



Phoenix CHC Newsletter

Message from the Chief Executive Officer

Nelson Mandela says and I quote :

“What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.”

May we all , the staff of Phoenix CHC take this quote in mind in our daily working lives. We have the opportunity to go down in history as a generation that turned the tide against the challenge of the quadruple burden of disease .

This will not come easily, it will take working hard , working together , with dedication despite the limited resources and all the challenges.

Let us stand together , and make sure that our institution will be counted among those that achieve the new 90,90,90 strategy against HIV and TB this financial year whereby 90% of people in our catchment population know their status , 90% of people who know their status are on ARV's , 90% of patients on ARV's are virologically suppressed, and 90% of our patients on TB treatment are cured.

As we do this , we must also remember that our catchment area has a very high burden of non-communicable diseases and ensure that what we committed to do during our 2015 strategic and operational planning workshop to respond to this challenge is implemented.

May you , the staff member of Phoenix CHC , our most valued and precious resource remain always richly blessed.

Fighting Disease, Fighting Poverty, Giving Hope

Silwa Nezifo, Silwa Nobubha, Sinika Ithemba



Dr. N. Vabaza
CEO



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Inside this issue:

<i>Message from the CEO</i>	1
<i>PCHC & DCC certificate ceremony</i>	2
<i>Pregnancy Awareness Week</i>	3
<i>Employee Wellness Programme</i>	4
<i>Employee wellness event (Photo gallery)</i>	5
<i>Medical Male Circumcision</i>	6
<i>Human Rights Day Event</i>	7
<i>Strategic Planning Workshop</i>	8
<i>New appointments/ Promotion</i>	9
<i>PR- In-service Trainee & Farewell ceremony</i>	10

“AT PCHC WE CARE AND WE DELIVER”

PCHC & DCC CERTIFICATES CEREMONY

On 24th June 2015 Durban Christian Centre Awarded certificate of appreciation to Phoenix CHC staff (Mentors and HCT lay counsellors).

The aim of this ceremony was to show appreciation to the institution for assisting the church when conducting its campaigns.

Word of appreciation was done by Ms. Dudu Bophela (DCC mentor). She expressed their appreciation to the Senior Management

Team as well as to the counsellors for their support.

Awarding of certificate was done by Ms. Pulane Muthwa (DCC mentor) and Dr. N. Vabaza (Phoenix CEO).

Closing remarks were done by Dr. N. Vabaza. She thanked everyone for attending and also thanked DCC for coordinating this ceremony.

HANDING OF CERTIFICATE TO THE PHOENIX CHC (MENTORS)



HANDING OF CERTIFICATE TO THE PHOENIX CHC (HCT COUNSELORS)



“AT PCHC WE CARE AND WE DELIVER”

PREGNANCY AWARENESS EVENT

On the 13th of February 2014 Phoenix CHC hosted Pregnancy Awareness Day at Ante-Natal Clinic Department (ANC). The programme was initiated by the staff members from ANC with the aim of emphasizing the pros and cons of pregnancy. We were joined by different speakers from various departments to reinforce health education in all the other services. Mr. Phewa was the programme director and prayer was done by Mr. Mfazwe, welcoming and purpose of the day was done by Sr. Zulu (ANC department).

Topics discussed were:

- Importance of ANC
- Exercise in pregnancy
- Nutrition during pregnancy
- Breast feeding

Patients were excited with the information given to them and they thanked the staff for the informative talks and gifts.

The staff from ANC department would like to thank all the people who contributed to make this day a success and also thanked the Domino Foundation for their contribution.



Staff from ANC department



“AT PCHC WE CARE AND WE DELIVER”

EMPLOYEE WELLNESS PROGRAMMES FOR THE MONTH OF FEBRUARY AND MARCH 2015

1. SARS PRESENTATION

On the of 9 February 2015- **SARS presentation-** The aim of the presentation was to equip employees with information as a number of staff was exiting the service either by resignation or retirement and this had detrimental impact on their financial circumstances and future plans. The presentation from SARS was informative and fruitful as it showed the true reflection and consequences of exiting the service without proper planning. A total of 60 staff members were exposed to this presentation.

2. WELLNESS DAY EVENT

On the 12 February 2015- **Wellness Day Event-** Wellness day events were aimed at providing services to staff in the institution. Different service providers such as Gems medical aid, GEPF, SARS, Old Mutual etc were available to assist with queries and concerns. This assists in reducing absenteeism and loss of work while going to these service providers with minor queries.

3. GEPF PRESENTATION

On the 16 February 2015- **GEPF presentation-** The aim of this presentation was to assist staff members who are about to retire or resign to properly plan for these options by being informed on the process and outline expectations. This presentation showed that there was a great need for staff to reconsider resigning as it has damning effects on their retirement age and plans. Staff benefited from this presentation.

4. SANLAM HELP DESK

On the 25 February 2015- 4, 11, 18 & 27 March 2015 **Sanlam Help desk-**The aim of having the help desk was to assist staff members that had queries and financial plans to prepare with a financial advisor on site.

5. FINANCIAL LITERACY (OLD MUTUAL & DEBT COUNSELLING CENTRE)

On the 5 & 6 March 2015- **Financial Literacy (Old Mutual & Debt Counselling Centre)-** This was a two day event. The first session was in English and Day two in isiZulu- the aim of this workshop is to educate staff on managing their finances and equipped them with the necessary skills to relieve themselves from debt. Furthermore, staff that was already over indebted, under administration and garnished were assisted individually.

6. BONITAS MEDICAL AID

On the 19 March 2015- **Bonitas Medical Aid.** The presentation was aimed at assisting staff members who were on Bonitas with their queries and further assist those who desired to enroll to this medical aid.

7. GEPF PRESENTATION ON RETIREMENTS

On the 23 March 2015- **GEPF presentation- on Retirement** The presentation was aimed at informing staff members on the process of retirement and assisting younger staff members to plan for their retirement. Allegations, queries and concerns were outlined.

EMPLOYEE WELLNESS EVENT (PHOTO GALLERY)



When "I" is
replaced by "we"
even *illness*
becomes
wellness

Fighting Disease, Fighting

Poverty, Giving Hope

Silwa Nezifo, Silwa Nobubha,
Sinika Ithemba

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MEDICAL MALE CIRCUMCISION

On the 15 May 2015, Phoenix Community Health Centre hosted an MMC camp. The rationale behind this programme is to reduce the risk of HIV infection in men by approximately 60%. Three randomized controlled trials have shown that male medical circumcision provided by well trained health professionals in

properly equipped settings is safe. The teams were allocated in Phoenix and surrounding areas where our target group were reached, as we are targeting young men and boys at school.

120 patients were screened and circumcised and there were no complications that were reported.

Senior Management team would like to thank all team members for a job” well done” and extended special thanks to MaTch (NGO) for their assistance.



“GET CIRCUMCISED AND
KNOW THE FACT”
“HAMBA UYOSOKA YAZI
AMAQINISO”

“AT PCHC WE CARE AND WE DELIVER”

HUMAN RIGHTS DAY EVENT (OSS)

“CMT /SIYAYINQOBA BEAT IT” in collaboration with Operation Sukuma Sakhe from Ward 52 celebrated Human Rights Day event on the 21 of March 2015 at Stoneham Sports ground. Two days before the function above relevant stakeholders including CCG’s conducted door to door campaign and targeted informal settlement areas and the aim of this awareness campaign was to make a difference on people’s lives by curbing the spread of HIV/AIDS infections.

The programme was driven by Ms. Wendy Mseleku from Siyayinqoba and different topics discussed were :

- HIV/AIDS
- TB
- Correct ways of washing your hands
- Talk from (Love Life groundbreakers)
- Talks from the various government stakeholder about services that offered etc.

After the function the community were spoilt with refreshments and goodies.

Convener of the war room and Siyayinqoba thanked all relevant stakeholders for their input and participation as well as the audience for attending the function.



Mrs. N Mtshali (War room convener) welcoming and thanking audience for attending the function



SIYAYINQOBA demonstrating the correct ways of washing your hand.



Talk from the Love Life

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STRATEGIC PLANNING WORKSHOP



Senior Management Team, Operational Managers, and Supervisors seen listening to the motivational speaker Attentively

On the 27 & 28 of May 2015 we had a 2 day workshop on Strategic planning at Phoenix Youth Centre. The aim of the strategic planning workshop was to craft Phoenix CHC strategy in line with National and KZN Department of Health strategy. PHC operational plan was then drawn up based on the strategic planning.

The programme was facilitated by Mr. Martin Gabela (Monitoring and Evaluation Manager at District Office.

We were also joined by the motivational speaker Dr. Jay Mannie (Acting CEO in Mc Cord Hospital) whom in his speech gave us powerful inspirational talks including musical stints.

Senior Management Team would like to thank all staff for participating and in making this programme a success your inputs was noticed and appreciated. Always remember that **“Coming together is a beginning, Keeping together is progress, and working together is success”**.



“AT PCHC WE CARE AND WE DELIVER”

NEW APPOINTMENTS

- NDIMANDE T.C. CLINICAL NURSE PRACTITIONER
- HLONGWANE E.T. CLINICAL NURSE PRACTITIONER
- MZONELI L. SUPPLY CHAIN (SUPERVISER CLERK)
- BHENGU T. OPERATIONAL MANAGER
- MKHIZE T.E CLINICAL. NURSE PRACTITIONER
- NTALENYANE P.N GENERAL ORDELY
- MTHETHWA T.N. SAFETY OFFICER
- MBONA N.I. CLIN.NURSE PRACT
- NGCOBO B.R ARTISAN FOREMAN
- XULU Z.P CLINICAL NURSE PRACTITIONER.
- CHAMPION S.P PHARMACIST
- GOGÉ S.F . DATA CAPTURER
- JULY W.N. MEDICAL OFFICER

“We welcome you all and
hope that you will enjoy your
stay with us”

PROMOTION

BHENGU T. : OPERATIONAL MANAGER (GENERAL CLINIC DEPARTMENT)

“Congratulation on your
Promotion”

“AT PCHC WE CARE AND WE DELIVER”

PR IN-SERVICE TRAINEE



Ms. N. Cebhiso

Hi my name is Nomfanelo Cebhiso from Inanda Newtown and am currently privileged to be doing my in-service training in Public Relations at the Phoenix Community Health Centre since January 2015. I am a student at Thekwini FET (Springfield Campus).

Since my arrival, It has been continuously productive, educational and enriching for me. My core duties and obligations are in PR Office even though , from time to time , I'm requested to assist in other departments, which in reality is a bonus for me in that I'm continuously learning about the overall operations in the administrations in an Institution in general.

I feel honoured and privileged to work and learned in such a prestigious environment filled with such enthusiastic professionals and am certain that, I someday soon, will

FAREWELL PARTY



Maintenance department team.

OTHER STAFF MEMBERS RETIRED

Sewmangul (Professional Nurse)

Ramnath P (Clinical Nurse Practitioner)

Padayachee G (Operational Manager– Maternity department)

Mudali P (Clinical Nurse Practitioner)

Debising V (Pharmacy Supervisor)



Mr. I Ngcobo and Ms. S. Myeni handing over the gift to Mr. S. Naidoo from Maintenance department.

“Wish you a smooth sailing ahead and a path full of joy
May all your dreams come true in the future!”

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