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health

Department:
Health

PROVINCE OF KWAZULU-NATAL

Uthongathi update



Inyanga yamagugu

Inyanga yamagugu eningizimu Afrika inyanga ehlonishwayo nethandwayo iwo wonke umuntu e ningizimu Afrika. Minyaka yonke usuku lango mhlaka 24 Kumandulo kusuke kugubhwa usuku lamagugu; no bum-bano eningizimu afrika. Umtholampilo waso thongathi uthathile ixhathu nawo ekuthenini ugubhe usuku lamagugu nokusebenza kahle ndawonye kwezinhlanga ezahlukahlukene. Lomgubho uhlanganise abasebenzi Kanye nezigulikekujabuleni ndawonye.



Abasebenzi base HAST.



Abasebenzi base khemisi beshaye ezamasiko abo.



Abasebenzi base Admin Block— Finance and Systems



Abasebenzi base Maternity



Tongaath CHC Staff during the traditional parade

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Breastfeeding Awareness Week *“scoring the winning goal for life.”*

Breastfeeding week started on the 1st to the 7th August 2014. The Nutrition services took the initiative to educate and inform the community of Tongaat.

ACTIVITIES FOR THE WEEK

01/08/2014—Magwaveni Community Hall

04/08/2014—Debate at Nkosibomvu High School

05/08/2014—Umbhayi Community Hall

06/08/2014—Event at Tongaat CHC

07/08/2014—Gwalas Farm



The breastfeeding mothers listening attentively.

Breastfeeding awareness week kicked off at Tongaat CHC with visits to the informal settlements in our catchment area; the debate with Nkosibomvu High School pupils showed to be a big success because it showed that teenagers now have insight on breastfeeding and the roles to be played when one has to face being a mother at an early age. Although breastfeeding importance was highlighted for the high school pupils abstinence was among the talks that were given by the employees of the KZN Dept. of health.



Ms. Z Mkhize (nutritionist) with a patient during the question and answer session.



Ms. N Nxumalo (District) honored the CHC with her presence

MMC Campaign *"I am circumcised. Now I am a man."*

Ever since the Male Medical Circumcision campaign was launched by the KZN Department of Health; traditional leaders and all stakeholders involved it has been a huge success.

This campaign has been ongoing; and the benefits of being circumcised has been highlighted but the best of all is that the KZN Department of health has made it free of charge for everyone.

Tongaat Community Health Centre engaged in an MMC Camp on the 8th October 2014 and 58 boys were circumcised. The opportunity given by the camp is not only for the purpose of circumcision but to as well educate and empower the school pupils attending the clinic.

While the boys were waiting in the queue the Oral Hygienist Ms. TY Mwelase gave a talk on oral hygiene; brushing techniques; flossing techniques, diet for oral hygiene and the importance of dental visits. Ms. QT Majozi the social worker also discussed substance abuse because of the high number of youth using drugs. She mainly focused on the mostly used drugs which are;

MARIJUANA, WHOONGA and ALCOHOL. The group was also informed of the Tongaat CHC Outpatient programme for substance abuse. The camp was a success and there was a huge interaction between the staff and the patients.



The boys listening attentively during the programme.

Ms. TY Mwelase (Oral hygienist) during the talk



Dr. B.M Roopsingh (Acting CEO and Medical Manager); Ms. H Nxasane (Finance Manager); Sr. P Moonsamy (OM—MOPD); MOPD Staff and the boys that were circumcised wearing their caps and t-shirts written "I AM CIRCUMCISED. NOW I AM A MAN."

Department of Health KZN

ETHEKWINI DISTRICT SPORTS ROADSHOW



Dr. BM Roopsingh; Ms. H Nxasane; Ms. L Mawela and Mr. S Mkhize during the

Ethekwini District sports committee planned a roadshow to visit different institutions before the sports tournament. The objective of the roadshow was to get all staff members and most importantly management involved in the sports activities that the staff members engage in. Tongaat CHC was amongst the institutions that were visited during the roadshow; this event was very successful with the visit from Mr. Dumisa (Manager—Staff Wellness). All staff members participated and had a great day.



Staff during aerobics.

For all your complaints, compliments, suggestions and comments on Tongaat CHC do not hesitate to contact the Public Relations and Communications Unit ;

Ms. Noma Khoza

(Public Relations Officer).