



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

UGU HEALTH DISTRICT DISTRICT OFFICE

UGU

NEWS

APRIL-JUNE 2024

KUPHENDULWE ISOYI LOMTHOLAMPILO ENDAWENI YASE NYAVINI



U Nqongqoshe weZempilo uMs Nomagugu Simelane ephendula isoyi loMtholampilo kuMasipala uMzumbe eNyavini

Kuphendulwe isoyi lokwakhiwa koMtholampilo endaweni yaseNyavini kuMasipala uMzumbe. Lokukuphendulwa kwesoyi kulandela izicelo ezenziwa umphakathi wakulendawo ngokubuka izindingo zezempilo ngenxa yokuthi imitholampilo eyakhele lendawo ikude kakhulu njengoba ibanga leville kumakhilomitha ayishumi.

Lomcimbi ububanjwe ngomhlaka 17 May ku 2024 endaweni lapho kuzokwakhiwa khona umtholampilo. Lomcimbi wokuphendulwa kweSoyi ubuhanjwele aboMnyango weZempilo kwisiFundazwe, uMasipala Ugu, uMasipala

uMzumbe, ababebenzi boMnyango weZempilo kwisiFundu Ugu oholwa uNkk Linda Dlamini, kanye nabaningi abasuka ezindaweni ezihlukene. Inkosi yendawo uNgcobo, iKhansela uNgcobo kanye nobholi bendawo bawuthakasele kakhulu lomcimbi njengoba nabo bebeyizicukuthwane zosuku.

Amukela umphakathi uNkosi uNgcobo ubonge kakhulu uMnyango weZempilo kanye noNqongqoshe ngokuletha umtholampilo endweni yabo.

Iya ekhasini 2

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UMPHAKATHI WASENYAVINI USITHOKOZELE ISIBHEDLELA KUBANTU NGENKATHI KUPHELWA ISOYI



UNqongqoshe uNkz Nomagugu Simelane ethula odokotela abazosebenzela umphakathi kowesoyi eNyavini

Ubalule ukuthi lomtholampilo uzowusiza kakhulu umphakathi njengoba kungelula ukufinyelela ezikhungweni zezempilo eziseduze kwase Nyavini. Ube esegcizelela ukuba umphakathi usihloniphe isakhiwo ngoba esawo sizosiza wona, uphinde uhloniphe nangesikhathi sokwakiwa kungahlukunyezwa kuphinde kuphazanyiswe abasebenzi. “Nikhumbule ukuthi sesiside isikhathi silindile njengoba kade safakwa isicelo sokuthi sakhelwe umtholampilo, ngakho ke kumele sikujabulele lokhu futhi sikwamukele ngezandla zombili.” kuqhuba Inkosi.

Ethula inkulumo yakhe yosuku uNqongqoshe weZempilo KwaZulu Natal uNkz Nomagugu Simelane, uqale ngokwethula usonkontileka okunguyena owakha umtholampilo waseNyavini. Lelisoyi liphendulwa nje vele nezinhlelo zokuqala ukwakha bese ziphuthuliwe njengoba kuyimanje ukwakha kuqhubeka. Uthe ezempilo zibaluleke kakhulu emphakathini, yingakho yonke imiphakathi kuyilungelo layo ukuba ikwazi ukufinyelela ezikhungweni ngendlela elula, ngale kokuchitha izimali ezinkulu kugitshelwa izimoto ukuze kutholakale ukwelashwa.

“I Nyavini umtholampilo weshumi nanye esizophendula iSoyi kuwo kusukela kuqale lonyaka. Si-zama ukuthuthukisa ezempilo emiphakathini yakithi, sithi sikhuluma ngokuphila ngokuzinakekela kubantu kube kulula nokuthola ezempilo.” kuqhuba uSimelane.

Ube esethula nethimba lodokotela nathe bangamashumi amahlanu, abaqashelwe ukusiza imiphakathi. Uphinde waqasha abantu bomphakathi abangamashumi amabili nanhlanu abangene kwinkontileka yona le eyakha umtholampilo ukuze baxoshe ikati eziko. Evala inkulumo yakhe ugcizelele ukuthi lomtholampilo ozothatha isikhathi esingangezinyanga eziyishumi nesishiyagalombili-18 wakhiwa, uzovulwa izinsuku eziyisikhombisa evikini.

Ngalolusuku umphakathi wakulendawo ukuthokozele kakhulu ukuba khona kwesibhedlela kubantu njengoba bekukhona yonke inhlobo yodokotela kanye nalo lonke usizo lwezempilo kulomcimbi. Uphinde wajabulela isihlabani sendawo esidume ngelikaBahubhe, isihlabani somculi wokholo u-Ayanda Ntanzu, Amawele ase-Chesterville kanye nabanye abaningi.

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KUPHENDULWE ISOYI ENYAVINI SIXOXA NGEZITHOMBE



Inkosi Ngcobo, iMeya Mqadi, uNqg uNkz Nomagugu Simelane kanye noSomlomo woGu uCllr Sizwe Ngcobo



UNKz Sphumelele mlambo kuhlelo le Health Chat



Umphakathi usithokozele iSibhedlela kuBantu



U Ayanda Ntanzu ushukumise umphakathi



UNKsz Andisiwe Bauer kuhlelo lwe Health Chat



UGU HEALTH DISTRICT DIRECTOR CORNER



Mrs Linda Dlamini-Ugu Health District Director

As we embrace the chill of the mid-year and look back on the months of April, May, and June, we reflect on a period marked by dynamic health initiatives and a momentous national event: the South African elections. This quarter has been a testament to our resilience and commitment to public health amidst a landscape of change and progress.

Health Calendar Highlights

April was a month of renewal and awareness, beginning with our observance of World Health Day on April 7. This year's theme, "Health for All," echoed the core values of our department's mission. Across Ugu District, we conducted a series of community health fairs and educational workshops aimed at enhancing knowledge on preventive care. Our mobile clinics made significant strides in reaching remote areas, providing essential services like vaccinations, health screenings, and wellness check-ups. The response from the community was

positive underscoring the importance of accessible healthcare.

May brought an opportunity to focus on mental health, particularly during Mental Health Awareness Month. We collaborated with local schools, workplaces, and community centers to host workshops and seminars that addressed mental health challenges and promoted well-being. Our efforts included launching a new mental health hotline, providing a crucial support system for those in need. The workshops were met with enthusiastic participation, highlighting the growing recognition of mental health as a vital component of overall wellness.

June was a pivotal month with the observation of National Blood Donor Month. Blood donation drives were organized throughout the district, and the generosity of our residents was heartening. We saw a significant increase in donations, which will undoubtedly save lives and support our in

healthcare system crucial times. The success of these drives is a testament to the community's spirit and willingness to contribute to the common good.

The South African Elections

The South African elections held during this quarter have been a defining event for our nation. The electoral process was a period of intense activity and reflection, and it brought to light the critical role that health policies and services play in our society. Our department maintained a vigilant stance to ensure that healthcare services remained uninterrupted during this period. We also actively participated in civic discussions on health-related issues, advocating for policies that would enhance our healthcare infrastructure and support our community's needs.

The elections not only shaped the political landscape but also set the stage for future developments in healthcare. We anticipate that the new administration will prioritize health reform and allocate resources to address the pressing health concerns of our district. We are optimistic that the new leadership will support initiatives that aim to reduce health disparities and improve overall health outcomes.

As we move forward into the next quarter, our focus will remain on building upon the successes of these past months. We will continue to address the evolving health needs of our community and advocate for policies that promote health equity. Our commitment to providing high-quality, accessible healthcare remains steadfast, and we are excited to embark on new projects and initiatives that will benefit the residents of Ugu District.

In closing, I extend my heartfelt gratitude to our dedicated healthcare professionals, community partners, and residents. Your unwavering support and active participation are the cornerstones of our success. Let us continue to work together towards a healthier, more vibrant Ugu District.

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“GRADUATE ALIVE” WAS THE THEME FOR DEPUTY MINISTERS VISIT AT GAMALAKHE TVET



Students and officials during Deputy Minister of Health visit Dr S Dhlomo and Deputy minister of Education Mr B Manamela



Ugu Health Managers and Dr S Dhlomo

Gamalakhe TVET College recently had an event which was a dialogue between the students and two Deputy Ministers Dr Sibongiseni Dhlomo and Mr Bhuti Manamela. The dialogue came out from the question which was asked by the ministers which was saying “WHAT STOPS YOU FROM GRADUATING ALIVE).

Students shared their experiences and challenges. they were able to engage with different sectors as all departments, NGOs and other stakeholders attended the event. It was very clear that students are really going through a lot while they are striving to excell

in their studies. Some are scared to get help because they think they will be called names when they approach relevant structures.

Ugu Health District Director Mrs Linda Dlamini was given a platform to tell student about health services that are available for them in all health facilities. She encouraged them to visit the clinics. “Ugu Health facilities are having Youth Friendly Services Programme, which allows youth not to wait long queue when they are visiting the clinics. Students are encouraged to access that service.” continued Mrs Mrs Dlamini.

Deputy Minister Dr SM Dhlomo delivering his address encouraged students to take life step by step, he said they must learn to do first things first and not engage themselves wrong relationships. “Stop doing drugs, it is damaging your future. If you encounter any problems in life, seek help. There are so many departments who are willing to assist. Visit your nearest clinic for health care services. GRADUATE ALIVE.” Said Dr Dhlomo

Deputy Minister for Higher Health Education, Mr B Manamela encourage students to talk about their sexuality so that they will get assisted at an earliest stage.

The programme started with physical activity where everyone who attended the event joined the session which was led by the ministers.

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“GRADUATE ALIVE”

PHOTO GALLERY



Move for your health and healthy life style was the theme of the day at Gamalakhe TVET College. #graduatealive



Healthcare services on the day



Dr S Dhlomo giving his address



Healthcare services on the day



Mrs Linda Dlamini giving her address



EXPANDED PUBLIC WORKS PROGRAM TRAINING IN UGU HEALTH DISTRICT MOTIVATES EMPLOYEES TO DO THEIR WORK WELL



Group of EPWP personnel and facilitators



Mrs Sbusisiwe Cele facilitating at the training



Mrs Z Ndwandwe, Ms S Mthembu, Mrs S Cele and EPWP

Expanded Public Works Programme is playing a huge role in poverty alleviation for the community of Ugu District. This programme was introduced by the Provincial Department of Health 2011, has seen many people from different communities being offered the job for the period of 12 months working at the health facilities. Mrs Sbusisiwe Cele responsible for this programme confirmed that although it is a temporary relief, the programme provide skills and work experience to the unemployed individuals. "People of Ugu have benefitted a lot through the EPWP programme, it very touching how lives of Ugu families have transformed, I have witnessed individuals who have received permanent positions after getting experience through this programme". Said Mrs Cele.

To qualify, you need to be an unemployed youth at aged between 18 to 35, willing and able to work at the wage rate offered and you must reside in Ugu District. The new EPWP recruitment policy stipulates that Operation Sukuma Sakhe structures are now responsible for the recruitment through the indigent list. The responsibility of the EPWP personnel in health facilities are to clean garden, grounds and they also assist in the minor maintenance in a facility.

EPWP training, aims to empower all personnel employed to get knowledge, skills, values, fully understand and fulfil their roles and responsibilities. The training also motivate the EPWPs to perform their work well. The EPWP training is essential. It is a requirement and law that every EPWP personnel must be enrolled in a training before they start their work. It will be conducted for every new intake/group of every year.

The training comprises of Infection Control, Occupational Health and Safety, waste management and code of conduct, which also include ministerial determinants. These topics emphasized the roles that is played by both the employer and the employee.

All sub-district EPWP personnel was trained for the 2024/2025. the trainers are looking forward to meet the new group for the next financial year.

UGU HEALTH DISTRICT EMPHISISES ON YOUTH FRIENDLY SERVICES TO SAVE YOUTH



School children during their YFS event

The common problem faced by most health facilities is the underutilization of health service by adolescents due to many reasons such as lack of knowledge on the part of adolescents, high costs; and most prominently, poor quality of clinical services and unwelcoming services.

The programme allows young people to be involved in different activities which contributes positively and adds value to their learning and personal development.

AYFS is a strategy that addresses the health needs and challenges of the young people.

The Department of Health initiated Youth Zones in health facilities especially clinics. This programme allows the youth up to the age of 24 years not to follow the queue when they are visiting health facilities at that certain hour. Each facility is having a dedicated professional nurse who deals with the youth issues. Certain programmes are designed as per the facility as they are engaged in different activities. Ugu Health District is doing well for this programme. Youth is very excited as they find it very easy to visit the facilities when they have health problems.

Over and above, Ugu Health District facilities with School Health Teams implemented teenage pregnancy awareness's in Ugu District High schools. More than 14 schools have been visited on the first quarter and awarenesses are continuous. These visits are seeing more learners being engaged in different topics. Drug abuse, STIs, sexual reproductive health, teenage pregnancy are main topics for the programme of the day. Other stakeholders also joins the department for these awarenesses. School learners are being given the opportunity to access all health services during the awarenesses.



Ms Ayesha Ndala responsible for AYFS for Ugu Health District

Adolescence and Youth Friendly Services (AYFS) programme is one of many in South Africa aims to improve the sexual and reproductive health of young men and women.



UGU HEALTH DISTRICT TEAM AND THE CHIEF DIRECTOR MR J MDEBELE ON HIS SUPPORT VISIT



Ugu Health District support by the Chief Director, District Health Services Mr Jabulani Mdebele. From the left is Dr Femi Olowookorun, Mrs Jabu Tobo, Mrs Lorna Reddy, Mr Jabulani Mdebele, Mrs Linda Dlamini and Dr Thandekile Khumalo.

District management welcomed Mr Mdebele and the visit was a success

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