



Happenings on the Hill

NEWS

December 2020

Day of prayer



Hillcrest Hospital HCF and Organized labour came up with an idea of a prayer day, to call upon the Almighty's intervention on the fight against the Covid 19 Pandemic, To also pray for the infected and affected, and to thank God in spite of Covid-19 we are still standing by His grace.

Staff was encouraged to wear their heritage regalia to show unity even though we come from different backgrounds and religious beliefs.

Pastor Ndlovu who shared words of wisdom, Dr. Dlamini spoke of the new normal, emphasizing on the need to adhere to set Covid-19 guidelines, washing of hands, social distancing and wearing of .

Sr Dimba also criticized stigmatization and requested we show support to the affected people.

Mr Khuzwayo, Mr shongwe and Mr Sobekzela serenaded the

audience with their melodic voices.

Mr Mbuthuma gave a very profound talk on GBV that we should not keep quiet but rather find ways to assist the victims

CEO Closed the day by thanking staff for working hard even during these hard times and also thanked all the speakers and programme Director Mr. Sithebe for doing a sterling job.

CEO's desk

"Happiness is the highest form of health": Dalai Lama

Greetings to all our stakeholders

In all the challenges that one faces on a daily basis, it is important to try and maintain a state of happiness which is brought about by the "feel-good" hormones (e.g. serotonin, endorphins, etc.) in turn; these "feel-good" hormones contribute to one's good health. This is also backed up by scientific evidence. It is therefore to our benefit to try and boost these hormones by sleeping adequately and also performing rewarding activities e.g. learning new things, strengthening the relationships we have, eating healthily, exercising, etc.

We are fortunate to work for a Department that takes such factors seriously to ensure the wellbeing of its workforce. For instance, we are given two hours each week to dedicate to exercise. We also have programmes such as Employee Assistance (EAP) to help support the employees. Moreover, we now have the Institutional Psychosocial Support (IPSS). I would like to encourage our staff to use these support structures to ensure their happiness and ultimately their wellbeing.

We have the ability to choose which outlook we want to maintain in life. We can equally find reasons to dwell on the negatives as well as the positives. In saying this, we do not underplay the pressure we feel daily while trying to navigate the obstacles we encounter but we may choose to use to use the very same

obstacles to teach us new lessons, and give us a sense of

achievement and growth for being able to overcome them.

Hillcrest hospital, like any other organization, has faced and continues to face a number of challenges. At the top of the list was the fight against COVID-19 which threatened our very lives and the healthcare we provide to our clients. There have been several engagements with different stakeholders, including our social partners to educate, offer support and ask for support in return in the fight against COVID 19. We have had the effects of the virus in our midst and the pressure of the fight was felt by all. We have had to implement a number of strategies and forums e.g. that COVID 19 Joint Operations Committee (JOC), establishment of the flue clinic, strengthening of IPC practices, intensified in-service training and general meetings. We hope that all these will help us step even closer to the victory.

The second challenge is the alignment of our facility to what it is designated to be. Hillcrest Hospital is gazetted to provide Specialized Rehabilitation services in terms of the regulation No R 185 of 2012 relating to categories of hospitals in accordance with the National Health Act, 2003.

Our current stance is that of strengthening the provision of rehabilitative services to clients that need further rehabilitation after suffering from conditions such as amputations, stroke,



severe burns etc. Our goal is the realization of this vision.

As hospital management, we would like to take this opportunity to welcome the new staff that has joined our team, and congratulate the staff members that got promoted. This article would not be complete without expressing our gratitude to all our staff, for playing different and important roles in all the challenges that we have faced and continue to face. We also would like to thank our social partners for the continued support. Lastly but not least, we would like to thank our clients that give us a reason to persist day in and day out.

We all dream of a day when this pandemic will be behind us, and until then, we need to remind each other that we are not alone in the fight and we stand to gain more ground jointly than individually.

We believe and pray for a better tomorrow when the sun will shine again.

Farewell Colleagues



Ms Molly Naidu with the Finance Team bidding her farewell



Staff Members from various departments graced Ms Naidu's send off party.

We were given the honour of bidding farewell to wonderful colleagues, Ms M Naidoo and Ms Makhoba, though the occasions were held separately but they were both occasions fit for a queen. Only Good things were shared on their last days in this facility by their closest colleagues. Sayonara to you both!! And good luck for your future endeavours.



Ms Ningi Makhoba on her surprise farewell party.



CEO, Ms MM Mkhize saying farewell to Sisi Ningi as she was referred to by Many.



IPC Campaign



Sr. Hariparsad IPC Coordinator and the team embarked on a Hand-wash Campaign to raise awareness, and test the knowledge of staff on IPC Matters. Departments were also requested to design posters and also demonstrate Hand washing techniques .



The Winning poster—Finance Department

General Meeting



Management and staff met in November 2020 led by Ms MM Mkhize, the CEO. The purpose of the meeting was to provide updates , share information and participate in decision making . Agenda items came from both Management and Staff. Matters were deliberated on at length and decisions agreed on were to be implemented by both staff and Management within the set timelines. EXCO appreciated the attendance and active participation of staff.



PHOTO GALLERY



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EDITORIAL TEAM / DETAILS



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