



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# UGu Health District Official Newsletter

## UGU NEWS

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### **MEC FOR HEALTH MS NOMAGUGU SIMELANE-ZULU VISITED UMDONI COMMUNITY AS PART OF BATHO PELE**



MEC Ms Nomagugu Simelane-Zulu and District Director Mrs NC Mkhize addressing patients at GJ Crookes Hospital

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MEC visit at Umdoni Municipality



DPSA Deputy Minister Visit



Happy women's month ladies

*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*

# #OWEZEMPILO EREDWENI YAKHO WITH GAGASI FM AT UMDONI MUNICIPALITY



MEC Nomagugu Simelane-Zulu, District Director Mrs NC Mkhize and Head:Health Dr S Shabalala at Umzinto Clinic

KwaZulu-Natal MEC for Health Ms Nomagugu Simelane-Zulu visited Umdoni Municipality as part of her program called #OweZempilo Eredweni Yakho. This engagement was at Umzinto town hall on the 17th of September 2019. Early morning of this day the MEC started at GJ Crookes Hospital where she engaged with the clients. On this program the MEC engaged with the community on a live broadcast with Gagasi FM. Amongst the delegations who were with the MEC was the newly appointed Head: Health Dr Sandile Shabalala, DDG Dr Thandeka Khanyile, Deputy Mayor for Umdoni Municipality Cllr Sibongile Khathi, local Cllr Siboniso Cele, Ugu Health District Director Mrs NC Mkhize and the Acting CEO for GJ Crookes Hospital Dr Buyisile Shange.

The objective of the visit was to take the KZN Department of Health into various communities as part of Batho Pele Principles-Putting People First. This will be helping in bringing the government closer to the people and to ensure open and transparency as well as accountable governance.

The engagement allowed health employees and the MEC to take compliments and grievances from the communities while live on radio and attend to them.

People of Umdoni Municipality were given time to engage with the MEC about the issues that they have regarding Clinics, CCGs and the Hospital.

Amongst the issues that were raised were staff shortage, waiting times, infrastructure especially for Umzinto Clinic, Patient Care, Home base care kits for CCGs etc. All these issues were attended by the delegation who was with the MEC. During her address the MEC told the community about the NHI Bill, she promised that the roadshow will be held to educate the community as a whole. She also mentioned that she is aware about the staff shortage in health facilities and she understands how difficult it is to work with limited resources. The MEC indicated that the Department has requested the KZN Premier Mr Sihle Zikalala to help the Department achieve a minimum staff establishment of at least 60% for all healthcare facilities.

After the community engagement the MEC went to uMzinto Clinic where she addressed CCGs. The District Director, Mrs Mkhize also gave a brief presentation to the MEC on how Umzinto Clinic operates.

## Batho Pele

Putting People First



We Belong



We Care



We Serve



# PHOTO GALLERY

## #OWEZEMPILO EREDWENI YAKHO WITH GAGASI FM



MEC Ms N Simelane-Zulu addressing Umdoni community. Next to her is Umdoni Deputy Mayor Cllr S Khathi Head:Health Dr S Shabalala and DDG Dr T Khanyile



MEC Ms Nomagugu Simelane-Zulu along with the Deputy Mayor, District Director Mrs NC Mkhize and GJ Crookes Hospital management during Hospital rounds



District Director Mrs NC Mkhize addressing Community Health Workers during MEC visit at Umzinto Clinic



MEC Ms Nomagugu Simelane-Zulu arriving with the management at Umzinto Clinic after the community engagement

## PROMOTING BREAST FEEDING FOR A HEALTHY NATION

### BENEFITS OF BREASTFEEDING

#### For Mom

[WWW.GENMEDICARE.COM](http://WWW.GENMEDICARE.COM)

#### For Baby



Mothers who are breastfeeding burn extra calories each day, helping them return to their pre-pregnancy weight quicker.



Women who breastfeed have lower rates of developing breast and ovarian cancer.



Reduces the risk of postpartum depression and creates a unique bonding experience for mom and baby.



Breast milk is rich in nutrients and the perfect natural food for babies. Breastfed babies are also less likely to become obese.



Antibodies in breast milk help babies fight off viruses and bacteria, while protecting them from various infections.



Children who were breastfed as babies have lower risks of developing ear infections, respiratory infections, allergies, and diabetes.



# DPSA DEPUTY MINISTER MS S CHIKUNGA, VISITED UGU DISTRICT DURING PUBLIC SERVICE MONTH



DPSA Deputy Minister S Chikunga, Ray Nkonyeni Mayor Cllr Mqwebu and Sr Ndlovu during Ministerial visit



DPSA Deputy Minister Ms S Chikunga addressing Ugu District Government employees at San Lameer



Ugu District Government employees



Ugu District Government employees

Public servants in Ugu District Municipality had an opportunity to engage with the Deputy Minister for the Public Service and Administration, Ms Sindisiwe Chikunga as part of the Integrated Government Wide-Public Service Month on the 6th of September 2019. The visit formed part of the month long celebratory and service delivery focused programme by various government departments that was being rolled out across the country in all three spheres of government from 1 September to 04 October under the theme: "Khawuleza: taking public service to the people: we belong, we care, we serve."

Amongst the people attended from the Department of Health was Acting Head: Health Dr M Gumede, District Director Mrs N C Mkhize and Port Shepstone Regional CEO Ms B Ndlovu.

The Deputy Minister visit started in Port Shepstone Regional Hospital's Thuthuzela Care Centre to assess the state of the centre and to observe how services are

rendered at the government facility. Thuthuzela care centers' are one- stop Centre's which enable rape victims to lodge a case with the police and receive counselling and medical care within one place. On the very same day Deputy Minister had a meeting with government employees at San Lameer where she gave her motivational speech. During her speech she strongly condemned gender based violence and xenophobic attacks

After her address, the Deputy Minister led public servants from various departments in the District in repledging their commitment to the Service Charter.



# UGU HEALTH DISTRICT OFFICE CELEBRATED WOMENS'S MONTH AT SAN LAMEER HOTEL ON THE 30TH OF AUGUST



movement of black people in the country. During the Month of August, a number of activities aimed at creating awareness and promoting understanding of women issues are held throughout the country.

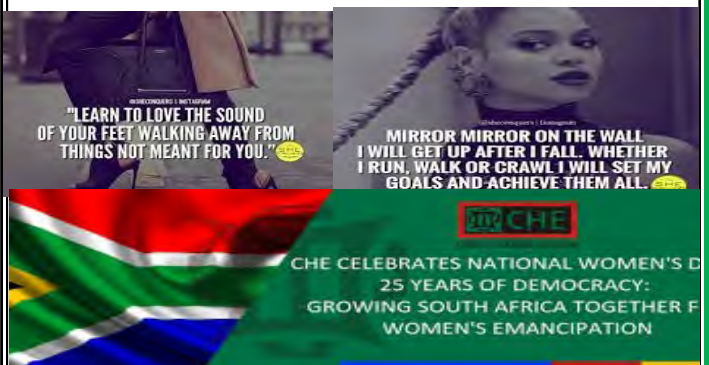
It is a norm that women of Ugu District Office plan this day every year with the help of men to empower each other in different things which touches directly themselves in and outside of work place.

Ms Mispar Mbokazi gave a talk on financial wisdom where she emphasized the importance of planning your finances and live within your salary without making any credits. Ms Siphumelele Mlambo gave a talk on love and forgiveness and Mrs Jabu Tobo gave a health talk encouraging women to love themselves and not forgetting to do their pap-smear when it is due.

The event committee would like to extend appreciation to all who made this event a success, not forgetting men of Ugu Health District Office who contributed a lot.

"I'm tough, I'm ambitious, and I know exactly what I want." This is what Ugu Health District Office ladies were saying on the 30th of August 2019 when they were celebrating women's month. This successful event was at San Lameer Hotel and most of women from the office attended.

09 August has been celebrated since 1995 as Women's Day, to recognize the important and significant role played by women, as South Africa seen about 20 000 women of all races marched to the Union Buildings to protest against the discriminatory pass laws which had restricted the



# HAPPY RETIREMENT MRS SP NYAWO



Ugu Health District Management Team



Happy retirement Mrs SP Nyawo



Happy retirement Mrs SP Nyawo

Ugu Health District bidding farewell to Mrs SP Nyawo who serves as a Hospital CEO for GJ Crookes Hospital

Ugu Health District Office Management and the CEOs bid farewell to Mrs S P Nyawo who was the CEO for GJ Crookes Hospital. This elegant event was at Selborne Estate in Pennington on the 23rd of July 2019.

Mrs Nyawo who served Ugu Health District for more than 17 years was amongst the first CEOs in the Province of KwaZulu –Natal as she started at the district in May 2002.

Speaking on behalf of colleagues Ms M Vane, St Andrews Hospital CEOs said they have learned a lot from Mrs Nyawo

The District Director Mrs NC Mkhize appreciated the contribution which was made by Mrs Nyawo to the

District, saying working relations with stakeholders by Mrs Nyawo was noticed. “GJ Crookes received so many awards under Mrs Nyawo’s management. I would like to request Mrs Nyawo to continue support the hospital even as she retire.” said Mrs Mkhize.

Giving her goodbye speech, Mrs Nyawo said she was humbled to serve the department for more than 4 decades. She said she worked very well in Ugu District and requested Mrs Mkhize to pass her appreciation to all people that she worked with.



## HEALTH PROMOTION AND HERITAGE MONTH CELEBRATION



Khulisa Pre-Primary School in Ward 19 of Amandawe area in Umdoni Municipality hosted health promotion event and celebrated heritage month on the 13th September 2019. Learners and parents attended the event which was planned by Department of Education and the Department of Health. Stakeholder which were present on this day include DSD, SAPS and Local leadership.

Good community involvement during the planning and on the day of the event was noticed

The Department of Health gave educational talks on different things which included hand washing, oral hygiene and demonstrations and it was well received by learners, parents and the community, awareness talks on gender based violence was also done.

Children entertained the community and parents. Showcasing of health promotion activities was also done, this includes hand washing and oral hygiene songs. It was also noticed and appreciated by the Department of Health that teachers were already ahead in educating children on health promotion issues.



## LAUNCH OF JOHN PAUL ECDC AS A HEALTH PROMOTING CENTER



Children during the launch



Handing over of a certificate

Ugu Health District launched John Paul Early Childhood Development Centre as the first health promoting center in the District. John Paul is the fourth ECDC to be launched throughout the province.

The aim of encouraging facilities to be health promoting is to ensure that children, caregivers, parents and the entire community is empowered to lead a healthy lifestyle and take care of their own health.

This event which was on the 15th of August 2019 was attended by parents, Department of Health and partners. Children were showcasing health promotion activities. Ugu District is having some ECDCs who are in the process of being health promoting facilities will be launched as soon as the process is finalized.

District Health Promotion Manager Mrs Mavis Munsami said, health promotion takes place at various settings which includes, schools, ECDCs, clinics, etc.

Provincial Health Promotion Manager Mrs Gloria Rasi, when she was giving her keynote address she encouraged John Paul ECDC to continue to live a healthy lifestyle and also to keep the standard as they are the example in the district and the province.

At the end of the program certificate was handed over by Mrs Rasi and Mrs Munsami to John Paul ECDC.

# ACKNOWLEDGEMENTS



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