



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

ST AIDAN'S REGIONAL HOSPITAL

THE VOICE

NEWS

GROWING KWAZULU-NATAL TOGETHER

OCT-DECEMBER 2020

16 DAYS of Activism
for no violence against Women and Children

ST AIDAN'S ON THE MAP AGAIN



Amongst the diseases encountered by the Urology department at St. Aidan's Hospital patients with non-

functional kidneys are often seen. Due to constant pain and recurrent infections these patients often require their

diseased kidney removed - a nephrectomy. Commonly, even in the private sector this operation is performed by

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A SUCCESSFUL LAPAROSCOPIC NEPHRECTOMY WAS PERFORMED AT ST. AIDAN'S HOSPITAL.

making a large incision on the patients abdomen. This means patients undergo a prolonged convalesce period before they are fully recovered from the operation .

On Wednesday 25th November, a successful laparoscopic nephrectomy was performed at St. Aidans Hospital.

The team at St. Aidans in collaboration with Dr Ozair Alli, a urologist in private practice, and with equipment sponsored by Ethicon, conducted this institution's first removal of a kidney through 3 small holes in a 14 year old female patient. The patient had a congenital shrunken kidney resulting in pain and hypertension.

The laparoscopic approach is the gold standard for this procedure, and up until recently was not possible at St Aidans due to lack of equipment and expertise. The approach results in faster return home, less postoperative pain, and a smaller scar.

This patient was pain free the day following surgery and was discharged, several days earlier than if the procedure was performed open.

From the beginning of the year, the team at St. Aidans has employed laparoscopy in other urological procedures, and plans to offer further procedures to its armamentarium in the future.



Urology team during the laparoscopic procedure



Prof N. holding samples of the removed kidney

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QUALITY DAY

This year's theme for Quality Day "*CREATING CUSTOMER VALUE*" was introduced as one of the Batho Pele Principles. The meaning of the theme was explained to the patients that it entails being satisfied with the care they receive in our Hospital. Due to Covid 19 quality day was commemorated departmentally.

Haemodialysis staff gave talk and health education to their clients on customer value by emphasizing on their rights as patients especially the Right to be nursed by a named health care provider, the Right to complain when not getting the care that they deserve as well as the Right to be treated with respect and dignity.

Patients responsibilities were also emphasised especially the responsibility of taking care of their own health. This was related with a health education topic on "Fluid Control" to avoid fluid overload as they are suffering from Kidney Disease. Signs and symptoms of fluid overload like, puffy face, swollen hands and ankles, difficulty in breathing were mentioned. Ways of quenching thirst like sucking ice tubes or a slice of lemon, eating an apple or frozen grapes or chewing a gum instead of drinking fluids were also shared with patients. By following this advice, patients will avoid the fatal situation that can be caused by fluid overload and ensure long stay and quality life in Haemodialysis.

Patients were encouraged to participate in the talk by asking questions and the staff asked them questions about the talk and correct answers were rewarded with tokens.



QUALITY DAY

On 18 November 2020 Urology clinic also observed the quality day, patients were provided with healthy sandwiches, juice and fruits and health education was conducted by the dedicated staff members.

Urology Team preparing sandwiches



Patients enjoying their lunch

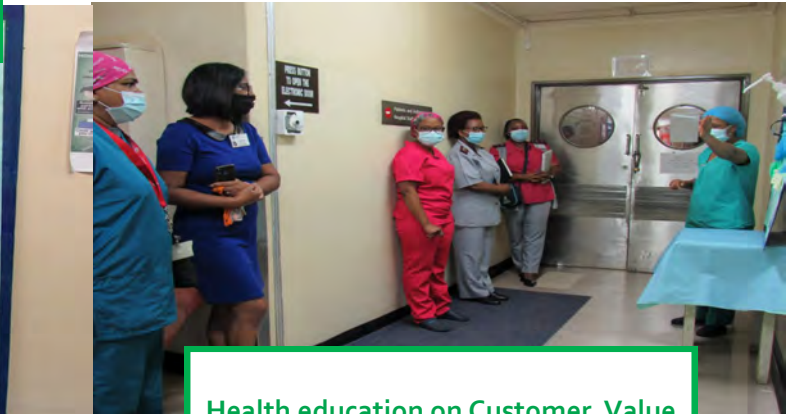


Theatre also conducted the health education on Customer care and adequate protective clothing for theatre users.

Prof. N. NN Mhlongo during the health education



Health education on Customer Value



Urology patients receiving their hampers.

November is also regarded as Men's Health Awareness month, all prostate cancer patients were gifted with the hamper that was sponsored by AstraZeneca.

APPRECIATION NOTE



Dr. David Batuule

Head of clinical unit: Urology St Aidan's Hospital

The School of Clinical Medicine has taken the opportunity to acknowledge the contribution and determination of Dr David Batuule in improving the standard of urology health care at St Aidans hospital. Dr David Batuule, Head of the Urology Clinical Unit (HCU) at St Aidans Hospital has worked tirelessly over the past two and a half years to improve the standard of care at the hospital. St Aidans hospital is the main referral centre for Urology in KZN and is currently the main teaching centre for Urology registrars.

“His presence in the Department and his contribution to the efficient running of the department is invaluable.” – Dr Haroun Patel

For a long period as the HCU, he was the only Urology consultant at the hospital and had to address and supervise clinical care and administrative duties on his own. He has done a sterling job and leads by example in his work ethic. Dr Batuule has created an environment conducive to teaching and learning for both registrars and medical officers. This has impacted meaningfully on service delivery to the communities served.

“Thank you Dr David Batuule for the wonderful work you do – continue to be exemplary to all.”

Prof Ncoza Dlova

St Aidan's management honoured Dr Batuule with high tea to congratulate him and to appreciate him for his diligent efforts in growing urology services in St Aidan's Hospital.

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INSPIRING GREATNESS

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WORLD AIDS DAY



World aids day is observed annually on the 1st of December across the globe.

The theme for the 2020 observance is “Ending the HIV/AIDS Epidemic: Resilience and Impact” St Aidan’s Hospital also joined hands in bringing attention to the HIV epidemic by increasing awareness and knowledge through educational talks against HIV stigma.

On 02 December Old Mutual Wellness team visited the facility to conduct free testing and counselling for all health care workers. 18 Staff members tested.



**ENDING THE HIV/AIDS EPIDEMIC:
RESILIENCE AND IMPACT**

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YEAR END FUNCTION

In spite of all the challenges that we all have been faced with since the breakout of the Covid -19 pandemic. St Aidan's events committee managed to organise a hospital year end function to bring everyone's mind at ease and to thank God for sparing our lives.

All Covid -19 rules were observed. The function was attended by 60 staff members, all were screened at entrance, adherence to wearing of masks and hand sanitisers were kept at each table, attendees were sanitised at the entrance.

Old mutual sponsored the event with trophies that were awarded to each department as a token of appreciation for everyone's dedication to service delivery.



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MS NOMAGUGU SIMELANE-ZULU
MEC FOR HEALTH

WHAT CAN YOU DO TO STOP THE SECOND WAVE



1



Download the **COVID Alert South Africa app** now and get notified if you are exposed to coronavirus

2



Keep wearing a **mask** whenever you are in public

3



Wash or **sanitise your hands** regularly

4



Maintain a **distance of one-and-a-half metres** from other people at all times

5



Meet outdoors or in a space with **good ventilation**

6



Avoid crowds and gatherings



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**STAY
SAFE**

SAVE SOUTH AFRICA
TOGETHER WE CAN BEAT THE CORONAVIRUS

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PHOTO GALLERY



Prof N. Ziqubu facilitating the educational programme on Customer Impact



Haemodialysis Team



Dr D Batuule handing out the "Movember" Hamper to the patient.



Prof N. Matebere and Prof N. Reddy distributing the sandwiches to urology patients .



EN Sithole handing over the gift hamper to the patient



Little gift hampers prepared by Urology Ward.

PHOTO GALLERY



HIV Testing and counselling



Urology clinic holding Prayer Service on World Aids Day



Theatre department holding Prayer Service on World Aids Day



HD department holding Prayer Service on World Aids Day



Urology Ward holding Prayer Service on World Aids Day



High Care and Nursing Management holding Prayer Service on World Aids Day



PHOTO GALLERY



Dr. D Batule



From left: Mrs. A Pillay, Mr P Ramowtar



From left: Dr P. Subban, Mrs. SD Pillay, Mrs. N H Khwela



Attendees for the year end function



Mrs. SD Pillay giving her opening remarks.



Dr Muzenda receiving the award on behalf of Medical Department.

ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



Mrs. HE Mncibi
Public Relations Officer



Mrs. SD Pillay
Deputy Manager Nursing

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