



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

UMKHANYAKUDE HEALTH DISTRICT

SIKHANYAKUDE

NEWS

STAY INFORMED

April 2018

WELLNESS PROGRAMME REPORT



Hlabisa Hospital soccer team won a jersey, medals and trophy from Old Mutual

Umkhanyakude Health District Wellness programme was successfully hosted at Ndumo Sport Field on 18th April 2018. The event was aimed at involving staff members on healthy lifestyle programme.

Activities included a walk, aerobics, and financial education. Staff members from Hospitals viz: Bethesda, Hlabisa, Manguzi, Mosvold, Mseleni, Itshelejuba, Malaria Control Programme and District Office participated wholeheartedly in the programme.

Hlabisa Hospital got position 1 in soccer and won jersey, trophy, and medals. Mosvold got 2nd position and Bethesda 3rd, they both received trophies. The netball results were disputed therefore the games will have to be replayed.

Special thanks to District Director Ms M.P. Themba, Hospital CEOs and Supervisors for allowing staff to participate; and also to the Sponsor Old Mutual especially Mr S. Mbuyazi and the team for supporting the initiative through providing prizes for winners and financial education.



Mosvold receiving 2nd Price in soccer



Bethesda receiving 3rd Price in soccer



Malaria Control soccer team



Manguzi soccer team



Mseleni soccer team



Malaria Control netball team



Itshelajuba netball team



Bethesda netball team



Team spirit before the game



Mosvold netball team



Mseleni netball team



Manguzi netball team



Aerobics, Soccer, Netball, fun walk, financial education in progress



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