



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

TOWNHILL SPECIALISED PSYCHIATRIC HOSPITAL

TOWNHILL TALKS

NEWS

ONE TEAM, ONE PURPOSE, ONE TOWNHILL

APRIL-JUNE 2026

MESSAGE BY THE CEO



It is my pleasure to welcome all staff and readers to another edition of the Townhill Hospital Newsletter.

The past few months have been filled with meaningful activities that reflect our commitment to staff development, patient care, safety and building a positive working environment.

We proudly celebrated International Nurses Day, recognising the dedication, compassion and professionalism of our nursing staff. Nurses remain an essential part of our healthcare system, providing care and support to our patients and their families every day.

I would like to thank all our nurses for their continued commitment and valuable contribution to Townhill Hospital.

Safety remains a priority at our institution. We recently conducted a surprise mock fire drill in the Administration Block, coordinated by our Safety Officer, Mr. S. Sokhela, with the participation of the uMgungundlovu District Safety Office and the uMsunduzi Fire Department. The exercise provided staff with an opportunity to practice emergency procedures and, importantly, to receive practical guidance on fire safety and disaster preparedness. I commend everyone who participated and encourage all staff to remain familiar with our emergency procedures.

These activities remind us that Townhill Hospital is more than a place of healthcare delivery—it is a community of people who work together, support one another and remain committed to serving our patients with dignity, respect and compassion.

I would like to thank the organising teams, management, staff and everyone who continues to contribute towards making Townhill Hospital a place where excellence, teamwork and Batho Pele are lived every day.



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INTERNATIONAL NURSES DAY CELEBRATION

"Beyond the uniform: Dignity, Empathy and Mental Health Nursing"



Nursing Staff

The guest speaker, Mr Z Ngubane, a former Townhill Hospital employee, also shared valuable insights during the celebration. He emphasised the importance of accurate and proper record-keeping, particularly in preparation for hospital audits.

He highlighted that records should provide a true reflection of what is actually happening on the ground in the hospital. His message reminded the staff that accurate documentation is an important part of accountability, quality improvement, and ensuring that the excellent work being done by nurses is properly reflected and recognised.

The Townhill Hospital proudly celebrated **International Nurses Day** on 12 May 2026 in recognition of the dedication, compassion, and excellence demonstrated by nurses in delivering quality patient care.

The event was led by Ms Dlamini, Nursing Manager, together with the nursing team. The celebration was also attended by the EXCO members and the Hospital Board, who came to show their support and appreciation for the valuable contribution made by the nurses within the institution.

The event was a great success and highlighted the important role nurses play in promoting health and providing compassionate care of patients. During the celebration, awards were presented to outstanding nurses and departments in recognition of excellence in different areas of nursing practice.

Management expressed sincere gratitude to all nursing staff for their continued commitment, professionalism, and dedication to serving the community.



Mr Z Ngubane

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PHOTO GALLERY



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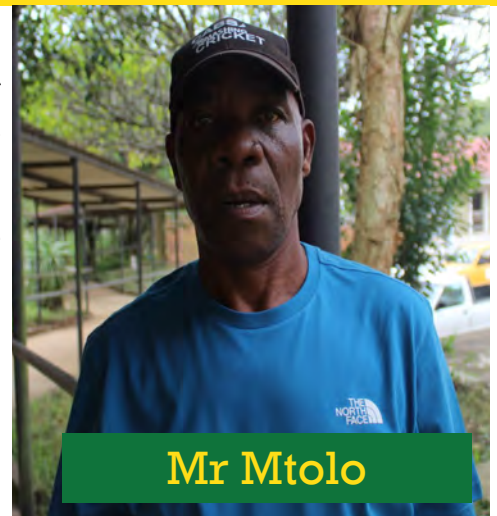
CELEBRATING RETIREMENTS

"HONOURING YEARS OF SERVICE"



Molly

Townhill Hospital recently celebrated the retirement of two long-serving and valued colleagues, affectionately known as "Molly" and Mr. Motolo Molly, from the Food Services Department, was more than just a colleague;



Mr Motolo

she was a mother figure to many. She was well known for her warm and caring greetings, often calling staff "my boy" or "my girl." Her kindness, dedication and nurturing spirit touched the lives of many employees and patients throughout her years of services. Mr. Motolo will also be fondly remembered for his

kindness, respect and cheerful personality. He was well known for affectionately calling everyone "Mtwana," a name that became synonymous with his warm and respectful nature.

Both colleagues made a meaningful contribution to Townhill Hospital, and their presence will be greatly missed.

Their years of loyal service, compassion and commitment have left a lasting legacy within the hospital community.

We sincerely thank Molly and Mr. Motolo for their dedicated service and wish them both happiness, good health and many wonderful moments as they begin this new chapter of their lives.

Enjoy your retirement! You will be dearly missed.



PHOTO GALLERY



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HEALTH AND SAFETY FIRE DRILL

"DON'T PANIC, PRACTISE—FIRE DRILL SAVES LIVES"

On 28 April 2026, Mr. Sokhela, the Townhill Hospital Safety Officer, organized a surprise mock fire drill in the Administration Building. The purpose of the drill was to assess the hospital's emergency preparedness, test the effectiveness of the evacuation procedures, ensure that staff knew how to respond during a fire or other emergency, and identify areas requiring improvement.

The Msunduzi Fire Department and the uMgungundlovu District Safety Officer were also invited to participate in the drill. Staff evacuated the building and proceeded to the designated assembly point in an orderly manner.

At the assembly point, the fire department identified gaps in the evacuation process and provided guidance on how these could be addressed. Staff were also educated about fire safety procedures and other disasters that may occur in the workplace.

The session emphasized the importance of remaining calm, following emergency instructions, assisting vulnerable people and

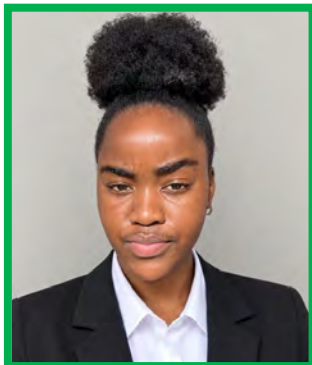
reporting to supervisors for accountability during an emergency.

The drill was a valuable learning opportunity and highlighted the importance of regular emergency preparedness exercise to help ensure the safety of all staff, patients and visitors at Townhill Hospital.



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