



health

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LUSAQHUBEKA NGENDLELA UHLELO LUKA SUKUMA SAKHE OLUHOLWA UNDUNANKULU KWAZULU NATAL



UNQGONQGOSHE WEZEMPILO U DR S.M. DHLOMO, INKOSI YENDAWO YASE KENTERTON INKOSI F MKHIZE, ILUNGA LESIGUNGU ESIPHEZULU KUMKHANDLU UGU UCLLR A. D. NGUBO KANYE NO MEYA WASE MUZIWABANTU U CLLR D. NCIKI

INSIDE THE ISSUE



OSS Cabinet at Umdoni



Wellness Campaign Launch



Ugu District World Aids Day

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

UVAKASHELE E KENTERTON UNGQONGQOSHE NGOHLELO LUKA SUKUMA SAKHE



Umphakathi wase Kenterton uphume ngobuningi bawo ukuzoxoxisana noNgqongqoshe weZempilo

Lusaqhubeka kahle uhlelo luka Sukuma Sakhe ol-waqalwa owayenguNdunankulu waKwaZulu Natal uDr Zweli Mkhize. Lokhu kulandela uhambo lukaNdunankulu waKwaZulu Natal uMnumzane Willies Mchunu kanye nabobonke oNgqongqoshe bakhe, namalunga esishayamthetho lokuvakashela umphakathi wa-kuMasipala uMdoni ngomhlaka 31 October 2018, uku-zoxoxisana nomphakathi mayelana nokuhlinzeka kwe-zidingo ngqangi emphakathini. Ngalolusuku ama ward akuMasipala Umdoni avakashelwa onke, kanti uNgqongqoshe weZempilo uDr S.M. Dhlomo wava-kashela u ward 4 endaweni yase Kenterton. Lendawo ingaphansi kwa Khansela u T Mtambo kanti inkosi yendawo iNkosi F Mkhize.

Buphelele bonke ubuholi bakulendawo ukuzosizana noNgqongqoshe ukuphendula imibuzo yomphakathi kanjalo nokulalela izikhalo. U Ngqongqoshe uben-gamele uMnyango weZempilo kuphela ngalolusuku kodwa umebele yonke iminyango kahulumeni kuh-langanisa noMasipala. Yonke iminyango ibiphinde ibe nesikhulu esiphazulu futhi esisebenzisana

noNgqongqoshe ukulekelela ekuphenduleni imibuzo kanye nokuthatha izikhalazo zomphakathi.

Izinto eziphakanyiswe umphakathi ikakhulu ngalolusuku kube ukushoda kwamanzi endaweni, izidingo ngqangi ezindaweni ezisemapulazini, isikole samazinga aphezulu, umtapo wolwazi kanye nokunye okuningi. Akuzona izikhalazo kuphela ebeziphakanyiswa kulomhlangano njengoba beziphakanyiswa nezincomo umphakathi uncoma indlela eseyihanjwe uhulumeni obusayo ukuzama impilo encono emiphakathini ikakhulukazi yasemakhaya.

Ngemumva kokuba oNgqongqoshe sebehlangene nemiphakathi eyahlukahlukene babe seboyohlangana noNdunankulu ehholo lomphakathi eMzinto ukuy-okwethula ukuthi yikuphi abafike bahlangabezana nakhokho ukuze oNgqongqoshe bakulungise ngendlela efanele.



UGU DISTRICT DOOR TO DOOR CAMPAIGN IN RAY NKONYENI #THUMA MINA



Mrs P P Fica and staff during the campaign

MEC for Health Dr S M Dhlomo, Political Leadership Provincial and Local together with the Ugu District Department of Health Officials visited Ray Nkonyeni Municipality in ward 31 for door to door campaign. On the 8th of December 2018, 10 teams visited households in this area, the aim of the visit was to take health services to people. MEC addressed different challenges of families that were visited on this day.

This follows the Thuma Mina Campaign which was held on the 7th of December 2018 at KwaMbotho area. Mrs P P Fica, Deputy District Director was leading health workers in making sure that different services are provided to community members. Mobile vehicles were enough to render services. Provincial team and the District team were also available on this day in support of the campaign.

UGU HEALTH DISTRICT HEALTH SCREENING CAMPAIGN LAUNCH



Aerobics during the launch



Health screening were also provided on the

Ugu Health District launched Health Screening Campaign on the 30th of October 2018.

This follows the statement of the President of the country Cyril Ramaposa during SONA in February 2018, which was saying "By scaling up our testing and treatment campaign, we will initiate an additional two million people on antiretroviral treatment by December 2020. We will also need to confront lifestyle diseases such as high blood pressure, diabetes, cancers and cardiovascular diseases, #thuma mina".

This launch was at Turton CHC. Community members, Staff members, Traditional house, Municipality, Supporting partners also attended. The day started with aerobics which was lead by the District Health Promoter Ms Nompilo Xulu. Mrs P P Fica Deputy District Director was the Programme Director of the day. The aim of this campaign is to increase awareness of diseases and importance of lifestyle changes, early diagnosis and treatment and also to target those clients with diseases but either do not know or not on treatment.

Giving a health talk HAST Manager Mr Xolani Mbanga-tha emphasized the importance of working together of all stakeholders and partners in making sure that communities are reached and screened. He also mentioned the importance of treatment adherence, encouraging everyone to stay on treatment and following the guidelines in fighting the diseases. A member of community and the Municipality also gave few words in supporting what was initiated by the President.

On this day all screening services were available and people were encouraged to test.

After the launch every institution in Ugu District is expected to run with the screening campaign and plan the road shows in raising awareness to the communities.



#THUMA MINA CAMPAIGN



MEC for Health Dr SM Dhlomo and a team during Thuma Mina Campaign in Ray Nkonyeni Municipality



Ugu Health District Director Mrs NC Mkhize leading the team



MEC and the team in different households



MEC and the team in different households



MEC and the team in different households

UGU DISTRICT WORLD AIDS DAY AND ISIBAYA SAMADODA AT UMUZIWABANTU MUNICIPALITY



DSD MEC Mrs W Thusi



Prince Nhlanganiso Zulu



Horse Riding during Isibaya Samadoda



Ibutho during Isibaya Samadoda

Department of Social Development together with COGTA and Department of Health hosted a World Aids Day event on the 1st of December 2018 at Hafuleni area in Umuziwabantu Municipality. World Aids day was preceded by Isibaya Samadoda which was on the 29th and the 30th of November 2018 on the same venue.

1000 men were on the different commissions discussing different topics which includes:

- Maintenance and custody of children
- Difference between men and malewood
- Role of role models in young men
- Men diseases
- Preventing gender based violence
- How to prevent HIV/AIDS in men
- Issues of Traditional Healers giving muthi to boys

Isibaya Samadoda was attended by Prince Nhlanganiso Zulu who is a TB Ambassador and also leading Isibaya Samadoda dialogues in the Province.

On the 1st of December 2018, DSD MEC Mrs W Thusi gave a key note address during World Aids Day event. The Theme was 'Know Your Status', which encourages every citizen to go and test.

This follows the appeal which was made by the President of the country Cyril Ramaphosa during SONA in 2018 where he introduced the Health Screening Campaign.

It is with the Department of Health and supporting partners to screen as many communities as they can and also to encourage client to adhere on their treatment, this will also increase life expectancy.

UGU HEALTH DISTRICT YOUTH DIALOGUE DURING 2018 FESTIVE SEASON IN UMDONI



Mrs Gloria Rasi addressing the youth



Condom usage demonstration to the youth



Boys and girls enjoyed all activities for the day



Love life also played a major role during the dialogue

More than 100 young girls and boys attended Ugu Health District 'She Conquers' youth dialogue on the 18th of December 2018. This event was at Umdoni Municipality the venue was Scottburgh Town hall. Supporting Partners which includes Broad Reach, Love life, Soul City, HPCA were also part of the dialogue.

Youth were engaged in different activities on this day which includes Aerobics line dance, Board Game, Condom use demonstration and the dialogues. All of young people participated in these activities of which, the dialogue was the most interesting one. They were able to share their views in different topics and boys voiced out that sometimes they feel that the focus is mostly on girls and not on them. They were complaining that in such gatherings they are not comfortable because topics are mostly one sided.

It was noticed that most girls are on peer pressure and they lack self confident. Most speakers on this day were educating the youth on how to conduct themselves as a young people. Abstinence were encouraged, those who are already sexual active were encourage to use dual protection, which are contraception and condom use every time when they engage themselves. Knowing your status was also part of the topics. Health workers were available to give health services to the youth who attended the dialogues.

Braai and music was also prepared for the youth to entertain themselves as it was a festive season.



UGU HEALTH DISTRICT STAFF MEMBERS WERE ENCOURAGED TO KNOW THEIR STATUS



Candle lighting during District Office World Aids Day



Candle lighting during District Office World Aids Day



District Office Staff distributing condoms at Nelson Mandela Drive



District Office Staff at Port Shepstone Taxi Rank during the World Aids Day

Ugu Health District Hast Team organized a successful World Aids Day event for the District Office staff members on the 3rd of December 2018. On this day all staff members, neighboring Departments and partners who supports the district were invited for this special event which was aiming to encourage staff members to “know their status”.

On this day the District Director Mrs N C Mkhize welcomed all members who attended the event. She told the staff members that this was a good initiative as the department of health workers usually focus on clients and forget that they also need the same services and also the support. Giving the health talk, HAST Manager Mr Xolani Mbangatha encouraged staff members to check their status and adhere to their treatment. Staff members were also encouraged to support their families who maybe affected.

On the very same day while health talks were continuing at the boardroom, mobile team were at Port Shepstone Taxi Rank rendering service to the community. HIV/AIDS testing and TB screening were also done.

Ms K Mthinjana led the candle lighting which was done to remember all those who are affected and infected and the prayer was led by the District Chaplain Rev Hlengwa

After the event all staff members went out to the streets of Port Shepstone to distribute male and female condoms to the community and also encouraged them to test.



WELLNESS DAY FOR THE DISTRICT OFFICE



Aerobics by the District Office Staff



Tag of War by the District Office Staff



Mr Malunga and Mrs Z Ndwandwe



Ugu Health District Office ladies

PROVINCIAL CHOIR COMPETITION



Ugu Health District Choir

Ugu Health District took part on Departmental Choir Competition which was held on the 30th of November 2018 at Greys Hospital in Pietermaritzburg. More than 7 Districts entered for the competition which was separated into four categories which was Western peace, Traditional peace, Jingle and Isicathamiya.

Ugu Health District came home with 3 trophies on the day, choir took position 2 in Western peace, Traditional peace and in a Jingle. District Coordinator Mrs Z Ndwandwe would like to appreciate all the Management for supporting and releasing choristers during this day.



**DISTRICT DIRECTOR
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