



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

TONGAAT COMMUNITY HEALTH CENTRE

UTHONGATHI NEWS

January–July 2024

TONGAAT LEADS OTHERS FOLLOW...



01

"Quality You Can Trust, Every Time!"

Quality is a multi-faceted concept that encompasses safety, clinical outcomes, patient experience, operational efficiency, and accreditation. By understanding and monitoring these aspects, patients can make informed decisions about their care, while healthcare providers and institutions can work towards delivering the highest standards of care. Continuous improvement efforts and a commitment to quality are essential for advancing healthcare and ensuring positive outcomes for all patients. It has always been a motto that 'Tongaat leads and others follow', now the IDEAL CHC AND OHSC results for the year 2024 has proven the motto. With the hard work and team effort portrayed by TCHC staff members and management Tongaat flag has remained flying high.

OHSC RESULTS

NNVS: 100%

VITALS: 96,13 %

ESSENTIAL: 95,51%

GRADING: Excellent

IDEAL CHC RESULTS—PLATINUM STATUS MAINTAINED.

Average Result

Non-negotiable Vital	100,00 %
Vital	92,55%
Essential	86,70%
Important	77,59%
Not weighted	
Total	85,92%

Ideal Clinic Category	Platinum
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KwaZulu-Natal Department of Health



KZN Department of Health



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**GROWING
KWAZULU-NATAL
TOGETHER**

OUR NURSES, OUR FUTURE

International Nurses Day is celebrated annually on May 12th to honor the contributions and dedication of nurses around the world. This day also marks the birth anniversary of Florence Nightingale, the founder of modern nursing. Nurses play a crucial role in healthcare systems by providing quality care to patients, advocating for their well-being, and promoting health education and prevention. Nurses are at the forefront of patient care, working tirelessly to ensure the well-being and recovery of individuals in hospitals, clinics, and other healthcare settings. They often work long hours, sacrificing their own comfort and well-being to attend to the needs of their patients. Their compassion, empathy, and expertise are invaluable in providing holistic care to those in need. International Nurses Day serves as a moment to acknowledge and appreciate the selfless dedication of nurses, recognizing their hard work and commitment to improving the health and well-being of individuals and communities. It is a day to celebrate their achievements, honor their contributions, and show gratitude for their tireless efforts in the face of adversity and challenges. From the start of Covid-19, nurses have emerged as true heroes on the frontlines, risking their own health and safety to care for the sick and vulnerable. Their resilience, courage, and unwavering dedication have been a beacon of hope in these challenging times, inspiring admiration and gratitude from people around the world. As we celebrate International Nurses Day annually let us take a moment to recognize and honor the incredible work of nurses. Let us show our appreciation for their unwavering commitment to improving the lives of others and for their invaluable contributions to healthcare and society as a whole. Nurses truly are the backbone of healthcare systems worldwide, and they deserve our utmost respect, support, and admiration .

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KwaZulu-Natal Department of Health



KZN Department of Health



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**GROWING
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TOGETHER**

NURSES DAY 2024



SR NICOLE GOVENDER RECEIVING A GIFT FROM MS PRINCESS



Ms. Darmini—physiotherapist reading out poem for the nurses.



Sr. Tundzi motivating nurses



Candle lighting ceremony



WORLD HEARING DAY



TONGAAT CHC AUDIOLOGISTS SPEAKING TO PATIENTS ABOUT WORLD HEARING DAY

World Hearing Day, observed annually on March 3, serves as a pivotal moment for raising awareness about the importance of hearing health and the prevention of hearing loss. In 2024, the theme “Hearing for Life: Don’t Let Hearing Loss Limit You” underscores the critical need for proactive measures to preserve hearing and improve access to hearing health services worldwide.

One of the main goals of World Hearing Day 2024 is to emphasize the importance of early detection and intervention in preventing hearing loss. Regular hearing screenings, especially for children and older adults, are essential for identifying hearing issues before they impact daily life. This year’s campaign aimed to promote safe listening practices and reduce exposure to harmful noise levels. World Hearing Day 2024 is a call to action for everyone to take steps towards better hearing

health. By raising awareness, supporting those with hearing loss, and advocating for effective solutions, we can work towards a world where hearing loss does not limit opportunities and where every individual has access to the resources they need to hear for life.

TB: A Global Challenge, A Global Response

On March 24, 2024, the world marks World Tuberculosis (TB) Day, an annual event dedicated to raising awareness about tuberculosis and advancing the fight against this deadly disease. The theme for this year was, “TB: A Global Challenge, A Global Response,” underscores the urgent need for coordinated international efforts to tackle TB and ensure equitable access to prevention, diagnosis, and treatment.



The COVID-19 pandemic has further exacerbated the situation, disrupting TB services and contributing to an increase in missed diagnoses and treatment interruptions. This year's World TB Day serves as a crucial reminder of the need to rebuild and strengthen TB response systems globally.

**End TB deaths
by 95% by
2035 . WHO**

SCHOOL HEALTH SERVICES COMMEMORATING TB DAY



TB AWARENESS

Tongaat CHC commemorated this day by visiting schools, the communities of ward 58,61 and 62 and ongoing talks to all the patients in the waiting areas. World TB Day 2024 serves as a powerful reminder of the ongoing battle against tuberculosis and the need for a unified global response. It is time for every person to take charge in the fight against TB; the department of Health cannot fight the disease on their own; intervention of public/private partnerships, community

leaders both traditionally and religiously need to fight alongside each other to curb the spread of TB in our communities.



“End TB: Transforming Care and Unlocking Innovation”



AUTISM AWARENESS & CHILD PROTECTION WEEK

April 2, 2024, marks World Autism Awareness Day, an annual event dedicated to increasing understanding and acceptance of autism spectrum disorder (ASD). This year, World Autism Awareness Day coincided with Child Protection Week 2024, held from April 1-7. The theme for both observances, “Empowering Every Voice: Autism and Child Protection,” highlights the critical intersection between autism awareness and the need to ensure the safety, well-being, and rights of children with autism. Autism Awareness Day aims to improve understanding of autism, promote acceptance, and support individuals and families affected by ASD.



**AUTISM AWARENESS
AT THE MATERNITY
UNIT.**

THE WORLD NEEDS ALL KINDS OF MINDS - SR ROSANNE NAIDOO

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KWAZULU-NATAL PROVINCE
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AUTISM AWARENESS CONT...

Autism spectrum disorder is a developmental condition characterized by challenges with social interaction, communication, and repetitive behaviors. The prevalence of autism is increasing, and it is estimated that 1 in 54 children in the United States is diagnosed with ASD. During the commemoration at TCHC, a mother who is also a staff member shared her journey of raising her child who is Autistic. She emphasized that people with Autism are gifted with exceptional abilities, such as heightened creativity, attention to detail and a unique perspective on the world around them. She further explained that unfortunately, stigma and ignorance are still a plague in the lives of many individuals with autism.



THE REHAB TEAM BEFORE THE START OF THE AUTISM AWARENESS WALK.



OUTREACH SERVICES

This year saw Tongaat being struck by a powerful tornado . The tornado, which touched down in the early afternoon, caused significant damage and has left the community grappling with the aftermath. As rescue and recovery efforts continue, the focus is on understanding the extent of the damage, providing support to those affected, and preparing for future events. Tongaat CHC has been at the forefront of the Tornado from day one; not just providing healthcare and psychosocial assistance to the affected but also going out to the community and lending a hand through feeding schemes and providing clothing for everyone in need.



COMMUNITY HEALTH WORKERS (CHWs) dishing up for the community of Magwaveni.



MR MVIMBI, COMMUNITY FACILITATORS HANDING OVER PARCELS AT FRASERS.

CONGRATULATIONS!!!



In the world of academia, earning a Ph.D. represents the pinnacle of educational achievement. Dr J.S.B Thusi, a recent graduate, exemplifies the dedication, resilience, and intellectual curiosity required to achieve this milestone.

Dr Thusi's journey to his doctoral degree began years before his formal studies. Growing up at KwaMashu in KZN, his undergraduate studies in Public Admin in 1990 laid the groundwork for his research interests, particularly in Human Resources and Public Admin.

His passion and academic excellence earned him a spot in to be selected for 4th Cohort Albertina Sisulu Advance Executive Leadership in Health which is a two year condense programme known as Post Graduate Diploma in Leadership conducted by University of Pretoria. . "I have graduated for several degrees and diplomas in my life but this one, symbolise the sentimental values that I will always cherished for the rest of my lifetime. Studying for a PhD degree is not a child's play, but a mammoth task and completing it, is a milestone and a fulfilment of the long desired goals that I always pray to achieve" said Dr Thusi in his speech on the day.

The aim of the study was to contribute immensely to his current employer and also bring back something to the community by assisting other researchers especially other public servants and counterparts academically by advocating that the EPMDS is a management tool that needs to be implemented effectively thus will benefit both the employer and the employee in the workplace.

"Hats off to you, Dr J.S.B Thusi, Your hard work, intellect, and resilience have culminated in this momentous achievement. Here's to new beginnings and endless opportunities!"



UPCOMING EVENTS AT TCHC

DATE	EVENT
17 September 2024	Patient safety Day
20 September 2024	Heritage Day
16 October 2024	Nutrition Week
November 2024 (date to be confirmed)	World Quality and Open Day
2 December 2024	World AIDS Day

ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



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