



health

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PROVINCE OF KWAZULU-NATAL

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UGU NEWS

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Taking Primary Health Care from Jerusalem back to Pholela



Ugu Health District Team attended the first KZN PHC Conference at Greyville Race Course in Durban

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KZN PHC Conference



SA AIDS Conference for 2019



Another promoting school in Ugu

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

UGU HEALTH DISTRICT TEAM ATTENDED THE FIRST KZN PHC CONFERENCE IN DURBAN



KZN PHC Team during PHC Conference



Mr E Manyokole, Mrs PP Fica and Mr M Siyaya

Ugu Health District Team attended the first KwaZulu Natal Primary Health Care Conference which was on the 11 and 12 April at Greyville Race Course in Durban. The theme for this conference was saying: "Taking Primary Health Care from Jerusalem back to Pholela".

The idea of the Department of Health is to promote outreach services with the aim of preventing diseases and provide holistic approach.

The previous MEC for Health Dr SM Dhlomo also attended the conference. In his speech he acknowledged the good work that has been done by KwaZulu Natal Department of Health workers during her time as the MEC. He further encouraged health care workers not to give up in doing good for in due season all will be rewarded accordingly.

Different speakers were also given the opportunity to share their views with teams attended the conference.

The Director General for National Department of Health Ms P Matsoso gave a heart-warming speech as she reminded KZN of good practices that are noticed by the National Department Of Health. She highlighted the improvement on lost to follow up clients, Mom –Connect initiative, Ideal Clinic or Make me look like a Hospital project led by the MEC Dhlomo, 1st Grammy award by Black Mambazo, the Pholela Project, Operation Sukuma Sakhe and iGqom. She said KZN are trend setters for the National.

PRIMARY HEALTHCARE CONFERENCE: COMMUNITY-BASED APPROACH HAILED AS THE PANACEA TO CURE THE PROVINCE'S HEALTH CHALLENGES

UGU HEALTH DISTRICT TEAM WAS PART OF THE 9TH SA AIDS CONFERENCE IN 2019



Ugu Health District Management Team during SA AIDS Conference

Ugu Health District Team represented by the District Director Mrs N C Mkhize, Deputy District Director Clinical and Programs Mrs P P Fica, District Pharmacy Manager Mrs S Mabaso, HAST Program Manager Mr X Mbangata, TB Program Manager Mr M Mahlangeni and the District Trainer Mr B Ndlovu attended the 9th South African AIDS Conference at Durban ICC on the 11th to 14th of June 2019

The conference highlighted that the battle of HIV has not been won but great progress has been made. Moving forward it was indicated that as South Africa the aim is to:

1. Reduce new infections
2. Implement 95-95-95 strategy for HIV
3. Reach all key and vulnerable populations with customized and targeted interventions
4. Implement social and behavior change programmes
5. Reduce stigma and discrimination

How is SA trying to do this?

1. Promoting leadership and shared accountability

2. Focusing for impact and scaling up evidence-informed programmes,
3. Strengthening strategic information,
4. Building resilient and sustainable systems for health and
5. Improving efficiency and mobilizing sufficient resources.

In Managing HIV it was highlighted that “LET OUR ACTIONS COUNT” and “together we can bring change- we have to talk less and do more effective implementation” (Prof Quarraisha Karim)



Autism disorder is a developmental disorder that involves abnormal development and function of the brain. People with autism show decreased social communication skills and restricted or repetitive patterns of behaviors or interests.



MAGOG PRIMARY SCHOOL IN UMZUMBE WAS LAUNCHED AS A HEALTH PROMOTING SCHOOL



Unveiling of the plug at Magog Primary School



Mrs Gloria Rasi giving the keynote address



Mrs Mavis Munsami District Health Promotion Manager



Magog Primary School learners during launch

Ugu Health District is pleased to see the number of Health promoting schools increasing in the district. This follows the launch of Magog Primary School as a health promoting school which was on the 11th of April 2019. 29 schools has been launched as health promoting schools in Ugu District since the programme has started.

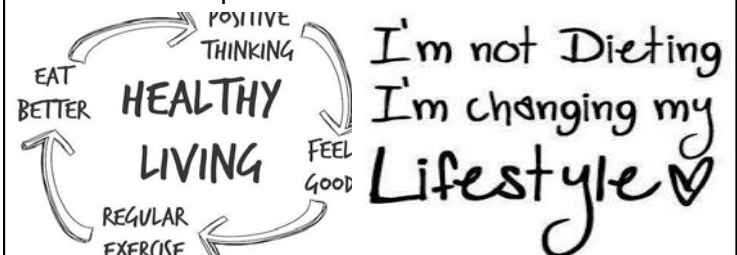
The launch was honoured by the presence of Department of Health officials from the province, district, Madlala clinic and School Health Teams. Department of Social Development, Department of Education, Environmental Health and local Induna also attended the launch. Learners were entertaining guest by music, zulu dance and poetry.

During her welcoming note Magog Primary School Principal Mrs Memela thanked the teachers and learners as they achieved the status saying it was not an easy journey. The school needed to go through many processes so as to qualify.

Local Induna also spoke on behalf of the community and parents, congratulating the school for obtaining the status.

During her keynote address Mrs Gloria Rasi from the Department of Health Provincial Office gave an education on a healthy lifestyle saying prevention is better than cure. She encouraged all people including learners who attended the launch to live a healthy life starting with body exercises and eating healthy. She educated school learners about the danger of taking drugs.

Mrs Mavis Munsami led the unveiling of the plug on behalf of the Department of Health.



UGU DISTRICT SHE CONQUERS FORUM ORGANIZED A DIALOGUE FOR SCHOOLS IN PORT SHEPSTONE AND HARDING



School children She Conquers youth dialogue

School children She Conquers youth dialogue

Ugu District She Conquers Forum organized youth dialogue for high school learners from Nobamba and Merlowood High Schools. The dialogue was on the 30th of May 2019 at Port Shepstone Civic Center. 178 learners which included girls and boys attended the dialogue.

She Conquers Programme focuses to better lives of all citizens, that is why a focus has to be on empowering the youth through allowing them to participate in dialogues. An initiative aimed at improving the positive contribution to the reduction of crime and violence at school and ultimately to communities. It also act as a platform for young people to share their experiences as well as plot possible lasting solutions. Teenage pregnancy, Drug abuse, Sexual abuse, Bullying, Equity, Blessers, etc are topics which are normally discussed in these dialogues. This programme also assist in giving youth the knowledge to avoid HIV and other STIs, Avoid unwanted pregnancy, Stay in school, Stand against sexual and gender based violence, Access educational and economic opportunities

Stakeholders from different departments which includes Department of Education, Department of Health, BroadReach Healthcare, WITS RHI Society, DCS, SAPS, Department of Social Development, Ray Nkonyeni Municipality, Ugu Municipality, CYPISA and Arts and Culture also attended the event

CYPISA members which is a church organization working with the Department of Education which deals with social ills gave testimonies and motivational talks to children who attended the dialogue. They also had a stage play and music which was well prepared. Stage play conveyed relevant information about the social ills that are faced by the youth in school and in the community.

Speakers from different stakeholders also gave speeches, educating learners before the dialogue started.

Learners participated very well during the dialogue and were fully involved. They were free to ask questions in different issues and they were happy to receive answers and be addressed by representatives from different departments.

Ugu Health District and KwaMbotho clinic also organized another youth dialogue for 100 learners on the 12th of April 2019. This dialogue was at Mahelane High School. Learners which included boys and girls were from Mahelane, Mlotshwa and Sibutha High schools in Umuziwabantu. Stakeholders at Umuziwabantu participated very well in this dialogue and learners were also very excited to participate as they were sharing different ideas.

She Conquers Forum for Ugu District is committed in reaching as many youth of Ugu District as they continue to organize dialogues, this will assist to better lives of people in Ugu



YOUTH FRIENDLY SERVICES LAUNCH AT IZINGOLENI



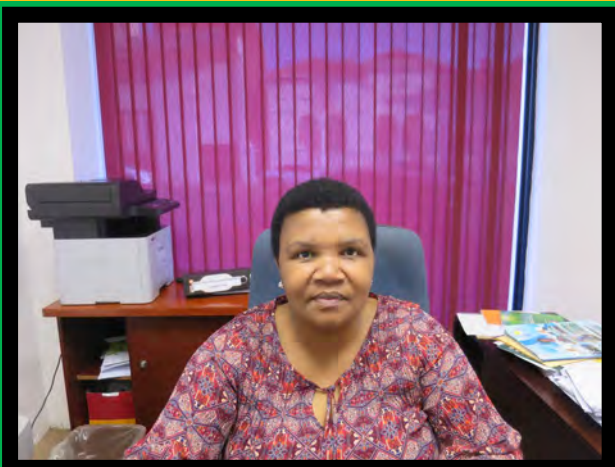
Stage play by Izingolweni Youth

In commemoration of youth month Ugu Health District and Murchison Hospital launched Adolescence Youth Friendly Services at Izingolweni Clinic on the 28th of June 2019. The event started by a healthy lifestyle session which was led by youth from Izingolweni community.

When giving the purpose of the event Mrs M. Munsami gave an overview of what is an Adolescent Youth friendly Service and its benefits for the youth. The programme was then taken over by the youth.

Different stakeholders also attended the event and services to be accessed by youth at the clinic was also outlined.

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