



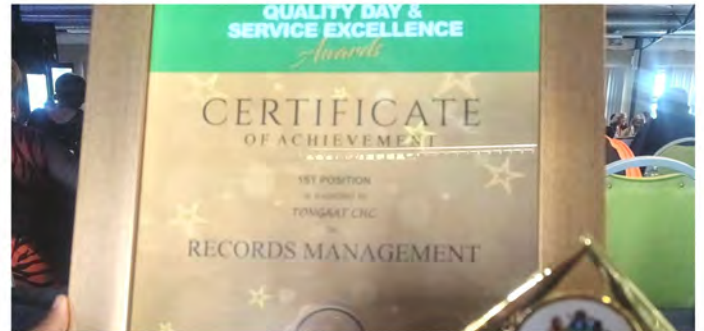
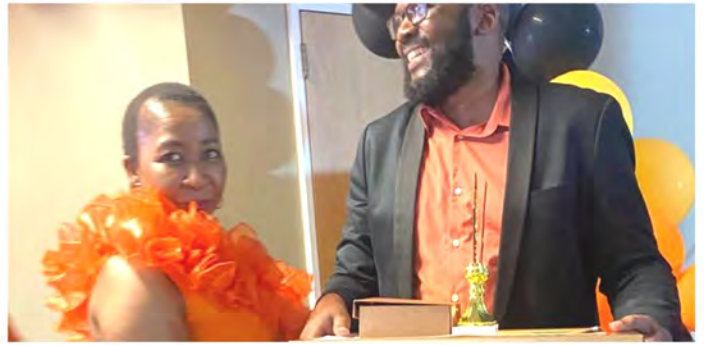
KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

TONGAAT COMMUNITY HEALTH CENTRE

UTHONGATHI NEWS

August 24' - January 25'

TONGAAT LEADS OTHERS FOLLOW...



01

"Quality You Can Trust, Every Time!"

It has always been a motto that 'Tongaat leads and others follow', now the IDEAL CHC, EThekweni Health District awards and OHSC results for the year 2024 has proven the motto. With the hard work and team effort portrayed by TCHC staff members and management Tongaat flag has remained flying high.

Quality is a multi-faceted concept that encompasses safety, clinical outcomes, patient experience, operational efficiency, and accreditation. By understanding and monitoring these aspects, patients can make informed decisions about their care, while healthcare providers and institutions can work towards delivering the highest standards of care. Continuous improvement efforts and a commitment to quality are essential for advancing healthcare and ensuring positive outcomes for all patients.



TONGAAT CHC TEAM POSING WITH ALL THE AWARDS RECEIVED.

OHSC RESULTS

NNVS: 100%

VITALS: 96,13 %

ESSENTIAL: 95,51%

GRADING: Excellent

IDEAL CHC—PLATINUM STATUS MAINTAINED.

*FROM COMPLIANCE
TO
OUTSTANDING
PERFORMANCE*

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OPEN DAY—BATHO PELE

Open Day Event at Tongaat CHC Highlights the Batho Pele Principles.

Community Comes Together for a Day of Awareness and Empowerment

The CHC hosted a successful Open Day event on 4 December 2024, centered around the theme of Batho Pele (People First). The initiative aimed to strengthen the relationship between the CHC and the community by promoting transparency, accountability, and quality healthcare services in alignment with the Batho Pele principles.

Batho Pele: A Pillar of Public Service

The Batho Pele principles, introduced by the South African government, emphasize the importance of putting citizens at the center of service delivery. These principles include consultation, access to information, courtesy, and redress, among others. The Open Day provided an opportunity to showcase how these principles are being implemented in healthcare.

Event Highlights

The day began with a warm welcome from the PRO, who shared insights into the clinic's vision of delivering patient-centered care. Community members were encouraged to participate actively, sharing their feedback and suggestions for improvement.

Staff conducted sessions on key health issues, including maternal and child health, chronic disease management, and preventative care.

Booths were set up to educate attendees on topics like hygiene, nutrition, and mental health.

Representatives from Government Communications and Information system (GCIS) and South African Police services (SAPS) were present to address community concerns and answer questions.

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OPEN DAY—'BATHO PELE'

Community Engagement

A panel discussion allowed attendees to voice their opinions about the services provided at the clinic. Many community members praised the clinic staff for their dedication while also suggesting areas for improvement, such as shorter waiting times.

One attendee remarked, “This Open Day is a great initiative. It shows that the clinic values our input and is committed to improving our healthcare experience.”

The Open Day proved to be a meaningful step in fostering trust, improving communication, and ensuring that the clinic remains a pillar of health and well-being in the community.



MR TYLER PILLAY (AUDIOLOGIST) SPEAKING TO ATTENDEES ABOUT REHABILITATION SERVICES AT THE CHC

OPEN DAY IN PICTURES



MISS SLINDILE GUMEDE EXPLAINING ABOUT ENVIRONMENTAL HEALTH



MISS ZAMALANGA LANGA GIVING A TALK ON PATIENT ADMISSIONS



HUMAN RESOURCE DEPARTMENT DISPLAYING THEIR SERVICES



OPEN DAY IN PICTURES CONT...

MS NCUBE GIVING A TALK ABOUT IMPORTANCE OF PRESENTING EARLY AT THE CLINIC FOR ANTENATAL CARE.



SR ZIQUBU SPEAKING ABOUT YOUTH FRIENDLY SERVICES OFFERED AT THE CHC



MS ZANDILE LANGA ENLIGHTENING ATTENDEE ABOUT PHARMACY SERVICES.



HERITAGE DAY



The bride and groom with their families

IsiZulu and Indian Traditions Unite in a Vibrant Cultural Showcase.

The recent Heritage Day celebration at Tongaat CHC was a spectacular demonstration of unity and cultural diversity, with the spotlight on the unique beauty of multiracial weddings. The event celebrated the harmonious blending of IsiZulu and Indian traditions, drawing a diverse crowd of attendees from all walks of life.

The theme of the event, *“Unity in Diversity: A Celebration of Love and Culture,”* focused on showcasing how love transcends cultural boundaries. The highlight of the day was a symbolic wedding ceremony that beautifully integrated IsiZulu and Indian customs, emphasizing mutual respect and the rich heritage of both communities.

The event was a joyous one as all staff members came out as attendees of the wedding between Dr Matthews (the bride) and Nurse Mbeje (the groom) with their respected families. This celebrations was not just a reflection of the past but a vision for the future, where love and culture continue to bridge divides and foster understanding.

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HERITAGE DAY IN PICTURES



Uniting the Community Against Gender-Based Violence

Tongaat Community Health Centre (CHC) hosted a powerful and moving event on the 4th December 2024 to mark the 16 Days of Activism Against Women and Child Abuse. The gathering brought together community members, local leaders, and key stakeholders, including the South African Police Service (SAPS) and the Government Communication and Information System (GCIS), to shine a light on the urgent need to end violence against women and children. The 16 Days of Activism campaign, which runs annually from November 25 to December 10, is a global initiative aimed at raising awareness about gender-based violence and promoting collective action to address this critical issue.

At Tongaat CHC, the event began with a moment of silence to honour victims and survivors of abuse, followed by a poem from the registered counsellor from Tongaat CHC and speeches from key speaker, Miss Mlipha (Tongaat CHC Social worker) who emphasized the importance of community involvement and inter-agency collaboration in addressing the scourge of violence. The SAPS Representative highlighted the importance of reporting abuse and shared information on the support services available to victims. "We urge community members to break the silence. Reporting abuse is the first step toward justice and protection," the officer said. The GCIS representative spoke about the government's efforts to combat gender-based violence through policies, campaigns, and support programs. "Together, we can create a society where women and children feel safe and empowered," they remarked. The event organizers urged the community to continue advocating for change beyond the 16 Days of Activism. They emphasized the importance of community vigilance, early intervention, and creating safe spaces for victims to seek help.

"30 YEARS OF ADVANCING COLLECTIVE ACTION TO END VIOLENCE AGAINST WOMEN AND CHILDREN"

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PLEDGE TO ACT AGAINST GBV



**DR S BHIMSAN—TONGAAT CHC CEO
LEADING THE PLEDGE**



**MRS R SINGH—M&E MANAGER
SIGNING THE PLEDGE**



**MRS J PHALAD—FINANCE
MANAGER SIGNING THE PLEDGE**



**SAPS OFFICIAL WITH THE
SAPS YOUTH and TCHC
Social Worker (Ms. M
Mlipha)**



IMPROVING DIAGNOSIS FOR PATIENT SAFETY



Tongaat CHC marked World Patient day 2024 on 18 September 2024, joining global efforts to promote patient safety and enhance healthcare practices. The theme for 2024 was “improving diagnosis for patient safety’ emphasized the critical role of healthcare workers



in ensuring safe and effective healthcare delivery. The event brought together healthcare workers and patients to engage in meaningful dialogue and activities aimed at improving safety standards within the healthcare system. A special segment honored the dedication of healthcare workers at Tongaat CHC who go above and beyond to ensure patient safety. Trophies and certificates of appreciation were awarded to departments who demonstrated knowledge of policies, and guidelines in promoting safe practices.



WOMENS DAY

Tongaat Community Health Centre (CHC) celebrated Women's Day 2024 on 16 August 2024 hosting a vibrant event to honor the resilience, achievements, and vital role of women in society. The day was filled with empowering activities, inspiring speeches, and a renewed commitment to addressing the challenges women face daily.

The event adopted the theme "Empower, Educate, Elevate: Celebrating Women's Strength", focusing on advancing gender equality, promoting health and well-being, and recognizing the contributions of women across all sectors. The day was fun filled for all the amazing women of Tongaat CHC who bonded through different games played and enjoyed a braai menu prepared by Mr. D Govender (former QA) and Mr. T Pillay (Audiologist).



The ladies listening attentively to the games rules by Ms. J Naidoo

WOMENS DAY IN PICTURES



**WOMEN ARE
THE REAL AR-
CHITECTS OF
SOCIETY—
HARRIET
BEECHER
STOWE**



PHARMACY WEEK

Tongaat Community Health Centre (CHC) celebrated *Pharmacy Week 2024* on the 27th September 2024, aligning with the national campaign to raise awareness about the crucial role of pharmacists and the safe use of medicines. The event, themed “*Your Health, Our Priority: Understanding Your Medicines*”, aimed to educate patients about the importance of medication adherence, proper storage, and responsible use. Pharmacy Week at Tongaat CHC was marked by a series of activities designed to empower the community with knowledge about medicines and the services offered by the pharmacy team. Pharmacists led interactive talks on common medication-related topics, including:

- The importance of taking medicines as prescribed.
- Managing chronic conditions through proper medication use.



OUTREACH SERVICES

Tongaat Community Health Centre (CHC) played a pivotal role during the grand opening of King Shaka International Airport, offering essential health services to ensure the well-being of attendees. The historic event held on 7 November 2024, marked a significant milestone for the country, more especially for the KwaZulu Natal province, drawing dignitaries, government officials and the community at large. The TCHC team set up a fully equipped health station offering a range of services, like, emergency medical care and health screening. The participation of TCHC in the opening highlighted the CHCs commitment to serving the community even beyond the traditional healthcare setting.



BREASTFEEDING WEEK



In an effort to promote maternal and infant health, Tongaat Community Health Centre (CHC) recently held a series of events to mark World Breastfeeding Week. This annual global celebration, typically observed in

the first week of August, highlights the importance of breastfeeding for both mother and child, and Tongaat CHC's initiative brought together health professionals, mothers, and the local community to raise awareness on the benefits of breastfeeding. The facility hosted various workshops led by trained healthcare professionals who provided evidence-based information about breastfeeding techniques, proper latching, the



importance of exclusive breastfeeding during the first six months, and overcoming common challenges such as low milk supply or nipple pain. Participants were encouraged to ask questions, share personal experiences, and learn from the expertise of the professionals.



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HR MATTERS

RESIGNATIONS

PERIOD—AUGUST TO DECEMBER 2024

Nene, L
Ndokweni, N.D
Mathe, T
Naidoo J
Govender, D.V

RETIREMENT

PERIOD—AUGUST TO DECEMBER 2024

Bhengu, T.J
Mhlongo, G.T

APPOINTMENTS

PERIOD—JUNE TO DECEMBER 2024

Buthelezi, L—June 2024
Ziqubu, S.N.S—June 2024
Mabaso, N.F—June 2024
Mzobe, M.N—July 2024

TRANSFER-IN

PERIOD—AUGUST TO DECEMBER 2024

Mohape, N.G—September 2024

WARM WELCOME TO NEW STAFF MEMBERS

1. Chellan, T—Comm. Serve Doctor
2. Shabalala, S—Comm. Serve Doctor
3. Maharaj, N.S—Comm. Serve Audiologist
4. Beattie, A—Comm. Serve Occupational Therapist
5. Karodia, S—Comm. Serve Physiotherapist
6. Khumalo, Z.P—Professional Nurse Speciality (ADM)
7. Mlilo, F.S—Professional Nurse (CNP)



FAREWELL



**Mr. D.V
Govender
(QAC)**



**Sr. G.T
Mhlongo—
CNP
Outreach
services**

PR DESK—COMPLIMENTS



Tongaat And All

Jeannie Pedersen · 10h · 🗨️

This evening I had to visit the Tongaat Clinic after being bitten by a dog earlier. I bled profusely and it was quite scary. The treatment received from every person at Tongaat Clinic, from the Security helping me in through the back, right to the medical staff assisting me, was excellent. They were friendly and professional and helped me promptly and competently. Plus the place was clean enough to eat off the floor. Thanks to all on duty this evening. Your kindness and competence was much appreciated.



Tongaat And All

Anonymous member · 1h · 🗨️

Hi
I would like to place on record what excellent service I received yesterday from the Tongaat Mobile Clinic. From start to finish they were accommodating, and showed a lot of care and efficiency.

Heads up to the ladies





You rock! 🍷❤️



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Noma Khoza

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