



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# St. Aidan's Regional Hospital

# The Voice/ Izwi NEWS

December 2018

## BRINGING SERVICES TO THE PEOPLE

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*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*



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*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*

# EDITOR'S CORNER

I can scarcely believe that within 3 weeks the year will be over and the Christmas Holidays will be upon us.

We have seen a hive of programs, functions and projects taking place in the year 2018. I take this opportunity in thanking The Almighty God who has brought us thus far, St Aidan's Senior Management Team, The hospital Governing Structures, the Outsourced staff members (Security, Cleaning and Catering) and St Aidan's employees both clinical and non clinical staff for their commitment.

We have had our ups and downs during the year 2018 but we have managed to overcome and gain a lesson from all the activities that took place.

Following the storm that occurred on the 10/10/2017 that affected numerous KZN Health facilities the ROOF Repair project was initiated.

The project is currently in progress and is approximately 30% complete. the anticipated date of completion is the end of March 2019.

The consequences of the storm hit hard and affected services that are delivered at King Edward Hospital. While the renovations are underway in King Edward Hospital, St Aidans Hospital is accommodating the following services : Post Natal Ward, Surgical Ward and Maxillo Facial Surgeries.

We have also managed to successfully install the air conditioning units in the following departments: Urology Clinic, Haemodialysis Ward, Peritoneal Dialysis Ward and High Care/ Pediatrics Ward. We are glad that this has created much comfort for our patients in this extremely hot weather conditions.

The in-service training on the National Guideline to Manage Complaints, Compliments and Suggestions in the Public Health Sector of South Africa was conducted by the Public Relations Officer for all staff members. A Hospital Specific Standard Operating Procedure to Manage Complaints, Compliments and Suggestions was developed and distributed to all Units.

I would like to wish all of you a blessed and joyous festive season. Those who are going on leave and will be travelling, please respect the rules and regulations of the road. Those who will be working throughout the festive season, remember you were solely appointed by the Almighty God himself to preserve and to save lives.





# HEALTH OUTREACH CAMPAIGN



Under the theme “Bringing Services to the People” St Aidan’s Regional Hospital, McCord Eye hospital, Heart Foundation, Association for the Deaf, SANCA, and Herbal life joined hands and conducted an outreach campaign for the community of Durban CBD and surroundings. The event was held on the 22 June 2018 at St Anthony’s Church hall.

The following services were rendered for the community that came in numbers: TB Screening, BP and HB Testing, HIV/ AIDS Health testing and Counseling, Social Services, Occupational Therapy Services, Eye Screening, Heart Screening, Ear/ Hearing Testing, Substance Abuse Services and Dietician Services.

Approximately 352 people were serviced on the day. The event was also aimed at educating the public about the importance of maintaining a positive and healthy lifestyle.



# MANDELA DAY



Mandela day is an annual event that is celebrated nationally on the 18<sup>th</sup> of July. St Aidan's Hospital commemorated this day on the 31<sup>st</sup> of July 2018. A team of health care workers visited Effingham Primary School at Avoca Hills.

The aim of the visit was to conduct health education and TB Screening for the pupils. Education on prevention of TB, HIV/AIDS and all other infectious diseases was conducted for all the learners from Grande R— Grade 7. Approximately 1127 pupils were screened for TB and 6 presumptive cases were referred to their local health care facilities for further investigation and management.

The team also provided goodies for the young ones and they seemed to really appreciate it.





# WOMEN'S DAY



**S**outh Africa commemorates Women's Month in August as a tribute to the more than 20 000 women who marched to the Union Buildings on 9 August 1956 in protest against the extension of Pass Laws to women.

The Government of South Africa declared August women's month and 9 August is celebrated annually as Women's Day.

The Year 2018 also marks a special day which is the 100 years of a birthday celebration of Nonsikelelo Albertina Sisulu, who was one of the most important women leaders of the antiapartheid resistance in South Africa.

Women of St Aidan's hospital from all levels attended a prestigious women's day celebration organized by the office of PRO under the theme "Bring out the best in You Women of Fortitude". The event was held at The Billy G Restaurant in Suncoast on 31 August 2018.

**WOMEN'S DAY 2018**

100 YEARS OF ALBERTINA SISULU:

*Woman of Fortitude*

WOMEN UNITED IN MOVING SOUTH AFRICA FORWARD





# UMGUBHO WOSUKU LWAMAGUGU

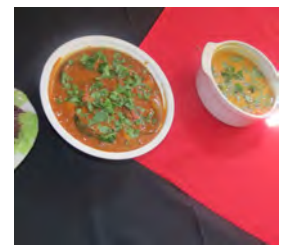


Bekusindwe ngobethole abasebenzi beisibhedlela St Aidan's bebungaza inyanga yamagugu, okuyinyanga egujwa minyaka yonke eNingizimu Africa. Lenyanga igujwa ngenyanga ka Mandulo.

Mhla zingu 21 kuMandulo 2018 abasebenzi besibhedlela I St Aidan's bahlangana ukubungaza lolusuku. Lesibhedlela sakhiwe izinhlanga ezimbili: abomdabu wase Ndiya kanye nama Zulu. Zombili lezinhlanga zihlanganyele ndawonye ukubungaza lolusuku.

Bekukhona imidlalo nemincintiswano eyahlukene yokufundisana ngamasiko omunye nomunye. Bekuphekiwe nezibiliboco ezahlukahlukene.

Neziguli ziluthakasele lolusuku njengoba nazo beziyingxenye yalombungazo.





# GLOBAL HAND HYGIENE DAY



## **“ Clean Hands– A recipe for Health”**

**G**lobal hand washing day is commemorated annually in October. This day was celebrated under the theme “ Clean hands– a recipe for health” . This years theme focuses on the link between hand washing and food, including food hygiene and nutrition.

The aim of this day was to raise awareness on importance of hand washing as the important part of keeping food safe, preventing diseases and helping children grow strong. It was also aiming at reminding children to make hand washing part of food consumption.

On 15 October 2018 St Aidan’s Infection Prevention and Control Team visited St Anthony’s Primary School. Health education was provided for the pupils during the morning school assembly in English by Prof/n N. Padayachee and in IsiZulu by Prof/n V.V. Ndlovu.

The other IPC Team members were left at the hospital to educate patients and conduct in-service for staff members.

# MOCK VHF/EBOLA DRILL

In response to the Viral haemorrhagic fever/Ebola Outbreak in DRC. The staff in-service for both clinical and non clinical staff on management of suspects and confirmed cases was conducted. Followed by a drill that was also coordinated by Prof/n S Venkantramen from Urology Ward and all staff from clinical departments participated in the preparation for stimulation according to the task allocation which was done on 21 August 2017.

The purpose of the drill was to train staff on management of patients with viral haemorrhagic fevers, Ebola and other communicable diseases and to be ready for the outbreak. All staff members need to be kept knowledgeable about the viral haemorrhagic fevers management and what is expected of them



whilst the patient is kept in isolation before the patient is transferred to the designated health facility which is Addington Hospital for EThekweni District.

The Drill was conducted as per the SOP, The security guards called the clinic to inform them that EMRS is with an Ebola suspect from one of the local clinics. Prof/n A. Sewlal phoned from the clinic to inform staff in the ward to prepare for the patient. When the ward Prof/n NP Ntombela, Prof/n AN Magubane staged as a doctor and Prof/n L Govender, were ready for the patient, the ward informed the clinic staff to direct EMRS to the ward from the ambulance via the emergency exit door at the back of the clinic, using stair cases to ward M4/5.

EN F. Luthuli staged as the sick patient brought in by Prof/n T.R. Mtolo who staged as a Paramedic. The patient was admitted from the ambulance, the doctor and two nurses were ready for the patient. Blood specimen were taken, procedure for transportation of lab specimen, disinfection and decontamination procedure, waste disposal, disposal of the body, staff attending to patient, baseline investigations, incubation period and everything about Ebola was explained to staff.

All staff members observing the drill were given the chance to ask questions.





# OPEN DAY/ QUALITY DAY



This was the opportunity to celebrate the quality achievements, and recognize those that uphold trust to sustain and improve performance every day of the year. This day was commemorated on 14 November 2018 at St Aidan's Canteen. The aim of this day was to also introduce the new Nephrology ( Peritoneal Dialysis and Haemodialysis) services that are rendered at St Aidan's Hospital.

This day was blessed by the presence of our clients, and the community at large. The programme was opened in prayer by Rev Hadebe who is the hospital chaplain. We also had different information desks for all the services rendered at the hospital.

Different activities, stage plays and songs were staged to educate staff and patients about the KZN DOH Programmes.

The health education was appreciated by our clients.

# FAREWELL EVENTS



It was a happy and a sad moment when St Aidan's Management Team bid a farewell to the hospital CEO Dr Mandlenkosi Mazizi. Dr. Mandlenkosi Mazizi joined St Aidan's team in May 2015.

The farewell function was held on 30 November 2018 at St Aidan's Main Boardroom. Speaking on behalf of Senior Management, Mr. P Ramowtar mentioned that Dr Mazizi joined St Aidan's during difficult times and did very well under the given constraints.

He also thanked him for showing faith and trust in St Aidan's Senior Management Team in assisting him to run the hospital as most of his time had to be spent at King Edward Hospital. He also indicated that the team will be

loosing him as a boss but he will remain a friend forever, he wished him all the best during his retirement.



The Finance department held a farewell for Mr. Norman Nsele, who was working as a Senior Finance Management Officer. The event was held on 28 September 2018. Mr. Nsele was well known for being very vocal when it came to fighting for the rights of the employees. Mr. Nsele was commended for his hard work over the years that he has worked for the department. Ms. Philicia Adonis ( Finance Manger) wished him well in his early retirement.



The Systems department organized a farewell function for Mr. Xolani Prince Makhanya who dedicated 10 years of his life to St Aidan's Hospital. Mr. Makhanya was working as a driver. Mr. P Ramowtar commended him for his dedication and reliability. He also mentioned that the corridors will be very quiet without Mr. Makhanya who was always loud and jokily.



# FAREWELL EVENTS



A mother, a friend, a sister and a pillar of strength. That was what was highlighted about Prof/n T Mjwara who retired in June 2018. Prof/n. Mjwara was working as an Operational Manager for Theatre. She was a women of courage, very polite. She was commended for being very professional, organized and knowledgeable.

Mrs. SD Pillay thanked her for dedicating her life to the Nursing Profession, and for upholding the nursing ethics.



St Aidan's Nursing Management held a farewell function on 13 November 2018 for Prof/n J Jivan who was working as a Operational Manager for Pediatric Ward and High Care Ward. Sr. Jivan was well known for her giving heart.

Mrs. SD Pillay congratulated her for reaching the retirement stage, she indicated that it is indeed a blessing to turn 65 and still look like a sweet 16.

# NEW APPOINTMENTS

Mrs. IFR Xaba  
Operational Manger : Theatre  
App. Date: 01/12/2018



Mrs. AN Magubane  
Assistant Nursing Manager  
App. Date: 01/12/2018



# YEAR END FUNCTION



St Aidan's hospital team held the Hospital Year End Function at the Blue Lagoon Conference Centre on 14 December 2018. The function was attended by the hospital staff members from all levels.

The aim of the day was to give thanks to The Almighty God for His guidance, His strength and His Protection through out the rest of the year. I



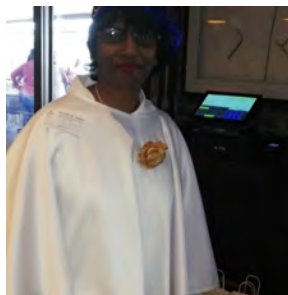


# PHOTO GALLERY

## Outreach Campaign



## Women's Day



# PHOTO GALLERY

## Heritage Day



## Open day/ Quality Day





# ACKNOWLEDGEMENTS



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