



# UGU

# NEWS

APRIL-JUNE 2022

## UNGQONGQOSHE UVAKASHELE ISIFUNDA UGU EMVA KWENHLEKELELE YEZIKHUKHULA



### UNGQONGQOSHE WEZEMPILO KWAZULU NATAL U NOMAGUGU SIMELANE UVAKASHELE EMIYE YEMINDENI ELAHLEKELWE IZIHLOBO NGENXA YEZIKHUKHULA EZIHLASELE ISIFUNDAZWE

Zishiye inhlekelele izikhukhula ezihlasele iKwaZulu Natal ngenyanga ka April 2022, njengoba imindeni eminingi yasala dengwane eminye yalahlekelwa izihlobo zayo. Lezizikhulula zidale umonakalo omubi bakhulu kulesiFundazwe. Kulimale

imigwaqo, kwamuka izindlu, kwabhidlika namabhuloho. Lesi kube isimo esingesihle ebesingalindelekile ikakhulukazi njengoba leli likhahlazemekile ngenxa yesifo iCOVID-19. Abaningi kuleli balahlekelwe imisebenzi ngenxa yokuvalwa kwamafemu kanye

nezinye izindawo zokusebenza.

IsiFunda Ugu singesinye kwezikhahlamezekile kulezizikhukhula. U Ndunankulu wakwaZulu Natal ube esejuba ithimba loNgqongqoshe ukuba bahambele zonke iziFunda ukuyohlola isimo kanye nomokalalo.

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# ZISHAYE KWEZWELA IZIKHUKHULA OGWINI NJENGOBA KUNEMINDENI ESALE DENGWANE



U Ngqongqoshe weZempilo u Nomagugu Simelane epehezela ubuholi basoGwini evakashele imindeni esale ikhala eminye yasala dengwane ngenxa yezikhukhula ezinzima ezihlase isiFundazwe sakwaZulu Natal

OGwini kujutshwe uNgqongqoshe wezeMpilo KwaZulu-Natal uMhlonishwa uNomagugu Simelane njen-goba ehole ithimba leziMeya, abaholi besiFunda kanye neziphathimandla zeminyango eyahlukahlukene. Baqale ngokuhlala emhlangwan-weni uMhlonishwa wathola umbiko opehele ngo-monakalo odaleke kwingqalasizinda nasemphakathini ayezowedlulisela kuNdunankulu uMhlonishwa uSihle Zikalala.

Lokhu kwenzeka nje umphathi weZempilo kwisiFunda Ugu ujube abasebenzi abaqondene nokubhekelela izakhiwo ukuyohlola umokanalo owenzekile ezibhedlela kanjalo nasemitholampilo. Uphinde wa-zihambela yena mathupha ukuyobheka imiphakathi ehlezi emahholo ahluukahlukene ukuthola labo abangase badinge usizo lwezempilo kanjalo nokutha-tha imibiko mayelana nezinseselele ababhekene nazo ukuze kudluliselwe kweminye iminyango engani-

Kuloluhambo uNgqongqoshe uzibonele mathupha imindeni esale dengwane ngenxa yokukhukhuleka kwezindlu kwamuka namalungu emindeni nezihlobo.

Isimo besingesihle neze njengoba imindeni ibikhala mi izinyembezi ngoba ingazi ukuthi izobhekana kan-jani nalesisimo, kodwa ukufika kwabaholi kubuyise ithemba kanjalo nokubona ukuthi kanti ababodwa kulesisimo

Kuphinde kwahanjelwa indawo yaseMdoni njengoba kuguguleke umgwaqo u R102 odlula esibhedlela I GJ Crookes, ukuyohlola isimo kanjalo nokubheka ukuthi kungahleleka kanjani ukulungisa okonakelele ukuze izinto zibuyekele esimweni.



## UGU HEALTH DISTRICT DIRECTOR'S CORNER



Mrs Linda Dlamini-Ugu Health District Director

The district was struck by disaster in April 2022, and as if that was not enough deadly disaster struck again in May 2022. Lives and livelihoods were lost during these disasters rendering our communities vulnerable.

Lots of efforts saw different departments and organizations rising up and working together to curb the suffering that Ugu District citizens were facing.

Health services were taken to shelters where displaced communities were housed. Together we shall conquer all adversities that come our way.

The table below depicts the number of people serviced in shelters.

NAME OF SHELTER	NUMBER OF CLIENTS SERVICED
NQOLOBANE	8
NGUZA	5
UCC	14
JESUS	13
SCOTTBURGH HALL	11

Relations and working partnerships that forged during this period of disaster will be continuously utilized to ensure that our communities are well serviced. The department is trying with all its might to expand community based services, so that people receive health services near to their homes by establishing medicine pick up points, using ward based primary health care outreach teams including community health workers.

Ugu Health Facilities were not spared in the destruction as some facilities experienced damages, access to some facilities were hindered as bridges were washed away. However health services were rendered despite challenges.

We thank all health workers for demonstrating bravery and putting people first in ensuring continuum of care.



One of the bridges which were washed away in Ugu

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KwaZulu-Natal Department of Health



KZN Department of Health



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**GROWING  
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TOGETHER**

# UMDONI SUB-DISTRICT AND GJ CROOKES VACCINATION DRIVE WITH HEALTH SERVICES TO TVET COLLEGES



TVET College students accessing services



GJ Crookes PRO Mr Thabiso Mbanjwa



Students during health awareness session on the day



TVET College security personnel, District Office staff and a student

As part of Phuthuma Week which was planned by the Provincial Office for all the districts in KwaZulu Natal, Ugu Health District embarked on TVET Colleges vaccination drive and Health Care services provision for students.

This campaign was held in May 2022 where health workers had to go out and find clients for the purpose of bringing them back to care and also to find those who hardly visit health care facilities.

District Office and Umdoni sub-district visited two TVET Colleges, that is Ubhle Bogu in Umkhunya and As Salaam at Bremer. PHC Manager Ms Nonyameko Tibe made sure that all outreach health services were available for all four days, so as to cover all the students in providing different services that were needed.

Principals for these colleges were very excited to work with the department and they made sure that they mobilized as many students as they come for all the days. More than 500 students were seen during this outreach, most of them were taking Covid-19 vaccination as health awareness education was given in the morning before the provision of services, which assisted students to see the need for taking the vaccine. Family planning was also the key service for these four days and students were happy to engage with health care workers in different topics. They got the opportunity to ask questions on sexual reproductive health. While these activities were taking place, District Management and Programme Managers were visiting the facilities to check the operations and also to closely monitor how things are done making sure that clients are being taken care of.

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# DISTRICT OFFICE PROVIDES WATER IN HEALTH CARE FACILITIES TO OVERCOME UGU WATER ISSUES



Ugu Health District Water Tank Truck which is assisting facilities to provide water during water crisis.



Ugu Health District Office Water Tank installed to assist whenever there are water issues

All facilities are having water tanks, and this is a great improvement in terms of infection prevention and control. It was very difficult for the facilities to operate without water as they are seeing clients on a daily basis.

It is also a great pleasure to announce that the District Office was able to install water tanks which have been in use since May 2022. Senior Management took this decision with the aim of improving daily operation as it is difficult to keep the employees in an office without water.

Ugu Health District Office Manager, responsible for daily operation of the Office and FPS Mrs Vamsile Sakyiamah said, this was a relief for every one who mostly spend time in the office as the office can now request a truck to fill water tankers whenever there are water issues in the Municipality. Even though the focus is on the facilities which are daily servicing the community but the office also benefits.

To overcome water outage challenges in Ugu Health District Facilities, Head Office Fleet Department procured the water tank truck to make the situation better.

The truck is stationed in one of the facilities in Ugu and it is controlled by District Office Fleet. It is servicing all facilities in the district ie Hospitals, Clinics, Forensic and Pathology Services, Emergency and Ambulance Services and the District Office. Those who are experiencing water problems contact the district and the truck goes around to those facilities as it is available every day to assist those who are in need.

“Before the tanks it was very difficult for the management to keep staff members in the office on days where the municipality is experiencing water problems. This was disrupting daily operations of the office as staff would be released early because of hygiene issues” said Sakyiamah.

every drop counts



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# INTERNATIONAL NURSES DAY



Port Shepstone Regional Hospital Drum Majorates was part of the International Nurses Day Event which was organized by DENOSA at Prince Mshiyeni Memorial Hospital. They got the opportunity to lead delegates who were attending this special event. The MEC for Health, Ms Nomagugu Simelane gave words of encouragement to nurses who attended the event.

Nurses were reminded that they are the backbone of the health sector, and that they must continue to give excellent service to patients who are visiting health care facilities on a daily basis.



A Special  
**"THANK YOU"**  
 to all **NURSES**  
 for saving lives everyday.  
 There is NO US without YOU.

#HappyNursesDay



**NURSES**  
**BACKBONE**  
 are the  
 of the health sector and make us proud everyday.

**Thank you for your remarkable work**

#HappyNursesDay



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# DISTRICT OFFICE AND BHOBHOYI CLINIC INVITES MEN TO HEALTH CARE SERVICES



Bhobhoiyi Area community during the awareness event



Bhobhoiyi Area community during the awareness event



Promed giving health services during the awareness



Bhobhoiyi Clinic staff members

The majority of adult men were not seeking primary health care services in time which causes the delay in treating them when they are sick.

Ugu Health District and Bhobhoiyi Clinic recently had an awareness event which was focusing mainly on men to encourage them to seek primary health care services and to regularly visit the clinics just to do check ups even if they are not sick. This will assist in preventing opportunistic diseases and also to get treatment early.

On this day, the department focused on raising awareness on prostate cancer, mental health issues, diabetes, etc. More than 100 people attended the event they were encouraged to shop different services as they were specifically available for the event. The clinic was also operating on this day and clients were continuing to access their normal services and collect.

Even though the event was attended mostly by women, men who were present got the opportunity to learn more about prostate cancer and they were screened for it. Some men do not know about prostate cancer. District Non Communicable Diseases Manager Mrs Nonduduzo Ndlovu is encouraging all clinicians to educate every men visiting the clinic about these diseases as this will assist in early detection.

Partners supporting Ugu Health District were also presented in this event, they worked with the department in providing the services. A special thanks to Promed who provided refreshments for the community who attended the event.



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# IMPORTANT TIPS FOR MEN

- ◆ Eat a healthy diet.
- ◆ Stay at a healthy weight.
- ◆ Get 7 to 8 hours of sleep.
- ◆ Be physically active.
- ◆ Don't smoke.
- ◆ If you drink alcohol, have no more than two drinks a day
- ◆ Have regular checkups at your nearest clinic, even if you feel okay
- ◆ Schedule an appointment with your doctor when something doesn't seem right
- ◆ Know your family history – and share it with a health care provider at your nearest clinic
- ◆ Give yourself permission to take a break
- ◆ Ask your health care provider at your nearest clinic about cancer screenings

**Take charge of your health, gents. The sooner you do it, the better.**

**It's not cool for a guy to wait until he's 50 to visit the health facility**

**MASISONDELE EMT HOLAMPILO MAJITA**

## Five Common Warning Signs of Prostate Cancer

- ◆ Pain and/or a "burning sensation" when urinating or ejaculating.
- ◆ Frequent urination, especially during the night time
- ◆ Trouble starting urination, or stopping urination once in progress
- ◆ Sudden erectile dysfunction
- ◆ Blood in either urine or semen



## UGU HEALTH DISTRICT PERMANENT VACCINATION SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	KwaMbunde Clinic	08h30–15h00
Ray Nkonyeni	Thembalesizwe Clinic	08h30–15h00
Ray Nkonyeni	Izingolweni Clinic	08h30–15h00
Ray Nkonyeni	Bhobhoyi Clinic	08h30 - 15h00
Ray Nkonyeni	Mthimude Clinic	08h30 - 15h00
Ray Nkonyeni	Murchison hospital	08h30 - 15h00
Ray Nkonyeni	Gamalakhe CHC	08h30 - 15h00
Ray Nkonyeni	Gcilima Clinic	08h30 - 15h00
Ray Nkonyeni	Mvutshini Clinic	08h30 - 15h00
Ray Nkonyeni	Ludimala Clinic	08h30 - 15h00
Ray Nkonyeni	Ntabeni Clinic	08h30 - 15h00
Ray Nkonyeni	Bhomela Clinic	08h30 - 15h00
Ray Nkonyeni	Braemer Clinic	08h30 - 15h00

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# UGU DISTRICT VACCINE PERMANENT SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	Margate Clinic	08h30 - 15h00
Ray Nkonyeni	Port Edward Clinic	08h30 - 15h00
Ray Nkonyeni	Marburg Clinic	08h30–15h00
Ray Nkonyeni	Port Shepstone Clinic	08h30–15h00
Ray Nkonyeni	Umtentweni Clinic	08h30–15h00
Ray Nkonyeni	Madlala Clinic	08h30–15h00
Ray Nkonyeni	Southport Clinic	08h30 - 15h00
Ray Nkonyeni	Port Shepstone hospital	08h30 - 15h00
Umzumbe	Assisi Clinic	08h30 - 15h00
Umzumbe	Nhlalwane Clinic	08h30 - 15h00
Umzumbe	Phungashe Clinic	08h30 - 15h00
Umzumbe	Ntimbankulu Clinic	08h30 - 15h00
Umzumbe	Khayelihle clinic	08h30 - 15h00
Umzumbe	Mfundo Arnold Lushaba CHC	
Umuziwabantu	Santombe Clinic	08h30–15h00
Umuziwabantu	Mbotho Clinic	08h30–15h00
Umuziwabantu	Meadow sweet Clinic	08h30–15h00
Umuziwabantu	Gateway Clinic	08h30–15h00
Umuziwabantu	Harding Clinic	08h30–15h00
Umuziwabantu	Pisgah Clinic	08h30–15h00
Umuziwabantu	Elim Clinic	08h30–15h00
Umuziwabantu	Weza Clinic	08h30–15h00
Umuziwabantu	Mbonwa Clinic	08h30–15h00
Umuziwabantu	Kwajali Clinic	08h30–15h00
Umuziwabantu	Xhamini Clinic	08h30–15h00
Umuziwabantu	St Andrew's Hospital	08h30–15h00
Umdoni	Dududu Clinic	08h30–15h00
Umdoni	GJ Crookes hospital	08h30–15h00
Umdoni	GJ Crookes Gateway clinic	08h30–15h00
Umdoni	Umzinto clinic	08h30–15h00
Umdoni	Mgangeni clinic	08h30–15h00
Umdoni	Dlangezwa clinic	08h30–15h00
Umdoni	Philani clinic	08h30–15h00
Umdoni	Scottburgh clinic	08h30–15h00

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# UGU HEALTH DISTRICT MANAGEMENT



Ugu Health District Senior Management, Mr J Mndebele, Chief Director District Services with Ms Mari Miller and Ms Jenet Venter from Japan who were in Ugu District to introduce a Project on Health Financing Management at the District Level. Ugu is a designated learning sites for the project. The project is introduced by National Department of Health as the country is preparing to move to National Health Insurance

## ACKNOWLEDGEMENTS

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