KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

King Dinuzulu
Hospital Complex

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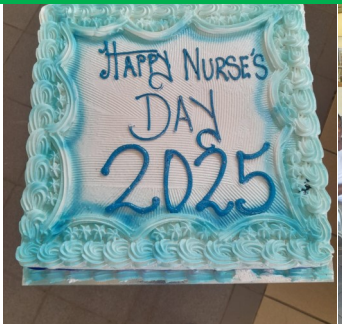
Ezakwa Dinuzulu NEWS

July 2025

2025 Nurses Day Celebration

King Dinuzulu Hospital Complex staff members celebrated Nurses Day on the 28 May 2025 under the Theme 'Our Nurses Our Future, The Economic Power of Care.' **.cont.P2.**



Celebrating the Heart of Healthcare: Guest Speaker MS. Lilly Lioma Inspires on International Nurses Day 2025

King Dinuzulu Hospital Complex, 28 May 2025 — With pride, gratitude, and unity, King Dinuzulu Hospital Complex joined healthcare institutions across the globe in commemorating *International Nurses Day 2025* under the theme set by the International Council of Nurses:
"Our Nurses, Our Future: Caring for Nurses, Strengthens Economies."

The event was graced by the esteemed Ms. Lilly Lioma, who delivered an inspiring keynote address that reignited a deep sense of purpose and compassion within the nursing community.

In her powerful speech, Ms. Lioma reminded attendees that nurses are not only the heartbeat of healthcare systems, but also vital contributors to economic resilience and societal wellbeing.

> "By caring for nurses, we ensure their physical, emotional, and professional well-being," she emphasized, "which in turn strengthens our healthcare systems and economies."

She lightened the moment by humorously noting that *nurses are the only professionals who can make a bed in under 30 seconds*—a celebration of their agility, multitasking, and unwavering commitment to excellence.

Key Highlights from Ms. Lioma's Speech:

Valuing the Impact of Nurses: Nurses are the backbone of health systems, playing a central role in driving improved health outcomes and enriching patient experiences.

Caring for the Carers: She called for greater support structures—mental health care, burnout prevention, and robust investment in nursing education—to empower and retain nurses.

Nurturing Future Generations: Ms. Lioma urged the youth to consider nursing as a profession, highlighting the importance of recognition and job satisfaction in preventing brain drain to other sectors.

Acknowledging the Challenges: From staff shortages and limited resources to workplace violence and emotional strain, she acknowledged the real-world hardships nurses face daily.

The Power of Human Touch: She reminded everyone of the seemingly small but deeply meaningful gestures—warm smiles, holding hands, and personalized care—that embody the true spirit of nursing.

"These patients represent God Himself," Ms. Lioma concluded. "Walk tall and be proud as a nurse."

A Moment of Pride

The event stood as a heartfelt tribute to the nurses of King Dinuzulu Hospital Complex and beyond. More than just a celebration, it was a rallying call to invest in the well-being of nurses—not just as a gesture of compassion, but as a crucial strategy for securing the future of healthcare.

As the applause echoed through the room and nurses stood tall with pride, one truth was undeniable: The spirit of Florence Nightingale burns brightly in the hearts of our modern-day heroes

Nurses Day Celebration Photo Gallery 2025

Dr. Z.Dlamini delivering the Purpose of the day

ALL CATEGORIES IN NURSING IN ATTENDANCE

MESSAGE OF SUPPORT FROM ORGANISE LABOUR

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GROWING KWAZULU-NATAL TOGETHER

Child Protection Awareness Program

As part of South Africa's annual *National Child Protection Week* (29 May – 6 June), King Dinuzulu Hospital Complex (KDHC) hosted a Child Protection Awareness Program on 4 June 2025 in the Ante Natal ClinicWaiting Area. The program aimed to raise awareness about children's rights and the need for their protection, in line with the Constitution of South Africa and the Children's Act No. 38 of 2005.

Social workers from KDHC, Childline SA –Durban and Sydenham polices station .

Organized by the Social Work Department at KDHC, the event was held in collaboration with key external stakeholders, including SAPS Sydenham, the Department of Social Development, and Childline-SA Durban. The initiative was spurred by growing concerns within the Ante-Natal Clinic and Maternity Wards regarding the rising number of pregnant teenagers—particularly girls aged 16 and under—many of whom require psychosocial support due to cases of statutory rape.

Program Highlights

The event began with opening remarks by *Sister Walton* and a heartfelt prayer by *Sister Ndlovu*. This was followed by a presentation from the Women's Clinic, setting the tone for a deeply informative and empathetic session.

Social Worker Ms. P. Cebisa delivered a powerful talk on the importance of early intervention and continuous support for vulnerable children and young mothers. She emphasized the urgent need for collaboration between healthcare professionals, social workers, law enforcement, and community members.

Sister Hlongwa highlighted the vital role that nurses play in identifying signs of abuse and guiding patients toward support services. Representatives from the Department of Social Development, including *Ms. Hlongwa*, elaborated on the available resources and assistance for victims of child abuse.

Speakers from Childline-SA Durban and SAPS Sydenham educated attendees on the legal rights of children, statutory rape legislation, and the importance of timely reporting and intervention in abuse cases.

Closing and Reflection

The event concluded with a vote of thanks by *Sister Mjadu*, who expressed sincere appreciation to all guest speakers, departments, and external partners. She encouraged everyone present to become active protectors of children—at home, in clinics, and within the broader community.

A Collective Commitment

The Child Protection Awareness Program at KDHC served as a powerful reminder that child safety is not the responsibility of one department or institution alone—it is a shared societal duty. King Dinuzulu Hospital Complex remains steadfast in its commitment to supporting vulnerable children and fostering partnerships that promote a safer, more nurturing environment for all.

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Revived R154m TB Wing and New Helipad Signal Progress at King Dinuzulu Hospital Complex

A long-awaited specialist tuberculosis outpatient wing at King Dinuzulu Hospital Complex (KDHC)—which had stalled since 2011 due to financial setbacks—is finally back on track. The R154 million facility is now expected to be operational by May 2026, providing dedicated treatment for patients with multi-drug resistant TB (MDR-TB) and extensively drug-resistant TB (XDR-TB)—a first for KwaZulu-Natal.During an inspection on Thursday, KwaZulu-Natal MEC for Public Works and Infrastructure, Martin Meyer, confirmed that the project had been dormant for over a decade due to the insolvency of the previous contractor and budget constraints. It was revived in June 2024 as part of a broader government initiative to unblock stalled infrastructure projects. "It's very unfortunate that there had to be a 10-year delay," said MEC Meyer. "But this revival demonstrates our department's commitment, in partnership with the Department of Health, to push stalled projects forward and deliver infrastructure that supports essential services. "Addressing Space and Service Constraints. Dr. Tumelo Mabesa, Clinical Executive at KDHC, explained that the delay had strained the hospital's capacity. "We had to repurpose inpatient spaces for outpatient TB care and even used part of the ward for pharmacy services," he noted. "The completion of this new wing will relieve that pressure and increase the hospital's bed capacity by 64 beds. The wing will host both MDR and XDR outpatient services, allowing the hospital to restore critical inpatient and pharmacy spaces.

KwaZulu-Natal MEC for Public Works and Infrastructure, Martin Meyer, confirmed that the project had been dormant for over a decade due to the insolvency of the previous contractor and budget constraints.

While the project resumed in mid-2024, it initially faced disruptions from local communities demanding more involvement in the construction phase. Meyer acknowledged the concerns but highlighted the technical complexity of the facility, which limited the use of general labour under the Expanded Public Works Programme (EPWP)."It's a highly specialised facility requiring strict regulatory compliance. That limits how many general labourers we can accommodate," Meyer explained. "But we remain committed to empowering communities wherever feasible."

Mbuso Makhathini, contractor and director of Makhathini Projects, confirmed that local subcontractors have been engaged. "We've worked to uplift them, help them improve their CIDB grading, and offer them opportunities to grow," he said. So far, 23 local job opportunities have been created, with plans to increase this number as the project progresses.

A New Helipad Licensed by Civil Aviation Authority

In addition to the TB wing, MEC Meyer also inspected the newly completed R18 million helipad, which sets KDHC apart from other regional hospitals. This is the first hospital helipad in the province licensed by the **Civil Aviation Authority (CAA)," he announced. "It enables emergency medical services to bring patients here from across KwaZulu-Natal safely and legally."

Previously, KDHC had a helipad that was non-operational due to non-compliance with aviation standards. With this development, King Dinuzulu joins the ranks of Albert Luthuli, Stanger, and Addington hospitals—but leads in compliance and safety.

Rebuilding Trust in Public Infrastructure

Meyer expressed satisfaction with the progress and commended the collaboration between his department, the contractors, and the health sector.

"This is what I mean when I say we're building a new public works—a department focused solely on delivering quality infrastructure to support our client departments and serve the people of this province," he said.
"We may not administer medication or teach in classrooms, but without infrastructure, those vital services cannot happen. We play a foundational role and should be proud of that."King Dinuzulu Hospital Complex, as a critical referral facility for TB in the province, stands poised to significantly improve capacity, efficiency, and emergency access—thanks to renewed commitment to infrastructure delivery and interdepartmental cooperation.

Mandela Day 2025 Commemorated at King Dinuzulu Hospital Complex

"It's in your hands" – 67 Minutes of Service and Solidarity

On 18 July 2025, King Dinuzulu Hospital Complex (KDHC) joined the nation in celebrating Nelson Mandela International Day, honouring the legacy of Madiba through acts of service and kindness.

In a heart-warming display of partnership and compassion, our sister facility, Parklands Private Hospital, chose to spend their 67 minutes at KDHC. Staff from Parklands visited the Medical Outpatients Departments (MOPDs), where they distributed a delightful array of goodies to both patients and visitors. These included assorted sandwiches, cool drinks, chips, cake, and fresh fruit—bringing smiles and appreciation to all who received them.

"Visitors accompanying patients were equally pleased and touched by the kind gesture," said one of the nursing staff. "It was a wonderful moment of shared humanity."

The partnership between KDHC and Parklands Private Hospital continues to grow, and it is our hope that it will gain strength across all areas of our clinical and support services.

Following the MOPD visit, another highlight of the day was a special visit from Snokes, a local organisation that supports the elderly. The organisation extended their generosity by donating bags of new clothes and hampers to the Labour Ward, Nursery, Ward F, and Ward D. These were lovingly distributed to new-born babies and new mothers, many of whom are in need.

"The donations from Snokes were a blessing to our patients," shared a midwife. "New mothers were overwhelmed with gratitude."

A Day of Meaningful Impact

Mandela Day 2025 at KDHC was a powerful reminder of the difference that collaboration and community action can make. Through the kindness of our sister hospital and community partners, many lives were touched, and the spirit of Ubuntu was felt throughout the hospital.

King Dinuzulu Hospital Complex remains committed to upholding the values of service, dignity, and compassion—values that Tata Nelson Mandela stood for and which continue to inspire our work every day

Mandela Day photos 2025

Editorial team

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For further information kindly contact our office

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Important items to bring when you come to the hospital:

- Identity document
- Proof of address
- Pension card
- Medical aid card and next of kin contact details
- Referral letter
- Under 18 must be accompanied by parent .
- all patients are requested to pay fees on admission.
- Visiting hours
- 13H00 14H00
- 17H00—18H00