



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**Hlengisizwe Community Health Centre**

**Hlengimpilo**

**NEWS**

**STAY INFORMED**

August 2019

**Hlengisizwe CHC Women's Day**



**Hlengisizwe Community Health Centre women attending **Hlengisizwe CHC Women's Day Event****

**H**lengisizwe CHC hosted a Women's Day in a glittering event held on the 30 August 2019 at Unit 6 Community Hall.

The aim of the event was to empower women on different aspects ranging from education, women health, gender based violence, business etc. The theme of the day was, *"Asikhululekeni SingoMama"*.

Dr N.N Mdluli, CEO outlined the purpose of the event as to celebrate women's strength and to create a platform to empower and discuss issues affecting women on a daily basis.

Mrs Baqwa gave an interesting talk

whereby she motivated women to recognize their internal strength. She praised them for being life giving and encouraged them to be proud of themselves.

She referred to the bible chapter, Genesis whereby God created a woman to fulfill his plan and everything was good.

Ms N. Luthuli (MATCH) gave a talk on gender based violence and she urged women to take a stand to fight any abuse in their families and communities.

Pastor V. Mkhize, Mount Zion Christian Church who was the Guest Speaker motivated women, referring to the bible verse of a woman who was bleeding for 12 years.

She urged women not to dwell in any form of abuse, but to come forth for assistance.

She motivated them that they are Daughters of the Most High, so they must Walk Tall and Shine. She praised women for being natural offspring and that everything touched by them flourish.

Ms T. Mthembu, Founder of Azaniya Urban Solutions motivated women to be independent and always strive for excellence especially in business fraternity.

Mrs CN Sibisi, HR Manager gave a Vote of Thanks to all wonderful Speakers, sponsors and staff who made the event a great success.



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## Hlengisizwe CHC commemorates Mandela Day



AMN, Mrs TTT Mchunu, Sister N.M Mthembu, SN, E.K Phakathi, Mrs D.D. Mbambo (OM) & Sister S. Nsibande with NPC staff

**H**lengisizwe CHC in conjunction with Natal Potland Cement (Cliffdale) and Boxer Supermarket commemorated 67 Minutes of Mandela Day on the 18 July 2019.

These organizations jointly took this initiative to bring change to the patients of Hlengisizwe CHC who woke up early in the morning in a cold weather condition.

Hlengisizwe CHC and NPC staff served patients in Admitting, OPD, Pharmacy, Maternity and HAST waiting areas with tea, coffee and biscuits to keep them warm while waiting for health services.

Boxer Supermarket served Paediatric patients with cakes, fruits and juice giving hope to these patients that they are being loved and cared for.

Hlengisizwe CHC patients were delighted to be treated as Kings and Queens on this special day.

Hlengisizwe CHC would like to thank-

NPC (Cliffdale) and Boxer Supermarket (Hammarsdale Junction) for their generous gesture.



### Words Of Wisdom

"Its always seems impossible until its done".

By : Nelson Mandela



# Hlengisizwe CHC Women's Day Gallery



Hlengisizwe CHC Staff commemorating Women's Month



Cllr Phewa doing Welcoming



Dr N. Mdluli delivering the speech



Sr P.T Kay - Programme Director



Ms T. Mthembu motivating women



Mrs Baqwa motivating women



Pastor V. Mkhize motivating women



Ms N. Luthuli educating women



Sikhethuxolo High School Students entertaining the Guests



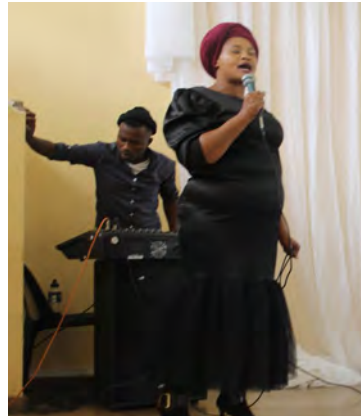
C. N Sibisi giving Vote Of Thanks



F.B Sithole handing over a gift



Hlengisizwe CHC staff listening attentively to Motivational Speakers



Mrs P. Ngcobo opening with a prayer



Sr N.Khumalo closing with prayer



## Hlengisizwe CHC commemorates Mental Health Month



Mrs J.S Shozi (OM-Fredville Clinic) with the staff commemorating **Mental Health Month**

**H**lengisizwe Community Health Centre commemorated Mental Health Month which is July at Ntshongweni and Fredville Clinics.

Honorable Cllr P.H Nxumalo welcomed the guests and thanked Fredville Clinic for commemorating such a crucial month for mental health users and urged the community to love and protect them.

Ms E. Mthembu, Hlengisizwe CHC Social Worker outlined the purpose of the campaign as to educate and bring awareness to the community on mental health.

She further explained that the aim was to develop a support system for mental health service users. The theme of the event was, “**Psychosocial Disability and Identity**”.

Ms N. Jili & Mrs S. Sibiyi, Mental Health gave a talk whereby they encouraged families to support mental health users to adhere to their treatment.

They urged relatives and community to love mental health users and treat them with dignity. Ms N. Jili urged attendees to be cautious of any signs of mental health problems

from their babies and bring them forth for urgent assistance.

The mental health user emphasized the importance of taking the medication appropriately of which assisted him and urged the youth to refrain from using drugs.

Ms N. Msomi, Umzamo Child Guidance educated the community about the impact of getting the slow learner and urged them to love and support them.

Sister C.A Mtshali, Ntshongwen Clinic emphasized the importance of escorting mental health users to the clinics and ensuring adherence to the treatment.

Ms H. Khumalo, Epilepsy Foundation gave a talk whereby she explained the interlink between epilepsy and mental health condition.

She urged the community to support epileptic patients in their treatment plan in order to prevent them to develop mental health problems.

Mrs P.F Sikhakhane, OM : Ntshongweni Clinic and Mrs J.S Shozi, OM : Fredville Clinic thanked mental health users and the community for honoring such an informative events with their presence.



# Mental Health Commemoration Gallery



Cllr. P.H Nxumalo welcoming the guests



Ms N. Jili giving a talk on Mental Health



OM: J.S Shozi delivering the speech



Sr Gcumisa giving a talk to the community



Mr M. Nungu reciting the poem



Ms H. Khumalo giving a talk



Sr D. Ngubane & Sr B.Malwane performing stage play



Sister C.A. Mtshali educating the patients



OM: P.F. Sikhakhane delivering the speech



Ms N. Msomi addressing the community



Ntshongweni community listening attentively to speeches



Mrs S. Sibiyi educating patients



# Message from PR Department



Mr S.V Ngcobo – Public Relations Officer

It is of great pleasure to meet in this publication and we hope that stories covered will be interesting and informative.

I would firstly like to thank Hlengisizwe CHC Management and staff for welcoming me with warm hands.

We are now towards the end of year, 2019 whereby our

country is faced with financial difficulties which impact negatively especially to the poorer.

The KZN Department of Health held a PRO' Workshop on National Health Insurance (NHI) to ensure that the dream of universal access to quality health care service becomes a reality.

Lets work together to improve health care to our communities. We would like to appreciate accolades we are receiving from our clients through suggestion boxes.

It is really encouraging that our hard work is not gone unnoticed.

Hlengisizwe CHC hosted a successful Women's Day on the 30 August 2019 whereby

powerful Guest Speakers shared the stage.

Women left the event well equipped to walk tall to face day to day challenges.

We would like to assure our beloved clients that we will always strive for excellence in rendering optimal health care in the Spirit of Batho Pele Principles.

Until Next Time

Mr S.V Ngcobo

PRO

## Words Of Wisdom

"Concentrate all your thoughts on the task at hand. The sun's rays do not burn until brought to a focus."

By : Alexander Graham Bell



Mr N.B Ntuli - PR Trainee

Firstly I would like to extend my greetings to the readers of this amazing publication.

I would like to thank Hlengisizwe Community Health Centre Management and Staff for their warmth welcoming and for contributing to my career pathing.

I have learnt that Public relations is not about one person, but it is all about an organiza-

tion's realization that its success depends on its cemented relationship with its stakeholders.

It has been few months but the level of knowledge that I have gained is tremendous and has brought interest and cultivated lot of passion towards the field of Public Relations and Communications.

I have grasped this opportunity with both hands and it has equipped me with valuable practical skills to contribute a lot in the communications fraternity.

We have worked as a team to maintain the image of the institution and I learnt a lot about the importance of respecting the ideas of other people to achieve objectives of the institution.

The crucial thing that I have learnt is that client is the King, so they need to be treated with respect and dignity which is very important for the staff to be in-serviced continuously on Batho Pele, Customer Care and Patient Rights Charter.

I would like to thank Mr S. V. Ngcobo, PRO for his mentorship which has guided me through my journey in achieving my aspiration to be one of the greatest spin doctors in future.

Regards

Mr N.B Ntuli

PR Trainee

## Words Of Wisdom

"A journey of a thousand miles must begin with a single step."

By : Lao Tzu

# Hlengisizwe CHC bids farewell to Mrs S. Mkhize

**H**lengisizwe CHC Management and staff bid farewell to Mrs S.Mkhize, Admin Clerk.

She was praised for her dedication and commitment in serving the community in the Spirit of Batho Pele.

She was celebrated in style with her colleagues expressing their gratitude towards her valuable contribution to the health sector.

Mr S. Padayachee (Systems Manager), Ms D. Zondo (Admin Supervisor) and Ms T. Dube (Admin Clerk) thanked Mrs S.Mkhize for her sense of humor, good work and commitment.

Mr S. Padayachee motivated attendees to follow the same pattern in ensuring that the department renders optimal health care to patients.

Hlengisizwe CHC Management and staff gave Mrs S. Mkhize precious gifts as a sign of appreciation.

She thanked her colleagues for their generous gesture and thanked them for good moments they shared.



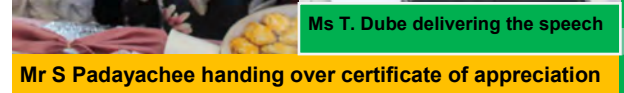
Hlengisizwe CHC Staff welcoming Mrs S. Mkhize



Ms D. Zondo (Admin Supervisor) praising Mrs S. Mkhize



Ms T. Dube delivering the speech



Mr S Padayachee handing over certificate of appreciation

## Compliments / Izincomo

**Ngibonga u Sir. Dlamini nestaff sonke nibe usizo olukhulu kimina . Niqhubeke njalo!!!.**

**From: Thokozani Ndlovu**

**Ukuhlanzeka 100%, Batho Pele 100%, Helpful & Good Work ,**

**Keep up the good work guys!!!**

**From: Mr Reben Moloji**

**Ngincoma uSister Xulu ngendlela asiphatha kahle ngayo siyiziguli zase Hlengisizwe usenza singaziboni ukuthi siyagula futhi ukhuluma nathi kahle.Siyabonga ukuba nomhlengikazi onjengawe ungadinwa nangomuso.**

**From: Mrs Maria Sishi**

**Ngicela ukubonga ngifike ngifa I stroke , wangisiza u Sister Mnyandu . Ngiyabonga kakhulu mina.**

**FROM: Mr Bhekindlela Nkosi**

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**DR N.N MDLULI**  
EDITOR



**MR S.V NGCOBO**  
PHOTOGRAPHER, WRITER & DESIGNER



**MR N.B NTULI**  
PHOTOGRAPHER, WRITER & DESIGNER

**IF YOU HAVE ANY COMPLAINTS, COMPLIMENTS AND SUGGESTIONS REGARDING THE SERVICE WE RENDER, PLEASE USE THE CONTACT DETAILS BELOW. THE DEPARTMENTS ARE KINDLY REQUESTED TO FORWARD THEIR NEWSWORTHY ITEMS TO THE OFFICE OF THE PUBLIC RELATIONS OFFICER AS WE VALUE YOUR INPUT**



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Department:  
Health  
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## CONTACT DETAILS

**Physical Address:**

H1113 Sibisi Road Unit 6, Mpumalanga Tship

**Postal Address: Box 454**

Hammarsdale 3700

**SWITCHBOARD:**

031 – 7741000

**SWITCHBOARD FAX NUMBER:**

031 – 7740085

Email : [sibonelo.ngcobo@kznhealth.gov.za](mailto:sibonelo.ngcobo@kznhealth.gov.za)

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)