



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Hillcrest Hospital

Happenings on the Hill

NEWS

September 2017

USHAKA MARINE OUTING

In August 2017, 31 Club arranged an outing for Occupational therapy patients to go to Ushaka Marine beach.

They got access to the beach using a Mobi mat that was donated to Ethekewini Municipality which gives wheelchair bound people access to the beach. This is the first of its kind for Ethekewini Municipality. Our patients were amongst the few people who have used it.

It was a joyous day and a wonderful experience as some of the patients have never been to the beach before.

Thank you to 31 Club—friends of Hillcrest hospital for constantly bringing joy to our patients. Thank you also Quardpara association KZN for providing transport, Kauai for eats and afro's chicken for providing lunch. The volunteers and staff that were there to assist.



Patients enjoying the see breeze



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CEO's desk



I am grateful and humbly accept the acting hospital executive officer position. I would like to thank my principals for trusting me. It gives a feeling that my effort in these years has been noted. I commit to work efficiently until the time where I would hand over the duties.

Hillcrest hospital is a specialized chronic care providing a vertical range of care, most specifically dealing with chronic non-communicable diseases and physical rehabilitation. The common presenting conditions being neurovascular conditions (CVA, Paraplegia, and quadriplegia), Epilepsy, Head injury, Psychiatric and complica-

tions of HIV AIDS. Our patients spend most of their lives at the hospital. Some have minimal or no support from the families. It is for the above reason that we have to render special care. Our caring requires a lot of empathy and support. We have the legal and ethical obligation to perform our duties within the constraints of the laws of the country and code of conduct.

The hospital initiatives include building strong relations with the "Friends of Hillcrest hospital" which include churches from different denominations, the QUADPARA association, the NGOs and a strong hospital board that mostly attend to the welfare of the patients especially where the hospital is financially challenged.

A good working relationship with our 'sister hospital' Clairwood which renders common services with Hillcrest, sharing of staff during shortages has made us able to continue with our services despite the challenges.

The hospital also provides support to UKZN students for their clinical exposure from second year to 4th year for Occupational Therapy and Speech programmes

Elangeni FET is also placing their students for an in-service period

The hospital Speech therapist is also supporting Clairwood hospital on Tuesdays and Wednesday's.

I always believe in the saying that ***it does not matter how little you have, what matters is how effectively you use it.*** We will continue to work as a team and build our own identity through excelling

Mrs. PB Mgobozi: Acting CEO

Nurses day 2017

Nurses day was commemorated on the 9 June 2017, the celebration started by Nurses singing joyous songs led by Nursing Management .

ENA Mercy Vezi did a sterling job in directing the programme; she kept everyone entertained throughout the day.

Mrs Sobekwa L. spoke profoundly about thriving through humble beginnings and making a mark till someone notices you, she related on her life and her journey from being a waitress having to support her siblings to becoming a doctor, she encouraged the audience to aim high, not to lose hope but in pursuit of your dreams to never lose focus and most of all excel at what you do and put your heart in it even if you think your job is not important but do it with love and dedication for it is a start towards achieving your dreams.

Sister AL Jali reminded the nurses about the pledge, stating that they should have compassion when doing their work, to develop a habit of listening to their conscience, attend to patients with a smile and go back to basics of Nursing.

Enrolled Nurses K Shezi and TT Madondo were awarded for being nominated as 2017 best nurses, awards which are handed out every Nurses celebration day

Mrs. Mgobozi spoke about the meaning of the lamp; she also led the reciting of the nurses' pledge and lighting of candles.

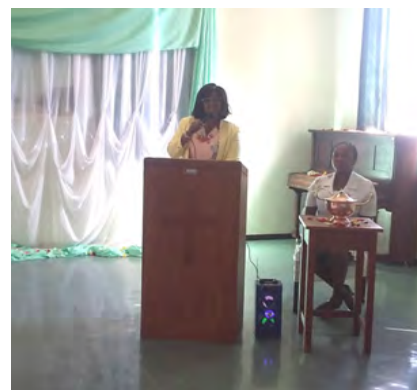
She also thanked the programme director, the choir, Mrs. Mkhize and the team for the beautiful décor.



K Shezi & T Madondo pictured with Nursing Management



Nursing Management



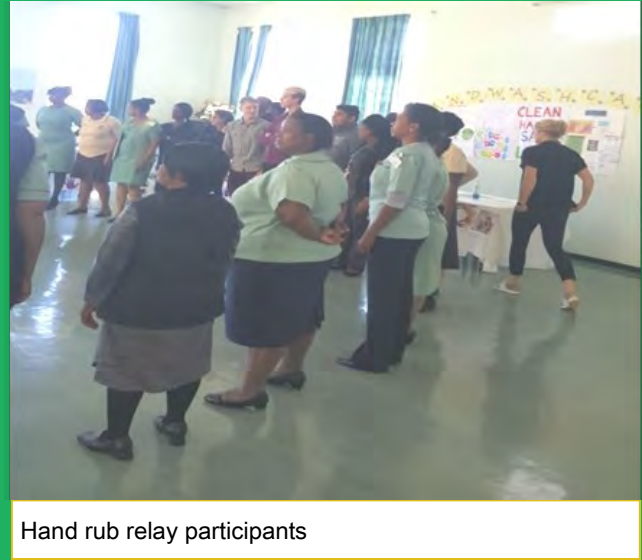
Mrs L Sobekwa Guest speaker pictured with programme director Mercy Vezi

Infection prevention & Control

On the 5th of May 2017, we had a Global hand hygiene day, it was attended by 75 staff members who did a hand rub relay. Hillcrest Hospital has maintained compliance regarding hand hygiene in Clinical and Non-Clinical areas. □



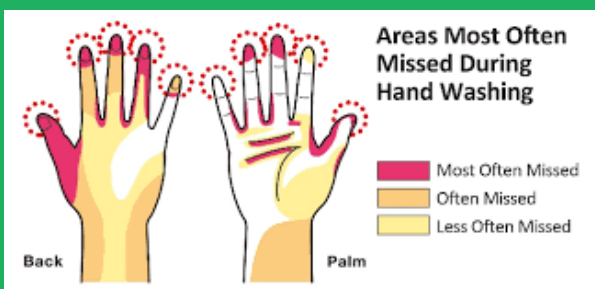
SR. A Hariparsad IPCC demonstrating hand rub technique



Hand rub relay participants

The World Health Organisation(WHO) and National core Standards place great emphasis on ensuring that the criteria of an annual hand hygiene campaign is facilitated and conducted at least annually in all Health Care Establishment. The campaign plays a vital role in ensuring compliance to hand hygiene and at the same time reinforces the basic principles and objectives of hand washing. The campaign involves both internal and external stakeholders ,health care workers, patients and the community in and around All health care facilities

Hillcrest Hospital also heeded a call from the World health organisation and joined the SAVE LIVES: Clean Your Hands campaign, that is joined on World Health Organisation's website. Health-care facilities throughout the world are invited to take part in a global initiative, to continue to raise hand hygiene awareness, to move action to the point of care, and to reduce health care-associated infections.



Mandela day



Human resources department and CEO's office visited KwaNyuswa Thokomala Orphanage and handed over groceries and clothes.



Nursing Team, raised funds and cooked a huge pot of biryani. They served it with drinks to a number of people in Hillcrest mostly men that stand next to the post office looking for jobs.

Lee Anne's farewell



Lee Ann & Waiden



Lee Ann Pictured with the CEO, Mrs. AB Mtshali

When one talks of Service through excellence, you cannot help but think of Lee Anne, one of the speakers said. It was a sad day when we had to bid farewell to Lee Anne Barker-Cobb as she had to return to Clairwood hospital after being "borrowed" for a short period whilst our Physiotherapist was on Maternity leave. In a short amount of time all physio attending patients had nothing but good things to say about her and they showed immense improvement, some even cried when she left.

Medical Manager said, he did not have to police her but he only was there to support as she conducted herself professionally . Lee Anne thanked everyone at Hillcrest for support and the warm welcome she received but unfortunately her patients also need her in Clairwood.

Friends of Hillcrest Hospital



Medical Manager, Miss Waiden and Sr Ngcebetsha accepting TV Donation

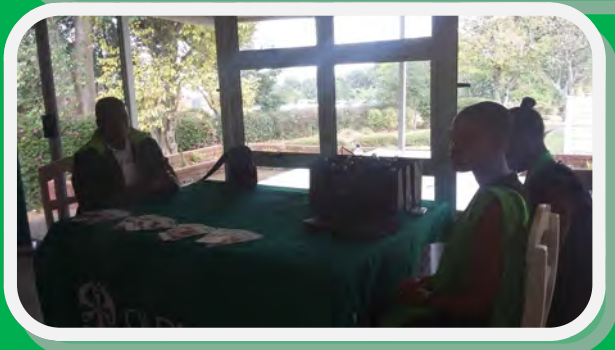
We are very fortunate to have continuous support from our Friends who donate to patients, making certain that not only do their physical needs are met but their spiritual and social needs as well.

Recently Marriot a financial company donated a TV and DVD player , City Hill Church donated wheelchairs and throws.

We can not forget Hillcrest Primary for always visiting and bringing in eats every spring day.

Thank you! We appreciate you.

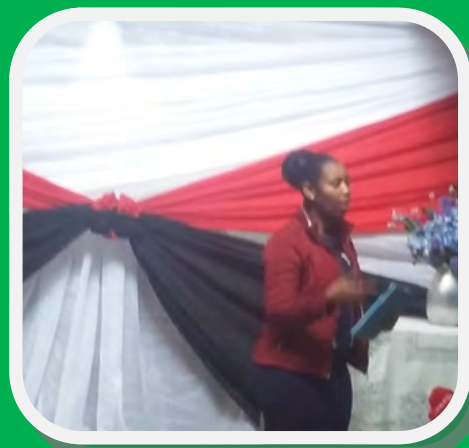
Women's day



This year we had two celebrations, the first was about beauty, living a life on purpose and the second celebration was a day of prayer and taking care of the spiritual side.

Ms Carol Howard talking about living life on Purpose

We were graced by the presence of Mabuyi Nzama from Imbokodo FM who came to encourage, share the word of God and pray for women





A Big congratulations goes to our soccer team for representing us and obtaining position two at the EThekwiní District top 8 tournament. (team representatives pictured presenting the trophy to EXCO)
We are proud of you guys!!

ACKNOWLEDGEMENTS

Approved by
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