

UMZIMKULU PSYCHIATRIC HOSPITAL.

Embizweni News.



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

UMNYANGO WEZEMPI LO KWAZULU NATAL. .
DEPARTMENT OF HEALTH KWAZULU NATAL.

Special points of interest:

- MENTAL HEALTH AWARENESS
- OPERATION SUKUMA SAKHE.
- NITHI MANDIYEPHI. (THE PLAY)
- SPORTS DAY...

A WORD FROM OUR HOSPITAL MANAGER. (CEO)

Our customers.

According to the last survey, results reveal that our customers are satisfied with our services. i.e. clinical care, patient safety, and cleanliness.

The Hospital is still faced with challenges such as erratic water supply from the local water works, poor infrastructure and inadequate facilities. Further challenges include roads that are in a bad state, difficulty in recruiting skilled personnel.

With regards to employee achievements, there is an outreach team that makes an extra effort in ensuring healthy communities around Umzimkulu catchment area.

The team conducts awareness campaigns in Mental Health and Mental illnesses/disorders, causes and prevention.

Other employees continue to conduct awareness on de-stigmatization of mental illness though local drama titled "NITHI MANDIYEPHI" .

Successes: The hospital has benefitted from technology upgrading as we have received new computers for all offices, sections and wards. All computer have been installed with new Microsoft office 2010. Our land line telephone communication has been upgraded into digital satellite.



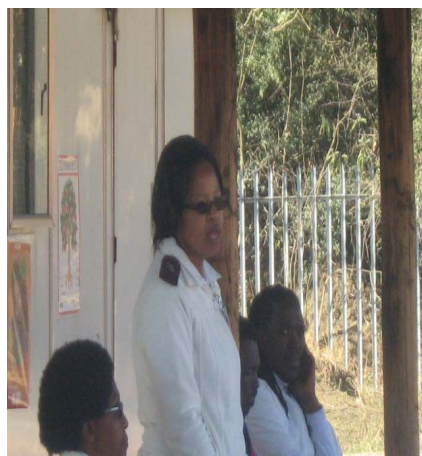
Mrs G. L. L. Zuma
Hospital Manager.

Inside this issue:

A WORD FROM THE CEO	1
MENTAL HEALTH	1
NEW APPOINTMENTS.	2
MRS NZIMANDE & OPERATION SUKUMA SAKHE.	3
NITHI MANDIYEPHI	4
MENTAL HEALTH AWARENESS & MRS DLANJWA FARE WELL.	5
SPORRTS DAY	6
MVUBUKAZI MENTAL HEALTH AWARENES.	7
MVOTI MENTAL HEALTH AWARENESS	8
QUALIT ACHEIVEMENTS	9
EDITOR'S WORD	10

MENTAL HEALTH AWARENESS..

VIVA MENTAL HEALTH VIVA !!!!!!!!.



We had to pay visits to a number of community clinics to raise awareness to the different communities. Who better than the highly dedicated, motivated and passionate Sister Sosibo to educate the community members on the possible causes of mental illness and the steps that can be taken to prevent or deal with mental illness. The clinics that we visited included St Margerets gateway clinic, Mvubukazi community clinic and Mvoti community clinic to name a few. We also had the opportunity to watch a drama play performed by the staff members of uMzimkulu Psychiatric Hospital which was also very educational and entertaining to say the least.

NEW APPOINTMENTS.

Ms N. C. Ntobongwana - Assistant Manager Nursing (M & E)



Mr S. M. Hlophe - Patient Administration Officer.



Mr M. M. Nxele - Chief Artisan (foreman).



Mr A. D. U. Scina. Public relations trainee.

OTHER NEW APPOINTMENTS.

Samka L. (Professional Nurse).

Hlela S. G. (Artisan fitter).

Mhlongo A. N. (Principal Security Officer).

Phoswa N. (Professional Nurse).

Mabona A. (Professional nurse).

Nzimande S. S. (ENA).

Nzimande M. B. (ENA).

Mzizi S.C. (ENA).

Mthlane T. M. (ENA).

Rabaza N. P. (ENA).

Mbanda P. C. (ENA).

Mnguni A. B. (ENA).

Ngcaweni N. P. (ENA).

Sivuku F. N. (ENA).

Dladla M. Z. F. (ENA).

Cele H. P. (ENA).

Ndlela N. (Professional Nurse).

Ngcobo L.N. (Finance Manager).

Ndobe N. P. (Intern).

Mbanjwa D. (Intern).

Njilo S.M. (Intern).

Matomela S. (Intern).

Ndaba V. M. (intern).

Mthembu W. S. (intern)

Nqoko P. (Waste Management Officer).

Lecheko P. (Supply Chain Manger).

Bam N. (Artisan fitter).

Tapi R. (Operational Manager).

Titi M. (Assistant Nursing Manager)

Dube Z. J. (Operational Manager).

Nqana N. (Professional Nurse).

Maduna M. (Tradesman).

The following persons have moved up from (ENA) or (EN) to (PN).

Memela J. M. (ENA to PN).

Mbatha S. C. (EN to PN).

Mlambo S. C. (EN to PN).

Xulu X. N .P. (EN to PN).

Dlamini X. S. (ENA to PN).

Sosibo M. N. (ENA to PN).

Mphayise A. N. (ENA to PN).



Mr N. Bam.
Artisan Fitter.

Mrs L. N. Ngcobo.
Finance manager

BRAIN THOUGHT

IN PAYING ATTENTION TO THE DETAILS OF WHAT YOU DO, YOU HONOUR THE SACREDNESS OF ORDINARY LIFE...

Umzimkulu Hospital welcomes you all with open arm and hopes that your stay will be as pleasant as possible. "put your feet up and make yourself at home!!"

OPERATION SUKUMA SAKHE WITH MRS NZIMANDE.



Mrs T. F. Nzimande (Assistant Nursing Manager) and Operation Sukuma Sakhe war room coordinator.

“Report all cases in the war room in your community”

We acknowledge the contribution made by Umzimkulu Hospital towards “Operation Sukuma Sakhe”. It has led to the identification of people in need of assistive devices, identification and assistance of families in urgent need of social relief. The Hospital appreciates the great effort made by Mrs T. F. Nzimande in coordinating ward 16 war room activities.

These are the words of assistant nurse manager who is the war room coordinator of ward 16. Mrs Nzimande is urging the community not to sit with challenges that need government intervention when programs like Sukuma Sakhe (OSS) are present in the community. War on poverty programme OSS. This programme was designed based on poverty

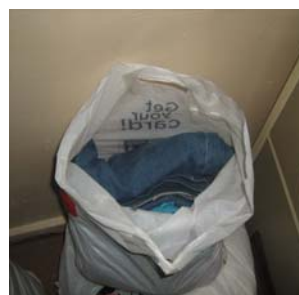
and economic indicators. It was launched in 2009 under the campaign ONE HOME, ONE GARDEN, ONE RURAL VILLAGE. The target group of people looked at as vulnerable is women, youth, disabled people and elderly.

The OSS model is designed to address critical areas of Community participation. Integrated service delivery. Behavioral change to address HIV/AIDS, teenage pregnancy, crime, substance abuse, road accidents, gender-based abuse and violence. Empowerment of women and youth and addressing the needs of the most vulnerable and deprived communities and household, by creating opportunities for skills development and employment.

In the OSS model, coordination of service delivery at the ward level is centered on the “war room”. Each war room has a dedicated team that includes Community Care Givers (CCG,s) who provide services at households level . Youth Ambassadors who promote behavior change and healthy lifestyle. Community Development Workers (CDW,s) who provide advice, secretariat functions and monitor interventions initiated through the war rooms. All government departments officials who deliver the services and the civil society organizations who play a supportive, advocacy and accountability role.

The primary thrust of the OSS is the household and the focus being HEALTH PROMOTION, HEALTH PROTECTION AND DISEASE PREVENTION. The province’s leadership provides the OSS oversight and support. The District and local level mayors are OSS champions at district and municipality levels. Councilors are warding level champions. The Premier, MEC and heads of departments (HOD) are also champions and oversee OSS implementation in specific districts.

YOUR COMMUNITY IS DEPENDING ON YOU !!!



On the left and above are some old clothes donated by the community and staff members from Umzimkulu hospital. These are collected by Mrs Nzimande and taken to the Operation Sukuma Sakhe war room so they can be given to the needy.

While others were gathered to receive some knowledge on mental health, the drama team was getting ready to perform a stage play called "NITHI MANDIYEPHI". Seated is Mr Mpompi - Professional nurse acting as a mental health care user and Mr Mthalane (ENA).



MENTAL ILLNESS IS AN ILLNESS LIKE ANY OTHER!!!

BRAIN THOUGHT.

When you appreciate just how special it is to be you. You can be generous and see how special others are too.



Making fun or discriminating against mentally challenged individuals is not appropriate in the sense that they need support like any other individual that has a life threatening illness. If we all come together and fight

against mental illness while promoting mental health and educating the community about mental illness, we can eradicate the stigma related to mental illness thus creating a mentally healthy generation.

YOUNG AND INVOLVED.

It is quiet encouraging to see young people getting involved in community development and eradicating the stereotype which always associates the youth with radicalism , drug and substance abuse. Where as the ward councilor at Clydesdale Is a youthful young man who is more than willing to do everything in his power to help his community.

This may sound off the record as far as mental health is concerned but the fact of the matter is that more people are getting more involved when it comes to community development including mental health...



At first it seemed as if the people did not have that much interest in the event, but by the grace of the Almighty, the attendance was more than what was expected. Even some people who are not from the Clydesdale surroundings made it for the event showing that the interest and involvement of people is on the increase.



WITH AGE COMES WISDOM..

MAM'U Ndzimande a senior community member was sharing her story about her wonderful experience with mentally challenged people from her community and the fact that mentally challenged people are people too, they need to be loved and supported by their families and community members.



UNGESABI...

It was very interesting to see community members get so involved with something that involves nurses. Nurse , clinics and hospitals are always thought to be the most unfriendliest places that one can go to ask for help.. But with the help of Batho Pele, people are starting to gain trust in our health care givers. People were asking questions and getting more involved.

FARE WELL MAM'U DLANJWA!!!!!!



Some say she is one of the best, some say she is the best of the best. The fact remains she has brought about great change regarding health care service delivery still managing to remain the most humble of health care givers in the vicinity of Umzimkulu. This great icon has decided to down tools and spend the rest of her humble years at home with her family. Fare well mama may your legacy live on, don't forget us as we will never forget you....



SPORTS DAY: M. Madlala in action for Embizweni football team. All the state departments were involved.



ABOVE: Our soccer team had a promising start to a soccer game which took place at the Umzimkulu college sports ground, on Wednesday (the 01/08/2012) only to suffer defeat on penalties! Hard luck majita!!!!



A small briefing just before the penalty shoot out.

Some of the footage from the mental health awareness campaign.



Top left: Its time for lunch at St Margerets gateway clinic.
Bottom left: Staff choir performing on stage
Top right: LSA supervisor delivering her speech.

FOOTAGE FROM MVUBUKAZI CLINIC.



ABOVE: Nothing better than starting the day with a prayer to make sure the day goes well. The prayer is led by Pastor Kheswa.



ABOVE: Sister Nomvalo doing what she does best, educating the community in the catchment area of Mvubukazi clinic.



LEFT& RIGHT: The local young stars and old ladies come together in efforts of entertaining the crowd which came out in huge numbers. They performed traditional dances and scathamiya (cothoza mfana!!)



ABOVE: The locals also performed a drama play which was also very entertaining.



ABOVE: The people really did attend the event which shows that interest is increasing.

FOOTAGE FROM MVOTI CLINIC.



Above: Mr Mavuma welcomes everyone who made the effort to go to Mvoti clinic. He was also the master of ceremony for the day. Quiet an outspoken man indeed.



Above: Sister Nomvalo at it again, spreading the word of mental health and awareness to the people of Mvoti clinic.



Above: Schools had to close down for the day so scholars and their teachers could join us in learning about mental health awareness.



Above: The Community Care Givers sang a few songs from their local choir.



Above: Mrs Dlanjwa also gave a speech on mental health awareness and promotion.



**BABANINGI
ABANTU !!!**

BRAIN THOUGHT
**THERE ARE TIMES FOR
PUZZLING OVER THE
MEANING OF LIFE AND
TIMES TO FIND OUT BY
LIVING IT. GET ON WITH IT!!!**

Look back at a mental health day fun walk. Which took place from Umzimkulu hospital to Umzimkulu town and back to the hospital.



The community of Umzimkulu together with patients from Umzimkulu Hospital came together in numbers to support an initiative established by the members of staff from Umzimkulu Psychiatric Hospital. The day included a fun walk, a series of fun games and refreshments

QUALITY ACHIEVEMENTS.

Achievements have also been made under quality improvement.

These include:

- ◆ renovations and upgrading of ablution facilities at Khanya Forensic ward and Ezibeleni ward for intellectually challenged persons.
- on going project of painting all wards.
- Lastly fencing of the hospital premises.



A word from the editing team.



Mr J. Situma. (Quality Assurance Officer)



Mr A. D. U. Scina. (Public Relations trainee)

Here we meet again once more after a very long time since the publication of the last Embizweni News letter . A lot has happened during the period. We are writing, this newsletter when the Department of Health is now busy piloting enrolling of the National Health Insurance (NHI).

There are hospitals that have been selected to pilot the NHI project. Working towards that, all health care facilities in our country have been assessed their status using the NCS tools. Our hospital is not an exception. The purpose of this assessment was to collect baseline data of all. To our surprise, we managed to obtain “B” (non compliant) score, which is very much promising that indeed we are working towards improving our services.

As Specialised Psychiatric Hospital whose objective is to provide admission, treatment, care and rehabilitative services to persons with mental illness and disorders, we shall also continue to put focus on the prevention of mental illness and promotion of mental health as the focus is on reengineering of PHC.

Rendering quality health services is like rendering a service to “Almighty God” there fore we will never ever stop going those extra miles when we render out services. We will always promote Quality Assurance, that is, striving for excellence.

To the Management team. We thank you that much for your support in our day to day efforts to ensure customer satisfaction, if not excellent customer service. To the rest of the staff, client satisfaction surveys reveal that so far you have managed to live up their expectations. These following words from Booker T. Washington seems to be talking to you, “Any man’s life will be filled with constant and unexpected encouragement if he makes up his mind to do his level best each day”.



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PROVINCE OF KWAZULU-NATAL

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**TODAY IS A GIFT. FREELY GIVEN TO
YOU SIMPLY BECAUSE YOU ARE
ALIVE. UNWRAP IT WITH PLEASURE,
SAVOUR IT AND GIVE THANKS GEN-
EROUSLY.....**

ASSISTANT DIRECTOR ADMIN OFFICE	NO. 7
BOARDROOM	NO. 8
DOCTORS CONTROL ROOM	NO. 4
FINANCE OFFICE	NO. 6
HUMAN RESOURCE OFFICE	NO. 19
HOSPITAL MANAGERS OFFICE	NO. 10
NURSING ASSISTANT MANAGER	NO. 5
O.P.D. AND DOCTORS CONSULTING ROOM	NO. 21
PHARMACY	NO. 23
PSYCHIATRIST OFFICE	NO. 3
RECEPTION	NO. 22
REGISTRY	NO. 16
REST ROOM	NO. 17
SALARIES OFFICE	NO. 2
SENIOR ADMIN OFFICE	NO. 11
S.N.S.M. OFFICE	NO. 1
SWITCHBOARD	NO. 20
TRANSPORT AND PROCUREMENT	NO. 20