



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

TONGAAT COMMUNITY HEALTH CENTRE

UTHONGATHI NEWS

July 25'

TONGAAT LEADS OTHERS FOLLOW...



01

KwaZulu-Natal Department of Health

kznhealth

KZN Department of Health

@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

“OUR NURSES, OUR FUTURE, CARING FOR NURSES STRENGTHENS ECONOMIES

Tongaat CHC joined in on the global celebration to show appreciation for the nursing profession by marking International Nurses Day, in honour of their dedication and compassionate role they play for the healthcare service delivery and the community. International Nurses Day is celebrated annually on the birthday (12 May) of Florence Nightingale and the theme for this year was “our nurses, our future, caring for nurses strengthens economies” which echoes that investing in nurses is not only humane, its economically empowering (SANC, 2025).

This event was a vibrant, joyful and educational celebration, Mr P.M Mnguni the Nursing Manager taking the nurses through a journey of the time when he experienced nursing care in his time of need. This was a reflection of the compassion and role nurses play in the healthcare system. The event was opened by the CEO, Dr S Bhimsan, and welcomed everyone present. She further thanked the nurses for their continuous support that the nurses always portray on a daily basis when executing their duties which leads to the smooth running when serving and caring for the Tongaat community the Batho Pele way.

Special tributes were given to outstanding departments and nurses who went an extra mile in serving patients. This was done through a voting system during the event and at the end of the event Sr Shangase (ICDM) was voted the overall best nurse at Tongaat CHC. Certificates and trophies were distributed recognising the CHCs commitment to its nurses workforce.

This celebration showed that nurses are indeed the backbone of the healthcare system and should be appreciated and celebrated. It is not a nurses day celebration without the lighting the lamb, candles and reciting the nurses pledge. This is done by nurses to reaffirm their commitment to the ethical and professional standards of their profession. This is a reminder of their responsibilities and wellbeing of their patients and the community at large. The pledge also assures the public that nurses are dedicated to providing the best healthcare service and brings back hope for the hopeless; whilst assuring the community that they are in good hands when visiting the CHC.



NURSES DAY IN PICTURES



ACUTE STAFF MEMBERS CELEBRATING DURING THE EVENT



From left: Sr. Magwaza, Sr. Mbatha and Sr. Maistry



Dr S Bhimsan—CEO welcoming all the nurses to the event.



Tongaath CHC nurses

ADMINISTRATIVE PROFESSIONALS DAY

Tongaat CHC marked a milestone with inaugural administration professionals day on the 18th July 2025. The CHC proudly hosted its first ever admin professionals day, recognizing the invaluable contributions of its support staff who keep the facility running smoothly. This day aimed at honouring the dedicated administrative staff whose tireless efforts keep the operations running behind the scenes. Administration professionals include the HR and finance staff, patient admissions and clerks to name a few who are vital to the effectiveness of the facility.

While healthcare institutions often celebrate clinical roles, TCHC initiative uniquely spotlights administrative professionals acknowledging their essential behind the scenes impact. A formal address by the CHCs executive management team expressing gratitude for the unwavering professionalism and adaptability of admin staff. The event was blessed by the presence of Rev. S Shangase who emphasized the need for admin professionals to take themselves seriously in life; whether professionally or socially, portraying your brand as an individual. There was also shared luncheon reception, offering a warm and inclusive space for networking and celebration.

Admin professionals are the first point of contact for patients, handling appointments, patient files etc. Their co-ordination behind the scenes enables for smoother patient care workflows and contributes to the overall service quality. The celebration elevated the professional status of admin roles within the healthcare structure. It encouraged peer-to-peer recognition and a platform for ongoing appreciation, not just a one day event. This inaugural event is more than just a celebration it is a progressive step towards institutional respect for the administrative talent; by affirming that every role matters. The facility strengthens its promise to provide comprehensive, equitable and efficient healthcare services for clients.

“Behind every successful team, there is an exceptional administrative professional who keeps everything running smoothly.”

04



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth



ADMIN PROFESSIONALS CELEBRATION IN PICTURES



Mr. O Maphumulo programme director for the day.



DJs for the day: Basil, Siven and Naren.



Admin staff attended the event



Admin staff with the guest speaker Rev. Shangase.

#WE LISTEN, WE DON'T JUDGE TEENAGE PREGNANCY AWARENESS



Students discussing key matters during the dialogue

In a committed effort to address the rising challenge of teenage pregnancy, Tongaat CHC launched a series of awareness campaigns across local schools under the compassionate slogan

#WeListenWeDon'tJudge.

Teenage pregnancy remains a pressing challenge in many South African communities, but through initiatives like this, progress is being made. The initia-

tive is designed to provide adolescents with accurate information, emotional support, and accessible healthcare pathways, began earlier this year and will continue until all schools within the Tongaat CHC catchment area are reached.

The campaign commenced at Nkosibomvu High School on 21 and 22 February 2025, where healthcare professionals from Tongaat CHC engaged with learners in interactive sessions. This was followed by a second activation at Fair-breeze Secondary School on 9 and 10 May 2025. Each session created a safe, non-judgemental space for learners to ask questions and discuss sensitive topics openly. The next school to be visited is Tongaat High School scheduled for 2 and 3 September 2025, ensuring that the message continues to reach more young people across the community.

#WE LISTEN, WE DON'T JUDGE TEENAGE PREGNANCY AWARENESS

Through the slogan #WeListenWeDon'tJudge, the CHC team reinforced that teenage pregnancy is not only a medical concern but also a social and emotional issue that requires empathy, accurate information and community support. Community and stakeholder support will be reached through the health promotion structure that aims at empowering communities to take charge of their health whilst empowering other governments and community structures in hope of changing societies mindsets.

The approach focused on listening to learners without criticism, while guiding them towards informed decisions. The planned activities included educational talks in a dialogue form, covering sexual and reproductive health, contraceptive options and the emotional impact of early pregnancy. The aim was to address common misconceptions about pregnancy prevention and sexual health through myth-busting sessions.

Initial feedback from learners and educators has been positive. Many students expressed that the open dialogue helped them feel more informed, while teachers appreciated the CHCs commitment to tackling an issue that has long affected academic performance and life opportunities for young women.



Tongaath CHC team at Hambanathi Resource Centre

TEENAGE PREGNANCY AWARENESS



Tongaat CHC and Tongaat Child welfare staff members at Fairbreeze Secondary School



Students interacting during the teenage pregnancy dialogue



Student representative welcoming TCHC staff



Programme Directors for the day

GLOBAL HAND WASH CAMPAIGN



Acute and Emergency staff members with Mr. P.M Mnguni—Nursing service manager, Mrs. R Singh—Monitoring and Evaluation Manager and Dr S Bhimsan—CEO

Global hand wash awareness day raises awareness of the crucial role of proper hand hygiene in preventing the spread of infections and protecting community health. This event aligned with the World Health Organisation (WHO) “clean your hands” campaign, which emphasizes the handwashing with soap and clean water is one of the most effective and affordable way to prevent diseases. The day began with an opening address by the CHC CEO, who highlighted the importance of integrating handwashing into daily routines, both in healthcare settings and at home. The message was clear, “clean hands saves lives”

Different departments within the CHC (clinical and non-clinical) set up educational stations

across the facility, demonstrating proper handwashing techniques. Visual aids, posters, plays and interactive demonstrations ensured that patients and staff could practice and perfect their technique.



Outreach team members with Mrs. R Singh and Dr S Bhimsan



Systems component staff members with Mr. T.I Ngcobo—AD: Systems



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

YES, WE CAN END TB



TB awareness at Umbhayi—Tongaat

Tongaat CHC hosted an extensive TB awareness campaign in recognition of World Tuberculosis (TB) Day at Umbhayi area, reinforcing the message that early detection and consistent treatment are critical to ending TB. The event brought together healthcare professionals, community leaders and the residents for an educational

and interactive programme designed to break the stigma surrounding TB and encourage proactive health seeking behaviour.

This year's campaign was "Yes, we can end TB" which calls for communities and health care systems to work together to eliminate TB as a public health threat. Umbhayi was identified as a key outreach site due to its population density and the need to strengthen public awareness in high risk communities.

By the end of the day, dozens of residents had undergone screening, with some referred for further testing and treatment. The campaign did not only increase public understanding of TB but also strengthened trust between the CHC and the community.



HR MATTERS

WARM WELCOME TO NEW STAFF MEMBERS

1. Ndebele S.P—Professional Nurse
2. Singh R—Comm. Service Doctor
3. Gcina N.N—General Orderly
4. Magwaza M.S—Labour Relations Practitioner
5. Gininda M.E—Comm. Service Doctor
6. Pillay T.M—Comm. Service Audiologist
7. Mngomezulu L.T.S—Comm. Service Doctor
8. Dlamini G.N—EN

TERMINATIONS

1. Shandu M.N—Cross transfer G/O
2. Mlilo F.S—Nursing
3. Ramsaroop I.R—Comm. Service Doctor
4. Manyathi, S.N—Labour Relations Practitioner
5. Mjali Z—Comm. Service Doctor
6. Amiappen J—Nursing
7. Nzuza Z.J - Nursing
8. Khonjwayo N.T—Nursing
9. Ncube E—Lay Counsellor
10. Nair S—Clerk

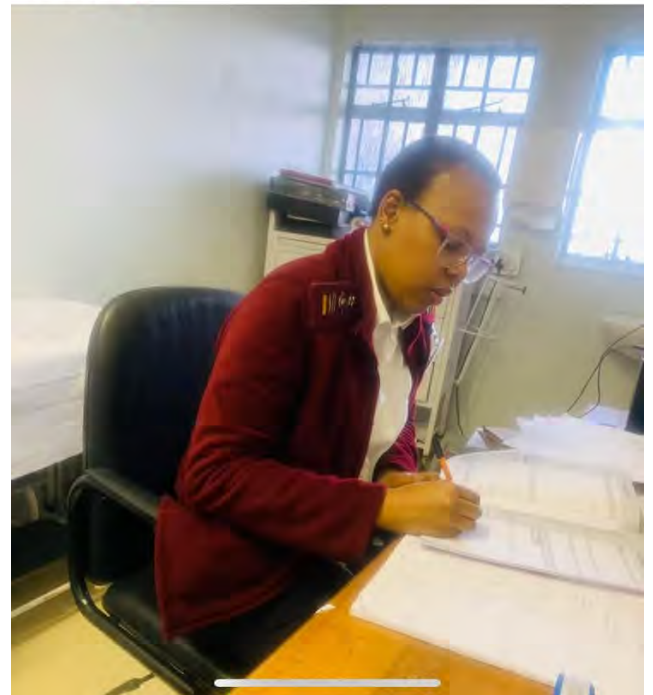


PR DESK—COMPLIMENTS



"Thank you for going above and beyond"

"Your hard work doesn't go unnoticed".



Noma Khoza
Public Relations Officer
TONGAAT COMMUNITY HEALTH CENTRE

7 Sanele Nxumalo lane, Tongaat, 4400
032 944 5054
032 945 1210
083 459 0677
Nomathamsanqa.khoza@kznhealth.gov.za



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

GROWING KWAZULU-NATAL TOGETHER

www.kznhealth.gov.za



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



**GROWING
KWAZULU-NATAL
TOGETHER**