



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

UGU HEALTH DISTRICT

DISTRICT OFFICE

UGU

NEWS

APRIL-JUNE 2025

WAMUKELEKE NGEZANDLA EZIFUDUMELE UNQGON- QGOSHE WEZEMPILO ENDAWENI YAKWAXOLO



Umphathi weFunda u Nkk Linda Dlamini wamukele uNqgonqgoshe weZempilo uNksz Nomagugu Simelane

Wamukeleke ngezandla ezifudumele uNqgonqgoshe weZempilo uNkzs Nomagugu Simelane endaweni yakwaXolo.

Ngomhlaka 13 June 2025, uNqgonqgoshe uhloniphe isimemo somhlangano owacelwa iNkosi uXolo ngenhloso yokuzodingida izinsiza zezempilo ezifinyelela endaweni yakwaXolo iyonkana.

Indawo yakwaXolo inemitholampilo eyakhele, kodwa ngokubuka ukuba banzi kwendawo kuphinde kwakhiwa ezinye izakhiwo ezilekelela lemitholampilo lapho kufikela khona omahamba nendlwana ukuze kuqinisekiswa ukuthi umphakathi okude nemitholampilo uyanakekeleka ngokupheleleyo nangokwaneliseka.

Iqhubeka kwikhasi 2

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KUVAKASHE UNQGONQGOSHE WEZEMPILO ENDAWENI YAKWAXOLO



Inkosi yesizwe sakwaXolo kanye nomphathi siFunda bamukele uNqgongoshe esizweni sakwaXolo



Dokotela P F Shongwe ethula umbiko

Lezizakhiwo okuyiKhanyisizwe kanye noBhokodisa zakhiwa ngoxhaso olwalucelwa Inkosi yesizwe sakwaXolo.

Inkosi yesizwe icele uNqgonqgoshe ukuba lezizakhiwo zivulwe izinsuku ezizohlozwa ngesonto kunokuba zisetshenziswe njengezakhiwo ezifikela omahamba nendlwana ukuze kusizakale umphakathi oseduze. Isicelo sidluliselwe kumphathi siFunda



Inkosi yesizwe sakwaXolo inkosi Xolo

U Nkk Linda Dlamini kanye nomphathi womtholampilo omkhulu iGamalakhe u Dkt Phiwayinkosi Shongwe ukuba basicubungile.

Emva kokucubungula babe sebebuyisela impendulo komkhulu nalapho kwethulwe imibiko yokuthi lemtholampilo izovulwa okungenani kabili ngeviki izinsuku zilandelana. Inkosi yesizwe kanye nezinduna bawamukelile umbiko kanti ukusebenza sekuqaliwe

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NUMBER OF HEALTH PROMOTING SCHOOLS IS INCREASING IN UGU DISTRICT



Murburg Primary School children



Ms Ayesha Ndala delivering her speech

A health-promoting school (HPS) model is a comprehensive approach to improving the health and well-being of students, staff, and the wider community by integrating health-related initiatives into all aspects of school life. It moves beyond traditional health education to create a holistic environment that fosters healthy behaviours and positive social-emotional development.

Ugu Health District is excited to increase number of Health Promoting Schools in the district. This is achieved because of the integration, as the department involves all the stakeholder to this programme. Recently, Marburg Primary School and Mtwanungamziawe Secondary School were assessed by the province. The aim of the assessment is to make sure that all health related issues are followed by the school and the assessors also looks at the policies. Both of these schools accessed in this quarter got the status.

These are very exciting news as the district is seeing more schools willing to participate so that they will get the status as well. During the assessment all stakeholders are invited, that includes sister departments, municipality, community, parents, school governing board and they answer the questions from the assessors to give the confirmation that they are really working with the school and the department.



Health Promotion presentation

SCHOOL HEALTH: HEALTH PROMOTING SCHOOL



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UGU HEALTH DISTRICT DIRECTOR'S CORNER

Ugu Health District: A Resilient Start to the 2025/26 Financial Year



Mrs Linda Dlamini: DISTRICT DIRECTOR

As we close the first quarter of the 2025/26 financial year, I reflect with both pride and humility on the journey we have walked as a district. Ugu continues to embody resilience, service, and compassion even in the face of adversity.

This quarter tested our capacity and unity. The district was struck by severe storms and localized flooding that impacted households and disrupted access to healthcare in some areas. In true spirit, our teams responded swiftly, deploying mobile clinics and emergency response units to ensure no community was left behind. I commend our disaster response teams, infrastructure management unit, and community health workers who braved the elements to restore services and support affected families.

Despite these challenges, our core health programmes remained active. In alignment with the National Health Calendar, we rolled out integrated campaigns across all subdistricts. These included TB and HIV screening as a follow up after the commemoration of the international TB day that was hosted by the National Cabinet in Ugu, maternal and child health outreach during the women's month, population day and Africa vaccination week, and intensified non-communicable diseases (NCDs) education through clinics and community radio platforms. We also strengthened HPV vaccination drives for

young girls in partnership with the Department of Education and monitored progress toward our immunization targets

Importantly, we officially launched the "Closing the Gap: 1.1 Million Campaign" a bold national drive aimed at reaching over one million people who are either undiagnosed or not retained in care for HIV. As Ugu Health District, we have committed to playing our part by intensifying targeted community testing, tracing defaulters, and linking them back to care. Our success in this campaign depends not only on healthcare providers but on the active participation of every community member. We urge everyone to know their status, adhere to treatment, and support others to do the same.

This quarter also marked several key observances that allowed us to reconnect with our values as a health system:

Easter Holidays came with increased mobility and social gatherings. We activated emergency response plans across major routes and hosted health awareness pop ups focused on road safety, substance abuse, and prevention services.

On Mother's Day, we celebrated women as pillars of our communities. Clinics hosted special wellness days for mothers, offering cervical cancer screening, wellness checks, and mental health support. The district in partnership with OSS and DDM participated in Anti GBV activities that stretched across the district supporting victims and empowering at risk communities.

International Nurses Day on May 12th gave us an opportunity to honour the backbone of our healthcare system which is our nurses. Their dedication, especially during emergencies and after hours services, continues to inspire and sustain the health of our district. All health facilities had different degrees of activities dedicated to this day.

During Youth Month in June, we amplified youth-friendly health services, conducted school health visits, and hosted dialogues with young people on topics such as mental health, sexual and reproductive health rights (SRHR), and gender-based violence. The voice of the youth is central in shaping services that reflect their realities and dreams.

In addition, we began the financial year with renewed commitment to health systems strengthening. We launched capacity building workshops for facility managers on performance management, financial compliance, and patient centred care.

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UGU HEALTH DISTRICT DIRECTOR'S CORNER

Ugu Health District: A Resilient Start to the 2025/26 Financial Year

The District Health Management Team (DHMT) finalized our performance improvement plans to address backlogs, expand outreach coverage, improve chronic disease control and signed off the annual performance report for the district.

I would like to extend my sincere gratitude to our partners traditional and political leaders, municipalities, NPOs, CBOs, religious institutions, and civil society who have consistently supported health promotion activities and community mobilization efforts.

As we move into the second quarter, our focus will remain on accelerating health service delivery, deepening community involvement, and preparing for winter related health challenges. Let us continue to work together as government, communities, and partners to build a healthier, more resilient Ugu.

Together, we heal, serve, and grow.

COMPLIMENT TO UGU HEALTH DISTRICT DIRECTOR, FROM a COMMUNITY MEMBER

Subject: SISTER DLAMINI'S EXCEPTIONAL SERVICE

Dear Sir/Madam

I hope this email finds you well

I write to express my deep gratitude and appreciation for the exceptional service provided by Sister Dlamini, the Ugu District Manager.

Sister Dlamini has consistently demonstrated remarkable professionalism in her work, always stepping in to resolve any challenges or problems we face with the Department of Health in Ugu.

She has been a reliable source of support for the Turton, Portshepstone and Gamalakhe Health Facilities, among others.

Her dedication to her role and to the well-being of the Ugu community is truly admirable, and I believe it is important to acknowledge and appreciate such excellence.

I wish to extend my heartfelt thanks for her remarkable service and kindness. May God Bless her with continued good health and success in her endeavours.

It is essential to have individuals like Sister Dlamini in our community who prioritize professionalism and compassion in their work

Thank you for your time and consideration.

Kind regards

Sibu Ncane



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DEPARTMENT OF HEALTH IN UGU ENCOURAGES MOTHERS NOT TO MISS VACCINATION FOR THEIR CHILDREN



African Vaccination Week is mainly a crucial reminder of the life-saving power of all vaccines. Normally National Department of Health organize events or awarenesses to commemorate Africa Vaccination Week which is in the last week of April(24-30 April).

The theme for Africa Vaccination Week in 2025 is **"Immunization for All is Humanly Possible"**. The slogan accompanying the theme is **"Vaccinated Communities, Healthy Communities"**. This theme emphasizes that achieving universal immunization is a realistic and achievable goal.

The country is now having vaccines to prevent more than 20 life-threatening diseases, helping people of all ages to live longer and healthier. All Ugu facilities embarked on a campaign during this week. So many activities were done in making sure that parents are

Invited to bring their children for vaccines. All outreach teams were going out looking for children.

Commemoration of Africa Vaccination Week in raise awareness to improve uptake of the life course vaccines. Continuous information-sharing to communities is always vital. The risk of not taking vaccines are also communicated. Health workers are always empowered through meetings and trainings so that it will be easy for them to communicate the message to all stakeholders and communities.



1.1 MILLION CAMPAIGN FOR HIV CLIENTS

KZN is on a mission to find 117 000 people and bring them back to treatment by the end of the year. This was announced after the Minister of Dr Aron Motswaledi launch 1.1 million campaign. The campaign seeks to identify and support the 1.1 million people living with HIV who know their status but are not yet on treatment, addressing a critical gap in the country's HIV response.

The 1.1 million individuals not yet on treatment or who disengaged from treatment represent a significant challenge in achieving the second 95% of the 95-95-95 strategy—ensuring that 95% of all people diagnosed with HIV are initiated on ART. Without this milestone, the third 95%—achieving viral suppression—will remain unattainable.

The Province of KwaZulu-Natal has approximately 1.5 million people who are stable on ARVs,

but the Department is now on a mission to find thousands more who have stopped treatment for various reasons.

While the Department intensifies its Close the Gap efforts, anyone wishing to return to the ART programme is encouraged to visit their local clinic and speak to a healthcare worker.

Ugu Health District is part of the campaign, out of 117 000 people for the Province of KwaZulu Natal the district has been given its target. Facilities and outreach teams are working tirelessly in making sure that they find these people and bring them to care. Mini campaigns are organised, meeting with community structure and stakeholders are key for the district in making sure that target is reached.

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YOUTH ACTIVITIES IN UGU HEALTH DISTRICT DURING THE YOUTH MONTH FOCUSED ON 1.1 MILLION CAMPAIGN



Youth Day in South Africa, celebrated annually on June 16th, This is the time to reflect on the role of youth in shaping the nation's future and to promote health education initiatives that empower young people. These initiatives often focus on areas like HIV prevention, teenage pregnancy, mental health, and access to healthcare services.

All facilities engaged on activities focusing on youth programmes. 1.1 million campaign where the department is inviting clients back to care, was one of the important issue. The department cannot ignore the fact that, there is youth out there who were initiated on ARV treatment but did not continue with the treatment. This campaign is focusing to those clients and youth must also benefit. The activations also raised awareness on HIV/TB treatment, Zikhala Kanjani HIV prevention strategy and the provision of comprehensive package of services specifically for youth by the

department and partners. A high teenage pregnancy rate that leads to the risk of high HIV prevalence is always a problem in KwaZulu Natal, that is why it is important to emphasise on health education especially on prevention measures. These events was conducted on different dates for the month of June in Ugu District. Youth attended in numbers and they were so willing to access all the services. Youth Zones were also launched in different facilities.

The integration of departments, stakeholders, community leaders, civil society, local leadership, partners was critical and all activities and engagements were successful.



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UGU HEALTH DISTRICT OFFICE CELEBRATED YOUTH DAY

Ugu Health District Office staff commemorated youth day on the 13 June 2025. Youth Day, as it is popularly known, is a day in which South Africans honour the youth that was ambushed by the apartheid regime police in Soweto on 16 June 1976. Youth Day serves as a powerful reminder of the courage and strength young people bring to society.



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