



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

King Dinuzulu Hospital Complex

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Ezakwa Dinuzulu

NEWS

March 2025 Special edition

2025 TB DAY Commemoration



King Dinuzulu Hospital Complex marked World TB Day by engaging multiple stakeholders in a series of impactful activities aimed at raising awareness and providing essential healthcare services.

The hospital team visited local schools, educating students on tuberculosis (TB), teenage pregnancy, prevention methods, and the signs and symptoms of various diseases. Vulnerable groups, including those living on the streets and individuals battling substance abuse, were reached at Belhaven Hall, where they received health education, TB screening, and other essential services.

On March 28, the focus shifted to hospital patients, ensuring they were informed about TB prevention, early detection, and treatment options.

Through these efforts, King Dinuzulu Hospital Complex reaffirmed its commitment to fighting TB, promoting health education, and supporting the community. #World TB Day #Ends #Community Health

King Dinuzulu Hospital Complex Commemorates World TB Day with Community Outreach



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2025 TB DAY Commemoration

A MUTIDISCIPLINARY, INTERSECTORAL COLLABORATION REACHES DURBAN'S VULNERABLE POPULATION TO END TB

World TB Day is celebrated annually on 24 March. This year, the theme for World TB Day is: **Yes! You and I can end TB. Commit, Invest, Deliver**

On the 24th of March 2025, a collaborative initiative by the Kwazulu Natal Department of Health, King Dinuzulu Hospital Complex, Divine Health Forum NPC, The Health Ninja Pty, Ltd, The KZN Coastal branch of The Pharmaceutical Society of South Africa, The South African Association of Hospital and Institutional Pharmacists (SAAHIP) KZN Coastal, Food for Love Africa, Advanced Access and Delivery (AA&D) and The Belhaven Harm Reduction Centre took services to the most vulnerable population in central Durban in an attempt to end this deadly, yet curable disease.

200 people attended the outreach and were educated on signs and symptoms of tuberculosis, diagnosis, linking to care, treatment, optimizing adherence, infection prevention and control and pregnancy awareness by the multidisciplinary team. Each session was followed by robust discussions, a quiz and prizes being handed out, with attendees being able to screen and test for TB. Condom distribution and educational material was handed out and all attendees were treated to a warm meal at the end of a very successful advocacy initiative by public and private sectors. According to the National Department of Health (NDoH) South Africa is among the 30 high TB burden countries identified by the World Health Organization (WHO). In 2023, South Africa recorded an estimated 270,000 new TB cases and around 56,000 TB-related deaths. That equates to about 153 deaths each day every day. TB remains one of the leading causes of death in South Africa. In fact, TB is the leading cause of death among people living with HIV, and the two diseases fuel each other. It was estimated that 66,000 people with TB in South Africa went undiagnosed and untreated in 2022.

The **End TB Campaign** is a national effort to expand TB testing and ensure that every person with TB is identified and treated. By scaling up testing to 5 million people annually, the country can reduce new TB cases by 29% and TB-related deaths by 41% by 2035.

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While TB affects people from all walks of life, the burden is disproportionately heavy on certain groups — those who are marginalized, impoverished, or living in conditions that make them more susceptible. Vulnerable populations such as refugees, people living with HIV, indigenous communities, the homeless, and those in prisons, face greater risks of contracting and dying from TB. These are people who already face immense challenges — and TB should not be another sentence of suffering and death.

TB thrives in environments of poverty, overcrowding, malnutrition, and lack of access to healthcare. These conditions are prevalent among the most vulnerable. For people in these circumstances, a simple diagnosis and treatment regimen can feel like a distant dream. Stigma, lack of awareness, and healthcare infrastructure challenges can prevent individuals from receiving the care they need. Ending TB in vulnerable populations requires a multifaceted approach — one that goes beyond just medical treatment.

Collaboration is essential in this fight. Governments, international organizations, non-governmental organizations, and local communities must all work together. Public-private partnerships (PPPs) leverage the strengths of both sectors to enhance accessibility, affordability, and efficiency in TB prevention and treatment programs.

In conclusion, ending TB in vulnerable populations is not an impossible dream. It is a goal we can achieve, but it requires the collective will of all of us. It requires commitment, compassion, and collaboration. It requires recognizing the humanity of those at the highest risk and acting to ensure that they have access to the care and resources they need to live healthy, productive lives.

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KwaZulu-Natal Department of Health



KZN Department of Health



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TB & Pregnancy outreach program to destitute communities leaving on street



Speakers of the day in many categories.



King Dinuzulu Hospital Complex, Divine Health Forum NPC, The Health Ninja Pty, Ltd, The KZN Coastal branch of The Pharmaceutical Society of South Africa, The South African Association of Hospital and Institutional Pharmacists (SAAHIP) KZN Coastal, Food for Love Africa, Advanced Access and Delivery (AA&D) and The Belhaven Harm Reduction Centre



MOPD - INTERNAL STAKEHOLDERS AND MOPD PATIENTS , role play and music entainment was rendered to the attendeed of the clinic.



""TB Awareness in Action – MOPD Brings Health Education to Life!"
 Through role play, music, and interactive engagement, MOPD staff and patients came together to raise awareness about the signs and symptoms of TB. Patients were given the opportunity to ask questions and receive informative answers. Prizes were awarded to active participants, and the event concluded with delightful refreshments served to all clients at the clinic — turning health education into an experience of learning, laughter, and care.



Editorial



Mr. Thami Chizama PRO

Important items to bring when you come to the hospital:

- **Identity document**
- **Proof of address**
- **Pension card**
- **Medical aid card and next of kin contact details**
- **Referral letter**
- **Under 18 must be accompanied by parent .**
- **all patients are requested to pay fees on admission.**
 - **Visiting hours**
 - **13H00 14H00**
 - **17H00—18H00**

For further information kindly contact our office



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