

UMZIMKULU PSYCHIATRIC HOSPITAL

Embizweni News

DEPARTMENT OF HEALTH KWAZULU NATAL



HEALTH
KwaZulu-Natal

HUMAN RESOURCE MANAGER MR E.N. BANGANI

Special points of interest:

- New appointments
- Farewell function.
- Christmas Party for Patients.
- Quality assurance Peer Review .
- Institutions prayer day.



MR E.N. BANGANI

“2010 IS COMING TO AN END THERE HAS BEEN SUCCESSES AND CHALLENGES.

I WISH EVERYONE TO BE STRONG FOCUSED IN ORDER TO SERVE THE COMMUNITY THE BEST YOU CAN AS WE KICK IN IN 2011”.

THE HOSPITAL MANAGEMENT WISHES ALL THE STAFF A MERRY CHRISTMAS AND PROSPEROUS NEW YEAR.

New Appointments (Occupational Therapist)

Inside this issue:

Hospital Manager	1
New appointments	1
Medical Manager	2
Word from Quality Assurance	2
Inside Story	3
Sports	3
Editor's Words	4



MR N.B. MANTENGU (TK)

BHUTI WE WELCOME YOU WITH OPEN ARMS. TODAY WELL LIVED MAKES EVERY YESTERDAY A DREAM OF HAPPINESS.

WELCOME! WELCOME! WELCOME!

Occupational Therapy is the health profession concerned with human well-being and the emphasis is made in human functionality in all spheres of life, at home or at work and even in a social context.

Revival of lost skills in Mental Health Care Users is the care of O.T. business.

Where do you come from Bhuti?

“I did community service in KZN North Coast at Mseleni Hospital at kwaMhlabuyalingana, then moved to Eastern Cape 2009 where I worked in a Rehabilitation Centre for Mentally ill individuals. In the middle of this year I started here at Umzimkhulu Psychiatric Hospital as a Chief O.Therapist. The job still encompasses rendering service to mentally ill people and community outreach, Participation in MDT within the institution, Education to subordinates who still lack training in O.T. in the process of Rehabilitation. Certain projects are run where users are taught different life skills. **It is a pleasure working around with friendly individuals of UMZIMKULU HOSPITAL.**



Mrs T. F. Nzimande

MAMA KHULULA
EZOBHATYI WONWABE
KUSEKHAYA NALAPHA !!!

NEW APPOINTMENT (Assistant Nurse Manager)

On the 1st of September 2010 * The Umzimkulu Psychiatric Hospital welcomed Mrs T.F. Nzimande as a New Assistant Nurse Manager- Monitoring and Evaluation . After a long wait for the position to be filled. The Beautiful, smartly mom has been working at Sisonke Health District as a Senior Technical Advisor (STA)- Mental Health/ Acting District PHC coordinator.

* Ensures implementation and progress of all activities that are undertaken in our Hospital.

* Checking that norms and standards set are adhered to.

* Checking progress against targets set, norms and standards.

* Managing information

by working with the institutional information task team.

* Ensures implementation and Quality Clinical Governance by working with Infection Control Practitioner, Quality Assurance manager, HIV-AIDS/ TB Nurse and Occupational Health nurse.

Her role includes:

NEW APPOINTMENT (Principal Human Resource Officer)

"The night is nearly: the day is almost here. So let us put aside the deeds of darkness and put on the armor of light"
Romans 13:12



Ms ZAKITHI NYIDE

PRINCIPAL HUMAN RESOURCE OFFICER.

Umzimkulu Psychiatric Hospital welcomed Ms Zakithi Nyide on the 1st of October 2010. She was promoted as a Principal Human Resource Officer. The beautiful young lady worked at Sisonke Health District Office as a Senior Human Resource Officer before she was appointed at this Hospital. We welcome you with open arms. Thank you for joining us in this institution hoping that you will enjoy working here at

Umzimkulu Hospital. We hope that you will grab the opportunities and deal with the challenges presented by this hospital.



DR E.SK. AVUTIA



DR E.S.K. AVUTIA RETIREMENT & FAREWELL PARTY. AWOKUGCINA "YOUR FUTURE DEPENDS ON YOUR THINKING"

From the Medical Manager : Dr E.S.K Avutia

It gives me pleasure to write a short account of what has been contributed by the clinical and clinical support section to the care, treatment and Psychosocial rehabilitation of the Mental Health Care Users in UMzimkhulu Hospital during the period covered by this newsletter.

During this period the clinical and clinical support section operated with skeletal staff of only four medical practitioners, one clinical psychologist, three social workers(of which one left in August), one pharmacist, and one O.T. Despite this

skeletal staff, the clinical services to the users went smoothly. We receive referrals from both KwaZulu Natal and Eastern Cape Province.

Despite the limitations of Human Resources, the Multi- Disciplinary team of Umzimkulu Hospital is rendering an outreach program. It conducts visits to the clinics and Community Health Centers at Sisonke Health District. This outreach program will be expanded if possible as it also gives support to the Mental Health Care givers.

Lastly, I would like to express my

appreciation through this newsletter, to all staff members of Umzimkulu Psychiatric Hospital who staged a Retirement and Farewell Party for me Dr E.S.K. Avutia on the 27 of October 2010. I do not have words to express my gratitude to all of you. From the editor` s word, "Fortunately for the Hospital this turned out to be a Retirement Party not a Farewell Party as Dr E.S.K. Avutia is still with us".

SIYABONGA

QUALITY PROGRAM

Quality is defined as the extent to which the care provided is expected to achieve the most favorable balance of risks and benefits.

The Quality improvement activities that the hospital has engaged in this financial year are:

1. The renovation of new offices for the O.T. Department, Quality Assurance, Infection Control, HIV/AIDS offices. The O.T. Department has moved from the old building to those new offices.
2. Retiling the floors in the Main kitchen.
3. Re: fencing of the hospital.

There is also a great improvement in water supply of Umzimkulu Hospital by the local municipality. There has been a long standing problem of erratic water supply from the local water works. Water was not always available 24 hours a day due to this problem. This situation has changed now. Credit must be given to Mr M. Nxele, the artisan foremen of Umzimkulu Hospital and his team.

SIYABONGA KAKHULU.

The Quality improvement Committee is also engaged in peer reviews. These are conducted quarterly. This is an interdepartmental competition by which all service elements assess each other against compliance standards. The winning sec-

tion/ward is awarded with a floating trophy or a certificate. The competition is very high in that every service element wants to win this floating trophy.

Lastly the Quality department is currently doing Client Satisfaction Survey. The result will soon be published.



MR J SITUMA
THE QUALITY ASSURANCE CO-ORDINATOR

RIGHT: MRS V. E. MLONYENI AND MRS M. MBEWU. WE ARE VERY EXCITED BECAUSE OUR DEPARTMENT WON A TROPHY FROM PEER REVIEWS. THEY SAID

KUKUZIMISELA KWETHU



HUMAN RESOURCE DEPARTMENT
PEER REVIEWS TROPHY
THANK YOU VERY MUCH

CHRISTMAS PARTY FOR THE PATIENTS



AKEKHO ONCUMELA OMNYE



FATHER CHRISTMAS



DANCE GUYS KUBI

*Walala Wasala !!
Le kwakuyi
Christmas Party
yama
Patients. Yayi
ngomhlaka 08
December 2010.
"MERRY
CHRISTMAS AND
HAPPY NEW
YEAR !!!*

INSTITUTION'S PRAYER DAY



Rev SITHOLE

Umzimkhulu Hospital had a prayer day on the 09 December 2010 which was blessed by the presence of Sisonke District Health Charplain, Rev Sithole. The purpose of the day was thanks-giving to the year 2010 and also to pray for all those people who fell victims of HIV/AIDS, Crime, high rate of unemployment and poverty.

Amongst speakers for the day were Mrs T.F. Nzimande, Mrs V.N. Ntsulum-bana and Ms N. Sosibo who made brief presentations on the impact of HIV/AIDS at workplace ,Crime, Poverty and unemployment in our communi-ties.

INFECTION PREVENTION & CONTROL PRACTITIONER – MRS N.V. NTSULUMBANA

“Be not afraid of Greatness. Some are born Great, Some achieve Greatness and Some have Greatness trust upon them”, William Shakespeare—Twelfth Night.



***BRAIN THOUGHT* According to SR Ntsulumbana who is an infection Prevention & Control nurse her role is to:**

It is better to suffer wrong than to do it, and happier to be sometimes cheated than not to trust.

1. Coordinate the infection prevention and control program in the institution.
2. To identify areas of high risks, plan and implement strategies to reduce such risks.
3. Ensure safe handling, preparation, storage and distribution of food from the kitchen to the wards.
4. Ensure that isolation techniques are implemented effectively.
5. Develop quality improvement programme for infection control.
6. Ensure adherence to policies, protocols, guidelines and procedures of infection prevention and control.
7. Monitoring and evaluation and record keeping.

RENDERING OCCUPATIONAL HEALTH SERVICE – Professional Nurse Ms N.H. Ntoyakhe.

CARE OF THE HEALTH CARE PROVIDERS OR WORKERS IS MOST IMPORTANT FUNCTION THAT GOVERNMENT HAS EMBARKED ON, HENCE A WELLNESS AND OR OCCUPATIONAL HEALTH PROGRAM COME INTO EXISTENCE.

THE FOLLOWING SERVICES ARE RENDERED:

- Orientation and Induction.
- Medical screening.
- Immunization of staff.

- Management of injury on duty.
 - Minor ailments
 - Employee Assistance Program (Voluntary)
- “ A HEALTHY WORKER PERFORMS PRODUCTIVELY”.



HIV/AIDS AND T.B. DEPARTMENT

HIV / AIDS DEPARTMENT

It offers the following services:

- ◆ Pre-test counseling
- ◆ Post-test counseling
- ◆ ARV Compliance counseling which ensures that patients do take their drugs correctly. Informed consent means that the patient is well informed and knowledgeable about the nature and reasons for doing HIV test, and safety ARV drugs.

◆ **We also educate people about T.B.**

T.B. Bacteria affects lungs and other parts of the body.

Who can get T.B? Every body from young age to old age.

How is T.B. spread?

By air we breathe (it is an air-borne disease).

How T.B. can be treated?

By finishing six months taking treatment without defaulting.

BELOW : PROFESSIONAL NURSE MRS N. SHABANE— HIV / AIDS & T.B. NURSE



OTHER NEW APPOINTMENTS

- TSEWU N.
- GCELU N.U.
- DLAMINI Z.B.
- DLAMINI L.C.
- KHANYILE S.C.
- MAVUMA Z.L.
- MAZINYO S.B.
- MKHIZE S.R.
- MNGQIBISA N.
- MTSHALI Z.C.
- NDAWONDE N.E.
- NGUBANE N.P.
- NHLEKO N.P.
- NOPHIKELA T.G.
- NYEMBE S.N.
- POSWA H.M.
- SIKHLAKHANE P.T.
- THABETHE B.P.
- ZONDI S.A.

NEW APPOINTMENTS



From left to right: MR S. ZONDI, MR S.R. MKHIZE and PASTOR Z.L. MAVUMA. (They are all working at Maintenance section).

BELOW: MR S.N. NYEMBE & MS Z.C. MTSHALI

BELOW: MS N.E. NDAWONDE

BELOW: MS T.G. NOPHIKELA

(FROM LAUNDRY)

(GENERAL ORDERLY)

(GENERAL ORDERLY)



Editors Words



Ms P.Z. DLAMINI(PRO-T)

I welcome you all to this fourth edition of Embizweni Hospital News . I know most of us have been waiting for this newsletter for quite some time and now it has come to you with its editor.

When I was being orientated to the institution people were asking me “what is your role?” Well now I hope that at least we will have a green light as we read and see. As a Public Relations Officer my role involves promoting the positive image of my institution. I also have to promote mutual understanding between our institution and both the internal and external stakeholders and our customers. My role involves also organizing, training, researching, editing, writing, publishing and handling complaints.

“The fear of GOD is the beginning of wisdom; and the knowledge of the holy is understanding”

Ms P.Z. Dlamini(PRO-Trainee) Umzimkulu Hospital.

SPORTS(OLD MUTUAL TOURNAMENT)



EMBIZWENI SOCCER TEAM & NETBALL TEAM



**OLD MUTUAL TOURNAMENT
UMZMKULU NETBALL PLAYERS WON THE GOLD MEDAL AND A TROPHY. “KEEP IT UP GIRLS”.**



From left Mr. Dweba (Manager Old Mutual), Mr. X. ‘Mayoyo’ Mthetho (sport organizer) and Mr. B.L. Msibi(Nursing Service Manager)