



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

UMKHANYAKUDE HEALTH DISTRICT OFFICE

SIKHANYAKUDE

NEWS

STAY INFORMED

Oct-Dec 2022

CHRISTMAS BABIES CELEBRATED ACROSS THE DISTRICT



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Christmas babies celebrated in Umkhanyakude Hospitals



MEC for Health in KwaZulu Natal Ms Nomagugu Simelane welcomed babies born on Christmas Day 25th December 2022.

In Umkhanyakude, MEC connected with Manguzi Hospital virtually and interacted with mothers, staff and district management and together celebrated the newborn babies and handed them with gifts.

District Director Ms MP Themba congratulated all families who received babies in the district during the joyful festive season and wished them well on their future.

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**GROWING
KWAZULU-NATAL
TOGETHER**

Disability Health Awareness Campaign



Maite Nkoana-Mashabane Minister of Women, Youth and Persons with Disabilities and Dr Sibongiseni Dhlomo Deputy Minister for Health visited Manguzi area on 27 September 2022 to be part of Disability Health Awareness Campaign that had been organised by Gijima Manguzi, which is an initiative meant at reaching out to people with disabilities. This event was supported by the South African National AIDS Council (SANAC) under the Disability Sector.

Health education was provided to event attendants around: sexual reproductive health, healthy lifestyle, HIV testing, nutrition for non-communicable diseases such as diabetes, hypertension, obesity and heart diseases.



SADC Malaria Week was commemorated in Jozini



On 17th November 2022 SADC Malaria week was commemorated at ward 17 under Jozini Local Municipality in Mbadleni area. The day was meant to raise awareness and provide education to the community about malaria which is prevalent in some areas in Umkhanyakude especially in the northern part of the district which are bordering Mozambique.

“Over the years we have been controlling malaria but now we are on a mission to eliminate the prevalence of the disease in our commu-

nities and that will need partnership and cooperation from all sectors to work together hence we are here to provide health education to empower community members to protect themselves and curb the spread of malaria” explained Mrs Nombulelo Mpontshane.



Community members in Mbadleni were mobilised through health education to recognise signs and symptoms of malaria, provide more home-based treatment, seek treatment when they become ill and use personal protective measures.

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KWAZULU-NATAL PROVINCE
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Senior Citizens Health Awareness Campaign



Umkhanyakude Mayor Cllr S Mdaka spending a day with senior citizens



Umkhanyakude Health District Director Ms Themba talking to senior citizens about health matters



On the 17th October 2022 Umkhanyakude District Mayor Cllr S Mdaka spent a day with senior citizens in an event that was held at Mnqobokazi Hall under Big 5 Hlabisa Local Municipality. District Director for Health Ms MP Themba used the opportunity to provide a very informative health education to senior citizens who had attended the event on topics such as: healthy eating, exercising, drinking of enough water, taking of chronic medication and many other healthy lifestyle topics. Furthermore, she

addressed stereotypes and misinformation on Dementia which is one common condition among older people; and unfortunately in rural areas like Umkhanyakude senior citizens behaving strange due to this condition (such as: taking their clothes off, getting lost sometimes at night etc) may be associated with witchcraft hence it was utmost important that such matter is addressed.



Stakeholder engagement on a quest to curb teenage pregnancy



On 25th October 2022 Umkhanyakude Health District held a Stakeholder Engagement Session at Mbodla community hall in ward 12 under Jozini Local Municipality under the theme: “DE-NORMALISING TEENAGE PREGNANCY”. The main aim of the session was to craft strategies in order to mitigate the scourge of teenage pregnancy in the district.



In attendance were various stakeholders such as: Department of Education, Social Department, SAPS, Non-governmental organizations dealing with youth programmes, local leadership and many other role players. Each sector had to come up with strategies on how it would contribute to fighting teenage pregnancy.



She Conquers: Teenage Pregnancy Awareness Campaign

On 26th October 2022 Imbizo was held at Mbodla Community Hall which had been organised to fight the scourge of teenage pregnancy in the district. Categories of role players were separated into various commissions in order for them to develop strategies on how best teenage pregnancy could be fought.

Female parents, male parents, boys out of school, boys in school, girls in school, and local leaders all met respectively to discuss teenage pregnancy in their own perspective. After commissions had concluded their discussions, there was a report-back session where each group shared its deliberations at plenary for further discussions and paving of way forward.



Isibaya Samadoda: Men's dialogue



Prince Nhlanganiso Zulu & Inkosi uGumedeYeSizwe swakwaMakhasa

Prince Nhlanganiso Zulu, son of the late King Goodwill Zwelithini kaBhekuzulu visited Makhasa area in Mduku under the reign of Inkosi Gumede through a programme that was designed to target men under a men's health concept called Isibaya Samadoda (loosely translated as the circle/kraal of men).

Men are believed to face multiple of challenges in life. Responsibilities and expectations are high, yet guidance and support is often lacking in their busy lives. For young men, in particular, messages are mixed and confusing. The Prince aims to remedy this by creating a support structure that allows men to work together to address social challenges.

His vision is to replicate the circle or kraal of men, who come together to share knowledge, provide guidance and seek advice in a safe, supportive space. By creating

a platform for open dialogues and the free-flow of reliable information.

Prince Nhlanganiso Zulu motivated men and encouraged behavioural change. He talked at length to men about issues such as:



Sr Mbambo from Mseleni Hospital and Mr Masinga from Department of Social Development addressing men who attended Isibaya Samadoda

teenage pregnancy, gender based based violence, alcohol abuse, men's health and many other family related topics that men should consider.

Government Departments, Non-governmental organization, civil society group and other community based organization participated in the programme

and shared various teachings to men who had attended the Isibaya Samadoda session.

Umkhanyakude Health District Director Ms Makhosazana Themba was a rose among thorns at the Isibaya Samadoda and shared extensively on health matters and encouraged men to take serious consideration when it comes to their health.

The session took a special focus on addressing variety of issues such as: family planning, male medical circumcision, HIV & Aids, gender based violence et cetera. Inkosi Gumede was very happy that Isibaya samadoda programme was held at Makhasa and he commended Prince Nhlanganiso for visiting men and instil values.

Health Functionality Monitoring Programme in Umkhanyakude



On 5th October 2022 Members of KwaZulu Natal Legislature led by the Deputy Speaker Hon. RT Mthembu visited Mosvold Gateway, Ndumo and Makhathini clinics under Jozini LM as part of Health Functionality Monitoring Programme.

On 6th the programme was joined by Umkhanyakude OSS Champion MEC Hon. Sihle Zikalala and the visit began at Nhlawathi clinic under Big 5 Hlabisa and ended at KwaMsane clinic in Mtubatuba.



The programme is part of provincial legislature's work to conduct oversight in health facilities to ascertain readiness to welcome and attend patients whose rights are to receive health services offered by professional staff in a conducive environment.

The department already put key priorities to improve the provision of health services in facilities viz: positive staff attitude, reduced waiting times, cleanliness, infection and prevention control, availability of medicines and patient safety and security.



MEC Champion for Umkhanyakude Hon Sihle Zikalala during Health Functionality Programme at Inhlwathi Clinic.



Region 4 Infection Prevention & Control Training



Regional IPC training for Region 4 which included King Cetshwayo, Zululand and UMkhanyakude was held in Ulundi from 15-17 November 2022. The purposes of the training was to: introduce the Provincial IPC Strategy and its contents to all stakeholders for implementation; to clarify the roles and responsibilities of different stakeholders for the successful implementation of the strategy and to present compliance indicators and performance by the Province and Districts.

Eight (08) Core Components were discussed at length with practical exercises by both the District IPC Managers and the Provincial IPC Team to improve implementation of IPC in facilities.

The session was attended by District and Institutional IPC, QA, MnE, Systems, CDC, EHP, WMO, Housekeeping Supervisors from both public and private sector. All these stakeholders are central and critical in the implementation of IPC guidelines in all health facilities in the region and beyond.

Well organized training and implemented as such. Good attendance and participation, hoping for better implementation at all levels of care.

IPC training attendees after concluding their programme ready to go back to their respective facilities and implement what was taught.



Provincial & Region 4 IPC Managers

World Aids Day Commemoration

Cogta MEC Hon Sihle Zikalala in his capacity as OSS Champion presided over the World Aids Day commemorations in Nkungwini under the Mkhanyakude District on 8th December 2022.

The commemoration began with a march/walk from Mosvold Hospital to Ingwavuma Police Station which was meant to raise awareness to violence directed to women and children.



Hopefully you enjoyed festive holidays with your families; those who were working during holidays thank you for commitment and dedication in service of our community.

Happy New Year & Complements of the new season.



Ms MP Themba
District Director

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