



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Amajuba Health District

## Siyakhuluma

# NEWS

STAY INFORMED

Oct – Dec 2018

TAKE RESPONSIBILITY FOR YOUR HEALTH



**KZN MEC for Health, Honourable Dr . S.M. Dhlomo set alight a candle in remembrance of people who passed away due to HIV / AIDS with Bishop J.J. Mahlangu, Cllr, Dr M.G. Ngubane ( Amajuba District Mayor) , Dr. Fana Ndlovu (Traditional Health Practitioner who is a Stafford Clinic Committee Member during a World AIDS Day that was held in Ward 14 at Amajuba**

World AIDS Day has been globally observed annually and since 1984 to raise awareness on the AIDS pandemic caused by the spread of HIV virus. The day is also used to mourn for those who have succumbed to AIDS .

The scorching sun did not deter a number of communities who filled up a sizeable tent to observe World AIDS Day at Section 7. Two adult female and a male gave testimonies that they had lived with the HIV virus for more

than twenty years. They are both on HIV treatment. They gave the credits to the health workers who had supported them through their journey.

MEC for KZN Health , Dr S.M. Dhlomo urged all citizens to get tested at least once a year, in line with the World AIDS Day theme, “ Know Your Status - Cheka Impilo”. Dr S.M. Dhlomo alluded on progress that the department had made for the last 30 years to fight AIDS. Dr Dhlo-

mo said that more focus would also be put on protecting young girls and women who are facing highest risk of getting infected with HIV. Through the project DREAMS (Working Together for an AIDS - Free Future for girls & women )and She Conquers programmes which was launched in 2016 by President Ramaphosa these meant to empower, support, encourage them to grow up and be independent and self sufficient, so that they don't rely solely on men to get by in life.

# IXOXWA NGEZITHOMBE



## CONSULTATIVE FORUM GATHERED TO DISCUSS HEALTH ISSUES



District Health Consultative Forum gathered under one roof with the aim of discussing issues which affect service delivery outcomes and to come up with resolutions on how to improve and move forward. The Forum discussed different issues which affect service delivery negatively. Among the issues that were discussed , operating hours , shortage of staff and shortage of medicines and stipend for facility committee members came up top on the list. The forum is made up of officially appointed clinic committee members, hospital boards civil society group and ordinary community members.

## MADADENI HOSPITAL ANNUAL MENTAL HEALTH EXCURTION TO AMCOR DAM



**M**adadeni Hospital psychiatric patients had a fun day at Amcor dam. They were accompanied by a dedicated and highly skilled nursing staff. The psychiatric patients had a fun-packed day recently at Amcor dam.

The three legs that hold Mental Health so firmly e.g. Care, Treatment and Rehabilitation is an ongoing process to prepare users for discharge. They are equipped with *essential* coping skills which assist them to adapt with life within society and as normal as possible. On arrival each ward chose their shady spot for the day and begun creating their own picnic area for a day. The music kept everybody on the dancing floor. The nursing students and mental health staff brought on the fun with miscellaneous games. Fires were lit, smoke filled the air and soon the tantalizing mouth watering aroma of braai meat was felt throughout the air. Outdoor adventure programs are associated with relaxation and proved to be beneficial of mental health.

Prior to excursion all users are evaluated and declared fit by the psychiatrist. They are then prepared by ward nursing staff to build up enthusiasm towards an outing. Thereafter a re-evaluation is conducted to measure an impact of the event on the user.



# SURRYVILLE PRIMARY SCHOOL HAS ATTAINS A HEALTH PROMOTING STATUS



Ungena esangweni lesikole iSurryville awungabazi ukuthi lesikole samabanga aphantsi sinomehluko. Ukhangwa ubuhle bezimbali, izihlahla egcekeni elihlelekile futhi elihlanzekile. Abasebenzi, abafundi, othisha benza isiqiniseko sokuthi uzizwe wemukelekile futhi uphephile. The Health Promoting school programme is a vehicle to disseminate health information to the community at large. For a school to be declared a Health Promoting School, it requires a strong commitment and dedication from learners, educators, parents and tremendous ongoing support from a number of stakeholders in all sectors.

# ACKNOWLEDGEMENTS

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