



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

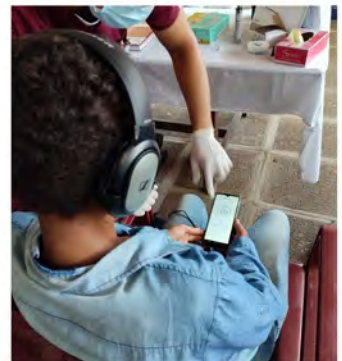
TONGAAT COMMUNITY HEALTH CENTRE

UTHONGATHI

NEWS

2022

TONGAAT LEADS OTHERS FOLLOW...



NQONQONQO EMAGWAVENI



Ms. Masondo and Mr. Mthembu assisting patients at Magwaveni

EThekweni Health District visited Tongaat “Magwaveni” area for the “nqonqonqo” door to door campaign. The aim of the campaign was to render holistic health care services to the Tongaat community. The “nqonqonqo” campaign is an initiative by the honorable department of health MEC, Ms. Nomagugu Simelane. The district took the initiative to render the following services to the community; eye testing, HIV testing, TB screening and testing, COVID-19 vaccination and testing, physiotherapy services, nutrition services, chronic diseases management, MMC and many more services were rendered.



Mr. Mseleku assisting the elderly with eye glasses

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NQONQONQO EMAGWAVENI



On the day the teams were separated; whilst some team members went door to door in Ward 62, some team members remained at the Magwaveni sports ground to offer services to the community members that were not visited in their homes. Mr. Ngcobo, one of the community leaders commented that as the community of Magwaveni, they are very grateful to the department for planning such a campaign for the area; as the area is vast with different people needing health care services. He further thanked the department for providing walking aids and eye glasses for the elderly in the community.

Ms. Yolanda Mwelase (Tongaath CHC Oral Hygienist) assisting patients during the NQONQONQO Campaign.

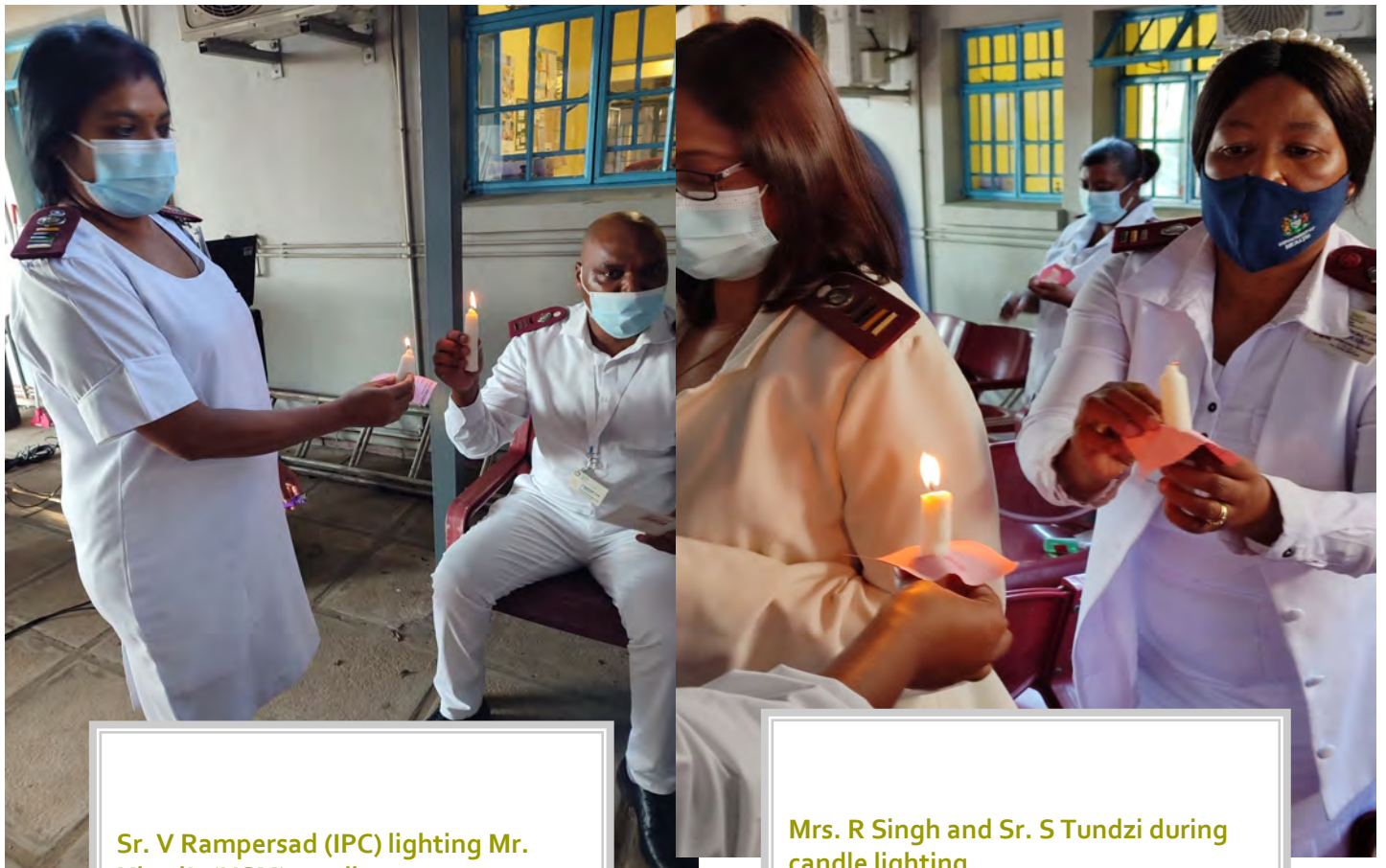


NQONQONQO PHOTO GALLERY



INTERNATIONAL NURSES DAY

Every May 12, which marks Florence Nightingale's birth anniversary, International Nurses Day is observed. Nurses: a voice to lead—invest in nursing and respect rights to secure global health is the theme for 2022. Without a doubt, nurses - the largest healthcare profession in the world are essential to achieving the millennium goals. For many patients, nurses are the only healthcare providers they will ever have access to. As a result, nurses are typically the most creative and well-positioned to reach marginalized and disadvantaged areas.



Sr. V Rampersad (IPC) lighting Mr. Nkosi's (NSM) candle.

Mrs. R Singh and Sr. S Tundzi during candle lighting

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INTERNATIONAL NURSES DAY

International nurses day was celebrated at Tongaat CHC by all staff members, dedicating the day to all nurses in the facility. Mr. Mthembu the guest speaker spoke about how much the community depends and trusts nurses with their lives. He further spoke about how then the nurses should try to be dedicated and honest in all times bring hope back to the community. Mr. Nkosi the Nursing service manager, spoke about professionalism and ethics in the nursing profession. Reminding all the nurses of why they chose and profession and what is expected from all nurses; he further thanked

all the nurses for their dedication and hard work he has observed over the time he has joined Tongaat CHC. Nurses lit the candles and read out the nurses pledge



before the programme ended. A special thanks to the partners for providing gifts for the nurses.

INTERNATIONAL NURSES DAY



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WORLD HEARING DAY

World hearing day for 2022, focused on the importance of safe listening as a way of maintaining good hearing. The theme, “*To hear for life, listen with care*” focused on the importance and means of prevention of hearing loss through the following key messages:

It is possible to have good hearing across the life course

Causes of hearing loss can be prevented

“Safe listening” can mitigate the risk of hearing loss associated with recreational sound exposure.

WHO calls upon government and private sectors partners to raise awareness to promote safe listening (World Health Organisation).



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TO HEAR FOR LIFE, LISTEN WITH CARE

The Tongaat CHC Audiology department led by Mr. T Pillay organized an awareness day on the 3rd March 2022 encouraging safe listening practices in waiting areas. Patients and staff were encouraged to participate in the hearing screening and testing. The theme of the day was “our ability to



hear helps us to connect with the world around us and take care of your hearing, once it hearing is damaged it cannot come back.” The programme was welcomed

by the patients who encouraged more on such educational events and campaigns. The young and old participated and gifts were given out to the participants.



MANDELA DAY 2022



Nelson Mandela International Day was established by the UN General assembly in 2009, and Madiba urged people all around the world to honour him by giving back to their communities. In 2022, the slogan “Do what you can, with what you have, where you are” was used to draw attention to the problems of food security and climate change.

This day offers everyone the chance

to heed the call to action encouraging them to recognize their own personal power to leave a mark and transform the world. Small gestures can spark a larger global movement for good change.



Each persons actions builds momentum for good change, spreading knowledge and extending the reach of Mr. Mandela’s values—Fighting injustice, providing for those in need and engaging in reconciliation. On this day the Tongaat CHC team contributed food parcels and personal care products to the flood victims being sheltered at the Tongaat Sports Centre. The flood victims have been at the hall for more than two months and were really grateful to the team. Whilst this team

was at the hall, the outreach team contributed warm meals to the community of Frasers which is also one of the most hit places by the floods in Tongaat.



TCHC CAMPAIGNS 2022



THE REHAB TEAM WITH MEMBERS OF THE STROKE SUPPORT GROUP.



WELLNESS GROUP ENJOYING EXERCISES BY THE PHYSIOTHERAPIST



TCHC CAMPAIGNS 2022



Youth Day Celebration by the AYFS team and the Audiologist raising awareness on safe sex, contraceptives and all the services available to the youth.



National, Provincial and District team visited Tongaat CHC for COVID-19 vaccination meetup with CHWs and community leaders.



Autism awareness day at the



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COMPLIMENTS

Compliment for Sr. V Naidoo from Acute services for her perfect attitude towards patients. She feels that this nurse is a good example of how nurses should behave. The nurse showed “Ubuntu” - Mrs. Mbethwa.

Compliment for nurse in Room 4 at Maternity. She has excellent patient care at all times—Miss Z Nkosi.

Compliment for Sr. Ngwane for the excellent service and the way she speaks—G Vadively.

EDITORIAL TEAM / DETAILS



NOMAKHOZA—PUBLIC RELATIONS OFFICER

