**THIRD EDITION** 

April 2009







mzimkhulu hospital is encountering a shortage of water supply, which makes it difficult to function and maintain Infection Prevention and Control and Quality Standards, but under those circumstances our patients still receive clean and well ironed linen because of the dedicated Laundry staff. They proudly say that "we are here for the patient cleanliness and therefore we put our patients first (Batho Pele).

The Management also could not keep quiet in this matter. A letter of appreciation and a Certificate were given to the Laundry Staff (Encouraging Innovation and Rewarding Excellence)

From Left (front row) we see Mr Situma (Quality Assurance co-ordinator) holding the letter with Mrs Mbhele, Mrs G. Gqoboka (Infection Control Practitioner) holding certificate with Mrs Sikho (Laundry Supervisor), and Mrs R. Maphumulo

(Back Row) from right is Mrs N. Ngwadla, Mr GJ Dzanibe and Mrs L.I. Zwezwe

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#### Quote for the day:

- "Let no corrupt communication proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers" Eph 4:29
- Verse 32, "And be kind one to another, tenderhearted, forgiving one another, just as God in Christ also forgave you"
- "A prudent man foresees evil, and hides himself; the simple pass on, and are punished" Prov 27:12

Embizweni News

## DECEMBER CELEBRATIONS

Kwakosiwa inyama



December is regarded as a family time, but health workers always spend their time with the hospital family, rendering quality services to our communities. Although that may be the case they always find time to be together as this hospital family. Below are some of the pictures captured during these memorable times.



You would hardly tell "who is who"



The excitement kept everybody moving.

(Ngasentla) Kwakungekho uthumela ngomnye nxa sekudliwa, zonke zaziziyela esithebeni



Every movement was just a dance

### Mrs Mthethwa, Ms Khumalo, Ms Mnguni and Ms Zama's farewell party



Guests at the main table (from left)

Ms Mnguni, Dr Avutia, Mrs Mthethwa, Ms Khumalo and Mrs Zuma

Briefly about Mrs Mthethwa:-

- General Nursing
- Psychiatric Nursing
- Midwifery

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Community Health Nursing

On the 31st March 2009 the Umzimkhulu hospital bid farewell to the four ladies who were part of the big hospital family. Mrs Mthethwa (Nursing Manager) was going for retirement, Ms Khumalo, Ms Mnguni (intern) and Ms Zama moved for greener pastures. It was just a playback time because the day was spent remembering old times / memories shared during the stay at Umzimkhulu hospital. Some memories would make people laugh and others would bring tears to the aust of the manu



Staff at the farewell function (from left)Dr Alphonsus, Dr Biyela & Dr Nzimande

"Siyabonga kakhulu mama ngesikhathi ozinikele ngaso usebenzela umphakathi wase Mzimkhulu, uNkulunkulu akubusise"

Started to work at Madadeni Hospital as a Nursing Sister in 1974-1976, to Wembesi Clinic from 1976-1982, to the Family Planning in Marlborough Training Centre in Johannesburg from 1983-1986, back to Madadeni Hospital mid-1986, to Newcastle PHC Mobile from 1987-Jan 1990, to Industrial Nurse in Sundown Factory Feb 1990-Feb 1995, to Madadeni PHC Services from March 1995-Feb 2004, to Umzimkhulu Hospital as Middle Manager Nursing. The Management and staff express their gratitude and wishes you a healthy happy stay at home.



# KHANYA AFRICA AT SISONKE



19 November 2008 was a special day for the Sisonke Health Care workers as they gathered at Umzimkhulu Recreational Hall to make their vows as volunteers for Khanya Africa. The most exciting part about Khanya Africa is that you know that you will dedicate your



time, energy and skills to help our communities without any remuneration but satisfaction. The Umzimkhulu staff was very excited about this launch and they started to volunteer with their skills in decorating the hall for the launch.



Ms S.F. Mbobo has passion in decoration and she was leading the decorating team. At the end of the day the hall was so welcoming to everyone who attended.

In her speech, Ms Peggy Nkonyeni encouraged volunteers to utilize their time and skills to reach the needy of the needy.

## KHANYA AFRICA AT UMZIMKHULU-KROEMHOEK AREA

After the launch, the Umzimkhulu Khanya Africa team could not relax until they have started something for their community. The first area that was identified was the Kroemhoek location where there's no clinic or PHC mobile services. People have to travel many kilometers to reach to the place where mobile PHC services are

### rendered.

Mthimkhulu J.S.S. was identified a s central place. People were so in need of the health services and they came in big numbers. Volunteers worked very hard until sunset and they managed to serve each and everyone that needed the service. EMRS was there to transport the referrals to the nearby hospitals.

The team did the follow up to the area in May.

Those who are willing to join the moving train of Khanya Africa can contact Mr Msibi ext 118 for forms and clarity.

*"TOGETHER WE BRING HEALTH TO THE PEOPLE"* 

### Congratulations to Ezibeleni Ward for leading in Q.A. peer reviews



Quality Assurance peer reviews are conducted bi- monthly. Mthonjeni Ward was the previous winner and Ezibeleni ward took over. "Zibeleni watch out for other wards because if you are relaxing, they are improving, "Will you be able to defend your trophy?" Let's see the results in July.

**Left**: Here we see the representative for Emthonjeni Ward handing over the trophy to the representative from Ezibeleni Ward.

**Right**:Quality Assurance meetings are conducted weekly in order to maintain and im-



THIRD EDITION

# Meet-Miss & Mr Uzimkhulu Hospital 2009



Above:Ms Mbabane (MC seated) and Mr Xhintolo doing the Introduction of the day. Below: Lilitha Colle gestudents entertaining the crowds with their choir of different talents





Middle Pictures: Excited Winners posing for photos

As part of psycho-social rehabilitation, the institution hosted Mr & Miss Umzimkhulu 2009 on the 10th June 2009 at Umzimkhulu Recreation Hall.

This was well prepared by the recreation team as well as students from Lilitha Nursing College— Umtata Campus.

The competition was inclusive of staff and users, that made the judge's job to be like mountain climbing, but at the end they managed to select the best performers/ beauties & intellectuals

Health Promotion is vital for everybody nowadays– Umzimkhulu Hospital also promotes that—The pictures tell .....





Above: Umzimkhulu staff joined the district health walk in Ixopo.



SAPS and Traffic Officers were also part of the healthy walk as they escorted us through the walk.

**Bottom Right**: Speeches delivered after the walk

