

The event was a great success and very informative.

"Let's work together in the fight against Tuberculosis".



From Left: Mr Dlamini—chairperson of the Civil Society, Hnr. Mayor. Cllr T. Shandu Ilembe District municipality, Mr P.E Mthethwa - PHC Manager and Mr N.T. Mabika—DMN



During the walk about at Sundumbili CHC



HPV CAMPAIGN

Human Papilloma Virus is the most common sexually transmitted virus worldwide. Most HPV infections clear on their own with no symptoms. Pap smear and HPV tests catch cell changes before they become cancer.

HPV campaign started from 02 February 2026 to 27 March 2026 to vaccinate girl children who are in grade 5's.

Girls vaccinated for this campaign were 794 in the sub-district while the enrollment for girls in grade 5 this year was 806.

The difference of 12 girls were fully immunized, which meant

that they were repeating the grade.

Our school health team had 22 schools in the sub district to visit for this campaign.

Sr Manqele the school health professional nurse said the campaign was very successful as per the previous years.

There were no challenges that could prohibit them to fulfill their purpose. They even had time to do a mop up.

All consent forms were returned in times, and there



Mandeni Sub School health Team

were no "no consent" or absenteeism. She mentioned that they've never had an unsuccessful campaign in the previous years.

This team is dedicated and determined to protect learners and prevent illness in schools.

CONDOM DISTRIBUTION

As much as the citizens we serve are responsible for their choices, condom distribution matters and goes beyond handing out condoms to people but helps prevent diseases and protects the public.

Condom distribution is going on daily in the facility and in the community as well. For the month of February since there was condom week, condom distribution was intensified. 89200 male condoms were distributed with only 1800 female condoms.

With the ongoing awareness's the use of female condoms educational talks is intensified, in the

waiting areas during scheduled educational health talks.

Creating awareness and condom distribution is not just about the supply to the public, it's about educating and normalizing prevention.

Condoms are a proven barrier method that significantly reduces the transmission of HIV, STI's and unplanned pregnancy.

The community still have stigma around receiving free condoms in the health facilities, but the employees are working hard through

awareness talks to fight the stigma. The community must know that prevention is cheaper and safer than illnesses and treatment.

Keeping condoms on hand is one of the most direct ways a person can live that principle.

Condoms and lubes are freely available in the health facilities for everyone's safety and prevention use.

Be responsible and stay safe!

07



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

GROWING
KWAZULU-NATAL
TOGETHER

PICTURES



Reception achievement during Mandeni Sub district's quality day



Macambini Clinic's achievement during Mandeni sub district's quality day



Ohwebede clinic achievement during Mandeni sub district's quality day



Hlomendlini clinic achievement during Mandeni sub district quality day



Healthy lifestyle activity by Zethu Dlamini—CHW, during the TB awareness event



A group picture with the CHW's after the TB awareness event

ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS

This issue has been compiled and edited by the following team:

- | | | |
|----|----------------------|----------------------------|
| 1. | Thulisile Manzi | PRO - Writer & Photography |
| 2. | Mr S. Dlangisa | PHT - Editor (Isizulu) |
| 3. | Dr. R. Vishnupersadh | CEO - Editor (English) |

Really appreciate your dedication and effort put into this issue.



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

Physical address: A682 Msomuhle rd
Sundumbili T/ship
4490

Tel: 032 454 0066

Postal address: P O Box 2373
Mandeni
4491

Public Relations Officer

Cell: 083 446 8020

Email: June.Manzi@kznhealth.gov.za

Web : www.kznhealth.gov.za/sundumbilichc.htm

09



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**